



Use veggie peelings and other scraps to make stock



Cook scraps, veg peelings and chicken/beef bones to make your own stock for soup/cooking

Activity Type



Time



Environment



Price



Category  
Activities

Sub Category  
Activities

Age  
7 - 11  
14 - 18

Equipment  
Cooking Equipment  
Food Scraps  
Leftovers

Subject  
Cooking

Soft Skills  
Independence  
Resourcefulness

