



## Use veggie peelings and other scraps to make stock



Cook scraps, veg peelings and chicken/beef bones to make your own stock for soup/cooking

Activity Type



**Age** 7 - 11 14 - 18

Time



Equipment
Cooking Equipment
Food Scraps
Leftovers

**Environment** 



Subject Cooking

**Price** 



FREE

Soft Skills Independence Resourcefulness

