



## Plait plastic carrier bags to make a skipping rope



Plait plastic carrier bags and make your own skipping rope

### Activity Type



#### Age

3 - 5  
5 - 7  
7 - 11  
14 - 18

### Time



#### Equipment

Plastic Bags

### Environment



#### Subject

P.E.

### Price



#### Soft Skills

Gross Motor Skills  
Resourcefulness

