



Find some ration...



Find some ration recipes. Have a go at making one or more of them. What did you think? Would you have been happy eating like that?

Activity Type



Time



Environment



Price



Category
Activities

Sub Category
Activities

Age 5-7 7-11 14-18 Equipment
Cooker
Cooking Equipment
Cooking Utensils
Recipes
Various Food
Ingredients

Subject
Cooking
Culture
English
History
Maths
Science

Soft Skills
Communication
Creativity
Decision making
Fine Motor Skills
Independence
Listening
Observation
Organisation
Research
Responsibility
Teamwork

Time management