



## Find some ration...



Find some ration recipes. Have a go at making one or more of them. What did you think? Would you have been happy eating like that?

### Activity Type



**Age**  
5 - 7  
7 - 11  
14 - 18

### Time



**Equipment**  
Cooker  
Cooking Equipment  
Cooking Utensils  
Recipes  
Various Food Ingredients

### Environment



**Subject**  
Cooking  
Culture  
English  
History  
Maths  
Science

### Price



**Soft Skills**  
Communication  
Creativity  
Decision making  
Fine Motor Skills  
Independence  
Listening  
Observation  
Organisation  
Research  
Responsibility  
Teamwork  
Time management

