



## Learn about rationing in Britain



During the World Wars food was rationed in Britain. Find out which foods were rationed and how much of each you would be given. See what this looks like

### Activity Type



**Age**  
5 - 7  
7 - 11  
14 - 18

### Time



**Equipment**  
Various Food

### Environment



**Subject**  
Cooking  
Culture  
English  
History  
Maths

### Price



**Soft Skills**  
Accountability  
Independence  
Listening  
Observation  
Research

