

Virgo Challenge



Logical, practical and a perfectionist at heart

Virgo is the sixth astrological sign of the zodiac that lies between the 23rd August and the 22nd September.

For even more programme ideas check out our 'Virgo' board over on www.Pinterest.com/PawprintFamily

#AdventureForAll
www.PawprintFamily.com

Meet the FAMILY

Hi there! We're Charlotte & Jamie, the husband and wife team behind the Pawprint Family and we believe in #AdventureForAll.

It's our mission to help leaders, teachers and parents save time by providing ideas and opportunities to help them deliver everyday adventure and skills for life. We do this through our family of brands; find out more below and head to the website for your next adventure!



PAWPRINT BADGES

Pawprint Badges provides thousands of free activity ideas and resources to help leaders, teachers and parents deliver fun and adventure.

Every activity helps you share skills for life and is linked to one of our pawesome embroidered badges. Build your collection and celebrate adventures, new skills and knowledge gained.

PAWPRINT TRAILS

Pawprint Trails are treasure-hunt style walks around locations in the UK. Solve puzzles, track down the answers and explore everything our great country has to offer.

From historical sights to popular culture discover something new or rediscover a love for where you live then collect the badge to remember your adventures!

Whether you're looking for the perfect addition to your next family holiday or a few hours of fun with friends; each trail can be completed in a few hours or extended with our activity suggestions in to a weekend or a week's worth of fun!

PAWPRINT TALES

Pawprint Tales are fully illustrated stories that can be enjoyed by the whole family. Join Alfie (our fox-red Labrador) on his adventures around the UK - solving puzzles, turning detective and making new friends. With twists and turns, every tale is an opportunity to discover new places, people and history without needing to leave the comfort of your own home.

Enjoy Pawprint Tales alongside your Pawprint Trails or as a standalone adventure!

PAWPRINT TRUST

Every brand in the Pawprint Family supports the Pawprint Trust with a percentage of profits from every sale providing grants to young people. We're passionate about enabling young people to access life changing adventures.

Share your adventures and join us over on our social channels for even more adventures and a nosy behind the scenes at Pawprint HQ!



@pawprintfamily



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HOW TO: Use Your Challenge Pack



This Challenge Pack has been divided into 4 sections: Craft, Food, Games and Other. In order to help you provide a balanced and varied programme for your young adventurers we recommend that the following number of activities are completed by each age group:

Age 3 - 5						
Age 5 - 7		Craft	Food	Games	Other	PICK
Age 7 - 11	+					
Age 11 - 14	+					
Age 14 - 18	+					
Age 18+	+					

Leaders, Teachers & Parents
Award yourselves a badge for supporting your young adventurers in their activities!

TOP TIPS

- Adapt activities as necessary to meet your needs.
- Add your own activity ideas or develop them into projects.
- Use what you have; don't buy in lots of new materials/equipment.
- No need to send us evidence, responsible grown-ups decide when the badge has been earned.
- One challenge badge can take as long as you like; from a few hours to days or even a full term!

Terms of Use

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Craft

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BADGES**

- ♍ Try some Virgo constellation lacing – a great fine-motor activity for little ones. Print the template from our 'Virgo' Pinterest board.
- ♍ Virgos are known for their attention to detail. Create an extremely detailed piece of art. Will you make a sculpture out of thousands of tiny beads? Or paint a canvas with intricate patterns and details?
- ♍ 5, 6 and 2 are said to be the lucky numbers of a Virgo. Find these amounts of three different craft materials and see what you can make out of them.
- ♍ Make a papier-mâché 3D model of Mercury.

Why?

Virgo is ruled by the planet Mercury. Mercury is said to bring out the best in Virgos - it makes them more confident and feel more energised.

- ♍ Virgos are said make great teachers because they are organised and good leaders. Make a card for your teacher to tell them how much you appreciate their hard-work and kindness.
- ♍ Have a go at a DIY project. Get handy with a screwdriver and build with your bare hands. Virgos enjoy a hands-on approach to tasks. Why not have a go at our Construction Challenge and earn your construction badge at the same time?
- ♍ Sew together a set of stylish clothes for yourself or for someone else. Virgos love being stylish and looking good.
- ♍ Virgos like to do their bit to help the planet be a better place, along with wanting to keep places clean. Set up a craft project that helps tidy up your local community.

What?

You could take part in a local community clean up and make a sculpture out of the junk materials you find to stop them being dumped in landfill. This activity would help you earn your reduce, reuse and recycle badges!

- ♍ Paint a picture featuring the Virgo symbol or maiden.
- ♍ Take a trip to an art gallery and spend time looking at the details of the art on display. Virgos have high standards for their own artwork, but what about the artwork of others? Why not think of 3 things you like about each piece of art whilst you're there?



Food

**PAWPRINT
BADGES**

- ♈ Construct the Virgo constellation out of cheese and pineapple sticks – the Virgo constellation is the 2nd largest constellation in the sky.
- ♈ Make a recipe of your choice using wholewheat flour, such as wholewheat strawberry shortcakes, or wholewheat pizzas.

Why?

The Virgo constellation is said to mark the place where the sun rises in the Autumn, and is therefore associated with the harvest. This is why Virgo, the maiden of innocence, is sometimes shown holding onto a wheat sheaf, or surrounded by farm crops.

- ♈ Virgo is an earth sign. Plant your own fruit or vegetables or go picking for some fresh foods taken straight from the earth. Make a meal out of whatever you plant/pick.
- ♈ Make something nice for a friend. Virgos are said to be supportive friends. Help cook a meal – whether that's at home with your family or at a homeless shelter. Virgos love to help other people.
- ♈ Virgos like to stay healthy. Try to have a a day full of health with no sweets or treats. Why not try some of the food activities from our Fruit Challenge at the same time (download for free from our website) to earn yourself another badge whilst being healthy like a Virgo?
- ♈ Make some fried chicken.

Why?

Colonel Sanders, the founder of KFC, was a Virgo. Do you know the special 11 herbs and spices that make KFC chicken so special? Sanders set up his first KFC franchise in Salt Lake City in 1952 and his chicken empire grew from there into the well-known fast-food restaurant we know today! Find some fried chicken recipes, including air fryer recipes, on our 'Virgo' Pinterest board.

- ♈ Follow a recipe step-by-step to make a dish you've never made before. Virgos love the systematic approach to following recipes.
- ♈ Think of as many foods you can beginning with each letter of 'VIRGO'.
- ♈ Hold a bread experiment, testing what happens when you change ingredients. Virgos enjoy logical challenges that test their brain power. Predict what you think will happen when you remove the flour, or only add half the amount of yeast. Don't forget to take photos of your experiment and tag us in them on social media!



Games

**PAWPRINT
BADGES**

- ♈ Are you logical like a Virgo? Have a go at our 'One Smart Virgo' problem-solving activity. Follow the rules to put Virgo in the correct place on the grid. Download this problem-solving resource for free from our website.
- ♈ The Virgo Zodiac sign is usually represented by a woman. Play a game from the International Women's Day Challenge Pack. Download the challenge pack for free from our website.
- ♈ Hold a Michael Jackson themed dance competition – Michael Jackson was a famous Virgo singer who was born on 29th August 1958. Who does the best thriller dance moves?
- ♈ Some people believe that the luckiest colours for a Virgo are green and blue. Go on a scavenger hunt around your house or garden to see how if you can find 10 green objects and 10 blue objects.
- ♈ Play a game of chess. Chess needs a lot of concentration and attention to detail to make the right move, traits that a Virgo definitely has.
- ♈ Do some yoga and mindfulness. Virgos are calm souls most of the time. Don't fancy doing yoga? Try some of the activities from our Mindfulness and Wellbeing Challenge Pack instead.
- ♈ Virgos are often witty, playful characters. Tell a joke to a friend or family member or listen to a jokes podcast.
- ♈ Virgos love to be clean! See who can tidy away a box of items the quickest.

An extra challenge...

Make it more challenging by filling the box with items from every room in the house so that players have to visit multiple spaces to put the items back in the place they belong. Alternatively, enforce the rule that you can only tidy away one object at a time, putting it back in it's original place before tidying away the next object.

- ♈ Virgos enjoy collecting beautifully detailed items. Challenge your group to visit different charity shops on the hunt for the most beautiful object that they can find. The winner gets to buy and keep their prized object.
- ♈ Virgos are great at paying attention to detail. Set up a memory box game where a box is filled with different objects and you have to guess which one has been taken out each time. Make this game more or less challenging by adding or taking away more objects. Alternatively, make up your own spot the difference game instead.



Other

- ♈ Virgos are said to be kind people. Do one of the A-Z Random Acts of Kindness. Download this resource for free from our website. Why not do the things that spell out 'Virgo'?
- ♈ Cameron Diaz is a famous Virgo. Watch a film featuring this actress – The Holiday is a classic!
- ♈ Practise a hobby that you want to work on. Virgos are perfectionists at heart and aren't afraid to improve their skills through consistent practise.
- ♈ Discover more facts about Virgo's ruling planet, Mercury. See if you can find out 5 facts to tell a friend or family member.
- ♈ Check out Virgo's horoscope for this month. What have the stars got lined up for Virgo today?
- ♈ Make a plan for your day and stick to it! Virgos love to be logical, systematic and organised.
- ♈ Fix something up around your house that's broken or take something apart and try to put it back together again. Virgos love to problem solve and find solutions for issues.
- ♈ Discover what a Virgo's lucky flower is meant to be. Why not see if it's the right time of year to plant some of them?
- ♈ Challenge yourself to save a certain amount of money in a week or month. Virgos are really responsible people and often make calculated life choices.
- ♈ Spring clean a room in your house. Virgos are said to be super clean and enjoy good hygiene.
- ♈ Discover the Greek mythology behind the Virgo maiden: the goddess of purity and innocence.
- ♈ Think up an acrostic poem for the letters V I R G and O to describe the personality or traits of a Virgo. Head across to our 'Virgo' Pinterest board for an acrostic poem template and examples to look at to get you started.
- ♈ Enjoy a bit of gardening. Virgo is an earth sign, and so they enjoy being close to and amongst nature.
- ♈ Virgos are said to be intelligent individuals that love a challenge. Do a crossword puzzle or a Sudoku that will really test your brain power!

Adventure Complete?

Reward your young adventurers with their Virgo Challenge badge to mark their achievements! Head to the website to bag yours, download certificates and discover even more adventures!



Create a Keepsake!

Experienced adventure? Made memories? Then it's time to create a keepsake! Our Pawprint Family camp blankets are the perfect place to sew your badges and look back on them for years to come.



Personalise it!

Got your camp blanket? Then it's time to make it yours! Our alphabet badges are big, bright and bold...the perfect addition to your camp blanket, hoodies, bags and more. What will you personalise first?



Even More Rewards!

We're all about added value here at Pawprint Family. In addition to the 1000s of free activity ideas and resources you'll find loyalty stickers in every order and you can claim Children's University learning hours too!



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