

Scorpio Challenge



Determined, brave, loyal and honest...

Scorpio is the eighth astrological sign of the zodiac that lies between the 23rd October to the 21st November. Ready for a clawsome adventure?

For even more programme ideas check out our 'Scorpio' board over on www.Pinterest.com/PawprintFamily

#AdventureForAll
www.PawprintFamily.com

Meet the FAMILY

Hi there! We're Charlotte & Jamie, the husband and wife team behind the Pawprint Family and we believe in #AdventureForAll.

It's our mission to help leaders, teachers and parents save time by providing ideas and opportunities to help them deliver everyday adventure and skills for life. We do this through our family of brands; find out more below and head to the website for your next adventure!



PAWPRINT BADGES

Pawprint Badges provides thousands of free activity ideas and resources to help leaders, teachers and parents deliver fun and adventure.

Every activity helps you share skills for life and is linked to one of our pawesome embroidered badges. Build your collection and celebrate adventures, new skills and knowledge gained.

PAWPRINT TRAILS

Pawprint Trails are treasure-hunt style walks around locations in the UK. Solve puzzles, track down the answers and explore everything our great country has to offer.

From historical sights to popular culture discover something new or rediscover a love for where you live then collect the badge to remember your adventures!

Whether you're looking for the perfect addition to your next family holiday or a few hours of fun with friends; each trail can be completed in a few hours or extended with our activity suggestions in to a weekend or a week's worth of fun!

PAWPRINT TALES

Pawprint Tales are fully illustrated stories that can be enjoyed by the whole family. Join Alfie (our fox-red Labrador) on his adventures around the UK - solving puzzles, turning detective and making new friends. With twists and turns, every tale is an opportunity to discover new places, people and history without needing to leave the comfort of your own home.

Enjoy Pawprint Tales alongside your Pawprint Trails or as a standalone adventure!

PAWPRINT TRUST

Every brand in the Pawprint Family supports the Pawprint Trust with a percentage of profits from every sale providing grants to young people. We're passionate about enabling young people to access life changing adventures.

Share your adventures and join us over on our social channels for even more adventures and a nosy behind the scenes at Pawprint HQ!



@pawprintfamily



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HOW TO: Use Your Challenge Pack



This Challenge Pack has been divided into 4 sections: Craft, Food, Games and Other. In order to help you provide a balanced and varied programme for your young adventurers we recommend that the following number of activities are completed by each age group:

Age 3 - 5						
Age 5 - 7		Craft	Food	Games	Other	PICK
Age 7 - 11	+					
Age 11 - 14	+					
Age 14 - 18	+					
Age 18+	+					

Leaders, Teachers & Parents
Award yourselves a badge for supporting your young adventurers in their activities!

TOP TIPS

- Adapt activities as necessary to meet your needs.
- Add your own activity ideas or develop them into projects.
- Use what you have; don't buy in lots of new materials/equipment.
- No need to send us evidence, responsible grown-ups decide when the badge has been earned.
- One challenge badge can take as long as you like; from a few hours to days or even a full term!

Terms of Use

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Craft

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- ♏ Practice being resourceful like a Scorpio by making something useful from something you were going to throw away. Could you turn an old baked bean tin into a lantern, or recycle a water bottle into some jewellery?
- ♏ Scorpions respect people who stand up for themselves. Make a placard or poster to stand up for what you believe in. Don't want to make a full size placard? Use our Activism Colouring Sheet instead.
- ♏ Did you know that Scorpions are strong? Build a strong structure and test how much weight it can hold. Why not try holding a competition to see who can build the strongest structure for your Games challenge.
- ♏ Make a good turn jar and put others first like a Scorpio. Recycle an old jar and fill it with good turns from our Good Turn Jar resource.
- ♏ Fold a fortune teller and write questions inside to start conversations and help you learn about a friend. Use our Fortune Teller Template resource as an easy starting point.

Why?

Scorpions hate small talk and want to make a deeper connection with those around them. What questions could you ask in your fortune teller to start meaningful conversations? Here's a few examples to get you started: Which country would you most like to visit and why? Do you play a musical instrument? What is your favourite board or card game?

- ♏ Try being creative in a way that's new to you, using your fun and creative Scorpio personality. Could you find a new class or online course to join? What craft have you always wanted to learn? Now's your chance!
- ♏ Draw or paint a picture of the Scorpius constellation.
- ♏ Geraniums are the birth flower of Scorpions, as well as marigolds for October birthdays and chrysanthemums for November birthdays. Have a go at pressing or drying flowers.
- ♏ Use geraniums, marigolds and chrysanthemum petals to make a floral mandala. Why not try growing some yourself for your Other challenge?
- ♏ Have a go at making a paper geranium, marigold or chrysanthemum so you can keep them fresh all year.
- ♏ Pablo Picasso is a famous Scorpio and Cubist painter. Create your own artistic masterpiece.



Food

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- ♏ Scorpio's colour is red to reflect scorpions' passion and power. Put together a meal or snack with red foods.
- ♏ Bake a red velvet cake or cookies.
- ♏ Just like their namesake scorpions, Scorpions have a sting in their tail. Bake biscuits or muffins and mix some chili into one. When it comes to eating them, share with your friends and see who gets 'stung' by the scorpion.

Remember!

Tell your friends what might happen so the 'sting' isn't too much of a surprise! Don't want a chili hit? Why not try mixing another unexpected flavour, filling or a different surprise into one of your bakes.

- ♏ Make a meal using only the following colours: red for passion, yellow for balance, black for mystery and white for joy. These are lucky colours for Scorpio personalities.
- ♏ It is recommended that Scorpions should avoid eating large meals and any evening meals should be light. Plan some light meals for you and your friends or family to enjoy. Why not build them into a meal planner and create a food budget for the week for an extra challenge?
- ♏ Bake scorpion shaped biscuits or construct a larger scorpion from different biscuits for each segment of its body.
- ♏ In some cultures, people eat scorpions. Find out where in the world they are a popular food and how they are prepared. Could you find some online and try them for yourself?
- ♏ Prepare some Scorpio skewers from good foods. These are a healthy snack but can be sweet or savory.

How?

The best foods for Scorpions are fish, seafood, green salads, beetroot, lentils, almonds, walnuts, citrus fruit, berries, apples, bananas and pineapple.

- ♏ Scorpions need energy to fuel their strong emotions. Make toast with peanut butter and banana, and try other energising breakfasts to keep you fueled throughout the day.
- ♏ Gordon Ramsay is a famous Scorpio chef. Find and make one of his recipes or watch one of his television programmes.



Games

**PAWPRINT
BADGES**

- ♏ Scorpions have a penchant for mystery. Complete a game of Cluedo™, a murder mystery evening or other clue based game with family or friends.
- ♏ Meet new people and make new friends in a speed dating style game. Go on a quest to find your perfect match.

Why?

Scorpions like to form deep connections and are most compatible with Cancers and Pisces as fellow water signs, or Virgo, Taurus and Capricorn for their stability as Earth signs.

- ♏ Challenge your inner Scorpio's deep intuition and ability to uncover hidden truths with a game of two truths and a lie.
- ♏ Scorpions never show their cards which makes them enigmatic. Play a card game of strategy to develop this trait.
- ♏ Life is a game of chess for Scorpions. Go head to head with a friend by playing this traditional board game.
- ♏ Take part in a game of wink murder. Suspicious Scorpions make great detectives but often hide behind a façade to protect themselves.
- ♏ Scorpions like truth but hate dishonesty and revealing secrets. Have a game of truth or dare.
- ♏ Find out things you didn't already know about friends and family by playing the emotions game with coloured sweets by assigning an emotion to each colour. Scorpions enjoy making emotional connections, do you?

How?

Assign an emotion to each colour in your bag or tube of sweets such as yellow for happiness, blue for sadness, and green for jealousy. Then, each time a sweet is picked, talk about something that makes you feel that way.

- ♏ Did you know that Scorpions are great leaders? Lead a game for your friends, family or group.
- ♏ Scorpions don't like avoiding the subject and like to find peace. Play taboos to practice breaking this habit.
- ♏ Lots of footballers, including Rio Ferdinand, are Scorpions. Enjoy a game of football with friends or family. Why not create a new twist on the rules for an extra challenge.



Other

- ♏ Scorpions temperament makes them perfectly suited to stargazing as a hobby. Go star spotting.

Here's an idea!

If you're completing your Scorpio challenge at the right time of year, see if you can spot the Scorpius constellation. In the Northern Hemisphere, it is visible in July and August and in the Southern Hemisphere between March and October.

- ♏ Yoga and meditation are good hobbies for Scorpions. Try one of these activities to help you let go of your tense emotions.
- ♏ Understand your strong Scorpio emotions by reading *The Colour Monster* story by Anna Llenas.
- ♏ Scorpions are known to be extremely clairvoyant. Make some predictions about your future. Why not write them down and seal them in an envelope to open at a later date?
- ♏ When Scorpions build trust, they have unparalleled empathy. Take part in some trust building exercises.
- ♏ Scorpions have many talents ranging from creativity to emotional intelligence and strategic thinking. Host a talent show to show off your skills and unique talents. Why not sell tickets and raise money for a charity of your choice.
- ♏ Scorpions fight relentlessly for their cause. Campaign for something you are passionate about.
- ♏ Prepare a budget for a meal, holiday or day trip. Scorpions are disciplined with their finances. How accurate was your budget and could you have done anything differently to save money in the future?
- ♏ Hold an experiment to find out what is magnetic. Scorpions are often described as having 'magnetic charisma'. Sort some metals or objects from around your house or meeting place.
- ♏ Take a trip to your local zoo to see if you can spot any scorpions.
- ♏ How many scorpion facts can you find? To get you started, which species is the biggest and which species is the smallest?
- ♏ There are lots of famous actors and musicians who are Scorpions. Have a go at acting or singing and challenge yourself to perform for an audience.

Adventure Complete?

Reward your young adventurers with their Scorpio Challenge badge to mark their achievements! Head to the website to bag yours, download certificates and discover even more adventures!



Create a Keepsake!

Experienced adventure? Made memories? Then it's time to create a keepsake! Our Pawprint Family camp blankets are the perfect place to sew your badges and look back on them for years to come.



Personalise it!

Got your camp blanket? Then it's time to make it yours! Our alphabet badges are big, bright and bold...the perfect addition to your camp blanket, hoodies, bags and more. What will you personalise first?



Even More Rewards!

We're all about added value here at Pawprint Family. In addition to the 1000s of free activity ideas and resources you'll find loyalty stickers in every order and you can claim Children's University learning hours too!



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