

Libra Challenge



Fair, balanced, observant and intelligent...

Libra is the seventh astrological sign of the zodiac that lies between the 23rd September to the 22nd October. Ready to address the balance in your life?

For even more programme ideas check out our 'Libra' board over on www.Pinterest.com/PawprintFamily

#AdventureForAll
www.PawprintFamily.com

Meet the FAMILY

Hi there! We're Charlotte & Jamie, the husband and wife team behind the Pawprint Family and we believe in #AdventureForAll.

It's our mission to help leaders, teachers and parents save time by providing ideas and opportunities to help them deliver everyday adventure and skills for life. We do this through our family of brands; find out more below and head to the website for your next adventure!



PAWPRINT BADGES

Pawprint Badges provides thousands of free activity ideas and resources to help leaders, teachers and parents deliver fun and adventure.

Every activity helps you share skills for life and is linked to one of our pawesome embroidered badges. Build your collection and celebrate adventures, new skills and knowledge gained.

PAWPRINT TRAILS

Pawprint Trails are treasure-hunt style walks around locations in the UK. Solve puzzles, track down the answers and explore everything our great country has to offer.

From historical sights to popular culture discover something new or rediscover a love for where you live then collect the badge to remember your adventures!

Whether you're looking for the perfect addition to your next family holiday or a few hours of fun with friends; each trail can be completed in a few hours or extended with our activity suggestions in to a weekend or a week's worth of fun!

PAWPRINT TALES

Pawprint Tales are fully illustrated stories that can be enjoyed by the whole family. Join Alfie (our fox-red Labrador) on his adventures around the UK – solving puzzles, turning detective and making new friends. With twists and turns, every tale is an opportunity to discover new places, people and history without needing to leave the comfort of your own home.

Enjoy Pawprint Tales alongside your Pawprint Trails or as a standalone adventure!

PAWPRINT TRUST

Every brand in the Pawprint Family supports the Pawprint Trust with a percentage of profits from every sale providing grants to young people. We're passionate about enabling young people to access life changing adventures.

Share your adventures and join us over on our social channels for even more adventures and a nosy behind the scenes at Pawprint HQ!



@pawprintfamily



@pawprint_family

HOW TO: Use Your Challenge Pack



This Challenge Pack has been divided into 4 sections: Craft, Food, Games and Other. In order to help you provide a balanced and varied programme for your young adventurers we recommend that the following number of activities are completed by each age group:

Age 3 - 5						
Age 5 - 7		Craft	Food	Games	Other	PICK
Age 7 - 11	+					
Age 11 - 14	+					
Age 14 - 18	+					
Age 18+	+					

Leaders, Teachers & Parents
Award yourselves a badge for supporting your young adventurers in their activities!

TOP TIPS

- Adapt activities as necessary to meet your needs.
- Add your own activity ideas or develop them into projects.
- Use what you have; don't buy in lots of new materials/equipment.
- No need to send us evidence, responsible grown-ups decide when the badge has been earned.
- One challenge badge can take as long as you like; from a few hours to days or even a full term!

Terms of Use

By downloading or purchasing this resource you agree to our terms of use as outlined below. As a husband and wife team we work hard to keep all of our resources and activity ideas available free of charge; we can only do this with your help.

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Craft

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BADGES**

- ♎ Libras are said to be obsessed with symmetry, seeking equilibrium and balance in all areas of their life. Create your own symmetrical patterns.
- ♎ The only sign of the zodiac represented by an inanimate object; the scales - make a set of your own to use in your other challenges.
- ♎ Paint/draw the other half of a picture to make a balanced and symmetrical design. Use a mirror to help if you're stuck!
- ♎ Libras adore high art - create your own masterpiece to display at home.
- ♎ Design a room or create a mood board of your perfect interior.

Why?

Libras have a natural talent for understanding people, enjoy good taste and enjoy creating environments that reflect their tastes. All these qualities make Interior Design an ideal job for Libras.

- ♎ It's not just interior design that Libras are good at, their appreciation for art and design makes them good designers in lots of areas. Create or design an item of your choice. From fashion to shoes, gadgets and tech, what will you choose?
- ♎ Libra governs the skin and there's no better way for Libras to relax than with a nourishing face mask. Create your own and enjoy a pampering session.
- ♎ As the universal symbol of love, it's no wonder that the flower of Libra is the rose. Make some paper roses and give them as gifts to those you love to have around. Why not test different papers and see how they change the look? From magazines to old sheet music, make something beautiful!
- ♎ Make a piece of collaborative art. Libras love being in groups and also love all things to do with art and design. Get together and create something amazing as a team, family or community.
- ♎ The Libras lifelong question is 'Who Am I?' - make a collage or create an object, painting, picture or something else to represent you.
- ♎ Create a constellation torch or picture for your star sign or Libra.
- ♎ Well-balanced and gracious, Libras are excellent at mindfulness and meditation. Enjoy some mindfulness and take part in a craft or complete a colouring page.



Food

**PAWPRINT
BADGES**

- Ω Represented by the scales of justice, Libras are well-balanced. Create balance in your diet with a meal planner. Keep a diary of what you typically eat in a week and then reflect on it and see how you can create more balance in the week ahead.
- Ω Libras are creative and make great designers and decorators. Decorate a cake or biscuit to show your personality or style.
- Ω Gourmet food makes a great gift for Libras who enjoy all the finer things in life. Create your own gourmet dishes at home or get creative and present your favourite meals as though they're being served in a gourmet restaurant.
- Ω Visit a professional kitchen and see how the finest foods are prepared.
- Ω Libras are happiest when they're with a large group. Host a party for a group of friends and enjoy their company.

Why?

Libras are harmony-seeking, social butterflies who are drawn to the arts, music, dance and connecting with others. They are co-operative and fair-minded and believe in the power of social connection.

- Ω Libras benefit from high-protein, low fat diets that contain lots of fish, seafood and poultry, fresh fruit and vegetables and wholegrain breads. Plan a meal ideal for a Libra.
- Ω Bake a wholegrain loaf.
- Ω Use scales in the kitchen and find out some equivalent weights. How much flour is equal to the same weight of sugar or butter. How many raspberries weigh the same as a banana. Were you surprised by any of the results?
- Ω Can you find and make a recipe using balanced/equally weighted ingredients? Libras love balance and equilibrium so they're sure to love a recipe that's all about balance.
- Ω Bake and decorate some balance biscuits - can you make a set of 3D scales using only biscuit?
- Ω American chef, Emeril Lagasse, is a TV personality, restaurateur and National Best Recipe award winner for his Turkey and Hot Sausage Chili AND he's also a Libra! Make one of his recipes or bake a Portuguese pastry as Emeril did as a teenager when he worked in a Portuguese bakery.



Games

**PAWPRINT
BADGES**

- ♎ While Libras opposite sign, Aries, is all about 'me', Libra symbolises 'we' and they're all about relationships and companionship. Play some games to develop your teamwork and communication.
- ♎ Libras are quick to smile. Have a staring competition and see how fast you can make someone else smile or giggle.
- ♎ Play a game of this or that?!

What?

Represented by the scales of justice, Libras love nothing more than balance and equality but that can also make them indecisive. Their methodical processes make them want to understand all points of view before making a decision so improve your decision making skills with a game of this or that. When presented with two options, which will you choose and why? Ice cream or chocolate, apples or bananas?

- ♎ Test your decision making with a game of Would You Rather and discover how other people view things by sharing why you made the decision you did.
- ♎ Known for being extremely observant, test your skills and play Kim's Game. Can you correctly identify which object is missing from the group.
- ♎ Libras can have a tendency for being indecisive and confused about which path to take. Create some flow-chart style magazine quizzes and let your answers choose your path! Find some examples on our Pinterest board and then get creative with your questions.
- ♎ As the only sign symbolised by an inanimate object, the scales, find an object that symbolises you and then collectively in a group play Kim's game to see if you can guess who is missing. Alternatively, can you correctly guess who's who from the objects in front of you?
- ♎ With an eye for detail, Libras are known to take time to analyse every situation. Test your eye for detail with some Spot the Difference games.
- ♎ Skilled at finding common ground, Libras have excellent communication skills. Test your communication skills with some signing/signalling games or a round or two of the Telephone game.
- ♎ John Lennon is a famous Libra. Have a 'Beatle' Drive. Why not put your own spin on it by drawing your own versions of the Fab 4?
- ♎ Serena Williams, tennis champion, is a Libra. Have a game or two of tennis.



Other

PAWPRINT
BADGES

- ♎ Libra is symbolised by the scales of justice. Hold your own trial and weigh up all the facts...Who stole the last biscuit from the tin? Who didn't wash up their dirty dishes and why? What's fair and what's not?
- ♎ Create more balance in your life using our Scales of Balance resource.
- ♎ Their appreciation for the finer things and good design makes Libras excellent stylists. Find and speak to a stylist and find out about their work or have a visit from a colour therapist to find out which styles suit you best.
- ♎ Libras make excellent art critics, write your own critique of a piece of art and visit a gallery.
- ♎ Their interior design skills and eye for the aesthetically pleasing make Libras great decorators. Help or decorate a room at home or in your community.
- ♎ Host a pamper party or invite a beauty therapist to come and speak to your group. Find out about your skin type and how best to nourish it as Libra rules over the kidneys, lower back and skin.
- ♎ Create an acrostic poem of your own to share the qualities of your star sign... Libras are: Loyal, Inquisitive, Balances, Responsible and Altruistic.
- ♎ Libras are great at noticing change in others emotions, monitor your own emotions and find different ways to manage them. Use our Managing My Emotions resource to help you.
- ♎ Find the beauty in others and let them know by creating friendship envelopes. In a group, write a comment on a slip of paper for each person to let them know what you think makes them beautiful. Each comment should be anonymous and placed in an envelope with that persons name on so they have a little envelope of happiness to take away and read in their own time. Remember, try not to comment on physical appearance, people's qualities make them beautiful; maybe someone has the ability to make you laugh or always finds the best in a bad situation.
- ♎ Read a daily/weekly/month horoscope for Libra.
- ♎ Excellent at meditation, Libras know how to relax. Take part in a meditation session or enjoy some relaxation of your choice.
- ♎ As an air sign, Libras are often 'up in the clouds'. Go cloud spotting and use our Cloud Identification Window resource to help you identify different cloud types.

Adventure Complete?

Reward your young adventurers with their Libra Challenge badge to mark their achievements! Head to the website to bag yours, download certificates and discover even more adventures!



Create a Keepsake!

Experienced adventure? Made memories? Then it's time to create a keepsake! Our Pawprint Family camp blankets are the perfect place to sew your badges and look back on them for years to come.



Personalise it!

Got your camp blanket? Then it's time to make it yours! Our alphabet badges are big, bright and bold...the perfect addition to your camp blanket, hoodies, bags and more. What will you personalise first?



Even More Rewards!

We're all about added value here at Pawprint Family. In addition to the 1000s of free activity ideas and resources you'll find loyalty stickers in every order and you can claim Children's University learning hours too!



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