

Leo Challenge



This is a good one... we ain't lion

The fifth astrological sign of the zodiac that lies between the 23rd July to the 22nd August. Head inside for over 40 roarsome activity ideas!

For even more programme ideas check out our 'Leo' board over on
www.Pinterest.com/PawprintFamily

#AdventureForAll
www.PawprintFamily.com

Meet the FAMILY

Hi there! We're Charlotte & Jamie, the husband and wife team behind the Pawprint Family and we believe in #AdventureForAll.

It's our mission to help leaders, teachers and parents save time by providing ideas and opportunities to help them deliver everyday adventure and skills for life. We do this through our family of brands; find out more below and head to the website for your next adventure!



PAWPRINT BADGES

Pawprint Badges provides thousands of free activity ideas and resources to help leaders, teachers and parents deliver fun and adventure.

Every activity helps you share skills for life and is linked to one of our pawesome embroidered badges. Build your collection and celebrate adventures, new skills and knowledge gained.

PAWPRINT TRAILS

Pawprint Trails are treasure-hunt style walks around locations in the UK. Solve puzzles, track down the answers and explore everything our great country has to offer.

From historical sights to popular culture discover something new or rediscover a love for where you live then collect the badge to remember your adventures!

Whether you're looking for the perfect addition to your next family holiday or a few hours of fun with friends; each trail can be completed in a few hours or extended with our activity suggestions in to a weekend or a week's worth of fun!

PAWPRINT TALES

Pawprint Tales are fully illustrated stories that can be enjoyed by the whole family. Join Alfie (our fox-red Labrador) on his adventures around the UK – solving puzzles, turning detective and making new friends. With twists and turns, every tale is an opportunity to discover new places, people and history without needing to leave the comfort of your own home.

Enjoy Pawprint Tales alongside your Pawprint Trails or as a standalone adventure!

PAWPRINT TRUST

Every brand in the Pawprint Family supports the Pawprint Trust with a percentage of profits from every sale providing grants to young people. We're passionate about enabling young people to access life changing adventures.

Share your adventures and join us over on our social channels for even more adventures and a nosy behind the scenes at Pawprint HQ!



@pawprintfamily



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HOW TO: Use Your Challenge Pack

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This Challenge Pack has been divided into 4 sections: Craft, Food, Games and Other. In order to help you provide a balanced and varied programme for your young adventurers we recommend that the following number of activities are completed by each age group:

Age 3 - 5	  						Craft	Food	Games	Other	PICK
Age 5 - 7	   										
Age 7 - 11	   	+									
Age 11 - 14	   	+	 								
Age 14 - 18	   	+	  								
Age 18+	   	+	   								

Leaders, Teachers & Parents

Award yourselves a badge for supporting your young adventurers in their activities!

TOP TIPS

-  Adapt activities as necessary to meet your needs.
-  Add your own activity ideas or develop them into projects.
-  Use what you have; don't buy in lots of new materials/equipment.
-  No need to send us evidence, responsible grown-ups decide when the badge has been earned.
-  One challenge badge can take as long as you like; from a few hours to days or even a full term!

Terms of Use

By downloading or purchasing this resource you agree to our terms of use as outlined below. As a husband and wife team we work hard to keep all of our resources and activity ideas available free of charge; we can only do this with your help.

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Tell your friends/family/colleagues about us!	Copy or modify any part of this resource to share with others either for free or for sale.
Share photos of you enjoying your adventures with us on social media.	Use any text, graphics, content or fonts without our written permission.

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Craft

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- ✧ Create a DIY lion mask/lion's mane to wear whilst you complete your Leo challenge. Use paper plates, headbands and craft materials of your choice to create your mask or mane.
- ✧ Re-create the Leo Zodiac symbol using natural resources outside. Why not try to re-create it on a massive scale and make it the full size of your garden?
- ✧ The Leo Zodiac symbol looks like a head with a mane, just like a lion. Have a go at drawing other animals using simple shapes only, like circles and lines.
- ✧ Leos are ruled by the Sun. Make your own sun catcher in the shape of the Leo symbol.
- ✧ Transform a coat hanger into the Leo Zodiac constellation. Re-shape the hanger by bending it carefully and adding star stickers onto the correct points to match the constellation.
- ✧ Leos are said to be big dream chasers. Create a piece of art that shows your hopes and dreams. Fill it with beautifully bright colours and images that show exactly what you want to achieve in the future, no matter how big or small your dream is.
- ✧ Make a leaf lion picture or painting.

How?

Gather a collection of brightly coloured leaves (preferably yellow and orange), and arrange them to look like a lion's mane and face. Are you wanting to do this activity but you don't have access to any orange or yellow leaves? Paint some fallen leaves your chosen colour instead.

- ✧ Try your hand at making an origami-style paper lion. Find a variety of styles and origami lion challenges, with step-by-step instructions, on our 'Leo' Pinterest board.
- ✧ Make a Leo bookmark. Go for a corner bookmark, a paper bookmark or even a long-bodied crochet bookmark.
- ✧ Some people believe that Leos love to be the centre of attention and therefore the centre of the universe! Build a 2D or 3D model of the universe, putting yourself at the centre, and all of the things that are important to you around the outside.
- ✧ Hold a Leo party and put together little lion bags full of goodies to give away to your guests. Find some lion party bag ideas on our 'Leo' Pinterest board.



Food

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- 🐾 Make some cake pops and decorate them with orange and yellow icing, as well as googly eyes and piped features, to look like lions.
- 🐾 Leo is the fifth sign of the Zodiac. Make a dish of your choice using only 5 ingredients. Check out our 'Leo' board on Pinterest for some recipe ideas.
- 🐾 Put together a charcuterie board that looks like a lion.

How?

Place a bowl of dip, such as houmous, in the center of a dinner plate. Place orange pepper sticks and carrot batons around the outside of the bowl to create the lion's mane. Next, place two crackers around the edge of the bowl to create ears. Finally, finish off your lion by adding eyes, a nose, a mouth and whiskers to the top of your houmous.

- 🐾 Bake some lion face cookies. Check these roar-some cookies out on our 'Leo' Pinterest board.
- 🐾 Leo is a fire Zodiac sign. Make a spicy dish of your choice.
- 🐾 Are you fearless? Do you have a lion heart? Discover which foods keep your heart healthy and strong, but also which foods you have to be fearless to try!
- 🐾 A Leo is said to be ruled by their heart. Bake a cake with a hidden heart surprise in the middle. Will you hollow out a heart-shaped hole and fill it with chocolate buttons or sweets? Or will you try and bake a food coloured heart inside your cake instead?
- 🐾 Use a paw shaped cookie cutter to transform your ordinary sandwiches into de-leo-sciuous lunch time snacks.
- 🐾 Create a batch of cupcakes featuring a Lion chocolate bar.
- 🐾 Add a bit of fun to your lunchbox with some lion cub oranges. Simply transform your little oranges into lions by drawing on a face, whiskers and ears. You could even use googly eyes instead for a more 3D feel. They'll still be safe to eat because the decoration will be on the orange peel.
- 🐾 Make a lion face pizza. Shape your dough like the lion's mane and decorate with toppings to make the lion's face.
- 🐾 Enjoy a mane course at your favourite restaurant. Get it? Mane...
- 🐾 Lions are carnivores. Enjoy a steak on the bone. If you're vegetarian or vegan, why not make a cauliflower steak instead?



Games

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- 🐾 Play the 'bean game' but with a roaring twist.

What?

Together as a group or pair make up lion-themed actions to do and name them. For example, if the leader shouts 'ROAR' you have to do your biggest lion roar! Once you've decided on some actions/gestures, take it in turns to be the leader and call out the different actions. Can you remember them all? Make it into more of a challenge by adding a 'Simon/Leo says' element where you can only do the action if Leo says so!

- 🐾 Leos are said to be natural born leaders. Hold a debate where you share reasons why you should be the leader of the group for the day.
- 🐾 Play a game of 'Sleeping Lions'.
- 🐾 Go head-to-head with a partner to think of as many famous people named 'Leo' as you can. How about Leonardo DiCaprio or Leonardo Da Vinci? If you don't know that many Leos, research them first, memorise as many as you can and then play with a friend or family member!
- 🐾 Leos are supposedly quite protective of the things they love. Make up your own game where you must protect something special.
- 🐾 Discover a variety of lion-based jokes. Here's one to start you off: Why did the lion lose a game of cards? Because he was playing with a cheetah!
- 🐾 Write and perform your own show piece. Leos are said to be creative and dramatic, often getting emotional satisfaction from poetry, drama and art.
- 🐾 Catch the lion's tail!

What?

A game of duck duck goose where the lion (the person who is on) has a tail or a long sock stuck in the back of their waistband. Everyone else sits in a circle - they are the hyenas. The aim of the game is to become the lion. The lion will go around the circle saying 'hyena, hyena, hyena... lion!' When the lion taps you on the head and says 'lion', you must chase him around the circle trying to take his tail. If you manage to catch his tail before he sits in your seat, you become the new lion and put the tail in your waistband.

- 🐾 Think of as many words as you can that contain 'leo'. For example, 'leopard', 'leotard', 'galleon'. Can you think of 7 more words or a total of 20?
- 🐾 Discover which celebrities are leos. Turn this into a game by providing hints for your partner to help them guess who the celebrity is.



Other

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- 🐾 Leos are said to be full of life and warm-hearted. Do a good deed today or complete an act of kindness. Why not challenge yourself to do 100 acts of kindness and keep track of them with our free downloadable '100 Acts of Kindness' resource?
- 🐾 Discover a Leo's horoscope for today.
- 🐾 Watch the moment that the England Women's Senior Team, the Lionesses, won the Euros 2022! You could even grab our limited Women's European Champions 2022 badge from our website too.
- 🐾 Leos are known to be glamorous and love to look good. It's time to get your glad rags on! Whether it's just to wander around your house looking fancy, or you dress up for an occasion – dress to impress just to feel good, for you!
- 🐾 Visit your local zoo and take a look at the lions there. Why not try and find out as many facts about lions as you can and create an information sheet/fact file to share with friends?
- 🐾 Discover more about the Nemean Lion in Greek mythology.
- 🐾 Watch the Lion King. Go all out and plan a trip to London to watch the Lion King live on stage – this would contribute to earning your On Stage Adventures challenge badge!
- 🐾 Leos are great at mingling and building multiple friendships. Head out to your favourite hang out place with your friends or go on your own with the aim of building new friendships.
- 🐾 Read 'The Lion Inside' by Rachel Bright. A heart-warming story showing how even the smallest of creatures can have the biggest roars!
- 🐾 A Leo is often confident in themselves. Take a moment to write a list of things that currently make you feel confident, and things that might make you feel more confident.
- 🐾 Find out more about your favourite type of lion.
- 🐾 Some people say that a Leo will fall in love quickly because they are a fire sign, meaning they're warm and loving. Write a love letter to someone you love telling them why you love them. This might be a friend, a family member or a partner.
- 🐾 Watch a lion-themed film of your choice.

Adventure Complete?

Reward your young adventurers with their Leo Challenge badge to mark their achievements! Head to the website to bag yours, download certificates and discover even more adventures!



Create a Keepsake!

Experienced adventure? Made memories? Then it's time to create a keepsake! Our Pawprint Family camp blankets are the perfect place to sew your badges and look back on them for years to come.



Personalise it!

Got your camp blanket? Then it's time to make it yours! Our alphabet badges are big, bright and bold...the perfect addition to your camp blanket, hoodies, bags and more. What will you personalise first?



Even More Rewards!

We're all about added value here at Pawprint Family. In addition to the 1000s of free activity ideas and resources you'll find loyalty stickers in every order and you can claim Children's University learning hours too!



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