

World War I Challenge



Lest We Forget...

Step back in time to the First World War and discover what life was like in the trenches and the symbolism of poppies and remembrance.

For even more programme ideas check out our 'World War I' board over on www.Pinterest.com/PawprintFamily

#AdventureForAll
www.PawprintFamily.com

Meet the FAMILY

Hi there! We're Charlotte & Jamie, the husband and wife team behind the Pawprint Family and we believe in #AdventureForAll.

It's our mission to help leaders, teachers and parents save time by providing ideas and opportunities to help them deliver everyday adventure and skills for life. We do this through our family of brands; find out more below and head to the website for your next adventure!



PAWPRINT BADGES

Pawprint Badges provides thousands of free activity ideas and resources to help leaders, teachers and parents deliver fun and adventure.

Every activity helps you share skills for life and is linked to one of our pawesome embroidered badges. Build your collection and celebrate adventures, new skills and knowledge gained.

PAWPRINT TRAILS

Pawprint Trails are treasure-hunt style walks around locations in the UK. Solve puzzles, track down the answers and explore everything our great country has to offer.

From historical sights to popular culture discover something new or rediscover a love for where you live then collect the badge to remember your adventures!

Whether you're looking for the perfect addition to your next family holiday or a few hours of fun with friends; each trail can be completed in a few hours or extended with our activity suggestions in to a weekend or a week's worth of fun!

PAWPRINT TALES

Pawprint Tales are fully illustrated stories that can be enjoyed by the whole family. Join Alfie (our fox-red Labrador) on his adventures around the UK – solving puzzles, turning detective and making new friends. With twists and turns, every tale is an opportunity to discover new places, people and history without needing to leave the comfort of your own home.

Enjoy Pawprint Tales alongside your Pawprint Trails or as a standalone adventure!

PAWPRINT TRUST

Every brand in the Pawprint Family supports the Pawprint Trust with a percentage of profits from every sale providing grants to young people. We're passionate about enabling young people to access life changing adventures.

Share your adventures and join us over on our social channels for even more adventures and a nosy behind the scenes at Pawprint HQ!



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PAWPRINT BADGES

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www.pawprintfamily.com/terms-conditions



Craft

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- ✿ Make your own poppies and sell them to raise money for the Royal British Legion. You could knit, crochet, or make them from paper or felt.
- ✿ Craft a tank using junk modeling materials such as cardboard boxes, toilet roll tubes and recycled packaging.
- ✿ Draw or paint a picture of a horse from photographs or in real life.

Why?

Around a million horses were involved in the war and helped to pull heavy weapons, food, supplies and soldiers to where they needed to get to. Many sadly worked in difficult and dangerous conditions on the battlefield.

- ✿ Use clay to make a World War I style medal.
- ✿ Cut up an old egg carton and paint each section red with a black centre. Once dry, glue the pieces in a circle to create a poppy wreath. You could hang this on your door as a mark of respect on Remembrance Day.
- ✿ Design your own propaganda poster.

What?

Propaganda posters were used during World War I to persuade people to think in certain ways and take action, such as encouraging men to join the army or asking women to work on farms. These posters used bold colours and strong words which were often underlined to really stand out on the page.

- ✿ Build a World War I trench model using a shoe box as a base. You could add key features such as dugouts, sandbags, duckboards and barbed wire.
- ✿ Research trench art from the First World War, then either create your own inspired piece or visit a museum to see some original examples.
- ✿ Create a silhouette of a soldier using black card or paper and decorate the background with a sunset or battlefield scene.
- ✿ Gas masks were introduced following the first gas attack in 1915. Make your own gas mask using recycled materials.
- ✿ During World War I it was difficult to get resources so many people would 'make do and mend'. Learn how to mend your old clothes or make a wearable item from something recycled.



Food

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- Put together an edible poppy platter using red and black foods.
- Food was rationed in Britain during the end of World War I. Research which foods were rationed and the quantities people would have been given in a weekly ration.

Here's an idea!

Why not have a go at making a recipe inspired by wartime rationing, using simple and limited ingredients to reflect what families would have had available at the time?

- Taste test different kinds of jam and bread and make a note of your favourite combinations. These foods were staples for the troops during World War I and helped provide quick, filling meals in difficult conditions.
- Potatoes were not rationed so grocers could sell them freely. Whip up a dish of your choice that uses potato as one of the main ingredients.
- Find a recipe for trench cake and have a go at baking one.

What?

During the First World War families would make trench cakes and send them to soldiers on the front line. Many traditional cake ingredients weren't available so replacements had to be found.

- Moconochie stew was a staple in a World War I soldier's diet. This tinned stew contained beef, potatoes, carrots and turnips. Have a go at making your own hearty stew inspired by the ingredients soldiers would have eaten on the front line.
- Sugar was hard to find during the war and was rationed to half a pound a week, although soldiers were sometimes given boiled sweets and toffees as small treats. Put together a 'ration sweet jar' full of old-fashioned sweets.

Did you know?

Jelly Babies were first introduced in 1918 by Bassetts and were originally called 'Peace Babies' to celebrate the end of the First World War.

- The Women's Land Army was made up of over 40,000 women who took on farm work to replace the men who had gone away to fight. Their duties included ploughing fields, harvesting crops and milking cows. Have a go at growing your own food such as cress or herbs in a pot, and discover why producing food of your own became increasingly important during wartime.



Games

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- ❁ Card games were a popular pastime among soldiers in the trenches. Play a card game of your choice.
- ❁ Take part in a game of football.

Why?

During the Christmas Truce of 1914, some German and British soldiers stopped fighting and played football together.

- ❁ Create your own board game/other game about war and peace.
- ❁ Guard dogs have been used throughout history to help protect people and valuable commodities. Play a game of capture the flag with one team being the 'guard dogs' protecting the flag while the other team try to steal it and return it to their base.
- ❁ Take on a game of Follow the Wires.

What?

Soldiers of the BWIR laid telephone cables between the trenches in WWI. Can you follow the wires and get to the finish line first?

For Leaders...

Run out lengths of different coloured string winding them around, over and under obstacles. Give each player a different coloured string and race to follow the 'cable' and wind it up to the finish line first.

- ❁ Diaries from the First World War suggest that British troops sometimes took part in sports days. Events included wheelbarrow races, tug of war and high jump. Organise your own sports day inspired by wartime entertainment.
- ❁ Play a game of Pass the Parcel.

Why?

Families send parcels to their relatives and loved ones serving in the war. These often contained treats such as chocolate, tobacco and tinned food. One of the most popular items was "bully beef", now known as corned beef, which was valued for being filling and long-lasting.

- ❁ Throughout the World Wars animals were used to carry resources, including ammunition, food and water. Play some games transporting water from A to B using different containers.



Other

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-  Soldiers spent their days in the trenches doing chores, firing at the enemy and writing letters home. Pretend you are a soldier during World War I and write a letter home. Describe what you can see and hear, how you feel and what is happening around you.
-  Visit one of the Imperial War Museums.
-  Find out why the poppy is used as a symbol of remembrance and how it became associated with those who lost their lives in the war.
-  Take a trip to The Tank Museum in Dorset, where tanks from historical conflicts, including World War I can be explored.
-  Explore wartime poetry and write your own poem inspired by World War I.

Here's an idea!

Why not use the word REMEMBRANCE to create an acrostic poem, with each line starting using the different letters.

-  Research the medals awarded to soldiers during World War I and find out what acts of bravery they recognised. What do the different colours on the ribbons represent?
-  Sing a wartime song and make up your own verses.
-  Read Michael Morpurgo's beloved novel War Horse or watch the 2011 film adaptation (rated 12A), both set during the First World War.
-  Watch an age appropriate film about the world wars.
-  Put together a fact file about the animals that played important roles during World War I such as pigeons, horses, dogs.
-  Find out what life was like for children during World War I and compare it to your life today.
-  Write a newspaper article reporting on a real event from World War I.
-  Discover how and why soldiers came from Africa and the Caribbean to fight for Britain in World War I.
-  Find out and colour in on a world map which countries were involved in World War I to show just how many countries were affected.

Reward your young adventurers with their Modern Britain Challenge badge to mark their achievements!
Head to the website to bag yours, download certificates and discover even more adventures!

