# Winter Planner 2022

Here's three months worth of activity ideas for everyday adventures. We'll be featuring these activities on our social channels and we'd love to see what you're getting up to. So let's get connected, share the fun and experience #AdventureForAll!

Find us on Facebook and Twitter @PawprintFamily and on Instagram @Pawprint\_Family

# **January**

# 3rd - 9th - Ernest Shackleton

- · Try ice painting by freezing paint in ice cube traus.
- Make and try ship's biscuits (for recipe see challenge pack).
- Create your own mini ice hockey rink and play a game with lolly sticks and a button.
- Mark out the voyage of the Endurance on a map and find out more about the expedition.

### 10th - 16th - Winter Challenge

- Recycle an old jumper or wool garment and make a pair of mittens or a hat.
- Make your own hot chocolate stirrers.
- · Have a snowball fight.
- Find out about animals that hibernate in the winter or birds that migrate.
- · Make a selection of warm and filling soups.

# 17th - 23rd - Martin Luther King Jr.

- · Make a peace pledge using our resource.
- · Bake with peaches and make a dessert.
- · "Let freedom ring!" and play musical chairs/statues.
- Listen to the "I Have a Dream" speech.
- · Show that we are all equal with an eggsperiment.

#### 24th - 30th - Burns Night

- Design your own tartan and try tartan weaving.
- Make your own shortbread.
- · Have a whiskey barrel rolling race.
- · Find out what a clan is and do some research to see if you are part of a clan.
- · Write your own poem to a haggis.

### 28th - 30th - Big Garden Birdwatch

- · Create your own bird feeder.
- · Weave your own bird's nest bowl by weaving together sticks and twigs.
- Make some bird's nest crispy cakes.
- · Create your own trump card game for garden birds using our resource.
- · Take part in the Big Garden Birdwatch, for more information see the RSPB website: www.rspb.org.uk/birdwatch.

# 31st Jan - 6th - Chinese New **Year (Tiger)**

- · Make a tiger mask.
- · Use rice flour paste and make tiger bread.

**February** 

- Create your own board game based on the story of The Great Race.
- Read The Tyger by William Blake and have a go at writing your own Tiger poem.
- Create your own lucky money envelope using our free resource.

#### 7th - 13th - Winter Sports

- · Create your own medals.
- · Make your own bob-sleigh run.
- · Find out what an athlete needs to eat to stay healthy and create your own healthy eating meal planner.
- Create your own Winter sports pairs game.
- · Find Olympic countries on a world map.

# 14th - 20th - Valentine's Dau

- · Make and send a Valentine's Day card.
- · Bake a honey cake.
- · Compete to build the tallest tower of Love Heart sweets.
- · How many words can you find with 'love' in them?
- · Mould your own fondant flowers.

# 21st - 27th - World Thinking

- · Make your own friendship stick.
- · Find a traditional dish sweet/savoury from around the world and make it.
- · Play a game of pairs with flags and their countries.
- · Learn to tie a friendship knot.
- · Weave or plait a friendship bracelet to give to a stranger or friend.

#### 28th Feb - 6th - Pancake Day

- · Make pancake art using coloured batters.
- Start something positive for lent.
- Make an egg based dish.
- See how many pancake flips you can do in 1 minute...the world record is 140.
- · Create a wooden spoon character and use it as a puppet to tell as story.

# 3rd - World Book Day

- · Create your own bookish bunting.
- Make a birthday tea to celebrate 25 years of World Book Day.

March

- Name 25 books you have read.
- Play the A-Z game of book titles/authors.
- · Become a book detective.

# 7th - 13th - International Women's Dau

- · Create a paper chain of all the inspirational women in your life.
- · Find out about some famous female chefs and cook one of their recipes.
- Play Pollyanna's 'glad game'.
- · Create your own inspirational quote art.
- · Design your own inspirational woman badge using our free resource.

# 14th - 20th - Wheel of the **Year (Spring) (Launch Jan '22)**

- Make decorations from Spring flowers.
- Bake or cook and egg-based recipe.
- Go on an egg hunt.
- · Have a Spring clean.
- · Plant bulbs or seeds.

# 21st - 27th - Mother's Day (Launch Jan '22)

- Make a card and give it to your mum/a mother figure in your life.
- · Bake a simnel cake.
- · Have a breakfast in bed relay.
- · Write a poem for/about mothers.
- · Try flower arranging.

# 28th - 3rd Apr - Ramadan (Launch Feb '22)

- Make your own Eid countdown calendar with a good deed for each day.
- · Give a meal to someone in need.
- · Create a board game based on the 5 pillars of Islam.
- · Give your time for charity.
- · Set goals for the month of Ramadan.

For more ideas download the full challenge packs for free from the website!

