

Virtual Lunar New Year Adventure



Ready to explore Lunar New Year across Asia?

In partnership with our friends at Twinkl Home Ed, we're taking a trip to discover how Lunar New Year is celebrated in different countries. Ready for adventure?

For even more programme ideas check out our 'Lunar New Year' board over on www.Pinterest.com/PawprintFamily

#AdventureForAll
www.PawprintFamily.com

Meet the FAMILY

Hi there! We're Charlotte & Jamie, the husband and wife team behind the Pawprint Family and we believe in #AdventureForAll.

It's our mission to help leaders, teachers and parents save time by providing ideas and opportunities to help them deliver everyday adventure and skills for life. We do this through our family of brands; find out more below and head to the website for your next adventure!



PAWPRINT BADGES

Pawprint Badges provides thousands of free activity ideas and resources to help leaders, teachers and parents deliver fun and adventure.

Every activity helps you share skills for life and is linked to one of our pawesome embroidered badges. Build your collection and celebrate adventures, new skills and knowledge gained.

PAWPRINT TRAILS

Pawprint Trails are treasure-hunt style walks around locations in the UK. Solve puzzles, track down the answers and explore everything our great country has to offer.

From historical sights to popular culture discover something new or rediscover a love for where you live then collect the badge to remember your adventures!

Whether you're looking for the perfect addition to your next family holiday or a few hours of fun with friends; each trail can be completed in a few hours or extended with our activity suggestions in to a weekend or a week's worth of fun!

PAWPRINT TALES

Pawprint Tales are fully illustrated stories that can be enjoyed by the whole family. Join Alfie (our fox-red Labrador) on his adventures around the UK - solving puzzles, turning detective and making new friends. With twists and turns, every tale is an opportunity to discover new places, people and history without needing to leave the comfort of your own home.

Enjoy Pawprint Tales alongside your Pawprint Trails or as a standalone adventure!

PAWPRINT TRUST

Every brand in the Pawprint Family supports the Pawprint Trust with a percentage of profits from every sale providing grants to young people. We're passionate about enabling young people to access life changing adventures.

Share your adventures and join us over on our social channels for even more adventures and a nosy behind the scenes at Pawprint HQ!



@pawprintfamily



@pawprint_family

Virtual Lunar New Year Adventure

What is the Virtual Lunar New Year Adventure?

We hope you're feeling hungry! The Virtual Lunar New Year Adventure provides the opportunity to travel around Asia using your tastebuds. Presenting a range of iconic Lunar New Year dishes, children will be encouraged to learn all about Lunar New Year celebrations in different countries, all by way of different dishes.

What does the pack include?

1. Main Story PowerPoint: Virtual Lunar New Year Adventure
2. Progress Tracker Banner
3. Lunar New Year Recipes
4. Fact Cards
5. Completion Certificate
6. World Map



Which Countries do we visit?

Our virtual tour will take in the following countries via learning themes, including the Chinese calendar, fireworks, lantern crafts and world religions:

China, South Korea, Vietnam, Indonesia, Thailand, India, Mongolia and Tibet

Print and make your red envelopes to store your fact cards on each country and compare and contrast as you go. Which will be your favourite recipe?

Where do I get the pack?

Download your free pack [here](#) and visit our accompanying [Field Guide](#) for a mix of free and paid activities with which to extend your adventure!



Have fun!

Love from the Twinkl Home Ed Team



HOW TO: Use Your Challenge Pack



This Challenge Pack has been created in partnership with Twinkl Home Ed. Divided into 4 sections: Craft, Food, Games and Other, it's been designed to help you provide a balanced and varied programme for your young adventurers. We recommend that the following number of activities are completed by each age group:

Age 3 - 5						
Age 5 - 7		Craft	Food	Games	Other	PICK
Age 7 - 11						
Age 11 - 14						
Age 14 - 18						
Age 18+						

Leaders, Teachers & Parents
Award yourselves a badge for supporting your young adventurers in their activities!

TOP TIPS

- Adapt activities as necessary to meet your needs.
- Add your own activity ideas or develop them into projects.
- Use what you have; don't buy in lots of new materials/equipment.
- No need to send us evidence, responsible grown-ups decide when the badge has been earned.
- One challenge badge can take as long as you like; from a few hours to days or even a full term!

Terms of Use

By downloading or purchasing this resource you agree to our terms of use as outlined below. As a husband and wife team we work hard to keep all of our resources and activity ideas available free of charge; we can only do this with your help.

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Use this resource with your young adventurers.	Redistribute or sell this resource in any way, shape or form.
Direct people to this resource online by sharing our website links.	Upload this resource to a website for download.
Tell your friends/family/colleagues about us!	Copy or modify any part of this resource to share with others either for free or for sale.
Share photos of you enjoying your adventures with us on social media.	Use any text, graphics, content or fonts without our written permission.

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Craft

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- ✿ Paint a firework picture with materials of your choice. Fireworks are common at Lunar New Year celebrations. In Vietnam people believe they scare away evil spirits!
- ✿ Make a red money envelope, given throughout China at Lunar New Year. Download and print the free resource from our website.

Here's an Idea!

Why not make a blank envelope from red paper and try writing a New Year greeting in another language on the front? Red envelopes are given in many countries across Asia at Lunar New Year.

- ✿ Sew or glue your own hanging prayer flags, like those hung out on rooftops for Tibetan New Year (Losar). Flags are always hung in order; blue for the sky, white for the clouds, red for fire, green for water and yellow for soil.
- ✿ Create red decorations for your home or meeting place. Red is used throughout Asia as it symbolises luck, joy and happiness.
- ✿ The date of Lunar new Year changes every year as it is based on the lunisolar calendar. Find out more and create your own calendar for the year ahead.
- ✿ Find out about the art of lantern making and create your own paper lantern.
- ✿ Decorate a paper lantern; you could buy a ready made one and use tissue paper shapes to decorate it or create silhouettes using a black marker pen.
- ✿ Learn how to play GoStop, a traditional card game from South Korea that's commonly played on New Year's Day. Make or buy a set of cards and teach yourself this fast paced game.
- ✿ Sew your own Bok Jumoni (luck pouch).

What?

These little silk pouches are carried by many children in Korea and are used to store money after bowing to their elders on Seollal/New Year's Day.

- ✿ Make a greeting card for a New Year celebration. Use any specific names for the celebration and try writing your greeting in the language of that country.
- ✿ Build and decorate a circular or octagonal tray. The 'Tray of Togetherness' is used to present candies and sweets at Lunar New Year in Indonesia, and symbolises the family's sweet start to the New Year.



Food

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- 🌀 Cook up mandu (Korean dumplings) to enjoy together at Lunar New Year.
- 🌀 Have a go at making your own noodles, traditionally eaten in China at Lunar New Year and a symbol of longevity.
- 🌀 Make your own Mut.

What?

Mut or Mứt Tết is a collection of candied fruits and vegetables eaten at Vietnamese Tet (Lunar New Year). People believe that eating sweet foods will bring them happiness, luck and success for the year ahead. For many, Mut is considered the soul of the festival.

- 🌀 Try making your own Tteokguk (sliced rice cake soup). Popular in South Korea at Lunar New Year this soup is served as a special treat - the slice rice cakes look like coins.
- 🌀 Fry some khapse, eaten during Tibetan New Year. Making them together is an important part of preparation in Tibet and symbolises abundant food and a sweet life for the coming year.
- 🌀 Bake your own Ul boov, traditional in Mongolia at Lunar New Year. The biscuits are always stacked in an odd number of layers to signify happiness and good fortune.
- 🌀 Cook up a Guthuk.

What?

This traditional Tibetan soup is eaten on New Year's Eve. Made from nine ingredients it also traditionally includes dough balls that contain a rolled up piece of paper. On each piece of paper is a word that is a metaphor for a human characteristic. These words are said to represent the disposition of the person, for example, Charcoal for a cold hearted person and Wool for a gentle person. You could make up your own though!

- 🌀 Cook some sweet chapatti (also known as Puran poli/Holige), traditionally eaten in India at Gudi Padwa/Ugadi, Hindu Lunar New Year's Day.
- 🌀 Dry your own Lychee Nuts. The dried flesh of the lychee, served like a dried fruit snack, is eaten with nuts in Indonesia, symbolising strong family relationships.
- 🌀 In Indonesia, coconut symbolises togetherness and peanuts are thought to represent long life. Make a recipe of your choice for Lunar New Year with either of these ingredients.



Games

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- Play a game of Yut Nori, a traditional Korean game played especially at Seollal (Lunar New Year).

What?

This game uses sticks instead of dice and how they land depends on how many spaces you can move on the board. Make your own board and have a game or two.

- Get competitive with kite flying and see how far, how high and how long you can fly your kite for. Why not make your own kite for your Craft challenge?
- Find the lucky coin in your 'dumplings'. In China, children search for a lucky coin inside their dumplings. Make some 'dumplings' of your own from play dough or salt dough and hide coins inside some of them. Take it in turns to choose a dumpling and break it open to see if you've been lucky.
- Build a biscuit tower as high as you can and discover the Mongolian tradition of Ul Boov, a biscuit stack made from imprinted biscuits and personal to each family.
- Practice your Sebae bows in a fun game of Lunar, Lunar, Lunar New Year.

What?

Like Duck, Duck, Goose, players arrange themselves in a circle with one player left to be 'on'. All the players in the circle bow as is traditional in Korea at New Year. Males should place their left hand on top of their right before kneeling on the ground and bowing, whilst females should place their right hand on top of their left. The player who is on, much like in Duck, Duck, Goose, goes around the circle saying "Lunar, lunar, lunar, lunar..." tapping each player on the head until they say, "Lunar New Year". The chosen player jumps up and chases the other all the way around the circle back to their starting place. If the player who is on catches their chosen player then they swap places.

- Make a set of Mahjong tiles and learn how to play. A popular game across Asia and played to help pass the time until midnight on New Year's Eve.
- Guess the answers to riddles. In Indonesia, riddles are hung from lanterns paraded at The Lantern Festival (the 15th day of the New Year, marking the end of the celebrations). Drums are sounded when the answers are correct.
- Discover some of the traditional ankle bone games played by families in Mongolia on the eve of Lunar New Year and have a go at playing one of them. Make your own set of counters or ankle bones to get started.
- Create your own game based on Lunar New year traditions.



Other

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BADGES

- Calculate your Korean age. In Korea, people's international age changes on their birthday whilst their Korean age (which starts at 1 year on the day they're born) changes at New Year. Is your Korean age the same or different?
- Find out if the dates of Lunar New Year change in different countries. Why is this? Can you find out?
- Clean your home or meeting place in preparation for Lunar New Year. In China, many families clean before the holiday so that they're not washing away any good luck at the start of the new year.
- In Vietnam, many consider it unlucky to throw anything away on New Year's Day. Try not throwing anything away for a day and see how much waste you create? What could you do to reduce your waste?
- For many families, New Year is a time to think about family members passed and in some countries families will visit the graves of their loved ones. Find out where some of your family members are and visit to remember them.
- Plant an orange seed and try growing your own citrus tree, given as gifts in Indonesia to friends and relatives.
- Arrange a family get together. Across the world the Spring Festival is a time for reuniting with family so get together with yours!
- Many Korean people travel back to their family homes during Lunar New Year. Take a trip to see where your parents or grandparents were born or grew up.
- Watch a dragon dance or take part in one, a common event throughout Lunar New Year celebrations across Asia.
- Visit some traditional Lunar New Year celebrations near you or invite others to celebrate with you. Why not enjoy some of your traditional foods and enjoy some games together?
- Host or visit a Lantern Festival to conclude your Lunar New Year celebrations. Why not use your homemade lanterns?
- Colour in all the countries where Lunar New Year is celebrated on a world map. Have you got a local community celebrating near you?
- Create your own Lunar New Year display with your own feasting table full of foods from across the world!

Adventure Complete?

Reward your young adventurers with their Virtual Lunar New Year Challenge badge to mark their achievements! Head to the website to bag yours, download certificates and discover even more adventures!



Create a Keepsake!

Experienced adventure? Made memories? Then it's time to create a keepsake! Our Pawprint Family camp blankets are the perfect place to sew your badges and look back on them for years to come.



Personalise it!

Got your camp blanket? Then it's time to make it yours! Our alphabet badges are big, bright and bold...the perfect addition to your camp blanket, hoodies, bags and more. What will you personalise first?



Even More Rewards!

We're all about added value here at Pawprint Family. In addition to the 1000s of free activity ideas and resources you'll find loyalty stickers in every order and you can claim Children's University learning hours too!



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