

USA Challenge



Grab your passport and jet set to the United States!
Explore American culture, traditions, taste the food and maybe pick up a phrase or two as you adventure your way across the globe.

For even more programme ideas check out our 'USA' board over on
www.Pinterest.com/PawprintFamily

#AdventureForAll
www.PawprintFamily.com

Meet the FAMILY

Hi there! We're Charlotte & Jamie, the husband and wife team behind the Pawprint Family and we believe in #AdventureForAll.

It's our mission to help leaders, teachers and parents save time by providing ideas and opportunities to help them deliver everyday adventure and skills for life. We do this through our family of brands; find out more below and head to the website for your next adventure!



PAWPRINT BADGES

Pawprint Badges provides thousands of free activity ideas and resources to help leaders, teachers and parents deliver fun and adventure.

Every activity helps you share skills for life and is linked to one of our pawesome embroidered badges. Build your collection and celebrate adventures, new skills and knowledge gained.

PAWPRINT TRAILS

Pawprint Trails are treasure-hunt style walks around locations in the UK. Solve puzzles, track down the answers and explore everything our great country has to offer.

From historical sights to popular culture discover something new or rediscover a love for where you live then collect the badge to remember your adventures!

Whether you're looking for the perfect addition to your next family holiday or a few hours of fun with friends; each trail can be completed in a few hours or extended with our activity suggestions in to a weekend or a week's worth of fun!

PAWPRINT TALES

Pawprint Tales are fully illustrated stories that can be enjoyed by the whole family. Join Alfie (our fox-red Labrador) on his adventures around the UK - solving puzzles, turning detective and making new friends. With twists and turns, every tale is an opportunity to discover new places, people and history without needing to leave the comfort of your own home.

Enjoy Pawprint Tales alongside your Pawprint Trails or as a standalone adventure!

PAWPRINT TRUST

Every brand in the Pawprint Family supports the Pawprint Trust with a percentage of profits from every sale providing grants to young people. We're passionate about enabling young people to access life changing adventures.

Share your adventures and join us over on our social channels for even more adventures and a nosy behind the scenes at Pawprint HQ!



@pawprintfamily



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HOW TO: Use Your Challenge Pack



This Challenge Pack has been divided into 4 sections: Craft, Food, Games and Other. In order to help you provide a balanced and varied programme for your young adventurers we recommend that the following number of activities are completed by each age group:

Age 3 - 5						
Age 5 - 7		Craft	Food	Games	Other	PICK
Age 7 - 11	+					
Age 11 - 14	+					
Age 14 - 18	+					
Age 18+	+					

Leaders, Teachers & Parents
Award yourselves a badge for supporting your young adventurers in their activities!

TOP TIPS

- Adapt activities as necessary to meet your needs.
- Add your own activity ideas or develop them into projects.
- Use what you have; don't buy in lots of new materials/equipment.
- No need to send us evidence, responsible grown-ups decide when the badge has been earned.
- One challenge badge can take as long as you like; from a few hours to days or even a full term!

Terms of Use

By downloading or purchasing this resource you agree to our terms of use as outlined below. As a husband and wife team we work hard to keep all of our resources and activity ideas available free of charge; we can only do this with your help.

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Use this resource with your young adventurers.	Redistribute or sell this resource in any way, shape or form.
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Tell your friends/family/colleagues about us!	Copy or modify any part of this resource to share with others either for free or for sale.
Share photos of you enjoying your adventures with us on social media.	Use any text, graphics, content or fonts without our written permission.

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Craft

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- 📍 Create your own Hollywood Star. Why not work together with your friends, family or group to put together your own Walk of Fame?
- 📍 Make a model of the Grand Canyon from junk model materials.
- 📍 Did you know that The White House is the building where the President and their family live and work? Have a go at building your own model version.
- 📍 Construct your own Hollywood sign. Why not spell out your name using similar shapes and display it in your bedroom?
- 📍 Build a totem pole and find out about the origins of these sculptures.
- 📍 The Constitution of the United States is a document that lists all of the laws in America. Write and decorate your own constitution that describes who you are and what you believe in.
- 📍 Campaign for a cause that you believe in and design your own campaign material or placard.

Why?

The American Civil War took place in the 1860s because the Northern and Southern states of America had different opinions about slavery. The people fighting against slavery were known as Abolitionists and successfully abolished slavery in 1865, even though it was technically made illegal in 1807.

- 📍 Did you know that the first piloted aeroplane was invented by the Wright brothers from Ohio? Craft some different paper or lolly stick planes and see which one flies the furthest.
- 📍 Make your own Hawaiian lei by braiding, twisting or knotting fabric together. For a more traditional lei, why not have a go at stringing flowers, leaves, nuts and shells together.
- 📍 Put together your own Statue of Liberty from recycled materials.

Did you know?

The copper statue was a gift from the people of France in 1885 and was constructed by Gustave Eiffel. Why not complete your France Challenge to discover Eiffel's other famous landmark that towers over Paris?

- 📍 Discover Navajo weaving and have a go at making a wearable item.



Food

**PAWPRINT
BADGES**

- 📍 The Midwest of America is known as the “nation’s breadbasket”. Have a go at making an edible basket from bread.
- 📍 Hawaii is the only US state that grows coffee. Taste test some different beans and decide which blend is your favourite.
- 📍 Make your own ice cream.

Why?

Barack Obama doesn’t like ice cream anymore because he used to work in an ice cream shop. From ice cream scooper to the 44th President of the United States and first black president: who knows where life might take you!

- 📍 Hot dogs are one of America’s favourite foods. Make your own hot dogs and try some different variations, such as a chili cheese dog.
- 📍 Bake some cornbread, which is popular in the southern states of America. Cornbread is usually eaten like a bread roll with soup, stews or even just a salad for lunch.
- 📍 The first ever chocolate cookies were made by Ruth Wakefield in the USA. Why not follow her original recipe or have a go at creating your own?
- 📍 Build your own stereotypical American burger complete with cheese, pickles, a slice of lettuce and tomato, ketchup and mustard.
- 📍 Make a deep dish ‘Chicago style’ pizza to share with your friends or family.
- 📍 Learn how to make meatloaf, which has become an American classic.

Did you know?

The first meatloaf recipe was published in 1870 and gained popularity as a budget-friendly dish in the 19th century. These days, families and chefs have their own seasoning variations and meatloaf has become a staple comfort food for Americans.

- 📍 Pile high some American-style fluffy pancakes. Why not top your pancakes with some traditional blueberries and syrup?
- 📍 Key Lime Pie is said to have originated in Key West, Florida. Have a go at making this tasty desert from pastry, custard and whipped cream or meringue on top.
- 📍 Bake some traditional American sugar cookies topped with sprinkles!



Games

**PAWPRINT
BADGES**

- 📍 Baseball is the national sport of America and was invented in 1908. Have a go at playing this bat and ball game with your friends, family or group.
- 📍 American Football is different to traditional football (or “soccer”). Find out some of the ways in which they’re different. Why not watch a video too?
- 📍 Take part in a game of Dodgeball, a favourite game in many US schools.
- 📍 Competitive cheer leading is a popular sport in America. Come up with your own routine or take part in a competition.
- 📍 Make your own skittle alley or go bowling with your friends or family.

Why?

The first ever bowling alley was called ‘Knickerbocker Alleys’ and opened in New York City on 1st January 1840.

- 📍 Find the British translations in our Americanisms Wordsearch resource.
- 📍 Discover the Native American origins of Lacrosse and have a go at playing or taking part in a game.
- 📍 Chunkey is a Native American game played with a hoops and sticks. Have a go at playing this game by rolling a ball and taking it in turns to throw coins towards it. The winner is the player who gets their coin the closest!
- 📍 Put together a cornhole board and play this popular lawn game from North America. Check out our USA Pinterest board for some inspiration!
- 📍 Try skateboarding, which was particularly popular in 1950s/60s America.
- 📍 Practice balancing or bouncing a tennis ball with a racket like the famous American sisters, Serena and Venus Williams. Why not rally with a friend?
- 📍 Go head to head in a game of ‘Guess Who?’ with the 46 US Presidents.
- 📍 Play ‘President Says...’ as a twist on the classic ‘Simon Says...’ game.
- 📍 There are 50 states that make up the United States of America. How quickly can you transfer 50 beads or pom poms from one bowl to another? For an extra challenge, why not try using chopsticks?
- 📍 Challenge yourself to complete a Cat’s Cradle which was invented by American writer Kurt Vonnegut.



Other

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BADGES

- 📍 Read a book by an American author such as 'Diary of a Wimpy Kid' by Jeff Kinney or 'Little Women' by Louisa May Alcott.
- 📍 Did you know that the lowest point in the USA is Badwater Basin in Death Valley National Park, and the highest point is the peak of Mount McKinley in Alaska; with an altitude difference of 6,276 meters! Find out where your the highest and lowest points in your local area are. Can you visit them both?
- 📍 Florida state is known for its tropical beaches. Host a beach party.
- 📍 The United States has 63 national parks which are protected by the National Park Service. Find out how to become a Park Ranger.
- 📍 Spanning nearly 10 million square kilometers, the USA is often described as having five regions: West, Midwest, Southwest, Southeast and Northeast. Compare these to the regions of the country you live in.
- 📍 Make a peace dove in remembrance of the September 11th attacks on the Twin Towers. Why not use our Peace Pledge Dove resource to help?
- 📍 Hold a party to celebrate the American traditions of Thanksgiving or Independence Day. Why not complete your 4th July Challenge too?
- 📍 Create a map of the Native American tribes and their lands. Why not choose a couple of tribes to learn more about and create a fact file of their cultures?
- 📍 Learn about the different states of the USA and compare where you live to the most similar state.
- 📍 Watch a Hollywood Blockbuster or another film made in the USA.
- 📍 Take a trip to the theatre to see a Broadway-style show. Why not craft your own 'Playbill' programme for your Craft challenge too?
- 📍 Compare the language and spellings of American English to British English.
- 📍 Listen to 'The Star-Spangled Banner' national anthem of the United States of America. For an extra challenge, why not try learning some of the lyrics so you can sing along?
- 📍 Find out what the different parts of the American flag mean. If you were making a flag for your local area, what colours or shapes would you use?
- 📍 Make a timeline to learn more about the history of the USA.

Adventure Complete?

Reward your young adventurers with their United States of America Challenge badge to mark their achievements! Head to the website to bag yours, download certificates and discover even more adventures!



Create a Keepsake!

Experienced adventure? Made memories? Then it's time to create a keepsake! Our Pawprint Family camp blankets are the perfect place to sew your badges and look back on them for years to come.



Personalise it!

Got your camp blanket? Then it's time to make it yours! Our alphabet badges are big, bright and bold...the perfect addition to your camp blanket, hoodies, bags and more. What will you personalise first?



Even More Rewards!

We're all about added value here at Pawprint Family. In addition to the 1000s of free activity ideas and resources you'll find loyalty stickers in every order and you can claim Children's University learning hours too!



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