

Stone Age Challenge



Stones, bones, and cave-style homes!

Step back in time to 450,000 BC. In the Stone Age, humans caught their own food, built their own homes and cooked on open fires.

For even more programme ideas check out our 'Stone Age' board over on www.Pinterest.com/PawprintFamily

#AdventureForAll
www.PawprintFamily.com

Meet the FAMILY

Hi there! We're Charlotte & Jamie, the husband and wife team behind the Pawprint Family and we believe in #AdventureForAll.

It's our mission to help leaders, teachers and parents save time by providing ideas and opportunities to help them deliver everyday adventure and skills for life. We do this through our family of brands; find out more below and head to the website for your next adventure!



PAWPRINT BADGES

Pawprint Badges provides thousands of free activity ideas and resources to help leaders, teachers and parents deliver fun and adventure.

Every activity helps you share skills for life and is linked to one of our pawesome embroidered badges. Build your collection and celebrate adventures, new skills and knowledge gained.

PAWPRINT TRAILS

Pawprint Trails are treasure-hunt style walks around locations in the UK. Solve puzzles, track down the answers and explore everything our great country has to offer.

From historical sights to popular culture discover something new or rediscover a love for where you live then collect the badge to remember your adventures!

Whether you're looking for the perfect addition to your next family holiday or a few hours of fun with friends; each trail can be completed in a few hours or extended with our activity suggestions in to a weekend or a week's worth of fun!

PAWPRINT TALES

Pawprint Tales are fully illustrated stories that can be enjoyed by the whole family. Join Alfie (our fox-red Labrador) on his adventures around the UK - solving puzzles, turning detective and making new friends. With twists and turns, every tale is an opportunity to discover new places, people and history without needing to leave the comfort of your own home.

Enjoy Pawprint Tales alongside your Pawprint Trails or as a standalone adventure!

PAWPRINT TRUST

Every brand in the Pawprint Family supports the Pawprint Trust with a percentage of profits from every sale providing grants to young people. We're passionate about enabling young people to access life changing adventures.

Share your adventures and join us over on our social channels for even more adventures and a nosy behind the scenes at Pawprint HQ!



@pawprintfamily



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HOW TO: Use Your Challenge Pack



This Challenge Pack has been divided into 4 sections: Craft, Food, Games and Other. In order to help you provide a balanced and varied programme for your young adventurers we recommend that the following number of activities are completed by each age group:

Age 3 - 5						
Age 5 - 7		Craft	Food	Games	Other	PICK
Age 7 - 11	+					
Age 11 - 14	+					
Age 14 - 18	+					
Age 18+	+					

Leaders, Teachers & Parents
Award yourselves a badge for supporting your young adventurers in their activities!

TOP TIPS

- Adapt activities as necessary to meet your needs.
- Add your own activity ideas or develop them into projects.
- Use what you have; don't buy in lots of new materials/equipment.
- No need to send us evidence, responsible grown-ups decide when the badge has been earned.
- One challenge badge can take as long as you like; from a few hours to days or even a full term!

Terms of Use

By downloading or purchasing this resource you agree to our terms of use as outlined below. As a husband and wife team we work hard to keep all of our resources and activity ideas available free of charge; we can only do this with your help.

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Craft

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-  Put together a picture made out of only stones, rocks or pebbles. Make your masterpiece outside in your garden or local park, or even out on a walk! That way, when you finish, you can take a picture of it and put the stones back where they came from.
-  Make a papier-mâché stone axe. Head across to our 'Stone Age' Pinterest board to find out how to make this fant-axe-tic craft.

What?

Humans in the Stone Age used stone axes and other hand-made tools to hunt, cook and build. In fact, Homo Habilis (aka. 'skilled man') were the first humans to make stone tools!

-  Have a go at creating your own cave painting, not actually in a cave though... We have learned a lot about the life of humans in the Stone Age through the cave art that has been left behind from this period of time. Cave paintings often display people hunting animals, cooking on fires and living in shelters.
-  Make your own Stone Age tools with stones, string and sticks.
-  People in the early Stone Age had to build their shelters and homes. Build your own shelter with natural materials and tarpaulin. Why not camp out underneath your shelter for the night for a full Stone Age experience?
-  Create some Stone Age story stones to tell your own prehistoric story with. You could paint your pebbles/stones with classic Stone Age images such as a fire, an axe, animals, etc.
-  Build a sculpture of your choice out of clay/ stone. In the later Paleolithic period, some groups made small sculptures out of clay, stone, or bone. Make sure that your sculpture is as solid as a rock when you finish!
-  Try pottery.

Why?

Clay was used to make pots for storing and cooking food during the Neolithic period (New Stone Age). This was the time period when humans first learned how to make pottery.

-  Have a go at weaving threads or old pieces of fabric. This is how people in the Stone Age made their clothing, blankets and nets!
-  Create a salt dough bone necklace for yourself or for a friend. Check out our 'Stone Age' Pinterest Board for some ideas. Cavemen of the Stone Age are often shown wearing a bone necklace or other jewellery made from bones.



Food

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BADGES**

-  Humans in the Stone Age used to grow their own crops such as maize, wheat and barley. Use one of these ingredients to make a dish of your choice.
-  Bake a caveman cake/dessert masterpiece featuring all things Stone Age. You could use chocolate shards as a log fire, or toffee balls as stone boulders! Check out some of the rockin' caveman cakes on our 'Stone Age' Pinterest board.
-  Bake a sweet treat containing nuts and fruits.

Why?

Humans in the Paleolithic Age had to gather their own food. They collected nuts and fruit from trees and bushes, or hunted wild animals and birds. How about a nut and fruit chocolate bark?

-  Throw yourself way back in time by grinding grains with stones. Don't fancy getting too dirty? Why not use a stone pestle and mortar instead?
-  Bake some rock cakes. They're not actually made of rocks don't worry... Also known as rock buns, these scone-like delicacies originated in Great Britain and are named after their rough, rocky texture. See our 'Stone Age' board on Pinterest for some rock cake recipes.
-  Make a fish dish of your choice.

Why?

People in the Stone Age would've had to catch/hunt for their own food with spears, but when catching fish they would've had to use harpoons and nets. Humans from the Stone Age are classed as 'hunter-gatherers' and lived a nomadic lifestyle.

-  Try open fire cooking. Discover the best recipes to cook on an open flame and prepare well with the correct equipment. Why not learn all about fire safety at the same time?
-  Discover more about the ancient method of cooking called 'Stone Boiling'. It's definitely a rock and roll cooking method.
-  Whip up some 'no bake' chocolate rocks. They look exactly like rocks but taste like chocolate! Cool right?
-  Try some Stone Age Bread. Containing mostly seeds, grains, nuts and eggs, Stone Age bread can be made out of any ingredients that take your fancy. Find a variety of recipes on our 'Stone Age' Pinterest board.



Games

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-  See how far you can skim a stone.
-  Hold a stone structure building competition. Can you build a stone/pebble tower that stands without support and without falling over? Why not link it to your stone sculpture craft activity if you're up for two challenges in one?
-  Make up your own game using minimal pieces of game equipment. With limited resources, children in the Stone Age will have had to make up their own games.
-  Watch an episode of 'Savage Stone Age' in the Horrible Histories collection.
-  Make your own musical instrument (using only natural materials if you can) and play a 'guess the tune' game with a partner. The only musical instruments they had in the Stone Age would have been made from natural materials (e.g. bone flutes, horns to blow, conch shells, singing).

For leaders...

Challenge your unit/group to compose a piece of music using only the instruments they have made from natural materials. Why not put on a Stone Age inspired performance for parents, carers and locals? Dress up and go all out to raise money for your unit!

-  Tell your own Stone Age story with the story stones you made for your craft activity.
-  Make your own dominoes out of stones and play a game. Head across to our 'Stone Age' board on Pinterest to find out how to make your own set.
-  Put together a Stone Age themed quiz.
-  Head to a beach and hold a competition to see who can find the most different shades of grey stone. Compare all of the stones you find and see which is the lightest, darkest, etc.
-  Play a game of tic-tac-toe with stones and playground chalk. One player could use stones as their nought counters and the other player could use small twigs to create their cross counters.
-  Fill a jar with as many stones as you can (counting them as they go in) and hold a 'guess how many stones are in the jar' competition!
-  Create your own stepping stone course using slabs in your back garden or cushions in your living room. Why not ramp up the heat of the game by using your stepping stones to play 'the floor is lava' or hop scotch?



Other

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BADGES

-  Discover the different tools that they used in the Stone Age and try and find out what each tool was used for. How were they made? What materials were they made from? Who would use each tool?
-  Brave a cave - go cave walking with adult supervision. Don't forget a torch or head light, it can get pretty dark down there!
-  Discover which animals lived in the Stone Age. Are any still alive now? Are there any fossils showing that these animals once lived a long time ago?
-  Learn how to build a fire safely. People living in the Stone Age used fires to stay warm. In fact, 'Homo erectus' (aka. 'upright men') were the first people to learn how to make fires. They also used fires to cook meat and frighten dangerous, wild animals away from their camps.
-  Have a go at fishing in a safe fishing area. Humans in the Mesolithic Age fished with weaved nets to find food for their meals.
-  Visit The Callanish Stones in the Outer Hebrides, off the West Coast of Mainland Scotland. The Callanish Stones are a collection of Neolithic stones standing in a circle and are said to date back to between 2900 and 2600 BC.
-  Watch the Ice Age films (1, 2, 3, 4 and 5!).
-  Visit Skara Brae, a Neolithic village in the Orkney Isles off the coast of mainland Scotland. Said to be the best-preserved Neolithic village in northern Europe, Skara Brae plays host to ruins of stone buildings, ancient homes with stone beds, and an array of Stone Age artefacts.
-  Mark as many Stone Age attractions/visit sites as you can on a map of the UK and plan a trip to visit one of them.
-  Write a diary entry as if you were living in the Stone Age. Think about what you would do all day, as a Stone Age child or an adult. Would you go hunting and see wild animals on your adventures? Would you stay at home/your cave and weave clothes for your family?
-  Join/volunteer to take part in an archaeological dig.
-  Plan for a visit to a museum of your choice that is holding a Stone Age workshop or exhibition (e.g. Bristol Museum, South West Heritage Trust, etc.)
-  Watch The Croods - a child friendly film about a Stone Age family looking for a safe place to call home in the prehistoric era.

Adventure Complete?

Reward your young adventurers with their Stone Age Challenge badge to mark their achievements! Head to the website to bag yours, download certificates and discover even more adventures!



Create a Keepsake!

Experienced adventure? Made memories? Then it's time to create a keepsake! Our Pawprint Family camp blankets are the perfect place to sew your badges and look back on them for years to come.



Personalise it!

Got your camp blanket? Then it's time to make it yours! Our alphabet badges are big, bright and bold...the perfect addition to your camp blanket, hoodies, bags and more. What will you personalise first?



Even More Rewards!

We're all about added value here at Pawprint Family. In addition to the 1000s of free activity ideas and resources you'll find loyalty stickers in every order and you can claim Children's University learning hours too!



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