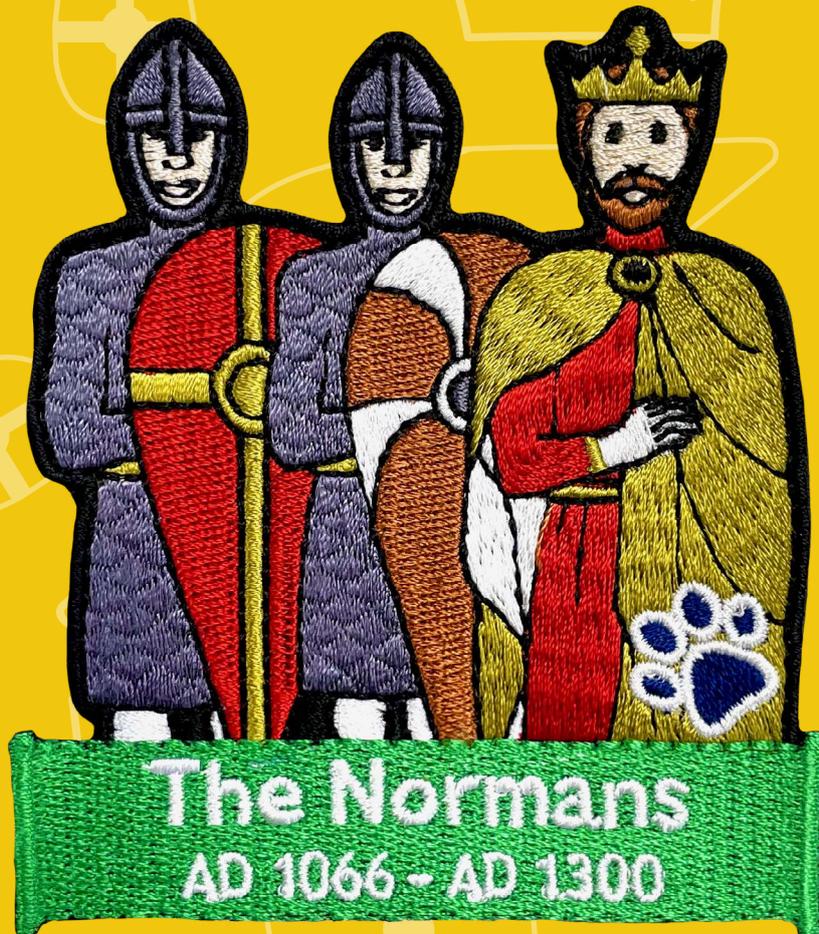


# Normans Challenge



## **Battles, castles and a brand new king!**

Famous for their part in the Battle of Hastings, the Normans made a name for themselves and left their mark when they invaded England in 1066.

For even more programme ideas check out our 'Normans' board over on [www.Pinterest.com/PawprintFamily](https://www.Pinterest.com/PawprintFamily)

**#AdventureForAll**  
[www.PawprintFamily.com](https://www.PawprintFamily.com)

# Meet the FAMILY

Hi there! We're Charlotte & Jamie, the husband and wife team behind the Pawprint Family and we believe in #AdventureForAll.

It's our mission to help leaders, teachers and parents save time by providing ideas and opportunities to help them deliver everyday adventure and skills for life. We do this through our family of brands; find out more below and head to the website for your next adventure!



## PAWPRINT BADGES

Pawprint Badges provides thousands of free activity ideas and resources to help leaders, teachers and parents deliver fun and adventure.

Every activity helps you share skills for life and is linked to one of our pawesome embroidered badges. Build your collection and celebrate adventures, new skills and knowledge gained.

## PAWPRINT TRAILS

Pawprint Trails are treasure-hunt style walks around locations in the UK. Solve puzzles, track down the answers and explore everything our great country has to offer.

From historical sights to popular culture discover something new or rediscover a love for where you live then collect the badge to remember your adventures!

Whether you're looking for the perfect addition to your next family holiday or a few hours of fun with friends; each trail can be completed in a few hours or extended with our activity suggestions in to a weekend or a week's worth of fun!

## PAWPRINT TALES

Pawprint Tales are fully illustrated stories that can be enjoyed by the whole family. Join Alfie (our fox-red Labrador) on his adventures around the UK - solving puzzles, turning detective and making new friends. With twists and turns, every tale is an opportunity to discover new places, people and history without needing to leave the comfort of your own home.

Enjoy Pawprint Tales alongside your Pawprint Trails or as a standalone adventure!

## PAWPRINT TRUST

Every brand in the Pawprint Family supports the Pawprint Trust with a percentage of profits from every sale providing grants to young people. We're passionate about enabling young people to access life changing adventures.

Share your adventures and join us over on our social channels for even more adventures and a nosy behind the scenes at Pawprint HQ!



@pawprintfamily



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# HOW TO: Use Your Challenge Pack



This Challenge Pack has been divided into 4 sections: Craft, Food, Games and Other. In order to help you provide a balanced and varied programme for your young adventurers we recommend that the following number of activities are completed by each age group:

<b>Age 3 - 5</b>						
<b>Age 5 - 7</b>		<b>Craft</b>	<b>Food</b>	<b>Games</b>	<b>Other</b>	<b>PICK</b>
<b>Age 7 - 11</b>	+					
<b>Age 11 - 14</b>	+					
<b>Age 14 - 18</b>	+					
<b>Age 18+</b>	+					

**Leaders, Teachers & Parents**  
Award yourselves a badge for supporting your young adventurers in their activities!

## TOP TIPS

- Adapt activities as necessary to meet your needs.
- Add your own activity ideas or develop them into projects.
- Use what you have; don't buy in lots of new materials/equipment.
- No need to send us evidence, responsible grown-ups decide when the badge has been earned.
- One challenge badge can take as long as you like; from a few hours to days or even a full term!

## Terms of Use

By downloading or purchasing this resource you agree to our terms of use as outlined below. As a husband and wife team we work hard to keep all of our resources and activity ideas available free of charge; we can only do this with your help.

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Tell your friends/family/colleagues about us!	Copy or modify any part of this resource to share with others either for free or for sale.
Share photos of you enjoying your adventures with us on social media.	Use any text, graphics, content or fonts without our written permission.

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# Craft

**PAWPRINT  
BADGES**

-  Draw your own Norman warrior armour. Think about the types of materials needed for your helmet, body piece, shield and weapons to keep you safe in battle.
-  Build a castle out of junk model materials. Did you know? The Normans built some of our most well-known castles such as Windsor Castle and the Tower of London. Consider all of the features of a Norman Castle. Use the English Heritage website to help you: [www.english-heritage.org.uk/learn/histories/1066-and-the-norman-conquest/build-a-norman-castle/](http://www.english-heritage.org.uk/learn/histories/1066-and-the-norman-conquest/build-a-norman-castle/)
-  Make your own Norman shield.

## How?

Design your shield first using our 'Design a Shield' resource! You can download and print this resource for free from our website. Draw your design onto your shield first, and then label it up with materials that you'll use. For a shield that you can recycle after you've finished with it, make your shield out of cardboard and tin foil. You might also like to use traditional Norman colours and think about the size of your shield before making it. To finish, follow your design, craft your shield and use it to re-enact the Battle of Hastings as one of your 'Games' activities.

-  Draw a portrait of William the Conqueror, the first Norman King of England.
-  The Normans went to battle on war horses and armed with bows and arrows to shoot down the enemy. Make your own homemade bow and arrow. Find a variety of ways to make your archery kit on our 'Normans' Pinterest board. Did you know? Some people believe that King Harold II (the Anglo-Saxon King of England) was killed by an arrow that struck him in the eye during the Battle of Hastings! I bet that was a sight for sore eyes...
-  Create your own tapestry showing an important moment in your life. Maybe it's when you passed your driving test, or when your baby sister was born.

## Why?

The Norman women created and left behind a large tapestry called the Bayeux Tapestry. This piece of embroidered cloth reaches up to 70m long and was made in 1075. The tapestry tells the story of the Norman Conquest and is a great source of historical evidence for what really happened during the invasion.

-  Draw a comic-style strip detailing the stages of the Battle of Hastings. Why not use the Bayeux Tapestry to make sure your comic strip is historically accurate?



# Food

**PAWPRINT  
BADGES**

 Cook a pulled pork or chicken bap/roll. It's believed that pork and chicken become more popular after William the Conqueror arrived in England in 1066.

 Make and enjoy an entire Christmas dinner!

## Why?

William the Conqueror was crowned on Christmas Day 1066 in Westminster Abbey in London. During the coronation, a fight broke out outside Westminster and locals began setting fire to houses and buildings. Not quite the coronation you'd hope for...

 Archaeologists believe that over 500 Motte and Bailey castles were built by the Normans in the first 20 years of William's reign. Bake a cake and try to put 500 chocolate chips on the top.

 Rabbit was seen as a luxury item during the time of the Normans, and could cost four to five times more than chicken. Cook a rabbit dish of your choice.

 Have a go at making Norman Andouille de Vire - a traditional pork dish from Lower Normandy.

 Try cooking with a spice you've never used before. Some people say that the Normans ate rotten meat and disguised it's bad flavour with spices. This wasn't the case! Spices were simply used for flavour and balance in a dish. Although spices were expensive and normally only used in wealthy households, the Normans believed spices had great health benefits and held them in high regard.

 Medieval people thought that cinnamon prevented the plague and was good for the gut. Have a go at making Norman Cinnamon Rice Pudding, also known as 'Teurgoule'.

 Use rolos in any baking recipe.

## Why?

Norman history is believed to have begun in 911 when a Viking chieftain/leader was given an area of Northern France to rule. His name was Rollo. He became the first Duke of Normandy and is sometimes known as 'Rollo the Great Norman'.

 Make an edible Norman shield using ingredients of your choice.

 The Bayeux Tapestry shows cooks preparing and serving a banquet. Hold a medieval banquet of your own, serving your masters like the Normans did!



# Games

**PAWPRINT  
BADGES**

📍 Re-enact the Battle of Hastings using the shield you made for your 'Craft' activity. Will you fight against a partner who will take on the role of an Anglo-Saxon? Dress the part, be the part, feel the history!

📍 Play a game of Norman Shield Snap with a partner.

## How?

Download the free 'Norman Shield Snap' resource from our website. The pack of matching cards are dealt evenly between all players, face down, and then each player takes their turn to put a card down in the centre, face up. When two cards match each other, one on top of another, players must shout "SNAP" to win the pile of cards. The player to win the entire pile first wins the game.

📍 More wealthy Normans would hire entertainment – sometimes the King would hire these entertainers just for himself! Often, people were hired to play musical instruments, dance, sing and read poetry to entertain the rich. Pretend you're providing entertainment for the Norman King (a friend or family member) and perform your heart out with a performance of your choice.

📍 Play a game of handball. It's believed that Norman castle workers played handball for entertainment.

📍 William the Conqueror was known by many names: William Duke of Normandy, William I, King of England, First King of Normandy. Write down all of the names people call you: your full name, nicknames, everything!

📍 Hold an archery competition with the archery bow and arrow you make your 'Craft' activity. You could have a target or plastic cups to shoot down.

📍 William Duke of Normandy commissioned a survey in 1085 to discover who owned what assets, how much it was worth and how much was owed to him as King in tax, rents and military service – this was compiled into one book in the late 11th century and was called The Domesday Book. Compile a list of all of the assets in your room and how much you think they're worth. Would you offer any of them up to the King?

📍 Play a game of chess with a friend or family member. No one is one hundred percent sure where or when chess originated, but it's believed that chess reached England after the Norman Conquest in 1066.

📍 The Battle of Hastings is one of the most famous battles in England. Although they didn't fight from ships during the Battle of Hastings, play a game of battleships with a partner to experience the rivalry for yourself.

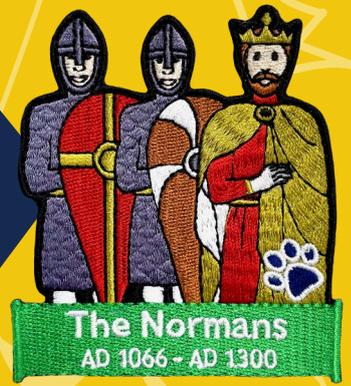


# Other

-  Discover all of the Norman castles still standing in England today. Why not mark all of the Norman Castles on the 'Norman Castles Map' resource that can be downloaded and printed for free from our website?
-  Write your own fiction story featuring the Normans.
-  Plan a trip to a Norman Castle or find out which one is closest to you/in your local area.
-  Learn some French. It's said that the Normans brought elements of the French language across to England with them when they invaded in 1066 and overthrew the Anglo-Saxons in the Battle of Hastings.
-  Create a Norman Monarchs timeline featuring all of the Norman Kings who ruled England.
-  Discover what happened when the Normans tried to invade Ireland in the 12th Century. Did it go as well as the Norman Conquest?
-  Find out what a Motte and Bailey Castle is and why it is named as this. You could also discover which are the most famous Motte and Bailey Castles in England and if any of them are still standing today.
-  Label the different features of a Norman Castle.
-  Write a diary entry as if you are a Norman warrior who is preparing for battle against the Anglo-Saxons, or a warrior who has just fought in the Battle of Hastings. What preparations have you had to make? Has there been any rigorous training to build your strength for the fight? What about getting your armour together or how well it held up during the battle?
-  Discover more about the Normans using non-fiction and fiction books.
-  Write up a fact file displaying everything you've learned about the Normans or William the Conqueror.
-  Plan a trip to visit the exact site that the Normans defeated the Anglo-Saxons in the Battle of Hastings on 14th October 1066.
-  Watch or read 'The Stormin' Normans' – part of the Horrible Histories collection.
-  Visit a Norman cathedral in England. The Normans were responsible for many of the great cathedrals in England, such as Durham Cathedral.

## Adventure Complete?

Reward your young adventurers with their Normans Challenge badge to mark their achievements! Head to the website to bag yours, download certificates and discover even more adventures!



## Create a Keepsake!

Experienced adventure? Made memories? Then it's time to create a keepsake! Our Pawprint Family camp blankets are the perfect place to sew your badges and look back on them for years to come.



## Personalise it!

Got your camp blanket? Then it's time to make it yours! Our alphabet badges are big, bright and bold...the perfect addition to your camp blanket, hoodies, bags and more. What will you personalise first?



## Even More Rewards!

We're all about added value here at Pawprint Family. In addition to the 1000s of free activity ideas and resources you'll find loyalty stickers in every order and you can claim Children's University learning hours too!



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