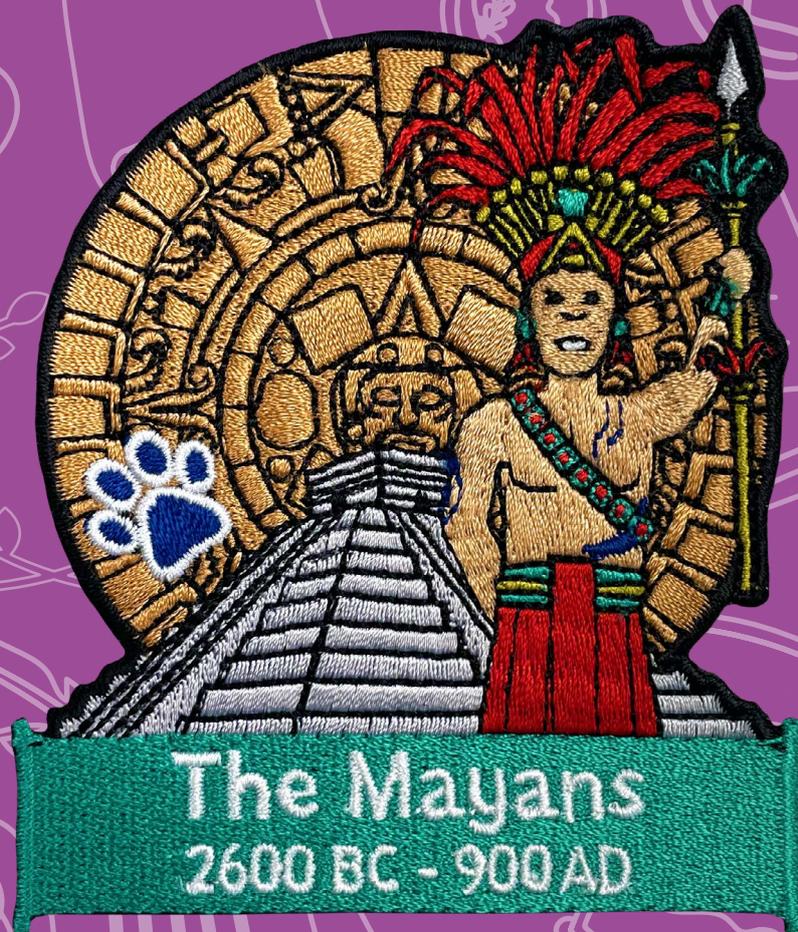


Mayans Challenge



Inventors, builders, worshippers and mathematicians

The Mayans are known for their amazing architecture, the Mayan calendar and their beliefs in the Maya gods and goddesses.

For even more programme ideas check out our 'Mayans' board over on www.Pinterest.com/PawprintFamily

#AdventureForAll
www.PawprintFamily.com

Meet the FAMILY

Hi there! We're Charlotte & Jamie, the husband and wife team behind the Pawprint Family and we believe in #AdventureForAll.

It's our mission to help leaders, teachers and parents save time by providing ideas and opportunities to help them deliver everyday adventure and skills for life. We do this through our family of brands; find out more below and head to the website for your next adventure!



PAWPRINT BADGES

Pawprint Badges provides thousands of free activity ideas and resources to help leaders, teachers and parents deliver fun and adventure.

Every activity helps you share skills for life and is linked to one of our pawesome embroidered badges. Build your collection and celebrate adventures, new skills and knowledge gained.

PAWPRINT TRAILS

Pawprint Trails are treasure-hunt style walks around locations in the UK. Solve puzzles, track down the answers and explore everything our great country has to offer.

From historical sights to popular culture discover something new or rediscover a love for where you live then collect the badge to remember your adventures!

Whether you're looking for the perfect addition to your next family holiday or a few hours of fun with friends; each trail can be completed in a few hours or extended with our activity suggestions in to a weekend or a week's worth of fun!

PAWPRINT TALES

Pawprint Tales are fully illustrated stories that can be enjoyed by the whole family. Join Alfie (our fox-red Labrador) on his adventures around the UK - solving puzzles, turning detective and making new friends. With twists and turns, every tale is an opportunity to discover new places, people and history without needing to leave the comfort of your own home.

Enjoy Pawprint Tales alongside your Pawprint Trails or as a standalone adventure!

PAWPRINT TRUST

Every brand in the Pawprint Family supports the Pawprint Trust with a percentage of profits from every sale providing grants to young people. We're passionate about enabling young people to access life changing adventures.

Share your adventures and join us over on our social channels for even more adventures and a nosy behind the scenes at Pawprint HQ!



@pawprintfamily



@pawprint_family

HOW TO: Use Your Challenge Pack



This Challenge Pack has been divided into 4 sections: Craft, Food, Games and Other. In order to help you provide a balanced and varied programme for your young adventurers we recommend that the following number of activities are completed by each age group:

Age 3 - 5						
Age 5 - 7		Craft	Food	Games	Other	PICK
Age 7 - 11						
Age 11 - 14						
Age 14 - 18						
Age 18+						

Leaders, Teachers & Parents
Award yourselves a badge for supporting your young adventurers in their activities!

TOP TIPS

- Adapt activities as necessary to meet your needs.
- Add your own activity ideas or develop them into projects.
- Use what you have; don't buy in lots of new materials/equipment.
- No need to send us evidence, responsible grown-ups decide when the badge has been earned.
- One challenge badge can take as long as you like; from a few hours to days or even a full term!

Terms of Use

By downloading or purchasing this resource you agree to our terms of use as outlined below. As a husband and wife team we work hard to keep all of our resources and activity ideas available free of charge; we can only do this with your help.

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Share photos of you enjoying your adventures with us on social media.	Use any text, graphics, content or fonts without our written permission.

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Craft

**PAWPRINT
BADGES**

-  Drawing a Maya temple. Head across to our 'Mayans' Pinterest board to find out how.
-  Create your own 3D Maya calendar. Some believe their detailed and accurate calendars were used for farming. However, The Tzolkin calendar, also known as the Sacred calendar, kept track of religious ceremonies and was 260 days long.
-  Make a Maya ceremonial centre out of junk materials.

What?

The Maya built ceremonial centres and development cities full of temples, pyramids, palaces and plazas. It's thought that royals would have lived in the ceremonial centre.

-  Create a piece of artwork using clay. Maya artists created finely painted ceramics to reveal the incredible lives of the gods in detail.
-  Build a sculpture out of stone or wood. The Mayan civilisation built pieces of art out of a many materials, including stone, wood, clay, and even bone!
-  Paint your own Mayan mural. The Maya built an amazing domed building in San Bartolo, Guatemala called the Pyramid of the Paintings, full of beautiful murals that feature the Maize God and the creation of the world.
-  Draw your own Mayan God. What will they be the god of?

Why?

The Mayan people worshipped different gods, and many believed that Mayan kings became gods when they died. Chac, Ah K'in, Buluc Chabtan and Ah Bolon Tzacab are some of the gods the Maya worshipped. They were said to be able to change shape, into humans and animals, and were gods of certain aspects of life (e.g. agriculture, violence, the rain).

-  Design your own Maya Stucco Mask. These masks were often found outside temples and represent the faces of important individuals.
-  Build your own pulley. The Maya didn't use wheels to transport heavy materials, they moved them on logs or with pulleys.
-  Sew a piece of clothing that means something to you and shows who you are. In Maya society, clothes/textiles were a way of identifying the wealthy from the poor, but they were also an important part of religion and art.



Food

**PAWPRINT
BADGES**

-  The Maya civilisation excelled in agriculture. Make a dish with fresh produce from your local farm.
-  Corn was said to be a main crop farmed by the Maya, grown together with beans and squash. Have a go at making a corn-focused dish. Find a variety of recipes on our 'Mayans' Pinterest board.
-  Enjoy a bar of chocolate.

Why?

Some people believe the Maya were one of the first civilisations to grow the cocoa plant for food. It was seen as a gift from the gods, and so cocoa beans were used at ceremonial sacrifices.

-  Make some apple flavoured 'jade' gemstone jellies. The Mayan people fashioned jewellery and ornaments out of this precious gemstone, even though it is one of the hardest stones in the world.
-  Fill a tasty tortilla with meat and beans. The ancient Maya diet mostly consisted of maize, which they ground down into flour to make tortillas.
-  Have a go at grinding grain. A metate was used by the Maya to grind maize.
-  Enjoy a classic avocado on toast. The avocado fruit was widely eaten in Mesoamerica... I wonder if they put it on toast way back then?
-  The ancient Maya boiled, grilled and roasted their meat on open fires, fire pits and above hot stones. Enjoy a classic barbecue cooked on the grill outside in the sunshine.
-  Make a hot chocolate. Cocoa beans were ground down and mixed with honey, chilli peppers and cornmeal. This special drink was only made for and served to the wealthy.

Did you know?

It's believed that some Mayans used cocoa beans as a form of currency, as a medical remedy and to give comfort to the dead during burials!

-  Find out more about the 'Slash and Burn' technique that was used by the Maya in agriculture.
-  Put together a Mayan themed feast to share with friends and family, featuring ingredients that were eaten by the Maya civilisation.



Games

**PAWPRINT
BADGES**

-  Mark the important cities in the Maya civilisation on a map.
-  Play Pok-ta-pok, an ancient Mayan ball game played on a ball court with a rubber ball. The game was played for fun, at festivals or special events.

How?

Two teams face each other on a ball court, divided by a center line. Players must hit the ball with their elbows, hips and knees, but never with their feet, hands or head. A point is scored when the ball reaches the end of the other team's side, or the ball is not returned after two bounces.

-  Make up your own ball game. In a Mayan myth, the Hero Twins, Hunahpu and Xbalanque were summoned to the underworld by the Lords of Death for making too much noise whilst playing ball games. The Lords requested the boys play a game of ball against them. Do you know what happened? Discover more about the Hero Twins for your 'other' activity.
-  Spot the Mayan temple that the Millennium Falcon shoots out of as part of a rebel base in Star Wars: A New Hope.
-  Play a game of Pitz.

What?

Played on a large ball court, the aim of the game was to get the ball to the other side of the court without dropping it, or trying to make the other team drop it. Often players would wear protective clothing made out of leather or ritual head dresses. Large crowds would gather to watch the game, which sometimes lasted up to 2 weeks! Ballgames were often played to keep the gods happy or for ceremonies.

-  The Maya traded with other Mesoamerican cultures. Make up your own trading game where you trade special goods for money or wares.
-  Maya match up. Write all Maya alphabet hieroglyphs and each letter of the English alphabet on separate pieces of card. Lay all cards out face down and take it in turns to turn two cards over. If the Maya glyph matches the correct alphabet letter, you keep the cards! The person with the most cards wins.
-  Find a copy of Mayan hieroglyphic writing online and try to decipher the ancient images.
-  Play Maya snap. Download our free blank snap cards and mark each card with the Maya numerals up to 19. Create two sets, jumble the cards together and play Maya numeral snap with a partner!



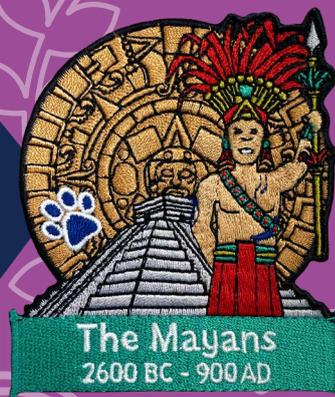
Other

PAWPRINT
BADGES

-  Around 6000 BC, hunter-gatherers in Mesoamerica learned how to domesticate plants. Fill your home with plants or take the time to care for plants you already have in your home.
-  Discover what a loincloth and a huipil are, and what they were used for. The people of Mesoamerica, now known as the Maya Civilisation, spoke a variety of different languages. Learn some simple phrases or words in another language.
-  Visit a limestone quarry. The Maya quarried large quantities of building stone, mainly limestone, to build their cities with.
-  Create a fact file about the Mayan gods.
-  Write your own instructions for Pok-ta-Pok, telling people exactly how to play the Mayan ball game.
-  Discover more about the Hero Twins and why they're famous in Mayan history.
-  Plan a real life or virtual trip to the Temples of Tikal in Guatemala. Archaeological records of Tikal date back to 1000BC and it is said to be the beating heart of the Mayan Empire! Tikal features at least 5 different temples: Temple of the Great Jaguar, Temple of the Mask, Temple of the Double Headed Serpent, Temple of the Jaguar Priest, and the Temple of the Inscriptions.
-  Visit the British Museum in London to view a variety of Mayan artifacts and find out more about this amazing civilisation!
-  Come up with your own writing system. The Maya are known for creating the most well-developed system of writing in Mesoamerica, dating back to 300 BC. Sadly, almost all of the texts written by the Mayan were destroyed during the Spanish Conquest in the 16th Century AD.
-  Write your name in Mayan glyphs. Take a look at our 'Mayans' Pinterest board to find out how to write your name.
-  Take a tour/visit a cotton factory. The Maya weaved cotton, which was washed and picked clean of seeds, and then dyed a variety of colours. Cotton was often used for garments worn by the rich.
-  The Maya used bones, leather, clay, shell and wood to make instruments. Make your own instrument out of materials you have around your home.

Adventure Complete?

Reward your young adventurers with their Mayans Challenge badge to mark their achievements! Head to the website to bag yours, download certificates and discover even more adventures!



Create a Keepsake!

Experienced adventure? Made memories? Then it's time to create a keepsake! Our Pawprint Family camp blankets are the perfect place to sew your badges and look back on them for years to come.



Personalise it!

Got your camp blanket? Then it's time to make it yours! Our alphabet badges are big, bright and bold...the perfect addition to your camp blanket, hoodies, bags and more. What will you personalise first?



Even More Rewards!

We're all about added value here at Pawprint Family. In addition to the 1000s of free activity ideas and resources you'll find loyalty stickers in every order and you can claim Children's University learning hours too!



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