

# Greeks Challenge



**Ready to become a Greek philosopher or an Olympian?**

Take a step back in time as we discover the people, inventions, food and games of Ancient Greece and a truly great civilisation!

For even more programme ideas check out our 'Greeks' board over on [www.Pinterest.com/PawprintFamily](https://www.Pinterest.com/PawprintFamily)

**#AdventureForAll**  
[www.PawprintFamily.com](https://www.PawprintFamily.com)

# Meet the FAMILY

Hi there! We're Charlotte & Jamie, the husband and wife team behind the Pawprint Family and we believe in #AdventureForAll.

It's our mission to help leaders, teachers and parents save time by providing ideas and opportunities to help them deliver everyday adventure and skills for life. We do this through our family of brands; find out more below and head to the website for your next adventure!



## PAWPRINT BADGES

Pawprint Badges provides thousands of free activity ideas and resources to help leaders, teachers and parents deliver fun and adventure.

Every activity helps you share skills for life and is linked to one of our pawesome embroidered badges. Build your collection and celebrate adventures, new skills and knowledge gained.

## PAWPRINT TRAILS

Pawprint Trails are treasure-hunt style walks around locations in the UK. Solve puzzles, track down the answers and explore everything our great country has to offer.

From historical sights to popular culture discover something new or rediscover a love for where you live then collect the badge to remember your adventures!

Whether you're looking for the perfect addition to your next family holiday or a few hours of fun with friends; each trail can be completed in a few hours or extended with our activity suggestions in to a weekend or a week's worth of fun!

## PAWPRINT TALES

Pawprint Tales are fully illustrated stories that can be enjoyed by the whole family. Join Alfie (our fox-red Labrador) on his adventures around the UK – solving puzzles, turning detective and making new friends. With twists and turns, every tale is an opportunity to discover new places, people and history without needing to leave the comfort of your own home.

Enjoy Pawprint Tales alongside your Pawprint Trails or as a standalone adventure!

## PAWPRINT TRUST

Every brand in the Pawprint Family supports the Pawprint Trust with a percentage of profits from every sale providing grants to young people. We're passionate about enabling young people to access life changing adventures.

Share your adventures and join us over on our social channels for even more adventures and a nosy behind the scenes at Pawprint HQ!



@pawprintfamily



@pawprint\_family

# PAWPRINT BADGES

### Age 3 - 5



## Age 5 - 7



## Age 7 - 11



## Age 11 - 14



## Age 14 - 18



## Age 18+



## Craft



## Food



## Games



## Other



**Award yourselves a badge for supporting your young adventurers in their activities!**

- Adapt activities as necessary to meet your needs.
- Add your own activity ideas or develop them into projects.
- Use what you have; don't buy in lots of new materials/equipment.
- No need to send us evidence, responsible grown-ups decide when the badge has been earned.
- One challenge badge can take as long as you like; from a few hours to days or even a full term!

Please Do	You May Not
Use this resource with your young adventurers.	Redistribute or sell this resource in any way, shape or form.
Direct people to this resource online by sharing our website links.	Upload this resource to a website for download.
Tell your friends/family/colleagues about us!	Copy or modify any part of this resource to share with others either for free or for sale.
Share photos of you enjoying your adventures with us on social media.	Use any text, graphics, content or fonts without our written permission.

You can view the extended terms of use on our website  
**[www.pawprintfamily.com/terms-conditions](http://www.pawprintfamily.com/terms-conditions)**










# Craft

**PAWPRINT  
BADGES**

-  Believe it or not, children in Ancient Greece played with yoyos. Have a go at making or decorating your own yoyo.
-  Dolls were popular in Ancient Greece, often made from terracotta with articulated limbs. Use air dry clay to make your own doll/figure.
-  Ctesibius, the Greek inventor, is credited with inventing the alarm clock. Create/invent something to help with your morning routine.
-  Strategy games similar to draughts/checkers and chess were played by Ancient Greek scholars, make your own board and playing pieces with stones.
-  Have a go at using olive oil to make a beauty product such as lip balm or face cream.



## Why?

The olive tree has deep roots (pun intended) in Greek tradition and mythology, including symbolising health, wealth and beauty. Athena, daughter of supreme god Zeus, was credited with bringing the olive tree to the city of Athens.

-  The pottery of ancient Greece tells us lots about the beliefs and life of the Ancient Greeks. Decorate a plant pot or use clay to make a pot to decorate with images about your belief or daily life.
-  Make a paper laurel wreath.
-  Build a Trojan horse model and read The Trojan Horse story.
-  Read the story of Pandora's Box and then make a worry jar/box to keep all your sad/bad/unhappy thoughts in.
-  Design and/or build your own labyrinth/maze.

## What?

In Greek Mythology King Minos kept a terrible monster called a minotaur in the heart of a maze (labyrinth). With the help of Princess Ariadne, Prince Theseus killed the minotaur. Why not read the story together with friends/family whilst designing/building your maze?

-  Find out what an odometer is (invented in ancient Greece) and have a go at creating your own.
-  Use the post and lintel system to build a structure, like the Parthenon.



# Food

**PAWPRINT  
BADGES**



Bake your own olive bread.

## Did You Know?

Legend has it that Athena was chosen as the patron of Athens after a competition with Poseidon as both wanted to give their name to the city. Athena created the olive tree, symbolising peace and prosperity, which was accepted by the Athenians and they named the city Athens.



Greece produces more than 2.2 million metric tonnes of olives each year; try pressing olives to make your own olive oil.



Taste test different varieties of olives and compare them.



The ancient Greeks kept goats for milk and cheese; try making your own cheese or make a recipe using goats cheese.



Make your own Pasteli, Ancient Greek honey and sesame bars.



Fry your own Loukoumades.

## What?

Loukoumades are little fluffy, sweet, honey balls (like doughnuts) that are deep fried and traditionally served soaked in a hot honey syrup, sprinkles with cinnamon and chopped walnuts or sesame seeds. Also known as Lokma they are one of the earliest recorded desserts.



Cook one of the following or a traditional Greek recipe of your own:

- Lamb kebabs/meatballs
- Tzatziki
- Mousaka



Souvlaki is considered the world's first fast food. Consisting of small pieces of meat and sometimes vegetables on a skewer. Have a go at making your own.



Discover some other foods that Greece is famous for and try some.



Build a biscuit Parthenon.



Bake some Kourabiedes (Greek almond biscuits).



Make your own pitta bread or have a go at baking bobota, horiatiko psomi, skorthopsomo or tyropsomo (some of the most common Greek breads).



# Games

**PAWPRINT  
BADGES**

- 🌿 Learn some tricks with a yoyo, often played with by ancient Greek children.
- 🌿 Play a game of knucklebones, jacks or Pass the Pigs.

## What?

There are two variations of knucklebones, the first is like the modern day game of jacks (except played without a ball). The object of the game is that each player tosses one bone in to the air, pick up the others, and then catch the first bone before it falls, all in one hand. The second version is like Pass the Pigs, four bones were thrown and the throws scored depending on how they landed.

- 🌿 The Olympics originate in Greece. They were religious and athletic festivals held every four years in Olympia, Greece. Hold your own mini Olympics.
- 🌿 Play a strategy game such as chess. Athena was the goddess of warfare, strategy and wisdom.
- 🌿 Make your own string trail like Theseus.

## What?

With the help of Princess Ariadne, Theseus safely negotiated the labyrinth by leaving a string trail tied to the door. Tie the end of a ball of wool to a door in your home/meeting place and then lay a trail going over, under and around things. Then, wearing a blindfold, see if you can make it back along your trail and escape the labyrinth safely.

- 🌿 Complete a Greek mythology word search.
- 🌿 Create a card game based on the Greek gods and goddesses.
- 🌿 Play a game of pin the eye on the cyclops!
- 🌿 Solve a maze puzzle.
- 🌿 Guess the God/Goddess from their symbol or match the God/Goddess to their powers.
- 🌿 Have a Greek pot beetle drive using our free resource.
- 🌿 Create your own Pentathlon; it doesn't have to be athletic it could be completing 5 mental challenges or a mixture.
- 🌿 Discover events from the Ancient Olympics and compete with friends.



# Other

**PAWPRINT  
BADGES**

-  Pheidippides ran 26 miles from Marathon to Athens forming the origins of the marathon race; run a fun run, take part in a park run or complete a 5k running challenge.
-  Sparta slaves, known as Helots, were forced to grow crops and give a percentage to the state. Have a go at growing your own fruit and veg. Perhaps you could try growing something that could also grow in Greece?
-  Hermes was messenger of the Gods, write a letter to a friend or family member and send it in the post. Start a chain mail letter or find yourself a pen friend.
-  Greece is one of the sunniest countries; learn about sun safety and how to keep ourselves and our pets cool in the sun.
-  Discover the 18 UNESCO World Heritage Sites in Greece.
-  Greece is home to more archaeological museums than any other country, visit a museum and/or have a go at your own archaeological dig.
-  Discover some of the animals and wildlife unique to the Greek islands.
-  Read some of the Greek myths.
-  Tell the story of a Greek myth or act it out in a short play.
-  Have a go at writing your own Greek myth, you could use characters that already exist or you could create your own.
-  Collage some mythical creatures and create your own animal hybrids! You could use photos, magazines, newspapers or just have a go at drawing/ inventing your own mythical beast.
-  Take a look at the hair styles of the Ancient Greeks and have a go at creating your own braided styles.
-  Hold your own Ancient Greek fashion show.
-  Coins began appearing around 600BC in Lydia, a kingdom tied to ancient Greece. Find out how coins are made. You could have a go at creating your own or take it further and visit the Royal Mint.
-  Archimedes built war machines like catapults; have a go at pioneering and building your own.



## Adventure Complete?

Reward your young adventurers with their **Greeks Challenge badge** to **mark their achievements!** Head to the website to bag yours, download certificates and discover even more adventures!



## Create a Keepsake!

Experienced **adventure**? Made **memories**? Then it's time to create a **keepsake**! Our Pawprint Family camp blankets are the perfect place to **sew your badges** and look back on them for years to come.



## Personalise it!

Got your camp blanket? Then it's time to make it yours! Our alphabet badges are **big, bright and bold**...the perfect addition to your camp blanket, hoodies, bags and more. What will you personalise first?



## Even More Rewards!

We're all about added value here at Pawprint Family. In addition to the 1000s of **free activity ideas** and resources you'll find **loyalty stickers** in every order and you can claim Children's University learning hours too!



Subscribe to the **Tribe News** for all the latest adventures direct to your inbox!

Scan me!

