

# Countryside Code Challenge



**Let's learn about the Countryside Code!**

This challenge pack includes 40+ activity ideas to help you learn and spread the word of the Countryside Code.

For even more programme ideas check out our 'Countryside Code' board over on [www.Pinterest.com/PawprintFamily](https://www.Pinterest.com/PawprintFamily)

**#AdventureForAll**  
[www.PawprintFamily.com](https://www.PawprintFamily.com)

# Meet the FAMILY

Hi there! We're Charlotte & Jamie, the husband and wife team behind the Pawprint Family and we believe in #AdventureForAll.

It's our mission to help leaders, teachers and parents save time by providing ideas and opportunities to help them deliver everyday adventure and skills for life. We do this through our family of brands; find out more below and head to the website for your next adventure!



## PAWPRINT BADGES

Pawprint Badges provides thousands of free activity ideas and resources to help leaders, teachers and parents deliver fun and adventure.

Every activity helps you share skills for life and is linked to one of our pawesome embroidered badges. Build your collection and celebrate adventures, new skills and knowledge gained.

## PAWPRINT TRAILS

Pawprint Trails are treasure-hunt style walks around locations in the UK. Solve puzzles, track down the answers and explore everything our great country has to offer.

From historical sights to popular culture discover something new or rediscover a love for where you live then collect the badge to remember your adventures!

Whether you're looking for the perfect addition to your next family holiday or a few hours of fun with friends; each trail can be completed in a few hours or extended with our activity suggestions in to a weekend or a week's worth of fun!

## PAWPRINT TALES

Pawprint Tales are fully illustrated stories that can be enjoyed by the whole family. Join Alfie (our fox-red Labrador) on his adventures around the UK – solving puzzles, turning detective and making new friends. With twists and turns, every tale is an opportunity to discover new places, people and history without needing to leave the comfort of your own home.

Enjoy Pawprint Tales alongside your Pawprint Trails or as a standalone adventure!

## PAWPRINT TRUST

Every brand in the Pawprint Family supports the Pawprint Trust with a percentage of profits from every sale providing grants to young people. We're passionate about enabling young people to access life changing adventures.

Share your adventures and join us over on our social channels for even more adventures and a nosy behind the scenes at Pawprint HQ!



@pawprintfamily



@pawprint\_family

# HOW TO: Use Your Challenge Pack

**PAWPRINT**  
**BADGES**

This Challenge Pack has been created in partnership with The Countryside Code and Shaun the Sheep. Divided into 4 sections: Craft, Food, Games and Other, it's been designed to help you provide a varied programme for young adventurers. We recommend the following number of activities for each age group:

<b>Age 3 - 5</b>					
<b>Age 5 - 7</b>	   				
<b>Age 7 - 11</b>	   	+			
<b>Age 11 - 14</b>	   	+	 		
<b>Age 14 - 18</b>	   	+	  		
<b>Age 18+</b>	   	+	   		

**Craft****Food****Games****Other****PICK**

## Leaders, Teachers & Parents

Award yourselves a badge for supporting your young adventurers in their activities!

## TOP TIPS

-  Adapt activities as necessary to meet your needs.
-  Add your own activity ideas or develop them into projects.
-  Use what you have; don't buy in lots of new materials/equipment.
-  No need to send us evidence, responsible grown-ups decide when the badge has been earned.
-  One challenge badge can take as long as you like; from a few hours to days or even a full term!

## Terms of Use

By downloading or purchasing this resource you agree to our terms of use as outlined below. As a husband and wife team we work hard to keep all of our resources and activity ideas available free of charge; we can only do this with your help.

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Use this resource with your young adventurers.	Redistribute or sell this resource in any way, shape or form.
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Tell your friends/family/colleagues about us!	Copy or modify any part of this resource to share with others either for free or for sale.
Share photos of you enjoying your adventures with us on social media.	Use any text, graphics, content or fonts without our written permission.

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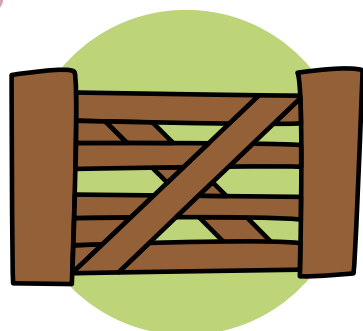
# The Countryside Code

The Countryside Code team at Natural England are excited to work with Pawprint Family to help us spread the message of the countryside code and give more people the confidence to explore the outdoors. These amazing activities and challenges are a fun way to learn how to protect, respect and more important of all enjoy the outdoors!



## Respect

everyone, be nice and say hello to people, share the space and enjoy the wildlife you see, share the space with others and follow the signs and paths, leave all the gates as you find them.



## Protect

the environment by putting your litter in the bin, look around at the beautiful countryside and care for nature. If you have a dog, pick up their poo – Any bin will do for your dog's do do.

## Enjoy

the outdoors, it's always good to plan your adventure so you know what to expect, with all the activities you are guaranteed to have fun and make memories!



To find out more about the Countryside Code head to [thecountrysidecode.org.uk](https://thecountrysidecode.org.uk) and follow us on Instagram @thecountrysidecode





# Craft

**PAWPRINT  
BADGES**

- ! Make a journey stick whilst out on a walk.

## How?

Gather special objects you find on your walk such as a piece of wool hooked on a fence, or a fallen autumn leaf. Make sure you 'leave rocks, stone, plants and trees as you find them' and 'do not cause damage or disturbance'. Tie your special objects to your stick with string. Then at the end of your journey, share the aspects of your stick with your family or group and explain why you added those specific items to your stick.

- ! Colour in the free colouring sheets on our website and use them as posters to help spread the messages of Respect, Protect, Enjoy.
- ! Design 'bag it bin it' signs to remind dog walkers to bin their dog's waste. Create your own puns and funny tag lines to help you remember the countryside code. "Any bin will do for your dog's do do".
- ! Take your litter home and make a collage out of the rubbish and wrappers you have collected.
- ! Create a photo album or collage of photos from your adventures. When you look back on the memories you made, you'll remember how much you enjoyed your visit and had fun.
- ! Choose one aspect of the countryside code to represent artistically in any way you choose. How would you show 'always keep dogs under control and in sight' or 'care for nature – do not cause damage or disturbance'?
- ! Create a simple first aid kit to keep you safe whilst out and about. You never know when you, or a stranger, might need it! Fill out our free downloadable 'Emergency Card' resource to keep with you in case of an emergency.
- ! Make an identification booklet for flora you find whilst enjoying parks, waterways, coasts and countrysides. Fill your booklet with drawings, photos or leaf rubbings to help you, and others, identify flora you find on your next walk. Remember to 'care for nature – do not cause damage or disturbance'. Can you find and identify an oak leaf, a daisy, a silver birch leaf, a buttercup, a sycamore leaf, and a primrose?
- ! Take time to stop and create a picture or painting of something during your walk to make a special memory.
- ! Gather sticks and twigs that are already on the floor and build a bug hotel using natural materials on your walk to help care for nature.



# Food

**PAWPRINT**  
**BADGES**

- ! Pack a handy snack to enjoy on your adventure out. Check out our 'Countryside Code' board on Pinterest for some healthy snack recipes and no-cook backpacking recipes that you can take with you on your walks.
- ! Make an edible countryside landscape using ingredients of your choice.
- ! Create an eco-friendly packed lunch where you take all of your recyclable packing home and use it again, or recycle it.
- ! Put together some edible stiles using chocolate fingers or long, thin biscuits.
- ! 'Do not light fires and only have BBQs where signs say you can'. Find out where BBQs are allowed in the area you're visiting and enjoy a BBQ safely.
- ! Whilst out walking, identify different foods and crops in the countryside. Would you recognise wheat or wild garlic on your adventures? Download our 'From Farm to Food' resource to see how crops are transformed into food!
- ! Make an edible Countryside code logo using ingredients of your choice. Take this opportunity to discuss the countryside code and how to respect everyone, protect the environment and enjoy the outdoors.
- ! Make your own chocolate poops!

## How?

Make a batch of chocolate dough and mould it to look like different poop from a variety of animals, then bake it in the oven. Use your fab-poo-lous sculptures to help you identify which creatures have been in that area. For an extra giggle, why not bag up your chocolate dog poos in little bags and gift them to people to help them remember the 'bag it bin it' message? If your dog does a poop, don't forget to bag it and bin it!

- ! Make biscuit signs from the countryside code, discussing what each arrow means and why they're important. Decorate them into the right shapes and colours for the arrows in the code.
- ! Enjoy a picnic out in the countryside! Take food, drinks, blankets and pillows for a comfy countryside picnic. Remember to take all of your litter home with you after you finish and leave no trace of your visit.
- ! Mix together your own trail mix full of your favourite nuts and dried fruit. Head across to our 'Countryside Code' board on Pinterest for some tasty trail mix inspiration. Why not take your trail mix with you on a National Trail walk? Visit [www.nationaltrail.co.uk/](http://www.nationaltrail.co.uk/) to find trails near you.



# Games

**PAWPRINT  
BADGES**

- ! Hold a litter picking competition with adult supervision. Use rubber gloves and litter pickers for cleanliness. Don't forget to take bin bags with you and bring the litter home to dispose of correctly (e.g. recycle plastics).
- ! Can you remember what each countryside code sign means? Download our free 'Countryside Code Signs and Symbols' resource from the website to take with you on your adventures or use them to play a memory game, where each player picks a symbol, guesses what it means and then turns it over to see if they're right.
- ! Put together your own waymarking rights of way quiz.
- ! 4 corners 4 symbols. All countryside code arrows are printed onto paper and stuck up in each 4 corners of the room, so that each corner represents one of the four rights of way. Whenever the leader shouts 'footpath', 'bridleway', 'restricted byway' or 'byway open to all traffic', the players must run to the correct colour arrow/corner.
- ! Download and print our free 'Spot the Signs' resource and circle all of the mistakes in the scenery/where the countryside code hasn't been followed (e.g. gates left open, dog poo not picked up, feeding livestock, fires, etc.).
- ! 'Take your litter home – leave no trace of your visit'. Set up a game in your home where litter is placed around each room and players must enter the space to pick up their litter, then exit without leaving a trace, so that it's like they were never there!
- ! Play a twist on the classic 'Mouse Trap' sports game. 'Walkers' make their way through the grid (lines of people holding out their arms to make pathways). Whilst walking, the grid players change direction on the spot, blocking access to gateways and driveways. This will help children to understand how frustrating it is when someone/something blocks your path!
- ! Set out a scavenger hunt where a parent or leader gives the player directions to the treasure using only the correct arrows. For example, the player knows to go right because they've been given a yellow arrow, and the only route that is a footpath is the route on their right! Use the correct arrows from the waymarking rights of way document.
- ! Newspaper islands. Learn how to 'share the space and work together' (just like in the countryside code) by squeezing the correct number of players onto the newspaper islands dotted around the room. Throughout the game, the leader will call out the number of people that need to fit onto each newspaper island.



# Other

**PAWPRINT**  
**BADGES**

- 💡 Plan a walking route to follow in the countryside, a park, along the coast or by waterways. Consider the weather, the distance, how long the walk might take you, and what essential items you might need for a safe walk.
- 💡 Say hello to the people you pass on your adventures out and about. It'll brighten your day and theirs!
- 💡 Plan an activity for someone else to complete on a walk.
- 💡 Learn to say hello in different languages or dialects depending on the place you're visiting. For example, learn how to greet people in Welsh if you're visiting Bannau Brycheiniog!
- 💡 Invite a local dog trainer into your unit/school to discuss how to train your dog to behave in the countryside.
- 💡 Take part in a beach clean-up to help care for the environment.
- 💡 Learn how to read maps (including the map key) and know where the footpaths are.
- 💡 Find out how best to check the weather before heading out on your adventures.
- 💡 Photocopy a map and mark key features onto it whilst you're walking. Mark where the dog waste bins are, the picnic areas, benches, toilets, car parks, and where gates should be closed, etc. Not only will this help you remember but it could help other visitors too!
- 💡 Find a new footpath to walk and identify features or things to do along the route.
- 💡 Discover the different types of stile, gates and other types of access point available within the countryside.
- 💡 Visit a local riding centre and organise or take part in a horse hack. Whilst you're there, why not learn where the bridleways are and how to care for the horses too?
- 💡 Take a photo in an iconic spot and re-visit that same spot in every season of the year – it's a great way to make memories!
- 💡 Explore rock pools and return any living beasts to where you found them, taking care as you do so.



## Adventure Complete?

Reward your young adventurers with their Countryside Code Challenge badge to **mark their achievements!** Head to the website to bag yours, download certificates and discover even more adventures!



## Create a Keepsake!

Experienced **adventure**? Made **memories**? Then it's time to create a **keepsake**! Our Pawprint Family camp blankets are the perfect place to **sew your badges** and look back on them for years to come.



## Personalise it!

Got your camp blanket? Then it's time to make it yours! Our alphabet badges are **big, bright and bold**...the perfect addition to your camp blanket, hoodies, bags and more. What will you personalise first?



## Even More Rewards!

We're all about added value here at Pawprint Family. In addition to the 1000s of **free activity ideas** and resources you'll find **loyalty stickers** in every order and you can claim Children's University learning hours too!



Subscribe to the **Tribe News** for all the latest adventures direct to your inbox!

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