

St. Patrick's Day Challenge



Welcome to the 3rd in our Saints' Day Collection!

With lots of programme ideas, get out your gold detector and find the end of the rainbow as we slide into the world of leprechauns, St. Patrick and Ireland.

For even more programme ideas check out our 'St Patrick's Day' board over on www.Pinterest.com/PawprintFamily

#AdventureForAll
www.PawprintFamily.com

Meet the FAMILY

Hi there! We're Charlotte & Jamie, the husband and wife team behind the Pawprint Family and we believe in #AdventureForAll.

It's our mission to help leaders, teachers and parents save time by providing ideas and opportunities to help them deliver everyday adventure and skills for life. We do this through our family of brands; find out more below and head to the website for your next adventure!



PAWPRINT BADGES

Pawprint Badges provides thousands of free activity ideas and resources to help leaders, teachers and parents deliver fun and adventure.

Every activity helps you share skills for life and is linked to one of our pawesome embroidered badges. Build your collection and celebrate adventures, new skills and knowledge gained.

PAWPRINT TRAILS

Pawprint Trails are treasure-hunt style walks around locations in the UK. Solve puzzles, track down the answers and explore everything our great country has to offer.

From historical sights to popular culture discover something new or rediscover a love for where you live then collect the badge to remember your adventures!

Whether you're looking for the perfect addition to your next family holiday or a few hours of fun with friends; each trail can be completed in a few hours or extended with our activity suggestions in to a weekend or a week's worth of fun!

PAWPRINT TALES

Pawprint Tales are fully illustrated stories that can be enjoyed by the whole family. Join Alfie (our fox-red Labrador) on his adventures around the UK – solving puzzles, turning detective and making new friends. With twists and turns, every tale is an opportunity to discover new places, people and history without needing to leave the comfort of your own home.

Enjoy Pawprint Tales alongside your Pawprint Trails or as a standalone adventure!

PAWPRINT TRUST

Every brand in the Pawprint Family supports the Pawprint Trust with a percentage of profits from every sale providing grants to young people. We're passionate about enabling young people to access life changing adventures.

Share your adventures and join us over on our social channels for even more adventures and a nosy behind the scenes at Pawprint HQ!



@pawprintfamily



@pawprint_family

PAWPRINT BADGES

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www.pawprintfamily.com/terms-conditions



Craft

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- St. Patrick was kidnapped and taken to Ireland to be a shepherd. Make something using wool.
- St. Patrick escaped from Ireland by boat. Make a boat big or small and float it on water.

Fancy a challenge?

Try making a boat big enough for you to sit in and see if it will float with you inside it. For younger children you could make boats to float toy people across a paddling pool or make tasty boat shaped snacks with apple wedges and cheese slice sails.

- Design your own Irish dancing outfit.
- Make a paper shamrock or 4-leaf clover.
- Use a pepper to do some shamrock printing.

How?

Slice a full pepper in half by lying it on its side with the green top on the left and the bottom of the pepper on the right. Dip the cut edge into paint and print onto paper. The full shape of the pepper when printed should look like the outline of a shamrock. Alternatively try carving shamrocks out of potatoes and do some potato prints.

- Make a shamrock pin badge to wear on St Patrick's Day.
- Make your own pot of gold. You could use small plant pots and decorate them, then fill them with chocolate coins!
- Find out about St. Patrick's flag and make your own. Perhaps you could make them in to bunting to decorate your home/meeting place for St. Patrick's Day?
- Make a paper plate shamrock hat.

How?

Get a paper plate and fold in half. In the centre section of the plate, against the fold, draw half a shamrock. Carefully cut the middle out leaving the edge and the shamrock you drew. When you unfold the plate the shamrock should be left in a hollow circle. Decorate, then place the hat on your head and wear with pride!

- Make your own hanging rainbow and shamrock mobile/decorations.



Food

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- Find a recipe and make your own traditional Irish soda bread. Does it taste the same as the bread you normally eat? Do you prefer it?
- Make some Celtic 'trinity knots' from ready made pastry or bread dough.

For Leaders...

For younger groups use the ready rolled pastry you can buy in the supermarkets or prepare the pastry/dough before the meeting and give clear easy to follow instructions for the knots. For inbetweenies get them to make the pastry/dough themselves and give them clear instructions and for older groups get the young people to make the pastry/dough and give them only a picture of the finished knot, no instructions!

- Make your own pot of gold cake pops or a multi-layered rainbow cake. You could turn this into a bake-off competition within your unit.
- Make some traditional potato farl.
- Find out what colcannon is and have a go at making/trying it.
- Make green themed foods or have a green themed party tea.
- Make some edible leprechaun hats.

How?

Get a biscuit and cover in dark chocolate (if you don't like dark chocolate add some green food colouring to white chocolate and use that instead!). Skewer a large marshmallow and coat in the same chocolate. Stick the marshmallow to the top of the coated biscuit before the chocolate hardens, this will form your hat. Add a band using sweet laces or writing icing and for the finishing touches decorate with an iced shamrock.

- Try green tea and compare it with other flavoured teas. Use the leftovers to have a go at natural dying and make a rainbow of shades!
- Make a decorate shamrock shaped biscuits.
- Create a rainbow pizza using different veggies.
- Taste oysters; they're native to Ireland's west coast and there's even a festival to celebrate them held in Galway!
- Find some other famous Irish foods and try your hand at making them then tasting them.



Games

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- Rounders originated in Ireland, have your own game.
- Croquet is said to have come from a game called Crookey in Northern Ireland. Make your own set or play a game of croquet.

Not got any outdoor space?

No problem! Play croquet indoors and make your own gates by taping both ends of strips of paper to the floor to create archways.

- Find out what 'hurling' is and have a game...we suggest shin pads!
- Research the traditional Irish game 'rings' make a set and play.
- Play a game of 'fruit salad' but swap the names of the fruits for 'Patrick', 'Ireland', 'sheep', 'shepherd' and 'ships'. Instead of 'fruit salad' call 'St. Patrick's Day'.
- Play the story/chair game with the story of St. Patrick.

For Leaders...

Read a simple version of the St Patrick's Day story. With everyone sitting in a circle, go round and give people the names of the characters. As you read the story out again, each time you read the characters name out everyone with that name must get up and swap seats. For more competition have one less chair than people so that the person left standing at the end of the swapping is out. Keep removing chairs until you have a winner/ until the story has finished!

- Have a game of 'drive out the snakes'.

What?

Based this game on an old favourite like 'tag' or 'British bulldog' one person is 'on' and they are St Patrick. Everyone else running around are 'snakes'. Once caught, the snakes are out. If you have a parachute you could adapt a game of 'cat and mouse'.

- Adapt another of your favourite games to give it a St. Patrick's Day theme and play it with your unit.
- Play a game of 'Pin the Beard on the Leprechaun'.
- Discover some Irish words and phrases and see if you can correctly guess their meanings.



Other

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- 🛡️ Create a short play, song or freeze frame based on the St. Patrick's Day story.
- 🛡️ Find out why the shamrock is the national symbol of Ireland and share your findings with your group.
- 🛡️ What's the difference between a shamrock and a 4-leaf clover? Why are both linked to/associated with St. Patrick's Day?
- 🛡️ Host a green themed party.
- 🛡️ St. Patrick fled and then returned to Ireland to convert the Irish to Christianity. Learn about and celebrate a Christian festival or visit your local church to find out more about the faith.

What?

Visit your local parish Church or Cathedral. Find out how they worship and what their beliefs are. Alternatively why not celebrate a Christian festival like Christingle, Easter or Mothering Sunday.

- 🛡️ Have a go at Irish dancing, invite someone along to your meeting to show you how!
- 🛡️ Many famous jockeys are from Ireland. Have a go at horse riding, visit your local stables and find out what it takes to become a successful jockey.
- 🛡️ Try and find a lucky four-leaf clover, yes they really do exist and if you can find one then chances are you'll find several!
- 🛡️ Find out about things that are supposed to bring luck and what people throughout the ages have thought to be lucky, collect some of them or show and tell something you think is lucky for you and share it with friends.
- 🛡️ Plan a trip to Ireland, find out what there is to see and do there. Take it further and go on your trip as part of a camp/holiday...could you count this towards a permit in Scouting/Guiding?
- 🛡️ Learn what instruments are commonly used in Irish folk music, learn how to play them or have a go at making your own and playing some traditional music.
- 🛡️ Learn some words and phrases in Irish.
- 🛡️ Find out what the 'Claddagh' is and what it symbolises.

Adventure Complete?

Reward your young adventurers with their St. Patrick's Day Challenge badge to **mark their achievements!** Head to the website to bag yours, download certificates and discover even more adventures!



Create a Keepsake!

Experienced **adventure**? Made **memories**? Then it's time to create a **keepsake**! Our Pawprint Family camp blankets are the perfect place to **sew your badges** and look back on them for years to come.



Personalise it!

Got your camp blanket? Then it's time to make it yours! Our alphabet badges are **big, bright and bold**...the perfect addition to your camp blanket, hoodies, bags and more. What will you personalise first?



Even More Rewards!

We're all about added value here at Pawprint Family. In addition to the 1000s of **free activity ideas** and resources you'll find **loyalty stickers** in every order and you can claim Children's University learning hours too!



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