

St. George's Day Challenge



Welcome to the 1st in our Saints' Day Collection!

With lots of programme ideas, get out your shield and gather your knight attire as we ride into the world of dragons, St. George and England.

For even more programme ideas check out our 'St George's Day' board over on www.Pinterest.com/PawprintFamily

#AdventureForAll
www.PawprintFamily.com

Meet the FAMILY

Hi there! We're Charlotte & Jamie, the husband and wife team behind the Pawprint Family and we believe in #AdventureForAll.

It's our mission to help leaders, teachers and parents save time by providing ideas and opportunities to help them deliver everyday adventure and skills for life. We do this through our family of brands; find out more below and head to the website for your next adventure!



PAWPRINT BADGES

Pawprint Badges provides thousands of free activity ideas and resources to help leaders, teachers and parents deliver fun and adventure.

Every activity helps you share skills for life and is linked to one of our pawesome embroidered badges. Build your collection and celebrate adventures, new skills and knowledge gained.

PAWPRINT TRAILS

Pawprint Trails are treasure-hunt style walks around locations in the UK. Solve puzzles, track down the answers and explore everything our great country has to offer.

From historical sights to popular culture discover something new or rediscover a love for where you live then collect the badge to remember your adventures!

Whether you're looking for the perfect addition to your next family holiday or a few hours of fun with friends; each trail can be completed in a few hours or extended with our activity suggestions in to a weekend or a week's worth of fun!

PAWPRINT TALES

Pawprint Tales are fully illustrated stories that can be enjoyed by the whole family. Join Alfie (our fox-red Labrador) on his adventures around the UK – solving puzzles, turning detective and making new friends. With twists and turns, every tale is an opportunity to discover new places, people and history without needing to leave the comfort of your own home.

Enjoy Pawprint Tales alongside your Pawprint Trails or as a standalone adventure!

PAWPRINT TRUST

Every brand in the Pawprint Family supports the Pawprint Trust with a percentage of profits from every sale providing grants to young people. We're passionate about enabling young people to access life changing adventures.

Share your adventures and join us over on our social channels for even more adventures and a nosy behind the scenes at Pawprint HQ!



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@pawprint_family

PAWPRINT BADGES

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www.pawprintfamily.com/terms-conditions



Craft

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- Make yourself puppets of George and the dragon then act out the story that made him a Saint!

Here's an idea!

You could make shadow puppets, finger puppets or sock puppets. Use all those left over craft materials to decorate them or even better try making your puppets from recycled materials. You might need to use kebab sticks to make your puppets move and maybe you could even make a puppet theatre?

- Make a dragons head.

- Design/make a shield.

Ideas for all ages...

Create your shield from cardboard and tin foil, add your own coat of arms/flag and then use it in a jousting competition (see the 'Games' section). If you're younger you might like to design a shield as a colouring activity, there are lots of free printables for leaders online.

- In small groups make a suit of armor using recycled materials.
- Make a knight with moving arms and legs using split pins.
- St. George is often depicted in stained glass windows- have a go at creating your own stained glass window with a St. George themed design.
- Create your own knight's sword using materials of your choice!
- Make your own castle from old cardboard boxes - in warmer weather you might want to play games with your castle defending it against water bombs!
- The red rose is the national symbol for England, have a go at creating a red rose either as a badge or on a stalk to give to someone you love!
- Make yourself a St. George's Day flag to wave at your St. George's Day party with your group/friends/family.
- Make some red and white England flag bunting to decorate your home or meeting place.
- Design your own coat of arms using our free resource. Take a look at heraldry and the symbolism of the animals often shown in coats of arms.



Food

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- 🛡 Try making those traditional English treats - Crumpets or English muffins!
- 🛡 Decorate biscuits on an English theme. Maybe you could decorate shields or create a scene from the George and the Dragon story?
- 🛡 England is famous for the following foods, have a go at making one (or all) of them:
 - Fish and Chips
 - Roast Dinner
 - English Breakfast
- 🛡 Hold a traditional English Afternoon Tea.

Here's an Idea!

Why not host your Afternoon Tea on a Saturday or Sunday as a fund-raiser for your group? You could ask local people to attend and let them know about all the great things you get up to as part of your adventures.

- 🛡 Make a selection of traditional English cakes and scones - you could serve them at your Afternoon Tea!
- 🛡 England is well known for Yorkshire puddings. Some people eat Yorkshires with a variety of fillings both savoury and sweet! Try some filled Yorkshire puddings and see what you think.

Fun for all ages!

Why not do your taste test blind folded and see if you can guess what the fillings were! You could include baked beans and ice cream...

- 🛡 Blackpool is famous for rock. Have a go at making your own sweets and confectionery.
- 🛡 In England farming, agriculture and food production are industries on which the country has been built. Find out about local food producers. Why not invite some of them to talk to your group or visit them to find out what they do!
- 🛡 Make or bake a food with the place name in its title such as Manchester Tart, Bakewell Tart, Coventry God Cakes, etc.
- 🛡 Do some research to find out about other foods England is famous for and have a go at making/trying them.



Games

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- Have a game of British Bulldog or 'tag'!
- Have a go at being a knight and have a jousting competition.

How?

You will need a spear - we don't suggest using real ones as it could get a little messy! Instead why not use old broom handles with tennis balls stuck to the end? You could try hitting targets that get smaller each time. If you're that bit older and you'd like more of a challenge why not have a go at riding a 'horse' (here substitute for a skateboard or similar) whilst trying to hit your targets? Don't forget helmets and knee/elbow protection!

- Play 'Fruit Salad' but swap the fruits for: George, Dragon, Princess and Sword and for 'Fruit Salad' shout 'St. George's Day!'. Alternatively play the game and make up your own names.
- Play 'Splat' with 'St. George' in the centre of the circle shouting 'Swords' and people around the edge defending themselves shouting 'Shields'.

How to?

The whole unit stands in a circle with one person, 'St. George' standing in the middle. St George takes a turn by pointing at someone in the circle and shouting 'Swords'. The person who is being 'attacked' must then crouch down immediately to avoid being 'hit'. The two people either side of the person being 'attacked' must then defend themselves by turning towards each other with their arm held out as though holding a shield and shout 'Shield before the other. The person who shouts 'shield' last is then out and must sit down in the circle. If the player St. George attacks fails to crouch down in time - they are then out. Continue until there are 2 players left in the circle. They must then stand back to back and on the count of 3 defend themselves in the same way as before. The winner is the last man standing!

- Knights need many skills. Learn about fencing/archery and have a go - maybe take a trip to your local fencing/archery club?
- Hopscotch is a traditional English playground game - find out about its origins and have a go at playing it.
- 'Hide and Seek' and 'Simon Says' are two more traditional English games. Have a go at playing these or find some others to have a go at.
- Play 'Oranges and Lemons' the playground game which refers to several of the churches close to or in the City of London. If you get caught on the line of "chop off your head" then you sit out.



Other

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- 🛡️ Create a play or a song based on the story of St. George.

Here's an Idea!

Why not use the puppets you made in the 'Crafts' section to put on your play? You could make your own costumes and invite the parents to come and watch your tale of adventure.

- 🛡️ Attend your local St. George's Day parade.
- 🛡️ Research/read the St George's Day story and share it in your group or with family/friends.
- 🛡️ England is famous for Fish & Chips so why not have your own 'Chip Hike'.

What?

Plan a walk around your local area that passes several fish and chip shops. Test the chips at each stop and give them a star rating. Compare your results at the end. Alternatively, you could walk/hike to a chip shop near your home/meeting place and enjoy a chip supper as your reward! P.S. Don't eat too many chips at each stop otherwise all that walking won't be of any benefit and you might be feeling a little worse for wear afterwards!

- 🛡️ There are lots of famous English inventors - find out about some of them and have a go at creating your own invention to solve a problem you face on a daily basis!
- 🛡️ The legend of St. George tells of him taming and slaying a dragon. Have a go at taming your own 'dragon' and try and train a family pet.
- 🛡️ England is famous for the Royal Family. Find out about the history of the Royal Family and have a go at creating your own family tree.
- 🛡️ In small groups do some research about English traditions and other things England is famous for. Present your findings in a fun and interesting way.
- 🛡️ St. George was a hero. Find out about modern day heroes, does everyone think of the same people as heroes? Who is your hero and why?
- 🛡️ Feeling adventurous! There are lots of historical places in England that you can visit to find out about Knights like St. George. Take a trip to one of them, maybe you could stay overnight? Why not complete a Pawprint Trail while you're there?

Adventure Complete?

Reward your young adventurers with their St. George's Day Challenge badge to **mark their achievements!** Head to the website to bag yours, download certificates and discover even more adventures!



Create a Keepsake!

Experienced **adventure**? Made **memories**? Then it's time to create a **keepsake**! Our Pawprint Family camp blankets are the perfect place to **sew your badges** and look back on them for years to come.



Personalise it!

Got your camp blanket? Then it's time to make it yours! Our alphabet badges are **big, bright and bold**...the perfect addition to your camp blanket, hoodies, bags and more. What will you personalise first?



Even More Rewards!

We're all about added value here at Pawprint Family. In addition to the 1000s of **free activity ideas** and resources you'll find **loyalty stickers** in every order and you can claim Children's University learning hours too!



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