

St. David's Day Challenge



Dydd Gŵyl Dewi Hapus – Happy St. David's Day!

Jump into our new St. David's Day challenge expansion pack and remember to "Be joyful, keep the faith and do the little things," just like St. David.

For even more programme ideas check out our 'St. David's Day' board over on www.Pinterest.com/PawprintFamily

#AdventureForAll
www.PawprintFamily.com

Meet the FAMILY

Hi there! We're Charlotte & Jamie, the husband and wife team behind the Pawprint Family and we believe in #AdventureForAll.

It's our mission to help leaders, teachers and parents save time by providing ideas and opportunities to help them deliver everyday adventure and skills for life. We do this through our family of brands; find out more below and head to the website for your next adventure!



PAWPRINT BADGES

Pawprint Badges provides thousands of free activity ideas and resources to help leaders, teachers and parents deliver fun and adventure.

Every activity helps you share skills for life and is linked to one of our pawesome embroidered badges. Build your collection and celebrate adventures, new skills and knowledge gained.

PAWPRINT TRAILS

Pawprint Trails are treasure-hunt style walks around locations in the UK. Solve puzzles, track down the answers and explore everything our great country has to offer.

From historical sights to popular culture discover something new or rediscover a love for where you live then collect the badge to remember your adventures!

Whether you're looking for the perfect addition to your next family holiday or a few hours of fun with friends; each trail can be completed in a few hours or extended with our activity suggestions in to a weekend or a week's worth of fun!

PAWPRINT TALES

Pawprint Tales are fully illustrated stories that can be enjoyed by the whole family. Join Alfie (our fox-red Labrador) on his adventures around the UK - solving puzzles, turning detective and making new friends. With twists and turns, every tale is an opportunity to discover new places, people and history without needing to leave the comfort of your own home.

Enjoy Pawprint Tales alongside your Pawprint Trails or as a standalone adventure!

PAWPRINT TRUST

Every brand in the Pawprint Family supports the Pawprint Trust with a percentage of profits from every sale providing grants to young people. We're passionate about enabling young people to access life changing adventures.

Share your adventures and join us over on our social channels for even more adventures and a nosy behind the scenes at Pawprint HQ!



@pawprintfamily



@pawprint_family

HOW TO: Use Your Expansion Pack



This Expansion Pack accompanies the original St. David's Day Challenge. The activities from this pack can be used in addition to those from the original. As with our Challenge Packs it has been divided in to 4 sections and we recommend that the following number of activities are completed by each age group:

Age 3 - 5							Craft	Food	Games	Other	PICK
Age 5 - 7											
Age 7 - 11											
Age 11 - 14											
Age 14 - 18											
Age 18+											

Leaders, Teachers & Parents
Award yourselves a badge for supporting your young adventurers in their activities!

TOP TIPS

- Adapt activities as necessary to meet your needs.
- Add your own activity ideas or develop them into projects.
- Use what you have; don't buy in lots of new materials/equipment.
- No need to send us evidence, responsible grown-ups decide when the badge has been earned.
- One challenge badge can take as long as you like; from a few hours to days or even a full term!

Terms of Use

By downloading or purchasing this resource you agree to our terms of use as outlined below. As a husband and wife team we work hard to keep all of our resources and activity ideas available free of charge; we can only do this with your help.

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Direct people to this resource online by sharing our website links.	Upload this resource to a website for download.
Tell your friends/family/colleagues about us!	Copy or modify any part of this resource to share with others either for free or for sale.
Share photos of you enjoying your adventures with us on social media.	Use any text, graphics, content or fonts without our written permission.

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Craft

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-  Create daffodil paper bunting. Head to our 'St. David's Day' Pinterest board for instructions on how to make yours.
-  Make a daffodil brooch out of felt to wear on St. David's Day.
-  Put together your own het Gymreig - a tall hat traditionally worn by women as part of the Welsh national costume.
-  Construct your own version of St. David's Cathedral out of craft/building materials of your choice. You could even make it out of biscuits!
-  Some people believe that St. David went on a special religious journey to Jerusalem and brought back a stone. Decorate a set of St. David's Day stones that you can display in your home every year.
-  We only really see St. David represented in stained glass windows and paintings. Design your own St David's day stained glass window.



Food

-  St. David and his monks were vegetarians. Whip up a vegetarian dish to enjoy with family or serve up at a celebration feast.
-  Make a meal using leeks. St. David himself was said to only consume leeks and water, which may be why the Welsh symbol is a leek!
-  Cook up a Welsh recipe of your choice. Will you cook a well-loved classic or take your own twist on a traditional recipe?
-  Bake some Mango Daffodil Meringues. Find the recipe on our 'St. David's Day' Pinterest board.
-  Use up your leeks to make a cheesy Baked Potato Leek Frittata. Not only does it use leeks inspired by St. David, it's a vegetarian recipe too! Swap out the cheese to make this a vegan recipe.
-  Have a go at making a Welsh Onion Cake. Find a recipe of your choice online.



Games

**PAWPRINT
BADGES**

-  Name the welsh delicacy. Place pictures of traditional Welsh dishes into a Welsh hat and take it in turns to pick a picture out. You get a point if you can guess the dish correctly (extra points if you can say it in Welsh!)
-  Put together your own St. David's Day/Welsh quiz and hold a quiz night with friends and family on 1st March to celebrate. Why not use some of the tasty dishes you make for your food activities to impress your guests?
-  Play a game of Simon says but this time do what St. David says instead.
-  Take part in a Welsh colour hunt! Race to find 10 objects that are red, 10 that are green and 10 that are white. Bonus points if you can find an object that is all three colours. Make the game even more challenging by adding a time limit for each colour (e.g. 2 minutes).
-  Whilst out and about on St. David's Day, keep count of how many daffodils, leeks and dragons you see. Why not keep a tally chart?



Other

-  Visit St. David's Cathedral in Pembrokeshire, Wales to see the shrine of St. David. After it was destroyed in a fire and raided by Vikings in 645, the shrine was restored in 2012 and is a focus for prayer by many people.
 -  Write your own St. David's Day poem. Why not use some of his well-known sayings and quotes?
 -  St. David was said to be a powerful speaker. Think about what you would say to your followers if you were St. David. Write down an inspirational quote or speech to inspire your fellow people.
- Learn the Welsh national anthem.
-  Take part in a St. David's Day parade or enjoy watching one instead. Why not wear a traditional Welsh costume for the event?
 -  Celebrate St. David's day by dancing your heart out to a classic Welsh tune.

Adventure Complete?

Reward your young adventurers with their St. David's Day Challenge badge to mark their achievements! Head to the website to bag yours, download certificates and discover even more adventures!



Create a Keepsake!

Experienced adventure? Made memories? Then it's time to create a keepsake! Our Pawprint Family camp blankets are the perfect place to sew your badges and look back on them for years to come.



Personalise it!

Got your camp blanket? Then it's time to make it yours! Our alphabet badges are big, bright and bold...the perfect addition to your camp blanket, hoodies, bags and more. What will you personalise first?



Even More Rewards!

We're all about added value here at Pawprint Family. In addition to the 1000s of free activity ideas and resources you'll find loyalty stickers in every order and you can claim Children's University learning hours too!



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