

Scotland Challenge



Grab your passport and jet set to Scotland!

Explore Scottish culture, traditions, taste the food and maybe pick up a phrase or two as you adventure your way across the globe.

For even more programme ideas check out our 'Scotland' board over on www.Pinterest.com/PawprintFamily

#AdventureForAll
www.PawprintFamily.com

Meet the FAMILY

Hi there! We're Charlotte & Jamie, the husband and wife team behind the Pawprint Family and we believe in #AdventureForAll.

It's our mission to help leaders, teachers and parents save time by providing ideas and opportunities to help them deliver everyday adventure and skills for life. We do this through our family of brands; find out more below and head to the website for your next adventure!



PAWPRINT BADGES

Pawprint Badges provides thousands of free activity ideas and resources to help leaders, teachers and parents deliver fun and adventure.

Every activity helps you share skills for life and is linked to one of our pawesome embroidered badges. Build your collection and celebrate adventures, new skills and knowledge gained.

PAWPRINT TRAILS

Pawprint Trails are treasure-hunt style walks around locations in the UK. Solve puzzles, track down the answers and explore everything our great country has to offer.

From historical sights to popular culture discover something new or rediscover a love for where you live then collect the badge to remember your adventures!

Whether you're looking for the perfect addition to your next family holiday or a few hours of fun with friends; each trail can be completed in a few hours or extended with our activity suggestions in to a weekend or a week's worth of fun!

PAWPRINT TALES

Pawprint Tales are fully illustrated stories that can be enjoyed by the whole family. Join Alfie (our fox-red Labrador) on his adventures around the UK – solving puzzles, turning detective and making new friends. With twists and turns, every tale is an opportunity to discover new places, people and history without needing to leave the comfort of your own home.

Enjoy Pawprint Tales alongside your Pawprint Trails or as a standalone adventure!

PAWPRINT TRUST

Every brand in the Pawprint Family supports the Pawprint Trust with a percentage of profits from every sale providing grants to young people. We're passionate about enabling young people to access life changing adventures.

Share your adventures and join us over on our social channels for even more adventures and a nosy behind the scenes at Pawprint HQ!



@pawprintfamily



@pawprint_family

PAWPRINT BADGES

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www.pawprintfamily.com/terms-conditions



Craft

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- 📍 Have a go at some finger painting.

Why?

In 1880, Scottish surgeon, Henry Faulds contributed greatly to the invention of fingerprinting. He wrote a paper explaining how everyone's fingerprints are unique and that they could be used to identify people and help solve crimes.

- 📍 Did you know that Scotland has over 2,000 castles? Build a 3D model of Scottish castle of your choice.
- 📍 Highland cows can be spotted in the Scottish Highlands and are known for their long, shaggy hair and curved horns. Make your own Highland cow mask. You could use materials such as cardboard, paper plates, coloured paper, and wool or yarn to create their distinctive hair.
- 📍 Scotland is famous for golf. Have a go at crafting your very own golf club out of recycled materials.
- 📍 The Loch Ness Monster is a mythical creature that is said to live in Loch Ness, a freshwater lake near Inverness. This myth dates way back over 1,500 years. Draw a picture of what you think the Loch Ness Monster might look like.

Here's an idea!

Why not use your ideas to craft your very own Loch Ness Monster hand puppet. You could make one from scratch or decorate a sock puppet.

- 📍 The unicorn is the national animal of Scotland. Mix up your own glittery unicorn slime.
- 📍 Gather all of the blue and white materials you can find and use them to create a collage of the Scottish flag.

Did you know?

Scotland's national flag, known as the St Andrew's Cross or Saltire, is believed to be the oldest flag in Europe. It is said to have originated in 832 AD.

- 📍 Create a papier-mâché model of The Kelpies, the famous Scottish landmark featuring two giant horse heads, located in The Helix Park in Falkirk.
- 📍 Design your own tartan and try tartan weaving.
- 📍 Make a thistle, the national flower of Scotland, out of coloured paper.



Food

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- 📍 Haggis is one of the most famous Scottish foods. Find out how it is made and have a go at making some or give it a try.

Did you know?

The largest haggis weighed 1,010 kg and was over 2ft in height. It was made by Hall's of Scotland at Fenton Barns on the 18th of June 2014.

- 📍 Host a buffet for friends and family that features a variety of traditional Scottish foods and drinks. Some examples of foods you might include cullen skink, stovies or cranachan (remove the whiskey if under the age of 18).
- 📍 Bake some traditional Scottish shortbread.
- 📍 Create a healthy snack platter by topping a tray of Greek yogurt with blueberries arranged in the shape of the Scottish flag.

Here's an idea!

For something a little sweeter, try arranging the blueberries over a layer of meringue and whipped cream to create a Scottish flag-inspired Eton Mess.

- 📍 Iru-Bru is considered one of Scotland's national drinks. The recipe is so secretive that only three people in the world know it, making it one of the country's best-kept secrets. Take part in some of your own research to find out how it got its name and when it was introduced.
- 📍 Try a full Scottish breakfast which consists of bacon, link sausages, Lorne sausage, black pudding, haggis, tattie scones, baked beans, fried eggs, mushrooms and tomatoes.
- 📍 Porridge originated in Scotland. Set up a porridge taste station with a variety of different porridge toppings. You could include honey, fruit, nuts, chocolate chips or jam. Why not take part in this activity to celebrate National Porridge Day on the 23rd of June?
- 📍 Salmon, haddock, langoustines and Arbroath smokies are popular types of fish in Scotland. Try using one of these in a recipe of your choice.
- 📍 The Beltane Fire Festival in Edinburgh signifies the beginning of summer. The celebrations include lighting bonfires. Make an edible bonfire using chocolate sticks for logs and jelly laces/sweets for flames.
- 📍 Make some Scottish oatcakes.



Games

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- 📍 Sherlock Holmes was created by Scottish writer Arthur Conan Doyle. Play the detective and have a game of Wink Murder.
- 📍 Andy Murray a professional tennis player from Scotland and is one of the most successful British tennis players of all time. Visit a tennis court and challenge a friend or family member to a game of tennis.

Did you know?

Andy Murray started playing tennis when he was just 3 years old! Get inspired and try out a new sport and who knows? You might just be a future champion!

- 📍 Shinty is a traditional Scottish sport. Find out how to play, round up some friends or family members, and give it a go.
- 📍 Have a game of Newspaper Islands, inspired by Scotland's 790 islands.

How?

In pairs, start by standing on an open sheet of newspaper. The floor is the water and your newspaper is the island. Fold the paper in half and stand on it again without any of your feet touching the bare floor. If you fall off your island or your feet touch the water then you are out. Continue to fold the paper in half and stand on your island each time. Reduce the size of your footprints by standing on tiptoes. The last pair in are the winners.

- 📍 Test your aim in haggis toss. Throw your 'haggis' (bean bag) through a hoop.
- 📍 Take part in a Saltire scavenger hunt. Find as many blue and white objects as you can around your home and create a life-size Saltire.
- 📍 The Highland Games take place every year in Scotland. Play some traditional Highland games such as Tug o' War. You could even host your own homemade Highland Games and invite friends and family.

Here's an idea!

Have a go at a game of caber toss using recycled wrapping paper tubes as the cabers. Take turns tossing the 'caber' to see who can throw it the furthest or keep it the straightest.

- 📍 Play Peever or Beds, the Scottish version of Hopscotch.
- 📍 Golf was invented in Scotland and is home to the oldest golf course in the world, St. Andrews, which is known as the 'home of golf'. Visit a mini golf course or driving range to test out your golf skills.



Other

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- 📍 Scotland is known for its bagpipe music. Listen to some music that includes bagpipes or even try learning how to play them for yourself.
- 📍 Learn some highland dancing or watch some videos of others taking part.
- 📍 Watch the 2012 Disney film 'Brave' (rated PG) which is set in Scotland.
- 📍 Battered Mars Bars are believed to have been introduced in 1992 at the Carron Fish Bar (formerly the Haven Chip Bar). Find out where about in Scotland this is located and plan a trip for the future.
- 📍 Scottish bacteriologist, Alexander Fleming, discovered penicillin in 1928, changing medicine forever. Visit a library to find out more about how Fleming made this amazing discovery.
- 📍 Burns Night is takes place annually on the 25th of January and celebrates the life of Scottish poet, Robert Burns. Read some of Robert Burns' poetry or have a go at writing some of your own poems about Scotland.
- 📍 Many of the scenes in Harry Potter were filmed in Scotland, including the Hogwarts Express which was filmed on the Glenfinnan Viaduct. Watch some of the Harry Potter films and see how many Scottish locations you can spot.
- 📍 The highest mountain in Scotland is Ben Nevis and stands at 4409 ft! Challenge yourself by climbing Ben Nevis or explore a mountain local to you.
- 📍 Edinburgh was the first city in the world to have its own fire brigade. Organise a trip to a local fire station to talk to members of the fire service or arrange to sit on a real firetruck.
- 📍 Take a trip to Scotland and visit some famous Scottish landmarks such as Arthur's Seat, Edinburgh Castle or The Kelpies.
- 📍 The Edinburgh Festival Fringe is the largest arts festival in the world. Organise your own mini arts festival in your garden, where you can showcase your talents such as comedy, dancing, and singing.
- 📍 Celebrate St. Andrew's Day on the 30th of November.
- 📍 David Tennant is a Scottish actor, best known for portraying the tenth (and fourteenth) doctor in Doctor Who. Watch an episode of Doctor Who.
- 📍 Find out about Scotland's first-footing tradition.

Adventure Complete?

Reward your young adventurers with their Scotland Challenge badge to mark their achievements! Head to the website to bag yours, download certificates and discover even more adventures!



Create a Keepsake!

Experienced adventure? Made memories? Then it's time to create a keepsake! Our Pawprint Family camp blankets are the perfect place to sew your badges and look back on them for years to come.



Personalise it!

Got your camp blanket? Then it's time to make it yours! Our alphabet badges are big, bright and bold...the perfect addition to your camp blanket, hoodies, bags and more. What will you personalise first?



Even More Rewards!

We're all about added value here at Pawprint Family. In addition to the 1000s of free activity ideas and resources you'll find loyalty stickers in every order and you can claim Children's University learning hours too!



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