

# Scales of Balance

Libras are obsessed with symmetry and strive to create equilibrium (balance) in all areas of their life. Create more balance in your own life by deciding what you need more and less of and add them to the scales below.

Write in the buckets, draw pictures or use the icons/tokens on page 2 to decide which things in your life you want more and less of to achieve a better balance.

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## The Balance of My Life



# Scales of Balance - Page 2

Cut out the tokens below that are relevant to your life or create your own using the blank tokens then place them on the scales on page 1 to show which things you want more or less of in your life to create a better balance.

