

Rabbit Challenge



Hop into a brand new adventure with Bonnie the Bunny!
From pet rabbits to the famous bunnies we all know and love; there's a whole world of rabbit related fun waiting to be discovered...hop in!

For even more programme ideas check out our 'Rabbit' board over on
www.Pinterest.com/PawprintFamily

#AdventureForAll
www.PawprintFamily.com

Meet the FAMILY

Hi there! We're Charlotte & Jamie, the husband and wife team behind the Pawprint Family and we believe in #AdventureForAll.

It's our mission to help leaders, teachers and parents save time by providing ideas and opportunities to help them deliver everyday adventure and skills for life. We do this through our family of brands; find out more below and head to the website for your next adventure!



PAWPRINT BADGES

Pawprint Badges provides thousands of free activity ideas and resources to help leaders, teachers and parents deliver fun and adventure.

Every activity helps you share skills for life and is linked to one of our pawesome embroidered badges. Build your collection and celebrate adventures, new skills and knowledge gained.

PAWPRINT TRAILS

Pawprint Trails are treasure-hunt style walks around locations in the UK. Solve puzzles, track down the answers and explore everything our great country has to offer.

From historical sights to popular culture discover something new or rediscover a love for where you live then collect the badge to remember your adventures!

Whether you're looking for the perfect addition to your next family holiday or a few hours of fun with friends; each trail can be completed in a few hours or extended with our activity suggestions in to a weekend or a week's worth of fun!

PAWPRINT TALES

Pawprint Tales are fully illustrated stories that can be enjoyed by the whole family. Join Alfie (our fox-red Labrador) on his adventures around the UK – solving puzzles, turning detective and making new friends. With twists and turns, every tale is an opportunity to discover new places, people and history without needing to leave the comfort of your own home.

Enjoy Pawprint Tales alongside your Pawprint Trails or as a standalone adventure!

PAWPRINT TRUST

Every brand in the Pawprint Family supports the Pawprint Trust with a percentage of profits from every sale providing grants to young people. We're passionate about enabling young people to access life changing adventures.

Share your adventures and join us over on our social channels for even more adventures and a nosy behind the scenes at Pawprint HQ!



@pawprintfamily



@pawprint_family

PAWPRINT BADGES

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www.pawprintfamily.com/terms-conditions



Craft

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Make a survival kit.

Why?

Rabbits are a prey animal so life is all about survival. Baby rabbits are called kittens or kits...survival...kits!



Make your own cottontail pompom.



Create and send a hug in the post to show someone just how much you love them, just like Little Nutbrown Hare in Sam McBratney's book, *Guess How Much I Love You*.



Design (and make if you like) a waistcoat like the White Rabbit in Lewis Carroll's, *Alice's Adventures in Wonderland*.



Make a working volcano model with eruption.

Why?

There's an endangered species of rabbit in Mexico called the Volcano Rabbit. They're one of the world's smallest rabbits and is named after its unique habitat on the slopes of 4 extinct volcanoes in Mexico.



Make a rabbit mask and dress up as your favourite bunny.



Getting a rabbit as a pet? Build a hutch or design a hutch to keep your furry friends entertained. Alternatively, make a rabbit toy for a friend's bunny!



Create a rabbit puppet using materials of your choice and use it to tell your own rabbit themed tale. Why not count your story writing as your 'Other' challenge? You could even put on a performance with friends!



Make a sock bunny or pompom pal.



The Easter Bunny is one of the most famous rabbits around. Make an Easter basket or an Easter box with bunny ears. Why not double up and count this towards your Easter Challenge badge too?!



Rabbits are crepuscular, meaning they are most active at dawn/in twilight. Create your own daily activity log /journal and see if you can identify when you are most active and when you are at your most productive.



Make your own set of bunny ears to wear, decorate them however you like.



Food

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- 🌿 Rabbits eat their own poo; find out why!
- 🌿 Find out about foods to help with your digestion.

Why?

Rabbits can't be sick, unlike some other animals, as they don't have a gag reflex. Therefore they eat plenty of roughage to aid their digestion and domestic rabbits should have a variety of grasses and leaves in their diet.

- 🌿 Prepare and cook rabbit meat ensuring your meat comes from sustainable sources. Ask your local butcher if you're unsure. Alternatively try tasting rabbit meat and compare it with other meats.
- 🌿 Bake your own bunny biscuits or cakes.
- 🌿 Rabbits shouldn't actually eat carrots! We've all seen Bugs Bunny chomping down on a tasty carrot but they're actually bad for bunnies as they're high in sugar. Make a sweet recipe of your own to enjoy such as carrot cake.
- 🌿 Enjoy a Lewis Carroll themed tea party just like the March Hare in *Alice's Adventure in Wonderland*.
- 🌿 Rabbits eat leaves and shoots; make a Summer salad using a variety of leaves and herbs.
- 🌿 Investigate the difference between different salad leaves, both their taste and their use. Some are commonly used in certain dishes, why is this?
- 🌿 Make paella, patatas bravas, gazpacho, churros or another Spanish dish.

Why?

Rabbits are native to Spain and were introduced to many countries including Britain. Lots of historical sources credit the Romans for this but the Victorians were responsible for turning them into household pets.

- 🌿 Investigate the rabbit food chain; rabbits are prey animals so which animals hunt them?
- 🌿 Create your own Easter basket crispy cakes or make them in bunny shapes!
- 🌿 Beatrix Potter's Peter Rabbit is famously a fan of a vegetable patch! Have a go at growing your own vegetables and don't forget to protect your crop from any mischievous rabbits!



Games

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- 🐾 Pin the tail on the rabbit.
- 🐾 Rabbits can turn their ears 180° and their hearing is their most vital sense. Have a game of guess the sound. Can you guess the sounds when they're further away? Rabbits can hear sounds up to 1.8 miles away!!
- 🐾 Play a game of King/Queen's Keys. Can you pinpoint the thief when blindfolded?

How?

Sitting in a circle, one person is chosen as the King/Queen and sits on a chair in the centre with a set of keys under the chair. The King/Queen is blindfolded and another player selected to be the thief. The thief must get up, creep around the outside of the circle and into the middle, to grab the keys, and get back to their spot without being heard. Meanwhile the King/Queen must listen out and try to catch the thief by pointing if they hear a noise.

- 🐾 Have a game of Sleeping Bunnies (Sleeping Lions to you and me). Rabbits are born with their eyes shut but when fully grown have almost 360° vision!
- 🐾 Rabbits eat their own poo...have a game of 'Who's Poo?' and see if you can guess which animal did which poo correctly.
- 🐾 Find out how far and high you can jump. Bunnies are excellent jumpers.
- 🐾 Solve a maze or crate your own marble run.

Why?

Bunnies live in burrows called a warren. These are interconnected tunnels that can be 1-2 metres long with nests lined with grass, moss and fur.

- 🐾 Peter Rabbit was a mischievous rabbit who liked to steal from Mr McGregor. Create your own game gathering carrots, lettuce and radish without being spotted by the gardener!
- 🐾 Play a game of 'Fluffy Bunnies'. Put a marshmallow in your mouth and say "1 fluffy bunny", place another marshmallow in your mouth and say, "2 fluffy bunnies"...repeat until you can no longer say the fluffy bunnies phrase. Compete with friends/family, how many marshmallows did you get?
- 🐾 Rabbit show jumping is a sport! Have a go at creating your own show jumping obstacle course and see how you get on...do you compare well to our furry friends?



Other

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- Visit a pet shop or animal rescue centre and find out how to care for pet rabbits.
- Rabbits communicate by clenching their facial muscles and changing their body position. Take a look at human body language, how can we tell how people are feeling by the way they look?
- Bunnies 'binky' when they're happy by hopping, twisting their bodies and kicking their feet. Have a go at your own binky.
- Discover some record breaking bunnies.
- Find out when and how bunnies came to Britain.
- Angora rabbits are bred for their fur which is used as a fibre for spinning. Meet an angora rabbit or take a look at angora fibre production.
- Debate: should rabbit fur be used in fashion?
- Read a famous rabbit story such as Beatrix Potter's *The Tale of Peter Rabbit*, Lewis Carroll's *Alice's Adventures in Wonderland*, *The Velveteen Rabbit* by Mary Williams or one of the *Little Grey Rabbit* stories by Alison Uttley.
- Watch a rabbit themed film such as the 1978 animated version of *Watership Down*.
- Write your own rabbit story, poem or play.
- Go on an early morning walk and see if you can spot a wild rabbit or two. Meadows, woods and forests are some of our wild bunnies favourite places.
- Rabbit teeth never stop growing and lengthen by 3-5 inches (7.5-12.5cm) each year! Find out about how to care for a pet rabbit's teeth and/or how to care for your own teeth.
- Have a go at bunny bowling with pins decorated to look like bunnies.
- Discover the difference between rabbits and hares and take a quiz to see if you can spot the difference. Create your own quiz and test friends/family members' knowledge.
- Help look after a family or community garden or allotment. Find out about planting, soil conditions, crop rotation and daily/weekly/monthly jobs.

Adventure Complete?

Reward your young adventurers with their Rabbit Challenge badge to mark their achievements! Head to the website to bag yours, download certificates and discover even more adventures!



Create a Keepsake!

Experienced adventure? Made memories? Then it's time to create a keepsake! Our Pawprint Family camp blankets are the perfect place to sew your badges and look back on them for years to come.



Personalise it!

Got your camp blanket? Then it's time to make it yours! Our alphabet badges are big, bright and bold...the perfect addition to your camp blanket, hoodies, bags and more. What will you personalise first?



Even More Rewards!

We're all about added value here at Pawprint Family. In addition to the 1000s of free activity ideas and resources you'll find loyalty stickers in every order and you can claim Children's University learning hours too!



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