

Potato Challenge



Mashed, boiled, roasted and baked...

Potatoes are one of the most versatile foods in the world and loved by so many!
Prepare for a spud-tacular adventure with 40+ brand new activity ideas!

For even more programme ideas check out our 'Potato' board over on
www.Pinterest.com/PawprintFamily

#AdventureForAll
www.PawprintFamily.com

Meet the FAMILY

Hi there! We're Charlotte & Jamie, the husband and wife team behind the Pawprint Family and we believe in #AdventureForAll.

It's our mission to help leaders, teachers and parents save time by providing ideas and opportunities to help them deliver everyday adventure and skills for life. We do this through our family of brands; find out more below and head to the website for your next adventure!



PAWPRINT BADGES

Pawprint Badges provides thousands of free activity ideas and resources to help leaders, teachers and parents deliver fun and adventure.

Every activity helps you share skills for life and is linked to one of our pawesome embroidered badges. Build your collection and celebrate adventures, new skills and knowledge gained.

PAWPRINT TRAILS

Pawprint Trails are treasure-hunt style walks around locations in the UK. Solve puzzles, track down the answers and explore everything our great country has to offer.

From historical sights to popular culture discover something new or rediscover a love for where you live then collect the badge to remember your adventures!

Whether you're looking for the perfect addition to your next family holiday or a few hours of fun with friends; each trail can be completed in a few hours or extended with our activity suggestions in to a weekend or a week's worth of fun!

PAWPRINT TALES

Pawprint Tales are fully illustrated stories that can be enjoyed by the whole family. Join Alfie (our fox-red Labrador) on his adventures around the UK – solving puzzles, turning detective and making new friends. With twists and turns, every tale is an opportunity to discover new places, people and history without needing to leave the comfort of your own home.

Enjoy Pawprint Tales alongside your Pawprint Trails or as a standalone adventure!

PAWPRINT TRUST

Every brand in the Pawprint Family supports the Pawprint Trust with a percentage of profits from every sale providing grants to young people. We're passionate about enabling young people to access life changing adventures.

Share your adventures and join us over on our social channels for even more adventures and a nosy behind the scenes at Pawprint HQ!



@pawprintfamily



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HOW TO: Use Your Challenge Pack

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BADGES**

This Challenge Pack has been divided into 4 sections: Craft, Food, Games and Other. In order to help you provide a balanced and varied programme for your young adventurers we recommend that the following number of activities are completed by each age group:

Age 3 - 5	  	    	Craft Food Games Other PICK
Age 5 - 7	   		
Age 7 - 11	    + 		
Age 11 - 14	    +  		
Age 14 - 18	    +   		
Age 18+	    +    		

Leaders, Teachers & Parents

Award yourselves a badge for supporting your young adventurers in their activities!

TOP TIPS

-  Adapt activities as necessary to meet your needs.
-  Add your own activity ideas or develop them into projects.
-  Use what you have; don't buy in lots of new materials/equipment.
-  No need to send us evidence, responsible grown-ups decide when the badge has been earned.
-  One challenge badge can take as long as you like; from a few hours to days or even a full term!

Terms of Use

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Craft

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- Make your own stamps by cutting potatoes into different shapes. Dip them into paint and press them onto paper or card to make all sorts of patterns. You could even use your designs to make wrapping paper or greetings cards.
- In the 1996 Disney classic Toy Story, Mr and Mrs Potato Head are two of the main characters and they are made by sticking facial features into a potato. Use craft materials to decorate and dress up raw potatoes, transforming them into characters.

Here's an idea!

Grab a potato and some cocktail sticks to create your very own hedgehog friend. Put the cocktail sticks in the potato for spikes, then add some googly eyes and a smile. Don't forget to give your hedgehog a name!

- In 1885, Vincent van Gogh painted 'The Potato Eaters', an oil on canvas. He also painted a number of still life paintings that included potatoes. Paint a picture in the style of Van Gogh.
- Chips are one of the world's favourite ways to eat potato. Build a 3D model of a chip shop. As a customer you don't usually see behind the scenes but think about food storage and outside appearance when creating your own shop. Don't forget to add fun details like signs, menus, and maybe even a few tiny potato customers!
- Turn your mash potatoes into a colour experiment!

How?

Scoop some mash potatoes into separate bowls and add a few drops of food colouring to each one. Have fun mixing them up and watching the colours swirl around and change. The best part about this activity is that after you have had fun experimenting, you can eat your colourful creation!

- Craft your very own potato using papier-mâché, finishing with a layer of brown paper to make it look just like the real thing. Once it's dry, you can use it to play the classic 'Hot Potato' game, which is featured later in the Games section of this pack!
- Transform a raw potato into your very own moving vehicle. Build a car, boat or airplane and add wheels, sails, or other materials to help it move around.
- Dip a potato masher into paint and use it to make fun patterns and prints. Try pressing it in different ways to see all the cool shapes you can create!



Food

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- Take your taste buds on a global adventure with jacket potatoes! Try different toppings inspired by cuisines from around the world. You could create a Greek-style potato topped with crumbled feta, olives, diced cucumber and tzatziki, or travel to Mexico and top your potato with chilli, guacamole, salsa and sour cream. The possibilities are endless - let us know what fun and tasty flavours you try out!

- Cook something that uses potato in its recipe such as potato salad.

Did you know?

In Latvia, on the 1st of September 2002, chefs created the world's largest potato salad. It weighed in at over three tonnes and earned a spot in the Guinness World Records!

- Shepherd's pie and cottage pie are both firm family favourites across the UK. Find out the difference between these two dishes.
- Use potatoes to make a Northern Irish dish such as a boxty or potato bread.

Why?

Potatoes have been an important source of food in Ireland for many years. In 1845, a disease called blight spread across the country, causing the potatoes to rot in the ground meaning they could not be eaten. This led to a period of time known as the Irish Potato Famine (1845 - 1852). Due to so many people relying on potatoes as their main food, millions were left with nothing to eat. Many people became very sick, and families were forced to leave Ireland to find a better life.

- Patatas bravas is a popular Spanish dish, often served as part of a tapas meal. It features cubed potatoes topped with a spicy tomato sauce and sometimes aioli (garlic mayonnaise). Have a go at making this dish at home and give it a try.
- Compare different shapes and cuts of chip. Which is your favourite and why?

What?

From curly fries to French fries, crinkle cut to waffles, there are LOADS of different options to choose from! Which style wins your heart and why?

- Enjoy hash browns as part of a delicious breakfast.
- Gnocchi is a traditional Italian dish made from potato dumplings. Have a go at making it for yourself and enjoy with a fresh sauce such as tomato, mushroom, or pesto.



Games

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- Set up 6-10 empty bottles as pins on the floor. Use a medium sized potato as your bowling ball and roll it towards the pins. The person who knocks down the most pins is the winner.
- Play a game of guess the topping. Can you guess what is sprinkled on your chips when blindfolded?

What?

'Loaded fries' are a new and popular way to enjoy different flavours with your chips. Classic toppings like cheese, chili, and jalapenos can be found on lots of different menus, but the possibilities are endless! What's your favourite topping to have on chips?

- Put a fun twist on the classic egg and spoon race by balancing a small potato on a spoon and racing to the finish line as quickly as you can. For extra fun, weave around cones but if your potato falls on the floor, start again.
- Play Hot Potato.

How?

All players must stand in a circle and pass a beanbag or soft ball around whilst the music plays. When the music stops, the person holding the 'hot potato' is out of the game. The game continues until only one player is left - that person is the winner!

- Have your very own potato hunt where you must find small potatoes hidden in certain areas. Players could be given clues or riddles to find each potato and the player with the most potatoes at the end of the game is the winner.
- Use the free resource on our website to have a game of Roll the Potato Character.
- Challenge yourself to make the longest potato peel you can. Try to peel one continuous strip without it snapping. Don't forget to ensure small adventurers are supervised by an adult!

Did you know?

On the 24th of July 2012 in South Africa, Alastair Galpin set the Guinness World Record for the longest potato peel at 5ft 2.2 inches! That must have been one big potato!

- Take part in the timeless sports day favourite, the potato sack race. Hop, bounce, and wiggle your way to the finish line, and see who can cross it first without tipping over!



Other

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- Hold a debate. What is the best way to enjoy a potato and why?
- Visit a local potato farm.
- Take part in an experiment to see how potatoes can float.

How?

Place a small potato in a cup or glass and fill it with enough water to cover the potato, but not all the way to the top. You'll notice that the potato sinks to the bottom. In a separate cup, mix 3-4 teaspoons of salt into the water until it dissolves, then place the potato in the salty water. This time, the potato should float! The reason this happens is that adding salt makes the water denser, giving the potato enough buoyancy to rise to the surface.

- Watch the children's TV series released in 2011 called *Small Potatoes*, where a group of potatoes sing songs in different genres.
- Did you know that potatoes can help electricity to flow? Find a video online and watch to see how this works in a real science experiment!
- National Potato Day on the 13th of August. Celebrate and mark this day by taking on some potato themed games and enjoying all kinds of potato based snacks.
- Read *Supertato* by Sue Hendra and Paul Linnet.

Here's an idea!

Why not watch an episode of *Supertato* using BBC iPlayer? There are currently four whole series full of fun and exciting adventures!

- Did you know that the Incas are believed to have been the first to grow potatoes and grew over 3,000 different varieties? How many potato names can you track down?
- Visit a library to find out more about the history of potatoes. What is your favourite fact that you discover?
- Have a go at growing your own potatoes.
- There are at least 15 potato museums around the world including France, Germany, Ireland and Canada. Plan a future trip to one of them or if you can't travel, investigate online to see what exciting exhibitions and spud-themed displays are in each museum.

Adventure Complete?

Reward your young adventurers with their Potato Challenge badge to mark their achievements! Head to the website to bag yours, download certificates and discover even more adventures!



Create a Keepsake!

Experienced adventure? Made memories? Then it's time to create a keepsake! Our Pawprint Family camp blankets are the perfect place to sew your badges and look back on them for years to come.



Personalise it!

Got your camp blanket? Then it's time to make it yours! Our alphabet badges are big, bright and bold...the perfect addition to your camp blanket, hoodies, bags and more. What will you personalise first?



Even More Rewards!

We're all about added value here at Pawprint Family. In addition to the 1000s of free activity ideas and resources you'll find loyalty stickers in every order and you can claim Children's University learning hours too!



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