

**PAWPRINT
BADGES**

Pisces Challenge



Dive in to the Pisces Challenge!

An astrological water sign in the zodiac that lies between February 19th and March 20th. Get ready for some fishy fun...

For even more programme ideas check out our 'Pisces' board over on www.Pinterest.com/PawprintFamily

#AdventureForAll
www.PawprintFamily.com

Meet the FAMILY

Hi there! We're Charlotte & Jamie, the husband and wife team behind the Pawprint Family and we believe in #AdventureForAll.

It's our mission to help leaders, teachers and parents save time by providing ideas and opportunities to help them deliver everyday adventure and skills for life. We do this through our family of brands; find out more below and head to the website for your next adventure!



PAWPRINT BADGES

Pawprint Badges provides thousands of free activity ideas and resources to help leaders, teachers and parents deliver fun and adventure.

Every activity helps you share skills for life and is linked to one of our pawesome embroidered badges. Build your collection and celebrate adventures, new skills and knowledge gained.

PAWPRINT TRAILS

Pawprint Trails are treasure-hunt style walks around locations in the UK. Solve puzzles, track down the answers and explore everything our great country has to offer.

From historical sights to popular culture discover something new or rediscover a love for where you live then collect the badge to remember your adventures!

Whether you're looking for the perfect addition to your next family holiday or a few hours of fun with friends; each trail can be completed in a few hours or extended with our activity suggestions in to a weekend or a week's worth of fun!

PAWPRINT TALES

Pawprint Tales are fully illustrated stories that can be enjoyed by the whole family. Join Alfie (our fox-red Labrador) on his adventures around the UK - solving puzzles, turning detective and making new friends. With twists and turns, every tale is an opportunity to discover new places, people and history without needing to leave the comfort of your own home.

Enjoy Pawprint Tales alongside your Pawprint Trails or as a standalone adventure!

PAWPRINT TRUST

Every brand in the Pawprint Family supports the Pawprint Trust with a percentage of profits from every sale providing grants to young people. We're passionate about enabling young people to access life changing adventures.

Share your adventures and join us over on our social channels for even more adventures and a nosy behind the scenes at Pawprint HQ!



@pawprintfamily



@pawprint_family

HOW TO: Use Your Challenge Pack



This Challenge Pack has been divided into 4 sections: Craft, Food, Games and Other. In order to help you provide a balanced and varied programme for your young adventurers we recommend that the following number of activities are completed by each age group:

Age 3 - 5						
Age 5 - 7		Craft	Food	Games	Other	PICK
Age 7 - 11						
Age 11 - 14						
Age 14 - 18						
Age 18+						

Leaders, Teachers & Parents
Award yourselves a badge for supporting your young adventurers in their activities!

TOP TIPS

- Adapt activities as necessary to meet your needs.
- Add your own activity ideas or develop them into projects.
- Use what you have; don't buy in lots of new materials/equipment.
- No need to send us evidence, responsible grown-ups decide when the badge has been earned.
- One challenge badge can take as long as you like; from a few hours to days or even a full term!

Terms of Use

By downloading or purchasing this resource you agree to our terms of use as outlined below. As a husband and wife team we work hard to keep all of our resources and activity ideas available free of charge; we can only do this with your help.

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Use this resource with your young adventurers.	Redistribute or sell this resource in any way, shape or form.
Direct people to this resource online by sharing our website links.	Upload this resource to a website for download.
Tell your friends/family/colleagues about us!	Copy or modify any part of this resource to share with others either for free or for sale.
Share photos of you enjoying your adventures with us on social media.	Use any text, graphics, content or fonts without our written permission.

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Craft

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- ✂ Design a fish that has never been discovered before. Where does it live and what does it eat? Does it do anything that no other animal does? Maybe it has superpowers?!
- ✂ Find a water-tight box and make your own coral reef from recycled materials. Fill it with water and toy fish for a fun sensory play craft activity.
- ✂ Search online for instructions on how to make an origami fish and give it a go. Start easy and then challenge yourself to complete a complicated one!
- ✂ Have a go at water gun painting with some paper outside!
- ✂ Paint your own Neptune planet to hang from the ceiling.

Here's an idea!

Create a blue marbled effect on your planet by spraying shaving cream into a pan (large enough to fit your paper in) and adding drops of food colouring. Then, use a cocktail stick to swirl the food colouring around. Next, place your paper onto the mixture and pat it down so that it collects the shaving cream. Lay your paper onto a flat surface and scrape off the excess shaving cream.

- ✂ Create your own abstract cardboard fish. Decorate it any way you like.
- ✂ Make your own fish 'snap' game. Download the free 'Blank Snap Cards' resource from our website and draw your matching fish. Once you have a hefty Pisces pile, play your game!
- ✂ Pisces is a water sign. Try using watercolour paints in you next craft.
- ✂ Build a fish shaped stamp by cutting out fishy foam shapes and sticking them to bottle caps. Stamp colourful Pisces patterns using paint or ink.
- ✂ Make your own tissue paper fish bowl lanterns. Check out our 'Pisces' Pinterest board for tutorials on how to make yours.
- ✂ Paint handprint fish and turn them into puppets with lollipop sticks!
- ✂ Craft a paper plate fish with tissue paper scales. Head across to our 'Pisces' Pinterest board for some fishy inspiration.
- ✂ Some people believe that Pisces have fantastic imaginations! Make a craft of your choice using your imagination.
- ✂ Make your own fish peg puppets and use them to sing 'Once I Caught a Fish Alive' for your other activity. Find some ideas on our 'Pisces' Pinterest board.



Food

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- ✂ Decorate fish shaped biscuits. Why not make some Neptune planet biscuits too whilst you're at it?!
- ✂ Discuss fish as a food and look at what it means to have pescatarian diet or a vegan diet. Cook some pescatarian recipes and try some vegan recipes too.
- ✂ Make some homemade goldfish crackers. Head over to our 'Pisces' Pinterest board to find out how to make your own.
- ✂ Decorate cupcakes using coloured icing to look like Neptune planets.
- ✂ Are you a fish fan? Prepare a fish dish of your choice.
- ✂ Create fish shapes out of fresh fruit. Try slicing an orange in different ways to create different shapes for the fins, or use cucumber slices for the scales.
- ✂ Make jelly fish bowls... It's exactly what you think it is, jelly in a fish bowl! Fill your jelly with little fish friends. Check out our Pinterest board for more info!
- ✂ Visit your local fish and chip shop for a tasty Pisces themed meal.
- ✂ Do you own a fish? Make your own homemade fish food. Find a recipe from a fish-friendly website to make sure your food it's safe for your fish.
- ✂ Try fish oil.

Why?

Did you know that fish oil can help both your physical and mental health? It's said to help reduce inflammation, slow muscle loss for older adults, reduce blood pressure, help to protect eye health and aid improvement in brain function! Unfortunately, fish oil is not suitable for anyone with fish or seafood allergies.

- ✂ Sculpt a fish out of fondant icing and decorate it using food colouring diluted with water. Be sure to use clean or new craft paintbrushes.
- ✂ Put together an edible water scene. You could try sketching it out first.

Why?

Pisces is said to be the truest of the water signs. Its properties reflect the changing state of water and it's co-ruling planet Neptune is named after the Roman god of the sea.

- ✂ Make a mocktail fish bowl with drinks of your choice. Top your bowl with fish sweets and play a mini fishing game with teaspoons as you drink!



Games

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- ✂ Make your own magnetic fishing game.
- ✂ Play Sponge Fish Target Toss. Buy some flat sponges and cut them into fish shapes. Draw out a target on the floor in chalk. Stand 2m back, wet your fish sponges and see if you can hit the target.

Why?

The Pisces zodiac sign is symbolised by two fish swimming in opposite directions due to its Babylonian origin and the Greek mythology story where it originated. Pisces is also the Latin word for fish. Search online for these origin stories and learn more about Pisces!

- ✂ Write a list of 20 or more aquatic animals and have a game of aquarium charades! Will you flop like a fish or wobble like a jellyfish?
- ✂ Challenge each other to a water drop race. Using paper straws and parchment paper as your race track, go head to head to see who can blow their water droplet across the track the quickest.
- ✂ Look for a free printable Neptune word search or crossword online.
- ✂ Battle a friend or family member in an aquarium sprint race. Hold a 20m sprint where each player must choose a different aquatic animal and they can only move how their animal does. Race again and swap animals!
- ✂ Have a game of 'Who Am I?' with famous people who are Pisces. Do you know any actors that are a Pisces?

Did you know?

George Washington, Albert Einstein and Steve Irwin were all famous Pisces! Other famous Pisces include Rhianna, Eva Longoria and Simone Biles.

- ✂ Play a game of Aquatic Animal Bingo. Do you know more than 20 different fish names in the world?! Download and print the free resource from our website to play.
- ✂ Pisces are said to be creative people. Use your imagination to make up a game on the subject of fish or water.
- ✂ Race to see who can build a fish out of play dough the fastest. A great activity for younger children to get their fingers moving and their fine motor flowing!
- ✂ Play the classic playing card game 'Go fish'. Not sure how to play? Head across to our 'Pisces' Pinterest board for game instructions.



Other

- ✂ Go fishing with nets or a fishing rod in your local river or lake.
- ✂ Learn some facts about Pisces and the planet Neptune. Discover facts online or visit your local library to find and read some non-fiction books.
- ✂ Discover the Pisces lucky numbers.
- ✂ Visit your nearest aquarium and count how many different species of fish you see. Is there an animal talk taking place? Ask about the fish they keep.
- ✂ Learn about the different body parts of a fish and label them on a diagram.
- ✂ Visit your nearest water park or swimming pool for a fishy fun day out.
- ✂ Go stargazing to see if you can see the Pisces constellation. Can you borrow a telescope to see the constellation in more detail?
- ✂ Write a rhyming poem about Pisces, fish, the planet Neptune or water.
- ✂ Discover the personality traits of a Pisces. Are they similar to yours?
- ✂ Watch a documentary on fish and learn about different fish species.
- ✂ Enjoy a fish-themed story. I wonder if the main character of your story displays traits of a Pisces?
- ✂ Sing the rhyme, 'Once I Caught a Fish Alive'. Try singing it in rounds for more of a challenge! Use the fish pegs from your craft activity to act out the song.
- ✂ Visit a harbor and see fresh fish being caught and brought in.
- ✂ Take a trip to a local fish counter at a local supermarket and ask them how they prepare the fish.
- ✂ Discover the difference between cold water and tropical fish.
- ✂ Find out what is needed to run an aquarium. Why not ask a local pet shop?
- ✂ Make as many words as you can using the letters P I S C E S.
- ✂ Check the Pisces horoscope for today! Will today be a good day for a Pisces?
- ✂ Pisces are said to be great friends. Spend some time with your loved ones doing something you, or they, enjoy doing.

Adventure Complete?

Reward your young adventurers with their Pisces Challenge badge to mark their achievements! Head to the website to bag yours, download certificates and discover even more adventures!



Create a Keepsake!

Experienced adventure? Made memories? Then it's time to create a keepsake! Our Pawprint Family camp blankets are the perfect place to sew your badges and look back on them for years to come.



Personalise it!

Got your camp blanket? Then it's time to make it yours! Our alphabet badges are big, bright and bold...the perfect addition to your camp blanket, hoodies, bags and more. What will you personalise first?



Even More Rewards!

We're all about added value here at Pawprint Family. In addition to the 1000s of free activity ideas and resources you'll find loyalty stickers in every order and you can claim Children's University learning hours too!



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