

# Picnic Challenge



**From sandwiches and sausage rolls to cakes and fruit...**

Picnics have been a must on hot summer's days for centuries. Are you ready to indulge in some amazing food whilst taking in breathtaking views? Let's go!

For even more programme ideas check out our 'Picnic' board over on [www.Pinterest.com/PawprintFamily](https://www.Pinterest.com/PawprintFamily)

**#AdventureForAll**  
[www.PawprintFamily.com](https://www.PawprintFamily.com)

# Meet the FAMILY

Hi there! We're Charlotte & Jamie, the husband and wife team behind the Pawprint Family and we believe in #AdventureForAll.

It's our mission to help leaders, teachers and parents save time by providing ideas and opportunities to help them deliver everyday adventure and skills for life. We do this through our family of brands; find out more below and head to the website for your next adventure!



## PAWPRINT BADGES

Pawprint Badges provides thousands of free activity ideas and resources to help leaders, teachers and parents deliver fun and adventure.

Every activity helps you share skills for life and is linked to one of our pawesome embroidered badges. Build your collection and celebrate adventures, new skills and knowledge gained.

## PAWPRINT TRAILS

Pawprint Trails are treasure-hunt style walks around locations in the UK. Solve puzzles, track down the answers and explore everything our great country has to offer.

From historical sights to popular culture discover something new or rediscover a love for where you live then collect the badge to remember your adventures!

Whether you're looking for the perfect addition to your next family holiday or a few hours of fun with friends; each trail can be completed in a few hours or extended with our activity suggestions in to a weekend or a week's worth of fun!

## PAWPRINT TALES

Pawprint Tales are fully illustrated stories that can be enjoyed by the whole family. Join Alfie (our fox-red Labrador) on his adventures around the UK – solving puzzles, turning detective and making new friends. With twists and turns, every tale is an opportunity to discover new places, people and history without needing to leave the comfort of your own home.

Enjoy Pawprint Tales alongside your Pawprint Trails or as a standalone adventure!

## PAWPRINT TRUST

Every brand in the Pawprint Family supports the Pawprint Trust with a percentage of profits from every sale providing grants to young people. We're passionate about enabling young people to access life changing adventures.

Share your adventures and join us over on our social channels for even more adventures and a nosy behind the scenes at Pawprint HQ!



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# HOW TO: Use Your Challenge Pack

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This Challenge Pack has been divided into 4 sections: Craft, Food, Games and Other. In order to help you provide a balanced and varied programme for your young adventurers we recommend that the following number of activities are completed by each age group:

<b>Age 3 - 5</b>	  						<b>Craft</b>	<b>Food</b>	<b>Games</b>	<b>Other</b>	<b>PICK</b>
<b>Age 5 - 7</b>	   										
<b>Age 7 - 11</b>	   	+									
<b>Age 11 - 14</b>	   	+	 								
<b>Age 14 - 18</b>	   	+	  								
<b>Age 18+</b>	   	+	   								

## Leaders, Teachers & Parents

Award yourselves a badge for supporting your young adventurers in their activities!

## TOP TIPS

-  Adapt activities as necessary to meet your needs.
-  Add your own activity ideas or develop them into projects.
-  Use what you have; don't buy in lots of new materials/equipment.
-  No need to send us evidence, responsible grown-ups decide when the badge has been earned.
-  One challenge badge can take as long as you like; from a few hours to days or even a full term!

## Terms of Use

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# Craft


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 The concept of the picnic basket came about during the 11th century and were originally invented to help out travellers that were on long distance carriage journeys. Make a paper bag picnic basket.

 Create a plate full of your favourite picnic foods by cutting out different coloured felt.

Here's an idea!

Print out or design a gingham pattern to place your felt foods on top of to look like a real life picnic blanket.

 Ants are pesky little creatures that love to try and steal all of our delicious picnic treats! Create some ant prints using your fingerprints.

 According to a survey taken in 2020, Brits voted sandwiches as their favourite picnic food, closely followed by crisps, fresh fruit and sausage rolls. Draw or paint a picture of all the foods you would take with you on a picnic.

 Craft some ice lollies using cut out recycled cardboard, crumbled up tissue paper and lolly sticks.

 Collage a picnic blanket using coloured card, scissors and marker pens.

Did you know?

The word picnic comes from the French term "pique-nique" which originated in the 17th century. It began as an indoor event where each person would bring their own food to share and enjoy with one another. It wasn't until the beginning of the 19th Century where groups decided it would be a great idea to take their picnics outside to enjoy the scenery as well as the delicious spread! By the early 20th century, the arrival of transport such as trains, bikes and cars meant that more people were able to get out to their favourite spots and enjoy an outdoor meal (of course on their best gingham blanket)!

 Use bubble wrap dipped in paint to print some cute textured strawberries.

 Make some beautifully decorated paper plate Frisbees to play with during a picnic.




 Cut out some of your favourite recipes from old magazines and create a dream picnic collage to inspire you on the next sunny day.

 Construct a picnic scene in your dream location out of junk model materials such as empty food packets and bottle lids.










# Food

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-  Put together some melon fruit kebabs by cutting the melon into fun shapes and piercing them through a long wooden cocktail stick.
-  Decorate biscuits to look like your favourite picnic foods.
-  Prepare a picnic basket and enjoy a day out with your friends, family or group. Hopefully the sun has got it's hat on!



## Did you know?

The average person enjoys at least 3 picnics a year, which is 94 million picnics per year. That is a lot of food!

-  Mix up a refreshing summer cup mocktail, watermelon lemonade or iced tea using the recipes featured on our 'Picnic' Pinterest board. The perfect accompaniment to a delicious spread of food.
-  Have a go at making your own sausage rolls - a tasty pastry treat! You could try meat free alternatives for vegetarians.
-  Assemble some butterfly snack bags.
-  Experiment by making your own ice lollies using a variety of different ingredients such as fresh fruits, juices and yogurt.
-  Prepare some new and interesting salads using all fresh ingredients.
-  Change up your classic wraps by making them into some fun party pinwheels, a bite size version that all ages can enjoy.
-  Make some bug themed snacks.

## How?




You can make edible ladybirds by spreading cream cheese onto a cracker and placing a cherry tomato with a notch cut up to look like wings and use a black olive or grape for the head. You could also make butterflies by adding peanut butter to a stick of celery and placing a pretzel each either side for the wings and a blueberry for the head. These snacks will for sure be a massive hit at a picnic and really stand out from the crowd!

-  Scotch eggs are definitely up there with the UK's favourite picnic foods. For a fun twist, have a go at making some chocolate scotch eggs.
-  Find a new recipe online, in a cookbook or magazine and try making it to bring along to a picnic.






# Games

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-  Throughout the 18th century, picnics were often accompanied by singing and dancing. Have a dance party or take part in some group karaoke.
-  Have a game of human doughnut toss! Use rubber rings and take it in turns to throw them over a player. The players who can throw the most 'doughnuts' over successfully in an allotted time is the winner.
-  Play a game of 'Ants at a Picnic'.




## How?

All players sit in a circle and one person is chosen to close their eyes (this person will be the guesser). The other players then quietly decide somebody to shout out 'Ants at a Picnic!' in a funny and disguised voice. The guesser must then open their eyes and choose who they think shouted 'Ants at a Picnic'. If the guesser is correct, they can choose somebody else to take over the role but if they are wrong, the game must continue until they have guessed correctly.

-  Guess the picnic food by touch, smell or taste alone.
-  Take on a picnic scavenger hunt by using the free resource featured on our website. You could get into teams to see who can find these things in the fastest time. Why not take pictures or videos of the items for proof?
-  Take part in a game of picnic basket musical chairs.

## How?

Set up chairs in a circle and have each player sit in a chair. The players must then be divided into groups of two or three and assigned the name of a picnic food such as sandwiches, sausage rolls, pork pies, grapes etc. The music should then be played and a group name called out. Members of that group must then get up and walk around the chairs before one is removed. When the music is stopped the players must find an empty seat and the person without a chair is eliminated. The process is repeated until all picnic food groups have been called (if 'upset the picnic basket' is called, everybody must walk around the circle) and there is one player left who will be the winner.

-  Play the classic game 'Fruit Salad'!
-  Eaten either hot or cold, pizza is a great addition to a picnic spread. Play a game of 'Pizza Bingo' using the free resource on our website.
-  Enjoy some classic old fashioned outdoor games such as Tug of War, Catch or I-Spy.



# Other

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Celebrate National Picnic Day on the 18th of June by hosting a giant picnic where friends, family or group members all bring along their favourite foods.

Did you know?

The Guinness World Record for the largest picnic was set in Lisbon, Portugal on the 20th of June 2009 with 22,232 people attending.



Research your family/group's favourite picnic foods. Share your results in a fun way.



Bring along an instrument of choice to a picnic to provide some entertainment.



Have a picnic in an usual spot.



Donate any of your unused tins or packets of food to a local food bank to help support people in poverty that do not have easy access to food.



Set up your own Teddy Bear's Picnic and invite your family, friends or group to join you. You could even design your own invitations so everybody knows the time, date and place.



Find out what Britain's favourite picnic spots are and take a trip to visit some of them. Are you taking in the ocean breeze or enjoying breathtaking views on a mountain? Don't forget to tidy up afterwards! Check out the Countryside Code challenge for more information about looking after the natural environment.



Read 'We're Going on a Picnic' by Pat Hutchins.



Write a dream picnic checklist.



Look up the history of picnic blankets and the reason behind them being a gingham design.



Complete the Teddy Bears' Picnic Challenge on our website.



Visit a relative or friend that you haven't seen for a while and enjoy a picnic together along with a good old chinwag!



Sing along to the song 'Teddy Bear Picnic', first written in 1907. You could even try writing your own lyrics to the song based on your own picnic adventures!

## Adventure Complete?

Reward your young adventurers with their Picnic Challenge badge to mark their achievements! Head to the website to bag yours, download certificates and discover even more adventures!



## Create a Keepsake!

Experienced adventure? Made memories? Then it's time to create a keepsake! Our Pawprint Family camp blankets are the perfect place to sew your badges and look back on them for years to come.



## Personalise it!

Got your camp blanket? Then it's time to make it yours! Our alphabet badges are **big, bright and bold**...the perfect addition to your camp blanket, hoodies, bags and more. What will you personalise first?



## Even More Rewards!

We're all about added value here at Pawprint Family. In addition to the 1000s of free activity ideas and resources you'll find loyalty stickers in every order and you can claim Children's University learning hours too!



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