

# Park Challenge



**Ready for an outdoor adventure? We're heading to the park!**  
There is estimated to be more than 27,000 parks in the UK and this challenge pack is all about making the most of your local green space. Ready? Let's go!

For even more programme ideas check out our 'Park' board over on  
[www.Pinterest.com/PawprintFamily](https://www.Pinterest.com/PawprintFamily)

**#AdventureForAll**  
[www.PawprintFamily.com](https://www.PawprintFamily.com)

# Meet the FAMILY

Hi there! We're Charlotte & Jamie, the husband and wife team behind the Pawprint Family and we believe in #AdventureForAll.

It's our mission to help leaders, teachers and parents save time by providing ideas and opportunities to help them deliver everyday adventure and skills for life. We do this through our family of brands; find out more below and head to the website for your next adventure!



## PAWPRINT BADGES

Pawprint Badges provides thousands of free activity ideas and resources to help leaders, teachers and parents deliver fun and adventure.

Every activity helps you share skills for life and is linked to one of our pawesome embroidered badges. Build your collection and celebrate adventures, new skills and knowledge gained.

## PAWPRINT TRAILS

Pawprint Trails are treasure-hunt style walks around locations in the UK. Solve puzzles, track down the answers and explore everything our great country has to offer.

From historical sights to popular culture discover something new or rediscover a love for where you live then collect the badge to remember your adventures!

Whether you're looking for the perfect addition to your next family holiday or a few hours of fun with friends; each trail can be completed in a few hours or extended with our activity suggestions in to a weekend or a week's worth of fun!

## PAWPRINT TALES

Pawprint Tales are fully illustrated stories that can be enjoyed by the whole family. Join Alfie (our fox-red Labrador) on his adventures around the UK – solving puzzles, turning detective and making new friends. With twists and turns, every tale is an opportunity to discover new places, people and history without needing to leave the comfort of your own home.

Enjoy Pawprint Tales alongside your Pawprint Trails or as a standalone adventure!

## PAWPRINT TRUST

Every brand in the Pawprint Family supports the Pawprint Trust with a percentage of profits from every sale providing grants to young people. We're passionate about enabling young people to access life changing adventures.

Share your adventures and join us over on our social channels for even more adventures and a nosy behind the scenes at Pawprint HQ!



@pawprintfamily



@pawprint\_family

# PAWPRINT BADGES

You can view the extended terms of use on our website  
**[www.pawprintfamily.com/terms-conditions](http://www.pawprintfamily.com/terms-conditions)**





# Craft

**PAWPRINT**  
**BADGES**

ADMIT ONE

Make yourself a kite to fly at the park.

ADMIT ONE

Build a den using natural materials. Alternatively build a fairy house/den if your park doesn't have a suitable den building space.

ADMIT ONE

Paint a kindness rock and leave it somewhere in the park for a stranger to find. Find out more at: [www.thekindnessrocksproject.com](http://www.thekindnessrocksproject.com)

ADMIT ONE

Create a dog poo bag holder for the park gate and help encourage dog owners to clean up after their dogs.

ADMIT ONE

Make a big art in the park.

## What?

Think big and the possibilities are endless. Maybe you could do a litter pick in the park and use all the waste collected to make a picture. Maybe you could each bring an item to the park and use them collectively to create a big art in a group. Whatever you choose don't forget to snap a photo of the results and tag us @pawprint\_family on Instagram.

ADMIT ONE

Have a go at basket weaving and see how a traditional picnic basket is made.

ADMIT ONE

Paint or draw a landscape of the park.

ADMIT ONE

Build a model of or design your ideal park.

## How?

You could use modeling clay, building blocks or recycled materials. Alternatively plot out your ideal park on graph paper or take a look at how garden designers illustrate their ideas. What does your ideal park include? How does it cater for the whole community?

ADMIT ONE

Bring the fun of the park to you and build your own seesaw, slide or swing using pioneering techniques or materials of your choice.

ADMIT ONE

Gather items at the park and create your own nature table. Why not then use your items to make a nature mobile?

ADMIT ONE

Use wax crayons and do some texture rubbings of trees, leaves and other things you find in your local park. Sometimes playgrounds have really interesting textures. Use your rubbings to make a collage or display.

ADMIT ONE

Create a bird feeder using materials of your choice and hang it in a tree at your local park. You may need to get permission first so check before you do.



# Food

**PAWPRINT**  
**BADGES**

ADMIT ONE

Make a picnic to enjoy at your local park.

ADMIT ONE

Mix up some food for the ducks.

What?

Traditionally many of us would have fed ducks bread, especially that slightly stale loaf we had hanging around. However it's become apparent that feeding bread to ducks isn't great for their health so instead think about mixing up a few of these items before heading to the park: sweetcorn (tinned, frozen or fresh - just make sure it's defrosted), peas (same rules apply), lettuce, oats, seeds, rice (cooked or uncooked), grapes or berries.

ADMIT ONE

Gather some nuts for the squirrels, just make sure they're unsweetened and unsalted.

ADMIT ONE

If your park allows, enjoy a BBQ in the park with friends.

ADMIT ONE

Enjoy an ice cream at the park; you could even make your own 'ice cream in a bag' if you take a cool-box along.

ADMIT ONE

Create your own picnic picture perfect sandwiches using biscuit cutters to transform your butties into beautiful shapes!

ADMIT ONE

Make some mini quiches - the perfect picnic food.

ADMIT ONE

Bake a loaf cake for your picnic.

ADMIT ONE

Roll your own sausage rolls.

Did you know?

It's reported that the baker chain Greggs sells around 2.5 million sausage rolls per week which equates to 140 million per year!

ADMIT ONE

Have a go with hot water crust and make your own pork pies.

ADMIT ONE

Mix up your own picnic pasta salad.

ADMIT ONE

Put together your own grazing box/platter.

ADMIT ONE

Bake a picnic perfect fruit pie with a woven lattice pastry top, reminiscent of a tartan picnic blanket.









ADMIT ONE

The word picnic originates from the French piqu-nique, a social event where each person contributes. Host your own Jacob's table or similar.









# Games

**PAWPRINT**  
**BADGES**

-  Play the park bench game. Check out the World Book Day challenge pack for a how-to.
-  Have a game of hide and seek outdoors in your local green space. Remember to respect boundaries and only hide where it is safe to do so.
-  I spy with my little eye...Have a game or two with friends or family whilst at the park or outdoors.
-  Use your local facilities and have a game of tennis, football, basketball or similar outdoors.
-  Have a game of hopscotch.
-  Hold your own races; running, jumping, egg and spoon, three-legged, sack, it's up to you.
-  Use our free resource and have a treasure/scavenger hunt to see what you can find at the park.
-  Play catch with a twist.

## How?

Using a ball of a suitable size (smaller/harder for older age groups and larger/easier for smaller hands) take turns throwing the ball but as you throw name something you might see at the park. Mix it up with different themes. If you can't name something or you hesitate then you are out. Last player wins.

-  Make your own naughts and crosses with sticks, leaves and stones.
-  Go on an alphabet hunt and take a photo of things that look like/make the shape of each letter in the alphabet.
-  Have a go at the matchbox challenge. How many whole items can you fit inside a matchbox. Remember: you shouldn't pick wild flowers or leaves from trees. You can only use items that you find already on the ground.
-  Play the A-Z game naming things you would see/find at the park.
-  Play Simon says with friends/family at the park, you could include playground equipment if your group is small enough.
-  If your park has a course have a game of mini, foot, frisbee or crazy golf.



# Other

**PAWPRINT**  
**BADGES**

ADMIT  
ONE

Go on a bug hunt in your local park. How many different bugs can you spot/find? Remember to put them all back safely.

ADMIT  
ONE

Have a go at pond dipping if your park has a pond. Remember: open water can be dangerous so take care and ask permission if necessary.

ADMIT  
ONE

Try some tree and plant identification. How many different species can you identify in your local park?

ADMIT  
ONE

Plan a walk around your local area to include a trip to your local park or green space.

ADMIT  
ONE

Visit or take part in an event held at your local park such as a fair, carnival or egg hunt. If there isn't an event perhaps you could plan your own?

ADMIT  
ONE

Complete a litter pick and help keep your park clean and tidy.

ADMIT  
ONE

Take part in an outdoor yoga or fitness class in your local park/green space.

ADMIT  
ONE

Run in your local park run. Find your nearest one at: [www.parkrun.org.uk](http://www.parkrun.org.uk)

ADMIT  
ONE

Undertake a community project in your local park/green space such as planting up a flower bed or repainting fences or benches. You will need to check with your local council first and agree your project before you start.

ADMIT  
ONE

Work with your local council to create an art installation in your local park or green space. You could use recycled materials or use your artwork to raise awareness of a cause/charity.

ADMIT  
ONE

Write to your local councillor or MP about your park suggesting improvements in the facilities.

ADMIT  
ONE

Raise funds to help purchase a defibrillator for your local park if it doesn't already have one.

ADMIT  
ONE

Enjoy some pretend play in the park; can you find a stick that's actually a pirate sword or turn a raised play platform into a fort?

ADMIT  
ONE

Visit the ducks at your local park or pond and feed them. Find out more about what you should feed ducks in the 'Food' section of this pack.

ADMIT  
ONE

See how many items of a certain colour/beginning with a certain letter you can find/see in your local park/green space.

## Adventure Complete?

Reward your young adventurers with their Park Challenge badge to mark their achievements! Head to the website to bag yours, download certificates and discover even more adventures!



## Create a Keepsake!

Experienced adventure? Made memories? Then it's time to create a keepsake! Our Pawprint Family camp blankets are the perfect place to sew your badges and look back on them for years to come.



## Personalise it!

Got your camp blanket? Then it's time to make it yours! Our alphabet badges are big, bright and bold...the perfect addition to your camp blanket, hoodies, bags and more. What will you personalise first?



## Even More Rewards!

We're all about added value here at Pawprint Family. In addition to the 1000s of free activity ideas and resources you'll find loyalty stickers in every order and you can claim Children's University learning hours too!



Subscribe to the **Tribe News** for all the latest adventures direct to your inbox!

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