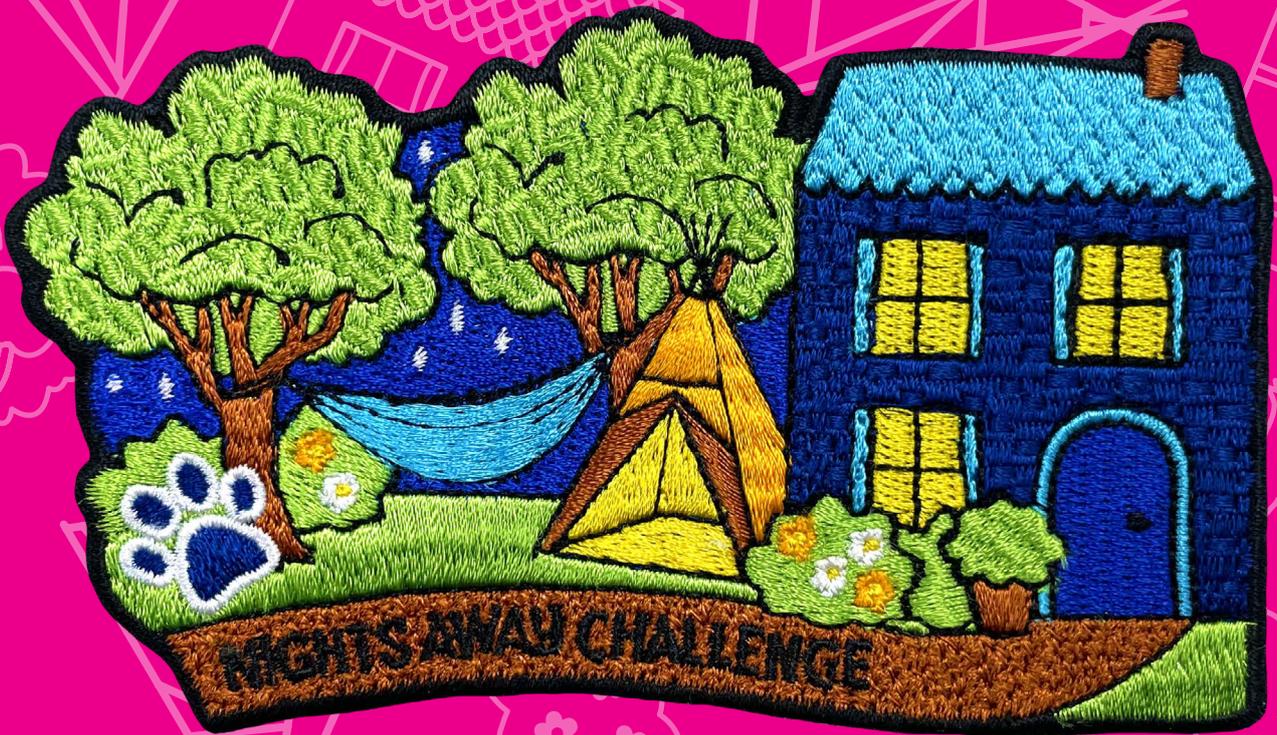


**PAWPRINT
BADGES**

Nights Away Challenge



Zzz....Count those sheep, it's time to sleep!

Celebrate your nights away from home! Put your PJ's on, plump up your pillows and nestle down for a good ol' snooze.

For even more programme ideas check out our 'Nights Away' board over on www.Pinterest.com/PawprintFamily

#AdventureForAll
www.PawprintFamily.com

Meet the FAMILY

Hi there! We're Charlotte & Jamie, the husband and wife team behind the Pawprint Family and we believe in #AdventureForAll.

It's our mission to help leaders, teachers and parents save time by providing ideas and opportunities to help them deliver everyday adventure and skills for life. We do this through our family of brands; find out more below and head to the website for your next adventure!



PAWPRINT BADGES

Pawprint Badges provides thousands of free activity ideas and resources to help leaders, teachers and parents deliver fun and adventure.

Every activity helps you share skills for life and is linked to one of our pawesome embroidered badges. Build your collection and celebrate adventures, new skills and knowledge gained.

PAWPRINT TRAILS

Pawprint Trails are treasure-hunt style walks around locations in the UK. Solve puzzles, track down the answers and explore everything our great country has to offer.

From historical sights to popular culture discover something new or rediscover a love for where you live then collect the badge to remember your adventures!

Whether you're looking for the perfect addition to your next family holiday or a few hours of fun with friends; each trail can be completed in a few hours or extended with our activity suggestions in to a weekend or a week's worth of fun!

PAWPRINT TALES

Pawprint Tales are fully illustrated stories that can be enjoyed by the whole family. Join Alfie (our fox-red Labrador) on his adventures around the UK - solving puzzles, turning detective and making new friends. With twists and turns, every tale is an opportunity to discover new places, people and history without needing to leave the comfort of your own home.

Enjoy Pawprint Tales alongside your Pawprint Trails or as a standalone adventure!

PAWPRINT TRUST

Every brand in the Pawprint Family supports the Pawprint Trust with a percentage of profits from every sale providing grants to young people. We're passionate about enabling young people to access life changing adventures.

Share your adventures and join us over on our social channels for even more adventures and a nosy behind the scenes at Pawprint HQ!



@pawprintfamily



@pawprint_family

HOW TO: Use Your Challenge Pack



This Challenge Pack has been divided into 4 sections: Craft, Food, Games and Other. In order to help you provide a balanced and varied programme for your young adventurers we recommend that the following number of activities are completed by each age group:

Age 3 - 5						
Age 5 - 7		Craft	Food	Games	Other	PICK
Age 7 - 11	+					
Age 11 - 14	+					
Age 14 - 18	+					
Age 18+	+					

Leaders, Teachers & Parents
Award yourselves a badge for supporting your young adventurers in their activities!

TOP TIPS

- Adapt activities as necessary to meet your needs.
- Add your own activity ideas or develop them into projects.
- Use what you have; don't buy in lots of new materials/equipment.
- No need to send us evidence, responsible grown-ups decide when the badge has been earned.
- One challenge badge can take as long as you like; from a few hours to days or even a full term!

Terms of Use

By downloading or purchasing this resource you agree to our terms of use as outlined below. As a husband and wife team we work hard to keep all of our resources and activity ideas available free of charge; we can only do this with your help.

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Use this resource with your young adventurers.	Redistribute or sell this resource in any way, shape or form.
Direct people to this resource online by sharing our website links.	Upload this resource to a website for download.
Tell your friends/family/colleagues about us!	Copy or modify any part of this resource to share with others either for free or for sale.
Share photos of you enjoying your adventures with us on social media.	Use any text, graphics, content or fonts without our written permission.

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You can view the extended terms of use on our website www.pawprintfamily.com/terms-conditions



Craft

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Start a nights away camp blanket to take with you on your travels or snuggle under whilst you're away from home. Why not sew your Nights Away Challenge badge onto your blanket to start off your collection?



Put together a travel journal.

What?

Create a scrapbook detailing where you've stayed, what you've done, the things you've seen and who you've been there with. Why not make it into a scrapbook style journal with souvenirs from each trip, such as napkins from restaurants, postcards or stamps? Head across to our 'Nights Away' Pinterest board for some crafty scrapbook/journal creations.



Draw a map of where you're staying. Label up your map before you go, so that you know where key attractions and places to eat are. You could also label your map as you discover these places for an ongoing activity.



Don't want to be woken up early during your night away? Create a 'Do Not Disturb Sign' using craft materials of your choice. Find blank sign hanger templates on our 'Nights Away' Pinterest board to print and cut out.



Have you ever collected t-shirts from places you've visited that don't fit anymore but you don't want to throw them away? Re-use them by sewing them into a quilt blanket that you can keep adding to every time you go on a night away from home - a nice memento of your nights away.



For younger children, make a DIY night light that you can take on your nights away. Check out our 'Nights Away' Pinterest board for some night light ideas.



Transform an old pillow case into a work of art to take with you on your nights away!

How?

Sew pretty patchwork pieces of material onto your old pillowcase to create a unique pillow that you can take on your adventures away from home.



Make a sleep mask out of soft material such as silk or cotton. You will also need elastic for this activity.



Start a photo album full of photos of your adventures on your nights away!



Draw a nights away scene on super long paper that you can add a 'place' to every time you stay away. Imagine a long street of colourful tents, hotels, hostels and more to represent each place you've stayed. Think Balamory...



Food

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If you're camping for a night away from home, have a go at cooking a one-pot campfire meal for yourself/to enjoy with friends. Check out our 'Nights Away' board on Pinterest for some recipes ideas.



You can't go on a road trip (or any journey for that matter) without any snacks, it's basically illegal! Make a tasty snack and pack it in your bag to take with you on your journey to your night away.



Enjoy a hotel or B&B breakfast. Why not write a review for your 'Other' activity and include comments about the breakfast you have there?



Try a delicacy from the place you're staying in.



Pack a meal/snack for a hike. You could take a bag of nibbles such as roasted nuts, or prepare a meal ahead of time and keep it warm by wrapping it in foil, like a sausage roll! Head across to our 'Nights Away' Pinterest board to get some snack-tastic ideas.



Order something from the hotel/B&B menu and enjoy room service.



Eat at a local restaurant - a fantastic way to learn about the food in that area but also immerse yourself in their culture and traditions!



Mark all of the local restaurants or eateries in the location you're staying on a map so that you can easily see how far away they are and how long it will take you to get to them.

An activity extension...

Why not use this information to put together a guide for the next person to stay there? Fill your guide with information about pubs, restaurants, takeaways. Tell them which eatery you'd recommend and why, how best to get there, which dish you enjoyed the most, etc.



Plan meals for different methods of cooking whilst on your night away. For example, if you're staying in a caravan, think up meals to cook on a hob. If camping outside, think about meals that you could cook on a campfire.



Put together a food journal full of menu cards, bottle tops, and food souvenirs from your night away.



Enjoy a midnight snack under the covers. It's not the healthiest thing to do so maybe don't do it every night that you're away...



We all know how it feels to be home sick when we're away. Cook a meal to remind you of home - it'll feel just like a nice warm hug from your family!



Games

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Take part in a good ol' fashioned pillow fight. All you need is two pillows and a partner and you're good to go!



Play whilst you're away. Choose/pack a variety of games to play during your nights away. Whether it's board games in a caravan or card games around a campfire, the list of games you can play whilst you're away is endless.



Everyone knows how to play sleeping lions (especially those who love a good nap). If you're enjoying a night away with a group of people, why not play a game of sleeping lions to get everyone into a sleepy mood?



Try and stay up as long as you can. The harder you try, the harder it is!

Did you know?

The longest time a human being has stayed awake for is a whopping total of 11 days and 25 minutes! The record was set in 1963 by Randy Gardner, a 17 year old boy living in America. In the end, he had to have people around him to distract him from falling asleep. I don't know about you but I can only just stay up until about 9pm...



Go head to head in sleeping bag caterpillar shuffles/sleeping bag sack races.



Throw a coin onto a map and book a night away at the place it lands on.



When you're traveling in a car and taking a break at the services on the journey to your night away, play a game of Fruit Salad. Everyone is labeled as a different fruit and one person calls out two fruits to swap seats as fast as they can. When they shout "Fruit Salad!" everyone has to swap seats.



Create nights away lucky dip jars to help you choose your next night away.

How?

Making two separate piles, write out places to spend a night away onto paper slips, and other slips with ways of sleeping (e.g. tent, hostel, caravan, etc.) Place the nights away into one jar and the methods of sleeping into another jar. Next time you want to plan a trip away, choose one paper slip from each jar. Will you end up caravanning in Bath? Camping in Scotland? Who knows?!



Who can pack/unpack their bags the quickest before or after a night away? Hold a competition to see who has packed the neatest too. No one wants creased clothes for their nights away!



Play the A-Z category game. Name something beginning with each letter of the alphabet based around a category. Take it in turns/go around the circle.



Other

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Learn how to make a bed roll. We know what you're thinking, no, it's not a tasty treat to enjoy it bed! A bed roll is all the pieces of your bedding packed in a compact way, so that it is easier to carry and waterproof! Find out how to make a bedroll for your night away on our 'Nights Away' Pinterest board.



Tell a scary story. Not too scary though, you still want to be able to sleep...



Write a review for a place you stay at whilst you're sleeping away from home. Think about the cleanliness, location, and the staff/the service you've received (if staying in a B&B or hotel). Honest reviews are the best reviews.



Stay in a...

- Hostel
- Tent
- Tree house
- Bungalow
- Hotel
- Friend/family member's house
- Different county/country
- Caravan



Donate to a homeless shelter. Why not raise the money through a sleep out for charity? Taking part in a sleep out not only makes you feel good but also helps those who are struggling to find a home.



Plan and budget a trip. Think about the destination, clothes to take with you, travel, currency, weather, attractions to visit, the cost, booking your trip... there's so much to plan but it's so fun planning nights away from home!



Sleep...

- At a tourist attraction (e.g. museum)
- Under the stars
- Off the ground
- Underground



Keep track of your nights away with our 'Nights Away Tracker'. Download the resource from our website for free.



Rise and shine! Have you ever seen sunrise and sunset in the same day? Try and see both whilst you're away from home. Why not make this into a mindful moment and enjoy some yoga at sunrise and sunset?



Put together a handy packing list that you can use every time you go away for the night. That way, you'll never forget the essentials.

Adventure Complete?

Reward your young adventurers with their Nights Away Challenge badge to mark their achievements! Head to the website to bag yours, download certificates and discover even more adventures!



Create a Keepsake!

Experienced adventure? Made memories? Then it's time to create a keepsake! Our Pawprint Family camp blankets are the perfect place to sew your badges and look back on them for years to come.



Personalise it!

Got your camp blanket? Then it's time to make it yours! Our alphabet badges are big, bright and bold...the perfect addition to your camp blanket, hoodies, bags and more. What will you personalise first?



Even More Rewards!

We're all about added value here at Pawprint Family. In addition to the 1000s of free activity ideas and resources you'll find loyalty stickers in every order and you can claim Children's University learning hours too!



Subscribe to the **Tribe News** for all the latest adventures direct to your inbox!

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