

New Year Challenge



Grab your sparklers, it's time to celebrate New Year!

New Year brings a chance to reflect on everything we've achieved. Get ready to experience some unexpected New Year traditions... 3... 2... 1... Happy New Year!!

For even more programme ideas check out our 'New Year' board over on www.Pinterest.com/PawprintFamily

#AdventureForAll
www.PawprintFamily.com

Meet the FAMILY

Hi there! We're Charlotte & Jamie, the husband and wife team behind the Pawprint Family and we believe in #AdventureForAll.

It's our mission to help leaders, teachers and parents save time by providing ideas and opportunities to help them deliver everyday adventure and skills for life. We do this through our family of brands; find out more below and head to the website for your next adventure!



PAWPRINT BADGES

Pawprint Badges provides thousands of free activity ideas and resources to help leaders, teachers and parents deliver fun and adventure.

Every activity helps you share skills for life and is linked to one of our pawesome embroidered badges. Build your collection and celebrate adventures, new skills and knowledge gained.

PAWPRINT TRAILS

Pawprint Trails are treasure-hunt style walks around locations in the UK. Solve puzzles, track down the answers and explore everything our great country has to offer.

From historical sights to popular culture discover something new or rediscover a love for where you live then collect the badge to remember your adventures!

Whether you're looking for the perfect addition to your next family holiday or a few hours of fun with friends; each trail can be completed in a few hours or extended with our activity suggestions in to a weekend or a week's worth of fun!

PAWPRINT TALES

Pawprint Tales are fully illustrated stories that can be enjoyed by the whole family. Join Alfie (our fox-red Labrador) on his adventures around the UK – solving puzzles, turning detective and making new friends. With twists and turns, every tale is an opportunity to discover new places, people and history without needing to leave the comfort of your own home.

Enjoy Pawprint Tales alongside your Pawprint Trails or as a standalone adventure!

PAWPRINT TRUST

Every brand in the Pawprint Family supports the Pawprint Trust with a percentage of profits from every sale providing grants to young people. We're passionate about enabling young people to access life changing adventures.

Share your adventures and join us over on our social channels for even more adventures and a nosy behind the scenes at Pawprint HQ!



@pawprintfamily



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HOW TO: Use Your Challenge Pack

**PAWPRINT
BADGES**

This Challenge Pack has been divided into 4 sections: Craft, Food, Games and Other. In order to help you provide a balanced and varied programme for your young adventurers we recommend that the following number of activities are completed by each age group:

Age 3 - 5	  					
Age 5 - 7	   	Craft	Food	Games	Other	PICK
Age 7 - 11	    + 					
Age 11 - 14	    +  					
Age 14 - 18	    +   					
Age 18+	    +    					

Leaders, Teachers & Parents

Award yourselves a badge for supporting your young adventurers in their activities!

TOP TIPS

-  Adapt activities as necessary to meet your needs.
-  Add your own activity ideas or develop them into projects.
-  Use what you have; don't buy in lots of new materials/equipment.
-  No need to send us evidence, responsible grown-ups decide when the badge has been earned.
-  One challenge badge can take as long as you like; from a few hours to days or even a full term!

Terms of Use

By downloading or purchasing this resource you agree to our terms of use as outlined below. As a husband and wife team we work hard to keep all of our resources and activity ideas available free of charge; we can only do this with your help.

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Share photos of you enjoying your adventures with us on social media.	Use any text, graphics, content or fonts without our written permission.

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Craft

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- ✿ In South Africa it is a tradition to throw old furniture out of the window on New Year's Eve. Up-cycle a piece of old furniture.
- ✿ Fireworks are traditional in Australia at New Year. Make your own firework pictures using any materials you choose!
- ✿ Do some tie-dye.

Why?

In South American countries the colour of your underwear determines your fate for the new year. Red - romance, yellow - good fortune, green - luck, blue - good health, pink - luck in love, white - peace/joy, black - bad luck!

- ✿ In the 1600s trees were decorated for New Year. Make your own tree decorations to celebrate New Year.
- ✿ In Germany it is the tradition to gift 'Glucksschwein' (marzipan pigs) at New Year. Make a pig trinket to give as a gift.
- ✿ Have a go at pottery painting and decorate a plate.

Why?

In Denmark it is tradition to smash plates against your neighbours door at New Year. It's a measure of popularity to find a big pile of broken crockery and it's thought that the more plates smashed, the more luck you'll have!

- ✿ Make a scarecrow and burn it on a bonfire like they do in Ecuador. It's thought to destroy all the bad things from the last year.
- ✿ Nowruz is Iranian/Persian New Year and is celebrated in March. Decorated eggs are commonly given as gifts and symbolise the sharing of good fortune, have a go at decorating your own eggs using materials of your choice.
- ✿ Make a card to say sorry or apologise for something you have done in the last year.
- ✿ Make your own New Year's Eve wish wand.
- ✿ Create your own New Year photo booth and props to help you celebrate New Year in style!
- ✿ Craft you own new year lantern.



Food

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- ✻ In the USA round foods are eaten at New Year and are thought to be lucky. Have a go at making some round foods, ie. doughnuts, cakes.
- ✻ Make a fruit salad.

Why?

In Spain it is tradition to eat 12 grapes on each of the 12 chimes of midnight to bring in the New Year. This is thought to bring 12 months of happiness for the year ahead. Grapes are a key ingredient in any fruit salad but remember to cut them up if serving to younger children.

- ✻ For Persian New Year it is traditional to gift decorated eggs. Make an egg based dish of your choice.
- ✻ Toshikoshi Soba are Japanese noodles eaten at New Year. Make your own noodle based dish or design your own flavour of instant noodles.

How?

Use packs of plain instant noodles and create your own flavours using dried herbs and spices.

- ✻ Vasilopita is a cake served in Greece and cut at midnight on New Year's Eve. The cake contains a hidden coin and the family member who finds it is said to have luck for the following year. Make your own Vasilopita.
- ✻ In Switzerland it is traditional to drop ice cream on the floor to toast New Year. Create your own ice cream flavours, toppings and sundaes.
- ✻ Make your own bread then bang it on the walls of the house, to chase away bad luck and evil spirits, as is the tradition in some parts of Ireland at New Year. Alternatively enjoy eating your bread or shape decorate it in to a suitable way to welcome New Year.
- ✻ Toast the New Year with some mocktails of your own creations. Can you create some funky names for them too? Set up your own mocktail bar for your New Year's party.
- ✻ During Jewish New Year (Rosh Hashanah) lots of sweet food is consumed, including apple dipped in honey. Make a dish using these ingredients or try making your own toffee apples.
- ✻ Make your own corn bread to symbolise gold, as is tradition in the USA.



Games

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- ✿ In parts of Ireland it is tradition to hit the walls with bread at New Year. Play a game of tag/tig using baguettes to tag people.
- ✿ At Thai New Year (also known as Songkran), which is celebrated in April, it is custom to have a water fight. These are seen as ritual cleansing. Have your own water fight with friends/family.
- ✿ In the Philippines people wear polka dots at New Year to symbolise wealth. Play a game of "Hi Harry!"

How?

In a circle, Person 1 says, "Hi Harry!", Person 2 says "Yes Harry?", Person 1 says "Tell Harry". Person 2 then turns to person 3 and repeats. If a person makes a mistake they then become 'One Spot' (spots can be stickers or made using lipstick). The conversation then goes, "Hi 1 Spot!", "Yes Harry?", "Tell Harry". More mistakes means more spots, more confusion and more fun!

- ✿ In Denmark they smash plates against their neighbours door at New Year, have a go at plate smashing. Remember, broken plates are sharp.

For Leaders...

Some ceramics manufacturers will donate factory seconds or ceramic items that didn't pass quality control. This is also a great fund-raiser selling golf balls to throw at a dresser full of plates. Remember to secure the area and ensure you have a substantial backing net.

- ✿ Play a game of Bingo using words you might hear on New Year's Eve.
- ✿ Jumping off chairs is common at New Year in Denmark and is thought to symbolise leaping in to the New Year. See how far you can jump.
- ✿ Have a 'Quiz of the Year' - who, what, when, etc. but only from the past year.
- ✿ Name that song! Can you remember who sang the number one in the 3rd week of January? Test your knowledge with music from the past year.
- ✿ Football is played on New Year's Day in America, have a game of your own!
- ✿ A lucky coin is hidden inside a Vasilopita (from Greece). Take part in a New Year treasure hunt.
- ✿ Complete a New Year word search using our free resource, there are 3 difficulty levels to choose from.



Other

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- ✿ Sing Auld Lang Syne and write your own poem to welcome New Year.
- ✿ Think about what you've achieved in the last year and what you'd like to do in the next 12 months. Use our New Year's Resolutions resource to help you. Why not seal it in an envelope when you're done and then open it next New Year to see how things have changed?
- ✿ Write a letter of gratitude to the old year as is common in Japan. What have you got to be thankful for from the last 12 months?

What?

From 794 it became the tradition for Japanese people to send Nengajo (New Year's postcards) to people who lived too far away for face-to-face greetings. The purpose of the cards is to express gratitude to those who have helped you in the year passed.

- ✿ In Brazil it is common to wear white and throw flowers in to the ocean as an offering to the Goddess Lemanjá. Have a go at flower arranging or find out more about this tradition.
- ✿ Take part in a community clean of a local church yard. In the town of Talca, Chile locals celebrate New Year in the cemetery surrounded by their deceased loved ones.
- ✿ Drop molten wax in to water and interpret the shapes.

Why?

In Finland one of the most popular traditions of New Year is the casting of tin. Everyone gets a small piece of tin in the shape of a horseshoe. This is melted and the liquid metal poured in to a bucket of cold water, making it harden. The shape and shadow of the resulting cast are interpreted to predict the future events of the coming year.

- ✿ In Japan it is also tradition to ring bells 108 times as part of Buddhist beliefs. Have a go at bell ringing.
- ✿ Use New Year as an excuse to start afresh. Have a clear out and donate your unwanted items to charity or sell them and donate the money.
- ✿ Black-tie New Year's Eve parties were common in the UK in times past. Host your own.
- ✿ Try your hand at some long-exposure sparkler photography and write with light! Include friends/family for some fun memories.

Adventure Complete?

Reward your young adventurers with their New Year Challenge badge to **mark their achievements!** Head to the website to bag yours, download certificates and discover even more adventures!



Create a Keepsake!

Experienced **adventure**? Made **memories**? Then it's time to create a **keepsake**! Our Pawprint Family camp blankets are the perfect place to **sew your badges** and look back on them for years to come.



Personalise it!

Got your camp blanket? Then it's time to make it yours! Our alphabet badges are **big, bright and bold**...the perfect addition to your camp blanket, hoodies, bags and more. What will you personalise first?



Even More Rewards!

We're all about added value here at Pawprint Family. In addition to the 1000s of **free activity ideas** and resources you'll find **loyalty stickers** in every order and you can claim Children's University learning hours too!



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