

Mother's Day Challenge



Let's celebrate all the amazing women in our lives...

From Christian origins to a celebration of mothers in all forms; Mother's Day is an annual occasion for everyone to recognise, thank and remember.

For even more programme ideas check out our 'Mother's Day' board over on www.Pinterest.com/PawprintFamily

#AdventureForAll
www.PawprintFamily.com

Meet the FAMILY

Hi there! We're Charlotte & Jamie, the husband and wife team behind the Pawprint Family and we believe in #AdventureForAll.

It's our mission to help leaders, teachers and parents save time by providing ideas and opportunities to help them deliver everyday adventure and skills for life. We do this through our family of brands; find out more below and head to the website for your next adventure!



PAWPRINT BADGES

Pawprint Badges provides thousands of free activity ideas and resources to help leaders, teachers and parents deliver fun and adventure.

Every activity helps you share skills for life and is linked to one of our pawesome embroidered badges. Build your collection and celebrate adventures, new skills and knowledge gained.

PAWPRINT TRAILS

Pawprint Trails are treasure-hunt style walks around locations in the UK. Solve puzzles, track down the answers and explore everything our great country has to offer.

From historical sights to popular culture discover something new or rediscover a love for where you live then collect the badge to remember your adventures!

Whether you're looking for the perfect addition to your next family holiday or a few hours of fun with friends; each trail can be completed in a few hours or extended with our activity suggestions in to a weekend or a week's worth of fun!

PAWPRINT TALES

Pawprint Tales are fully illustrated stories that can be enjoyed by the whole family. Join Alfie (our fox-red Labrador) on his adventures around the UK – solving puzzles, turning detective and making new friends. With twists and turns, every tale is an opportunity to discover new places, people and history without needing to leave the comfort of your own home.

Enjoy Pawprint Tales alongside your Pawprint Trails or as a standalone adventure!

PAWPRINT TRUST

Every brand in the Pawprint Family supports the Pawprint Trust with a percentage of profits from every sale providing grants to young people. We're passionate about enabling young people to access life changing adventures.

Share your adventures and join us over on our social channels for even more adventures and a nosy behind the scenes at Pawprint HQ!



@pawprintfamily



@pawprint_family

PAWPRINT BADGES

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www.pawprintfamily.com/terms-conditions



Craft

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- ♥ Make a card and give to your mum or a mother figure in your life.
- ♥ Create a bunch of paper flowers to gift.
- ♥ Grow flowers or plant bulbs. Why not decorate the plant pot and give as a gift. You could repurpose an old welly boot or a watering can like the one on your badge.
- ♥ Send a token of your appreciation.

What/How?

Give a gift and create a token/voucher to show your appreciation this Mother's Day. Why not make a token which can be exchanged for breakfast in bed, a lie in, a day off cooking/cleaning/house work/washing, a trip to the cinema, the possibilities are endless?!

- ♥ Make your own personalised gift. From coasters to a personalised mug there are lots of options for creating a personal gift. Check out our Pinterest board for some ideas.
- ♥ Put together a pamper hamper of treats to give to your mum.
- ♥ Create a 'Reasons why I love you' jar.

How?

Write down reasons on slips of paper and fold them before placing them in a jar of your choice (decorated if you wish). Each time your recipient is feeling low they can pick out a reason and remember they are much loved.

- ♥ Paint a picture or make a gift to give for Mother's Day.
- ♥ Set your own candle or layer up wax beads in different colours.
- ♥ Make your own fun Mother's Day awards and give them to the women in your life.
- ♥ Fold your own Mother's Day fortune teller with hugs, treats and time-off hidden within the folds for your mum to discover.
- ♥ Create a personalised keyring with a photo so your mum can carry you with her always.
- ♥ Decorate your home/meeting place for Mother's Day with home made bunting - use our free resource to help.



Food

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- ♥ Breakfast in bed is a traditional treat for mums around the world on Mother's Day. Make and serve breakfast in bed to your mum/mother figure.
- ♥ Bake a Simnel cake.

Why?

Now more often associated with Easter, Simnel cake (a rich fruit cake baked with a layer of marzipan in the middle and decorated with 11 balls of marzipan to represent the apostles minus Judas) used to be more associated with Mother's Day! When people were fasting during Lent, Mothering Sunday, in the middle of the fast, was a respite from the 40 days of restrictions and austerity.

- ♥ Also known as 'Refreshment Sunday', the Lent fast was allowed to be relaxed on Mothering Sunday. Serve refreshments at an event or fundraiser.
- ♥ Bake Mothering Buns from Bristol.
- ♥ Learn how to make a cup of tea/coffee and serve on Mother's Day.
- ♥ It is believed that bread was freshly baked for mothers on Mothering Sunday. Have a go at baking your own bread.
- ♥ Create an edible bouquet of chocolates, treats or cakes.

Why?

In France it is traditional on Mother's Day to present your mum with a special flower bouquet cake; a cake shaped like a flower bouquet. Create your own with buttercream flowers or have a go at moulding some from sugar paste.

- ♥ Cook dinner for your mum/one of the amazing women in your life. Family meals feature in many Mother's Day traditions around the world.
- ♥ As a break in the Lent fast, roast lamb was a traditional indulgence on Mothering Sunday. Have a go at cooking your own roast dinner.
- ♥ Make your own sugar violets (traditionally added to the decoration of a Simnel cake).
- ♥ Use violet flavouring or Parma Violet sweets in a recipe or to decorate.
- ♥ Bake your own breakfast muffins, bread, crumpets or other breakfast treat to serve on Mother's Day.



Games

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- ♥ Breakfast in bed relay.

How?

Race to gather all the items you need for your breakfast in bed or the items you need to lay out a tray for serving. Items could include plate, cutlery, drinking glass, vase with flowers, tea cup, milk jug, etc. This is also a great activity for teaching younger adventurers how to set the table.

- ♥ Create your own game of Mother's Day bingo with words/phrases or some of your mum's favourite things. This is the ideal game for playing after a family meal or Mother's Day breakfast.

- ♥ How many famous mums can you name? Complete either a picture quiz or gather a list of famous/celebrity children and see if you can correctly guess their parents.

- ♥ Get to know mum.

What/How?

Rather like the traditional game of Mr & Mrs...Write a list of questions (such as favourite film/colour/day out, etc.) and get mum to answer them in secret. Collectively or individually answer the same questions and see how many of the answers you got right. Who knows mum best?

- ♥ Pass the poem. Hand written poetry is a traditional gift for mothers around the world. Take it in turns to write a line and pass the paper on creating some fun rhymes and poems about mums.
- ♥ Kim's Game - what's in mum's bag? Can you guess what's missing from a selection of items from mum's handbag?
- ♥ Ideal for groups...Whose mum is it anyway? Ask mums/parents to write down 3 facts about themselves before they had children. See if your young people can correctly pair the parents/mums with the group.
- ♥ Play a game of the traditional playground game, "Mother, May I?"
- ♥ Have a treasure hunt to find objects that spell out the words 'MOTHERS DAY'.
- ♥ Act it out and have a game of charades doing things you might see/hear your mum do/say.
- ♥ Can you pair up mums and babies of the animal world?



Other

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- ♥ Write a poem for or about mums or mother figures.
- ♥ Try your hand at flower arranging and create a bouquet for mum or for your Mother's Day table.
- ♥ On Mothering Sunday, Christians would return home to their 'Mother Church' (the one at which they were Baptised, their local church or Cathedral). Visit your own local place of worship and go 'Mothering'.
- ♥ Find out when Mother's Day is celebrated in countries around the world and how the traditions and celebrations differ from your own.
- ♥ Get together with family and enjoy a meal on Mother's Day.
- ♥ Write a letter of gratitude to an inspirational woman in your life.
- ♥ What does it take to be a mum? Think about the qualities and write a job description or an application.
- ♥ Take time to think about women who can't be mums (or have chosen not to be) and how they might feel on Mother's Day. How can we celebrate all the women in our lives on Mother's Day?
- ♥ What kind of mum...some mums are dads and all families are different. Think about how you can celebrate all different forms of families on Mother's Day. Can you do something to celebrate in your community?
- ♥ "It takes a village to raise a child." Celebrate Mother's Day in your community by giving flowers or hosting an event.
- ♥ After WWI mothers in France were given medals for having large families and helping to rebuild the population after the war. Make or design your own medal to award to your mum or a woman in your life.
- ♥ Helping with chores around the house is a popular Mother's Day gift in Japan. Help around the house in the lead up to Mother's Day.
- ♥ Visit a museum, gallery, festival or exhibition with your mum. In Peru Mother's Day lasts for a week and mothers can visit cultural attractions for free during this week.
- ♥ Honour mums that have passed by visiting their graves or wearing flowers. In America people wear white carnations to honour their deceased mums.

Reward your young adventurers with their Mother's Day Challenge badge to mark their achievements!
Head to the website to bag yours, download certificates and discover even more adventures!

