

# Mermaid Challenge



### Seas the day and make a splash with Mermaids.

Many myths, legends and sightings have been reported all over the world. Do you believe in mermaids? Dive in to decide...

For even more programme ideas check out our 'Mermaid' board over on www.Pinterest.com/PawprintFamily

# #AdventureForAll

www.PawprintFamily.com

Meet the FAMILY

Hi there! We're Charlotte & Jamie, the husband and wife team behind the Pawprint Family and we believe in #AdventureForAll.

It's our mission to help leaders, teachers and parents save time by providing ideas and opportunities to help them deliver everyday adventure and skills for life. We do this through our family of brands; find out more below and head to the website for your next adventure!



## \*PAWPRINT BADGES

Pawprint Badges provides thousands of free activity ideas and resources to help leaders, teachers and parents deliver fun and adventure.

Every activity helps you share skills for life and is linked to one of our pawesome embroidered badges. Build your collection and celebrate adventures, new skills and knowledge gained.

## \*PAWPRINT TRAILS

Pawprint Trails are treasure-hunt style walks around locations in the UK. Solve puzzles, track down the answers and explore everything our great country has to offer.

From historical sights to popular culture discover something new or rediscover a love for where you live then collect the badge to remember your adventures!

Whether you're looking for the perfect addition to your next family holiday or a few hours of fun with friends; each trail can be completed in a few hours or extended with our activity suggestions in to a weekend or a week's worth of fun!

# \*PAWPRINT TALES

Pawprint Tales are fully illustrated stories that can be enjoyed by the whole family. Join Alfie (our fox-red Labrador) on his adventures around the UK – solving puzzles, turning detective and making new friends. With twists and turns, every tale is an opportunity to discover new places, people and history without needing to leave the comfort of your own home.

Enjoy Pawprint Tales alongside your Pawprint Trails or as a standalone adventure!

## \*PAWPRINT TRUST

Every brand in the Pawprint Family supports the Pawprint Trust with a percentage of profits from every sale providing grants to young people. We're passionate about enabling young people to access life changing adventures.

Share your adventures and join us over on our social channels for even more adventures and a nosy behind the scenes at Pawprint HQ!



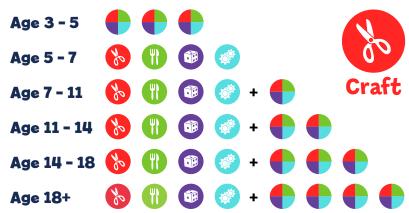


@pawprint family

# HOW TO: Use Your Challenge Pack



This Challenge Pack has been divided in to 4 sections: Craft, Food, Games and Other. In order to help you provide a balanced and varied programme for your young adventurers we recommend that the following number of activities are completed by each age group:









Food Games

#### Leaders, Teachers & Parents

Award yourselves a badge for supporting your young adventurers in their activities!

### TOP TIPS

- Adapt activities as necessary to meet your needs.
- Add your own activity ideas or develop them into projects.
- Use what you have; don't buy in lots of new materials/equipment.
- No need to send us evidence, responsible grown-ups decide when the badge has been earned.
- One challenge badge can take as long as you like; from a few hours to days or even a full term!

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# & Chaft





Let your imagination run wild by creating mythical creatures that are one half human, one half fish! Draw them, build them or even create 3D models of your magical creature.

#### Why?

Mermaids are aquatic mythical creatures said to be half human, half fish. It is believed that mermaids are known for their beauty and melodic singing, and are said to live under the sea with other ocean creatures.

- Mermaids are often given long hair that floats gracefully behind them in the water. Why not have a go at creating a wig fit for a majestic mermaid?
- Create a peg doll mermaid with craft materials of your choice. Use string or ribbon for their hair, or netting to represent the scales of their tail.
- Mermaids decorate their homes with treasures and beautiful objects found under the sea. Decorate your own home with treasures you can find and collect from around your own home.
- Collect a range of seashells from the beach and decorate a hair clip... Only the most perfect and pretty shells can be used for the most beautiful creature of the sea!
- Make a large art piece from items gathered on a beach clean. Whilst you're collecting, keep a close eye out for any signs of mermaids...

#### How?

Take a carrier bag with you to the seaside and use litter pickers to pick up any rubbish you find scattered across the beach. Make sure to wash your litter before using it for your artwork. Keeping our beaches clean is really important, as litter that enters the ocean can harm marine creatures!

- Create a wearable mermaid tail or blanket. Would your tail be waterproof and suitable for a deep sea swim?
- Paint a colourful seascape or water scene using watercolours.
- Make your own mermaid jewellery you could use beads, shiny gems or even paint small pebbles with bright colours.
- Create your own mermaid crown or headband. Check out our 'Mermaid' board on Pinterest for ideas and inspiration.

# Food



- Bake your own clam shell biscuits and brush up on your icing skills by decorating them with intricate icing designs. Don't forget to put an edible pearl in between your shells!
- The Starbucks logo features a mermaid with two tails. Have a go at making your own Starbucks coffee or a drink of your choice. You could even take a trip to Starbucks to see how many mermaid themed pictures you can spot whilst you're there.
- Make a delicious batch of mermaid cupcakes. See our 'Mermaid' board on Pinterest for pictures and ideas.
- Mermaids enjoy salty seaweed or shellfish snacks. Why not have a go at using seaweed in a dish of your choice, or trying shellfish for the first time?
- Cook and enjoy your own delicious star-fish cakes.
- Make some mer-mazing macaroons and finish off with a sprinkle of edible glitter to make your clam shells shimmer. Share with a friend or at an 'under the sea' themed party.
- Don't fancy eating sea snails for dinner? Make some sea snail sausage rolls instead.
- Mix yourself a magical mermaid cocktail using a variety of fruit juices. Top with ice for a cool refreshing finish.

#### Did you know?

Scandinavian mermaid myths inspired Hans Christian Andersen to write The Little Mermaid; a Disney mermaid animation that premiered in 1989.

- Make your own chocolate shells. Melt some milk, white or dark chocolate slowly in the microwave, pour gently into a shell mould and then set in the fridge to cool. Once set, pop out your chocolate shells and use as decoration for cakes or enjoy on their own.
- Mix up a pot of mermaid popcorn using popcorn, chocolate pearls and marshmallows. Add any other sweet or salty treats for extra flavour. Try to make your popcorn as colourful as a mermaid's tail.
- Bake a batch of classic French Madeleines with a member of your family; butter cakes that look like perfect little shells.

# Games



- Mermaids enjoy singing tuneful melodies whilst brushing their hair in the sunshine. Play 'Guess That Tune' with a friend. Want to make the game harder? Try to sing the melody in the same tune but replace every word with 'ah'.
- English sailors used to tell tales of mermen challenging them to a rhyming contest when they came across them at sea. Have a go at your own rhyming contest; the first person who can't think of a rhyming word loses. Start your game off with a sea-related word such as 'tail' or 'fish'.
- Pin the tail on the mermaid!
- Help the mermaid swim to safety with our fin-tastic mermaid resource. Find this free resource on our website. Want an extra challenge? See how many pieces of treasure your mermaid can collect on her way back home.
- Just for fun, see what your mer-mazing Mermaid name would be with our Mermaid Name Generator. Check out this free resource on our website.
- Get your scales and tails ready for a classic treasure hunt. Find pieces of treasure hidden around your home. How many pieces of treasure can you collect? Make the game harder by giving yourself a time limit.
- Hide some buried treasure in sand or underwater and enjoy scavenging around to find the hidden gems.
- Flap the mermaid races; can you make your mermaid flutter along the sea floor faster than your partner?

#### Did you know?

Creators of the film 'The Little Mermaid' hid numerous Disney characters in a variety of scenes. Characters such as Mickey, Donald Duck and Goofy can be found lurking in crowds and on shelves throughout the film. Can you spot them?

- Race against each other in head-to-head mermaid tail sack races. Don't have any old potato sacks? Use a pillow case instead.
- Travel into deep waters with a game of Under the Sea limbo. Use a scarf, washing pole or any other long object to limbo under.
- Mermaid bingo; print out pictures of different mermaids and play a game of bingo with your friends, crossing off the mermaid with a "blue tail" or "long red hair".

# Others



- Christopher Columbus sighted mermaids in the Caribbean on his ocean adventures. Find out about his suspected sightings. Were they real or likely to be some kind of sea creature?
- Enjoy watching The Little Mermaid all wrapped up in a mermaid tail blanket. Don't forget some mouthwatering mermaid treats to nibble on throughout the film.
- Have a go at underwater swimming in your local swimming pool. Can you throw some 'treasure' into the pool and go deep sea diving to collect it off the bottom of the seabed?
- Discover and look into the different mermaid legends from around the world in places like Japan, Scotland, and Brazil.
- Take a trip to Norman Chapel in Durham Castle to see one of the earliest depictions of mermaids carved in to the pillars. How old do you think the carvings are and who carved them? Can you spot any other sea creatures hidden within the chapel walls?
- Go beach combing for treasure. Look for unbroken shells or smooth patterned pebbles and create a collection perfect for a mermaid.
- Visit an aquarium and discover some of the sea life there. Are there any fish with beautiful patterns that you would like on your tail if you were a mermaid?
- Discover and donate to the Mermaids charity in the UK; a charity that supports transgender, non-binary and gender-diverse children. Help them to educate and inform wider society of gender identity.
- Read Hans Christian Andersen's story of 'The Little Mermaid'.
- Visit Zennor Church in Cornwall to explore the Mermaid Chair; a medieval chair showing a carving of a mermaid said to be the Mermaid of Zennor.
- Discover the Greek mythological sea monsters Scylla and Charybdis, that are said to lurk in deep waters and prey on sailors who travelled too close to their rocks.
- Take a walk around Mermaid's Pool in the Peak District. The waters of the pool are said to have healing powers, and according to legend, the mermaid who lives there can be seen at midnight or sunrise on Easter Sunday.

## Adventure Complete?

Reward your young adventurers with their Mermaid Challenge badge to mark their achievements! Head to the website to bag yours, download certificates and discover even more adventures!



## Create a Keepsake!

Experienced adventure? Made memories? Then it's time to create a keepsake! Our Pawprint Family camp blankets are the perfect place to sew your badges and look back on them for years to come.



### Personalise it!

Got your camp blanket? Then it's time to make it yours! Our alphabet badges are **big, bright and bold...**the perfect addition to your camp blanket, hoodies, bags and more. What will you personalise first?



### **Even More Rewards!**

We're all about added value here at Pawprint Family. In addition to the 1000s of **free activity ideas** and resources you'll find **loyalty stickers** in every order and you can claim Children's University learning hours too!



Subscribe to the **Tribe News** for all the latest adventures direct to your inbox!

