

Maya Angelou Challenge



A writer with a career spanning more than 50 years!

Maya Angelou's most famous work is the autobiography of her life, *I Know Why The Caged Bird Sings*. Find out more and make change with Maya's challenge.

For even more programme ideas check out our 'Maya Angelou' board over on www.Pinterest.com/PawprintFamily

#AdventureForAll
www.PawprintFamily.com

Meet the FAMILY

Hi there! We're Charlotte & Jamie, the husband and wife team behind the Pawprint Family and we believe in #AdventureForAll.

It's our mission to help leaders, teachers and parents save time by providing ideas and opportunities to help them deliver everyday adventure and skills for life. We do this through our family of brands; find out more below and head to the website for your next adventure!



PAWPRINT BADGES

Pawprint Badges provides thousands of free activity ideas and resources to help leaders, teachers and parents deliver fun and adventure.

Every activity helps you share skills for life and is linked to one of our pawesome embroidered badges. Build your collection and celebrate adventures, new skills and knowledge gained.

PAWPRINT TRAILS

Pawprint Trails are treasure-hunt style walks around locations in the UK. Solve puzzles, track down the answers and explore everything our great country has to offer.

From historical sights to popular culture discover something new or rediscover a love for where you live then collect the badge to remember your adventures!

Whether you're looking for the perfect addition to your next family holiday or a few hours of fun with friends; each trail can be completed in a few hours or extended with our activity suggestions in to a weekend or a week's worth of fun!

PAWPRINT TALES

Pawprint Tales are fully illustrated stories that can be enjoyed by the whole family. Join Alfie (our fox-red Labrador) on his adventures around the UK – solving puzzles, turning detective and making new friends. With twists and turns, every tale is an opportunity to discover new places, people and history without needing to leave the comfort of your own home.

Enjoy Pawprint Tales alongside your Pawprint Trails or as a standalone adventure!

PAWPRINT TRUST

Every brand in the Pawprint Family supports the Pawprint Trust with a percentage of profits from every sale providing grants to young people. We're passionate about enabling young people to access life changing adventures.

Share your adventures and join us over on our social channels for even more adventures and a nosy behind the scenes at Pawprint HQ!



@pawprintfamily



@pawprint_family

PAWPRINT BADGES

Age 3 - 5



Age 5 - 7



Age 7 - 11



Age 11 - 14



Age 14 - 18



Age 18+



Craft



Food



Games



Other



Award yourselves a badge for supporting your young adventurers in their activities!

- 🐾 Adapt activities as necessary to meet your needs.
- 🐾 Add your own activity ideas or develop them into projects.
- 🐾 Use what you have; don't buy in lots of new materials/equipment.
- 🐾 No need to send us evidence, responsible grown-ups decide when the badge has been earned.
- 🐾 One challenge badge can take as long as you like; from a few hours to days or even a full term!

Please Do	You May Not
Use this resource with your young adventurers.	Redistribute or sell this resource in any way, shape or form.
Direct people to this resource online by sharing our website links.	Upload this resource to a website for download.
Tell your friends/family/colleagues about us!	Copy or modify any part of this resource to share with others either for free or for sale.
Share photos of you enjoying your adventures with us on social media.	Use any text, graphics, content or fonts without our written permission.

You can view the extended terms of use on our website
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Craft

**PAWPRINT
BADGES**



In 2000 Maya Angelou wrote a series of 2 line sentiments for Hallmark cards, make your own greetings card.



Maya Angelou is credited with many inspirational quotes. Choose your favourite and create a painting, canvas or picture using materials of your choice to hang on your wall as daily inspiration.



Weave your own Kente Cloth from Ghana.

Why?

In 1962 Maya Angelou moved with her son to Ghana. Originally reserved for royalty today Kente cloth is worn by all. The colours used have special meanings, take a look at our Pinterest board for more information.



Angelou was born in St. Louis, Missouri, home to The Gateway Arch; the tallest arch in the world. Build your own arch using materials of your choice.



Missouri means 'wooden canoe people', make a canoe from cardboard and see if you can waterproof it enough to float.



Design your own medal. Maya Angelou was awarded 3 Grammy awards and the presidential medal of freedom.



Make puppets to star in your own play or opera.

Why?

In the 1950s Maya Angelou starred in the opera Porgy and Bess which toured Italy, France, Egypt, Israel, Greece and the former Yugoslavia.



Discover and have a go at making a piece of Native American beaded jewellery like that worn by the original tribes of Missouri.



Make your own beads from magazines and newspaper.



Decorate bottle tops for your game of Chapas (see Games section), a traditional Spanish game. Did you know that Maya Angelou spoke 6 languages including Spanish!



Make a cup and ball game, known as Boliche in Spain and Bileoquet in France.



In 1961 Maya Angelou moved to Egypt where she worked for a small radical newspaper. Learn how to write in Egyptian hieroglyphs or make parchment.



Food

**PAWPRINT
BADGES**



Maya Angelou wrote 2 cook books, *Hallelujah the Welcome Table* and *Great Food All Day Long*. Find a recipe from one of them and have a go at making it.



Maya Angelou once said, "You may be given a load of sour lemons, so why not try to make a dozen lemon meringue pies?" Bake your own lemon meringue pie.



Angelou spoke 6 different languages; English/American, French, Spanish, Hebrew, Italian and Fante (spoken in Ghana). Make French toast.



Make Spanish omelette.



Cook potato Latkes and Rugelach, traditional Hanukkah recipes from Israel.



Mix up your favourite pasta recipe and have an Italian night.



Find out what Jollof is, popular in Ghana, and try making some.



Grill or BBQ some pork steaks famous in St. Louis, birthplace of Angelou.



Try baking your own Gooley Butter Cake.

What?

Legend has it that a baker accidentally doubled the butter in a cake recipe. It may have been an accident but the gooey result is a classic dessert of St. Louis. There is even a restaurant that is names Gooley Louie serving it!



Missouri is known for its nuts. Try making a traditional, American pecan pie.



Make your own Walnut Whirls, Missouri is famous for its walnuts.



Bake your own corn bread.



Discover the difference between an Italian and a St. Louis-style pizza then have a go at making your own.



Taste test foods from any of the countries Maya Angelou lived in or from the countries whose language she spoke.



Make your own Gerber Sandwich, an open-faced sandwich that combines garlic bread, cheese, ham and paprika garnish. A favourite in St. Louis.



Discover other foods famous in St. Louis or Missouri.



Games

**PAWPRINT
BADGES**

- 💡 Maya Angelou didn't speak for 5 years as a result of abuse. Try communicating without speaking with a game of charades.
- 💡 How long can you stop talking for? Hold a sponsored silence.
- 💡 Play a game of baseball, the national sport of the USA.
- 💡 Have a game of escargot, like hopscotch but in a spiral like the shell of a snail.

How?





Use a chalk to draw a circle on the ground big enough to stand in, label this HOME. From the circle draw a large spiral and divide in to squares, like hopscotch. From the last square, number them from 1 as they go in to the middle, there should be at least 10 squares. Player 1 must hop on one leg in to the centre and out again without switching feet or changing foot, if they do they lose a turn. If successful they then add their initials to a number of their choice. Player 2 now does the same but cannot step in a square that has initials in it. A player may rest on 2 feet in any square with their own initials. The game is over when the players can no longer make their way through the escargot.

- 💡 Use your cup and ball game made as your Craft.
- 💡 Play a game of Chapas, a traditional Spanish game where decorated bottle tops are flicked along a course drawn in chalk on the ground. If your top hits a line you miss a turn, if your top hits another players you must start over.
- 💡 Find out how to play and have a game of 3 sticks, a traditional Israeli game.
- 💡 Have a game of Pilolo, a Ghanaian game. A set of sticks are hidden, 1 shorter than the rest. The players then find the sticks and the player finding the shortest stick is out of the game.
- 💡 The Gateway Arch in St. Louis is the tallest arch in the world. Have a game of high jump and see how high you can get. Alternatively see how low you can get with a game of limbo.
- 💡 Match the words to their language. Create yourself a set of pairs cards with different words from different languages and then see if you can correctly pair them up with their country. Alternatively with a group give each player a card then get them to find their pair.
- 💡 Play a game of bingo to help you learn numbers in another language. Can you play in multiple languages?













Other

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-  Maya Angelou danced in shows, learn a dance to a song of your choice.
-  Listen to Ragtime music which has its origins in Missouri.
-  Find out about Angelou's civil rights work and do some of your own.
-  Read a poem by Maya Angelou.

Why?

On the Pulse of Morning was written by Maya Angelou. She read it at the first inauguration of President Bill Clinton on 20th January 1993. She became the second poet ever and the first African American and woman to read a poem at a presidential inauguration.

-  Write your own poem or story.
-  Watch *Meet Me in St. Louis*, 1944 film.
-  During Angelou's time in Cairo she worked as an editor for the Arab Observer. Create your own newspaper, write a newsletter or a newspaper article on a subject of your choice.
-  Maya Angelou was sexually assaulted in her youth resulting in her silence for 5 years. Learn about different kinds of abuse, do something to raise awareness of abuse or do something to help those who are suffering abuse.
-  Angelou was truly multi-talented. Put on your own talent show or think about all the different talents and qualities you have.
-  Attend an opera or west end show. Maya Angelou appeared in *Porgy & Bess*, the Everyman Opera Production directed by Robert Breen which toured in the 1950s.
-  Read *I Know Why the Caged Bird Sings* by Maya Angelou.
-  Discover more about the life and work of Maya Angelou in the *Little People, Big Dreams: Maya Angelou* book by Lisbeth Kaiser.
-  Throughout her childhood Maya Angelou kept a journal. Start your own journal to write down your daily activities, thoughts and feelings.
-  In the 1950s Maya Angelou was part of the Harlem Writers Guild in New York City who supported the publication of black authors. Find other black authors and read some of their works.

Adventure Complete?

Reward your young adventurers with their Maya Angelou Challenge badge to **mark their achievements!** Head to the website to bag yours, download certificates and discover even more adventures!



Create a Keepsake!

Experienced **adventure**? Made **memories**? Then it's time to create a **keepsake**! Our Pawprint Family camp blankets are the perfect place to **sew your badges** and look back on them for years to come.



Personalise it!

Got your camp blanket? Then it's time to make it yours! Our alphabet badges are **big, bright and bold**...the perfect addition to your camp blanket, hoodies, bags and more. What will you personalise first?



Even More Rewards!

We're all about added value here at Pawprint Family. In addition to the 1000s of **free activity ideas** and resources you'll find **loyalty stickers** in every order and you can claim Children's University learning hours too!



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