

**PAWPRINT  
BADGES**

# Labradorable Challenge



**Alfie the Pawprint Family Fox Red Labrador is 1 year old!**  
Alfie is celebrating his 1st birthday. In honour of this he's bringing you the Labradorable Challenge full of fun facts and activities all about dogs.

For even more programme ideas check out our 'Labradorable' board over on [www.Pinterest.com/PawprintFamily](https://www.Pinterest.com/PawprintFamily)

**#AdventureForAll**  
[www.PawprintFamily.com](http://www.PawprintFamily.com)

# Meet the FAMILY

Hi there! We're Charlotte & Jamie, the husband and wife team behind the Pawprint Family and we believe in #AdventureForAll.

It's our mission to help leaders, teachers and parents save time by providing ideas and opportunities to help them deliver everyday adventure and skills for life. We do this through our family of brands; find out more below and head to the website for your next adventure!



## PAWPRINT BADGES

Pawprint Badges provides thousands of free activity ideas and resources to help leaders, teachers and parents deliver fun and adventure.

Every activity helps you share skills for life and is linked to one of our pawesome embroidered badges. Build your collection and celebrate adventures, new skills and knowledge gained.

## PAWPRINT TRAILS

Pawprint Trails are treasure-hunt style walks around locations in the UK. Solve puzzles, track down the answers and explore everything our great country has to offer.

From historical sights to popular culture discover something new or rediscover a love for where you live then collect the badge to remember your adventures!

Whether you're looking for the perfect addition to your next family holiday or a few hours of fun with friends; each trail can be completed in a few hours or extended with our activity suggestions in to a weekend or a week's worth of fun!

## PAWPRINT TALES

Pawprint Tales are fully illustrated stories that can be enjoyed by the whole family. Join Alfie (our fox-red Labrador) on his adventures around the UK - solving puzzles, turning detective and making new friends. With twists and turns, every tale is an opportunity to discover new places, people and history without needing to leave the comfort of your own home.

Enjoy Pawprint Tales alongside your Pawprint Trails or as a standalone adventure!

## PAWPRINT TRUST

Every brand in the Pawprint Family supports the Pawprint Trust with a percentage of profits from every sale providing grants to young people. We're passionate about enabling young people to access life changing adventures.

Share your adventures and join us over on our social channels for even more adventures and a nosy behind the scenes at Pawprint HQ!



@pawprintfamily



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# HOW TO: Use Your Challenge Pack



This Challenge Pack has been divided into 4 sections: Craft, Food, Games and Other. In order to help you provide a balanced and varied programme for your young adventurers we recommend that the following number of activities are completed by each age group:

<b>Age 3 - 5</b>							<b>Craft</b>	<b>Food</b>	<b>Games</b>	<b>Other</b>	<b>PICK</b>
<b>Age 5 - 7</b>											
<b>Age 7 - 11</b>		+									
<b>Age 11 - 14</b>		+									
<b>Age 14 - 18</b>		+									
<b>Age 18+</b>		+									

**Leaders, Teachers & Parents**  
Award yourselves a badge for supporting your young adventurers in their activities!

## TOP TIPS

- Adapt activities as necessary to meet your needs.
- Add your own activity ideas or develop them into projects.
- Use what you have; don't buy in lots of new materials/equipment.
- No need to send us evidence, responsible grown-ups decide when the badge has been earned.
- One challenge badge can take as long as you like; from a few hours to days or even a full term!

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# Craft

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-  Make a dog toy for your furry friend.
-  Studies have shown that dogs align themselves with the Earth's magnetic field before having a poo, preferring to face North or South. Make a compass using a magnet.
-  Create some fingerprint/nose print art.

Why?

A dog's nose print is as unique to them as fingerprints are to humans!

-  Stitch a bow tie for your dog's collar.
-  Make a sensory jar.

Why?

Dogs are often used as therapy for people in hospitals, nursing homes, schools, libraries, hospices and/or disaster areas along with being assistance pets for those with anxiety, autism and sensory needs.

-  Dogs are not colourblind (as previously thought) they see in black and white with blue and yellow tones too. Have a go at colour mixing.
-  Create your own communication device. Dogs were used in WW1 to lay phone lines in the trenches. Why not make a cup and string phone?
-  Make your own decorations for a birthday party and celebrate your furry friend or another family member's birthday!
-  Dogs are commonly used as mascots for sports teams and also regiments in the armed forces. Design your own canine mascot.
-  The oldest breed of dog is the Saluki which comes from Egypt as early as 329BC. Try writing in Egyptian hieroglyphs.
-  Knot a dog collar using macrame and/or para-cord. Use a cloth measuring tape to check the size and add 1-2 inches (3-5cm) to the length to make sure it's not too tight!
-  Design an outfit for a canine friend.
-  Complete another canine themed craft of your choice and share it with us on our social media.



# Food

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-  Decorate mini chocolate rolls or add ears and legs to chocolate bars to make them look like little Dachshunds.
-  Identify different foods while blindfolded. Make it more challenging and see if you can identify different flavours of dog food by their smell.

## Why?

Dogs sense of smell is 10,000 times stronger than that of humans!

-  Create your own dog friendly treats or food. Not got a pet? We're sure the local kennels or dog shelter would be grateful of some homemade treats!
-  Puppies have 28 teeth and adults 42. Find out about the different 'jobs' that teeth are designed for and how to look after yours and your pets teeth.
-  Design a meal plan for the week keeping a good balance of nutrients. Dogs are omnivores so eat meat, grain and vegetables.
-  Dogs can be trained to sense allergies and allergic reactions. Find out about different food allergies and make a recipe suitable for someone with an allergy of your choice.
-  Make/decorate a birthday cake to help Alfie celebrate his birthday. You could make a cake suitable for humans or dogs.
-  The Lagotto Romagnolo is a breed of dog from Italy that is often used to sniff out truffle. Find out what truffle is and if you can try some.
-  Make and top your own hot dogs.
-  Bake some bread rolls shaped like dog bones...why not use them as hot dog buns?
-  Collect dog food and donate it to your local animal rescue centre or dogs home.
-  Obesity is the top health problem for dogs. Find out which human foods are safe for dogs to eat and make a meal that would be suitable for sharing with your canine friend.
-  Dog food manufacture has come under the spotlight in recent years. Find out how dog food is made and how we can check that the food we buy is good for our pets.



# Games

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-  Dogs are highly sociable. Play some team games with friends or family either in real life or virtually.
-  Puppies love to play hide and seek; play a game yourself.
-  Play a game of sleeping puppies (sleeping lions to you and me)!

## Why?

Puppies can sleep for 18-20 hours a day when they're little and growing... we know! It sounds amazing doesn't it?!

-  Perky eared breeds hear better than those with floppy ears. Test your listening skills with a game of queen's keys or Chinese whispers.
-  Play a game of higher/lower guessing the weight of different dog breeds.

## Did You Know?

The heaviest breed is a Mastiff which can weigh up to 200lbs (90.7kgs) and the lightest dog on record is a Chihuahua weighing in at 1.4lbs (0.6kgs)!

-  Assistance dogs are bred and trained to help people with certain disabilities. One of these is visual impairment/blindness. Have a go at completing an obstacle course or daily tasks blindfolded and then try again with assistance from someone else describing.
-  Decorate a flying disk or have a go at a game of Frisbee®.

## Why?

Disc Dog is a recognised dog sport. In competitions, dogs and their human flying disc throwers compete in events such as distance and freestyle catching.

-  Pin the tail on the puppy (a photo/drawing, not the real thing!) How close can you get?
-  Have a go at a picture quiz of famous dogs both real and fictional, how many can you guess correctly?
-  Sled dogs are used to pull sleds in colder climates. Build your own sled and have a race.
-  Greyhounds can run up to 44mph, host your own sprint races and see how fast you can run.



# Other

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-  Find out where different breed names come from and find them on a map. i.e. Where is Labrador located?
-  Take a colour blindness test. Dogs are only red/green colourblind and not completely colourblind as originally thought.
-  Did you know that you can get different coloured puppies in the same litter, even from the same coloured parents. This is similar to eye and hair colour in humans; find out how and why this happens and investigate dominant and recessive genes.
-  Learn about dog body language and how to recognise when your furry friends are happy, scared, excited and tired.
-  Stroking dogs releases oxytocin, a “feel good” hormone. Do something which makes you feel happy.
-  Have a Guide Dog or other assistance dog visit your group and find out more about how assistance dogs can help people with different disabilities and autism. Why not count this towards your SENSES badges too?
-  Find out about the different jobs dogs can do and share your findings in an interesting way.
-  Newfoundland dogs are trained for water rescue; learn some lifeguarding/ lifesaving skills for when you're at the swimming pool or near open water.
-  Watch a dog themed film... there must be 101 to choose from! Pun intended.
-  Visit your local dogs home or shelter, find out about their work and how you can help them.
-  Sniffer dogs are used in airports and at borders to sniff out illegal substances, money and firearms. Learn about different illegal substances and the dangers they pose.
-  Have a Pets as Therapy dog visit you and find out more about their work. Visit them online at: [www.petsastherapy.org](http://www.petsastherapy.org)
-  Find out about some famous or hero dogs.
-  Discover the role of puppy foster families who look after assistance puppies whilst they are learning and training. Could you be a foster family?

## Adventure Complete?

Reward your young adventurers with their Labradorable Challenge badge to mark their achievements! Head to the website to bag yours, download certificates and discover even more adventures!



## Create a Keepsake!

Experienced adventure? Made memories? Then it's time to create a keepsake! Our Pawprint Family camp blankets are the perfect place to sew your badges and look back on them for years to come.



## Personalise it!

Got your camp blanket? Then it's time to make it yours! Our alphabet badges are big, bright and bold...the perfect addition to your camp blanket, hoodies, bags and more. What will you personalise first?



## Even More Rewards!

We're all about added value here at Pawprint Family. In addition to the 1000s of free activity ideas and resources you'll find loyalty stickers in every order and you can claim Children's University learning hours too!



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