

As part of my Kindness Challenge badge from Pawprint Family I am spreading kindness in our community and encouraging you to do the same.

Please take a kindness note for yourself and another for a friend and remember;

"In a world where you can be anything, be kind."

Thank you and have a great day! From											
Pawprint Family 2022.											
Keep being awesome.	Be kind to yourself, you deserve it.	Thank you for being so inspiring.	You've got this, I believe in you.	You are incredible, have a great day.	You are braver than you believe and you deserve to be happy.	In case no one told you today, you're doing amazing and I'm proud of you!	9ou deserve a life as amazing as you are.	Don't give up! I believe in you.	you are made of magic! Believe it.	Life is tough but so are you. Go for it!	You are every nice word I can think of!



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