

# Italy Challenge



**Grab your passport and jet set to Italy!**

Explore Italian culture, traditions, taste the food and maybe pick up a phrase or two as you adventure your way across the globe.

For even more programme ideas check out our 'Italy' board over on  
[www.Pinterest.com/PawprintFamily](https://www.Pinterest.com/PawprintFamily)

**#AdventureForAll**  
[www.PawprintFamily.com](https://www.PawprintFamily.com)

# Meet the FAMILY

Hi there! We're Charlotte & Jamie, the husband and wife team behind the Pawprint Family and we believe in #AdventureForAll.

It's our mission to help leaders, teachers and parents save time by providing ideas and opportunities to help them deliver everyday adventure and skills for life. We do this through our family of brands; find out more below and head to the website for your next adventure!



## PAWPRINT BADGES

Pawprint Badges provides thousands of free activity ideas and resources to help leaders, teachers and parents deliver fun and adventure.

Every activity helps you share skills for life and is linked to one of our pawesome embroidered badges. Build your collection and celebrate adventures, new skills and knowledge gained.

## PAWPRINT TRAILS

Pawprint Trails are treasure-hunt style walks around locations in the UK. Solve puzzles, track down the answers and explore everything our great country has to offer.

From historical sights to popular culture discover something new or rediscover a love for where you live then collect the badge to remember your adventures!

Whether you're looking for the perfect addition to your next family holiday or a few hours of fun with friends; each trail can be completed in a few hours or extended with our activity suggestions in to a weekend or a week's worth of fun!

## PAWPRINT TALES

Pawprint Tales are fully illustrated stories that can be enjoyed by the whole family. Join Alfie (our fox-red Labrador) on his adventures around the UK – solving puzzles, turning detective and making new friends. With twists and turns, every tale is an opportunity to discover new places, people and history without needing to leave the comfort of your own home.

Enjoy Pawprint Tales alongside your Pawprint Trails or as a standalone adventure!

## PAWPRINT TRUST

Every brand in the Pawprint Family supports the Pawprint Trust with a percentage of profits from every sale providing grants to young people. We're passionate about enabling young people to access life changing adventures.

Share your adventures and join us over on our social channels for even more adventures and a nosy behind the scenes at Pawprint HQ!



@pawprintfamily



@pawprint\_family

# PAWPRINT BADGES

## Age 3 - 5



## Age 5 - 7



## Age 7 - 11



## Age 11 - 14



## Age 14 - 18



## Age 18+



## Craft



## Food



## Games



## Other



**Award yourselves a badge for supporting your young adventurers in their activities!**

- Adapt activities as necessary to meet your needs.
- Add your own activity ideas or develop them into projects.
- Use what you have; don't buy in lots of new materials/equipment.
- No need to send us evidence, responsible grown-ups decide when the badge has been earned.
- One challenge badge can take as long as you like; from a few hours to days or even a full term!

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Use this resource with your young adventurers.	Redistribute or sell this resource in any way, shape or form.
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Share photos of you enjoying your adventures with us on social media.	Use any text, graphics, content or fonts without our written permission.

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# Craft

**PAWPRINT  
BADGES**

- 📍 Use red, white and green materials for a craft of your choice.
- 📍 Paint a picture in the style of Italian artist Leonardo da Vinci.
- 📍 Draw a picture of a gondola.

## Why?

Gondolas have been used in Italy, in particular Venice since the 11th century and are used to travel around the city's canals.

- 📍 Craft a pizza with all your favourite toppings using coloured sugar paper.
- 📍 Did you know that Italy is shaped like a boot on a map? Assemble the map of Italy using dried pasta. Why not add this to your food challenge?
- 📍 Make a plate of spaghetti using brown string and pom poms.
- 📍 Build an Italian landmark using junk model materials such as the Leaning Tower of Pisa, The Colosseum or Milan Cathedral.
- 📍 The Carnival of Venice is an annual festival held in Italy. It is famous for it's brightly coloured costumes and masks. Make your own mask, fit for a carnival.
- 📍 Create the Italian flag by hand painting. Paint a third of your hand red, a third white and a third green before printing on card or coloured paper.
- 📍 Design a Ferragosto party invitation to send to your family, friends or group.

## What?

Ferragosto is a holiday celebrated on 15th of August in Italy. It originates all the way back to 18 BCE, when the emperor Augustus introduced Feriae Augusti (meaning "Augustus' rest" in Latin). He declared that there should be a rest period to recover from the long harvest season. On this day, shops and businesses are usually closed and the people of Italy spend time with their friends and family, having BBQs, bonfires, attending parties, going for walks or relaxing at the beach.

- 📍 Italy is home to one of the most admired art museums in the world, the Uffizi Gallery. It's famous artworks include Botticelli's 'The Birth of Venus' and Michelangelo's 'Doni Tondo'. Design your own artistic masterpiece. Who know, it might even end up in the Uffizi Gallery one day!
- 📍 Research some Italian embroidery styles and have a go at some yourself.





# Food

**PAWPRINT  
BADGES**

- 📍 Prepare an Italian themed buffet for your family, friends or group. For an additional challenge you could try only using red, white and green foods.
- 📍 Try making a gondola using fresh fruit.
- 📍 Whip up a recipe that uses polenta such as orange or lemon polenta cake.

## Why?

Polenta has been an essential ingredient in working class families in Italy for many years.

- 📍 Visit an Italian restaurant.
- 📍 Tiramisu is a popular Italian dessert that originated in the late 1960s. It is made using eggs, sugar, mascarpone, coffee, ladyfingers and alcohol. Make a child friendly version of tiramisu using the recipe on our 'Italy Pinterest board.

## Did you know?

In 2019, Milan set a record by making the longest tiramisu in the world. It measured 273.5 metres and was made by 30 pastry chefs using over 50,000 ladyfingers!

- 📍 Build the Rialto Bridge using bread sticks.
- 📍 Caprese salad is said to have originated in Campania. Have a go at making this delicious and refreshing dish using fresh basil, tomato and mozzarella. As an extension you could arrange your salad to look like the Italian flag.
- 📍 Make your own pizza.

## How?

Make some dough by adding 300g of strong bread flour, 1sp of instant yeast and 1 tsp of salt to a bowl. Create a well, pour in 200ml of warm water and 1bsp of olive oil, bring together using a wooden spoon until you have a soft, fairly wet dough. Place onto a lightly floured surface and knead for 5 minutes until smooth before covering with a tea towel and setting aside. You are then ready to prepare the tomato sauce (you could buy this ready made from a shop or make your own by mixing 100ml of passata, a handful of basil and 1 garlic clove). Once you have all of your ingredients drizzle with oil and bake your pizza (240c/220c fan/gas 8) in the oven for 8-10 minutes until crisp.

- 📍 Pasta is one of the most popular foods in Italy and is a firm favourite for many people all over the world. Try preparing some pasta dishes that you have never tried before such as Fettuccine Alfredo or Spaghetti allo Scoglio.



# Games

**PAWPRINT  
BADGES**

- 📍 Palla is a traditional street game played in villages of Italy. Find out more about this game and have a go at playing it with your family, friends or group.
- 📍 The most popular sport in Italy is football, or calcio as Italians call it! Italy has won the world cup four times (1934, 1938, 1982 and 2006). Play a game of football.
- 📍 Play a game of 'Roll A Pizza' using the free resource on our website.
- 📍 Hitball is a sport which was invented in Italy by Luigi Gigante, a PE teacher in 1986. The game is similar to football with players taking it in turns to hit a ball into the other team's goal post but instead of their feet, they use their hands or upper arms. Get two teams together and take part in a game of hitball.
- 📍 Find out what 'Lupo Mangia Frutta' means and have a go at your own version of this classic Italian children's game.
- 📍 Host your very own Olympic games.

## Why?

Italy have won a total of 259 gold medals, making them the 5th most successful country in Olympic history. They have hosted the games on three occasions (1956, 1960 and 2006) and are planning to host again in Cortina d'Ampezzo in 2026.

- 📍 Have a game of 'Pick-up Sticks' using bread sticks.
- 📍 Print or draw some pictures of Italian landmarks and use them to create your own Snap or Bingo cards.
- 📍 Have a go at playing 'Noughts and Crosses' with dried pasta.

## How?

Use 4 pieces of spaghetti or similar pasta to create your playing board. Choose two other different types of pasta to be each person's playing pieces. For example you could use penne and farfelle or fusilli and rigatoni. Take turns to place your pieces on the board, one at a time. The first person to get three in a row wins! You could even cook the pasta up after playing as part of your food challenge.

- 📍 David is a famous Italian Renaissance sculpture created by Michelangelo between 1501 and 1504 and is up there with one of the most well known statues of all time. Play a game of musical statues.



# Other

**PAWPRINT  
BADGES**

- 📍 Watch some past Olympic videos of fencing, in particular Valentina Vezzali and Edoardo Mangiarotti who each won 6 gold medals for Italy.
- 📍 Italy is one of the most popular tourist destinations in the world with around 50 million tourists each year. Read a travel guide and make your own itinerary for a future visit.
- 📍 Learn some words in Italian.
- 📍 Take a trip to a library or get online to complete your own research on Italy. What other fun facts can you find?
- 📍 Opera is a form of music that tells a story and can be traced back to Italy at the start of the 17th century. Listen to some opera music or attend an opera event to hear some live.
- 📍 Have your own Colosseum battle with family, friends or members of your group. Use pool noodles as weapons to protect yourselves.
- 📍 Sing along to some popular Italian nursery rhymes such as 'Stella Stellina' or 'Batti Batti le Manine'.
- 📍 Create your dream Italian menu. Have you included some rice based classics such as risotto and arancini or followed your sweet tooth with panna cotta and cannoli?
- 📍 Visit a local ice cream shop that sells gelato and give it a try. As an additional challenge you could find out the difference between ice cream and gelato. Which do you prefer?
- 📍 Host your own carnival themed party inspired by The Carnival of Venice or Carnevale.
- 📍 Watch the 2021 animated film 'Luca' (rated U). This film is set on the stunning Italian Riviera and includes a lot of references to Italian culture.
- 📍 The Trevi Fountain in Rome is famous for it's coin throwing tradition where visitors stand with their back to the fountain and toss a coin over their shoulder. Practice this tradition yourself by using a bath or small paddling pool.
- 📍 Ferrari is an Italian luxury sports car manufacturer. Read up on how fast these cars can go and watch some videos of them on the road.

## Adventure Complete?

Reward your young adventurers with their Italy Challenge badge to mark **their achievements!**  
Head to the website to bag yours, download certificates and discover even more adventures!



## Create a Keepsake!

Experienced **adventure?** Made **memories?** Then it's time to create a **keepsake!** Our Pawprint Family camp blankets are the perfect place to sew **your badges** and look back on them for years to come.



## Personalise it!

Got your camp blanket? Then it's time to make it yours! Our alphabet badges are **big, bright and bold...**the perfect addition to your camp blanket, hoodies, bags and more. What will you personalise first?



## Even More Rewards!

We're all about added value here at Pawprint Family. In addition to the 1000s of **free activity ideas** and resources you'll find **loyalty stickers** in every order and you can claim Children's University learning hours too!



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