

Ice Lolly Challenge



Ready to chill out with some frozen fun?

Invented completely by accident, ice lollies are a firm favourite for many, especially on a hot summer's day.

For even more programme ideas check out our 'Ice Lolly' board over on www.Pinterest.com/PawprintFamily

#AdventureForAll
www.PawprintFamily.com

Meet the FAMILY

Hi there! We're Charlotte & Jamie, the husband and wife team behind the Pawprint Family and we believe in #AdventureForAll.

It's our mission to help leaders, teachers and parents save time by providing ideas and opportunities to help them deliver everyday adventure and skills for life. We do this through our family of brands; find out more below and head to the website for your next adventure!



PAWPRINT BADGES

Pawprint Badges provides thousands of free activity ideas and resources to help leaders, teachers and parents deliver fun and adventure.

Every activity helps you share skills for life and is linked to one of our pawesome embroidered badges. Build your collection and celebrate adventures, new skills and knowledge gained.

PAWPRINT TRAILS

Pawprint Trails are treasure-hunt style walks around locations in the UK. Solve puzzles, track down the answers and explore everything our great country has to offer.

From historical sights to popular culture discover something new or rediscover a love for where you live then collect the badge to remember your adventures!

Whether you're looking for the perfect addition to your next family holiday or a few hours of fun with friends; each trail can be completed in a few hours or extended with our activity suggestions in to a weekend or a week's worth of fun!

PAWPRINT TALES

Pawprint Tales are fully illustrated stories that can be enjoyed by the whole family. Join Alfie (our fox-red Labrador) on his adventures around the UK – solving puzzles, turning detective and making new friends. With twists and turns, every tale is an opportunity to discover new places, people and history without needing to leave the comfort of your own home.

Enjoy Pawprint Tales alongside your Pawprint Trails or as a standalone adventure!

PAWPRINT TRUST

Every brand in the Pawprint Family supports the Pawprint Trust with a percentage of profits from every sale providing grants to young people. We're passionate about enabling young people to access life changing adventures.

Share your adventures and join us over on our social channels for even more adventures and a nosy behind the scenes at Pawprint HQ!



@pawprintfamily



@pawprint_family

PAWPRINT BADGES

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www.pawprintfamily.com/terms-conditions



Craft

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- Try ice painting by mixing food colouring into water, pouring it into ice cube trays, and popping in some sticks. Once frozen, you can enjoy using the ice paints as they glide across your paper.
- Build your own boat using ice lolly sticks - just glue them together to make the base and sides, then decorate with a fabric sail. Once it's dry, launch it in water and watch it float. Why not challenge a friend to a boat race and add it to your Games challenge?
- Shape your favourite ice lolly using salt dough.

Did you know?

The Twister ice lolly made its way to the top in a 2023 poll, being crowned Britain's favourite. First launched by Wall's in 1982, this swirly treat has been a household favourite for over 40 years - and is still going strong!

- Stick ice lolly sticks onto dish sponges for an easy but effective ice lolly craft. Fun for children of all ages!
- Invent your own ice lolly and design the branding to go with it. Get creative with the shape, flavours and toppings.
- Make some ice lolly bunting - perfect for a summer party!

How?

Cut up colourful pool noodles into ice lolly shapes and glue ice lolly sticks inside of them. String them together and hang them around the garden, on fences, walls or along tables for an effective party decoration.

- Design some ice lolly shaped invites to invite your friends, family or members of your group to a ice lolly/summer themed party.
- Put together a slushy sensory bin by filling a container with crushed ice and food colouring. Grab some spoons and cups to scoop, mix and explore!
- In 2011, Wall's in Thailand achieved the Guinness World Record for the largest ice lolly stick sculpture which was the map of Thailand and consisted of 840,000 sticks! What is the largest sculpture you can make using ice lolly sticks? Perhaps you could put together the map of where you live.
- Make some slime and put it into ice lolly moulds. Let it rest, then pop it out and you now have a stretchy ice lolly to play with!



Food

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- Blend your favourite fruits to make a delicious and healthy smoothie ice lolly. Why not get creative with different flavours that you might have not tried together before?
- Take part in a blindfolded ice lolly taste test to see if you can guess the flavours correctly.
- Make and enjoy some ice lollies.

Did you know?

The ice lolly was invented by accident in 1905 by Frank Epperson. At the age of 11, Frank had mixed a sweetened powder with water and a stick handle and left it outside overnight. The morning after, he noticed that it had frozen solid, and the rest was history!

- Fix up your own flavoured ice slush using crushed ice and flavoured syrup.
- Reuse recycled materials like empty yogurt pots and moulds for your ice lollies instead of throwing them away.
- Try adding yogurt or ice cream to an ice lolly recipe for a creamy treat.
- Put together your own ice lolly recipe book. You could write your own or pull together recipes you have printed or taken out of magazines. Don't forget to check out our 'Ice Lolly' Pinterest board for even more tasty ideas.
- Have a go at making rainbow ice lollies.

How?

First, make the red layer! Blend $\frac{1}{2}$ a banana and 180g of strawberries until the mixture is nice and smooth. Pour it into the ice lolly moulds so it fills about one-third of the way. Rinse your blender, then make the yellow layer by blending the other $\frac{1}{2}$ banana with 150g of mango. Gently spoon this on top of the red layer - try not to mix them! Now for the purple layer, blend 150g of blueberries until smooth and carefully add it on top of the yellow layer. Pop your moulds into the freezer for at least 8 hours or overnight.

- For an extra sweet treat, fill ice lolly moulds about three-quarters full of lemonade, then add your favourite gummy sweets. Pop the moulds into the freezer, then enjoy!
- Shape rice crispy treats into ice lolly shapes and decorate with melted chocolate, icing, sprinkles or anything else you fancy. Add ice lolly sticks to the bottom of each rice crispy treat to make them look even more realistic.



Games

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- Hold an ice lolly eating competition. How many ice lollies can you eat in one minute? The world record is currently held by Kevin Strahle from New Jersey in the USA who, in 2017, ate 6 ice lollies in 1 minute.
- Make your own ice lolly themed quiz to play with friends or family. Try using close-up photos of different ice lollies and see how many everybody can guess correctly.
- Figure out which parts of the ice lollies match up as you take on the free ice lolly puzzle resource on our website.
- Play 'Fruit Salad' but swap the fruits for: Twister, Fab, Rocket and Fruit Pastille and for 'Fruit Salad' shout 'Ice Lollies'. Alternatively play the game and replace with your favourite kind of ice lollies.

How?

All players sit in a circle and are named different ice lollies. When a leader calls out two ice lollies, those two people have to swap places as fast as they can. After a while, the leader will shout 'Ice Lollies!', meaning all ice lollies have to switch places.

- Guess the items trapped in the ice. Leaders: freeze a variety of items into large blocks of ice and players must guess the items. Make sure your items won't get damaged by water!
- Play the classic game 'Pick up Sticks' but with ice lolly sticks.
- Freeze the day with your own ice-melting experiment/race. Who can melt their ice cube the quickest? Will you do it by holding it in your hands? By adding ingredients to it? Discover different methods of melting.
- Dance to music and freeze like an ice lolly when the music stops. The last person to freeze is out and the game continues until there is only one person left - they're the winner!
- Challenge a friend to see who can build the tallest tower out of ice lolly sticks without it falling down.
- Take part in a game of ice hockey or have a go at ice skating.
- Ice lollies are best enjoyed on a hot, summer's day. Enjoy some classic garden games such as boules, hoopla, or a giant version of four in a row.
- Have a go at the traditional summer fair game, Pick a Lolly.



Other

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- Find out more about the processes of freezing and melting.
- Complete your own ice lolly research. What fun facts can you find?
- Host an ice lolly themed party. You could decorate the space with the ice lolly bunting you made during your craft challenge.
- Act out what happens if you leave an ice lolly out in the sun.
- Make up a song about ice lollies.
- Visit a pick-your-own fruit farm, then turn the fruit into ice lollies.

Here's an idea!

Why not try planting your own fruits and learning how to care for your plants? You could use your fresh fruit in an future ice lolly recipe.

- Ice lollies are often sold in ice cream vans. See if you can take a ride in or have a visit from your local ice cream van.
- Create your own ice lolly ranking list, from your favourite to your least favourite. You could rank by type (Twister, Fab, Fruit Pastilles etc) or by flavour (strawberry, orange, pineapple etc). Then, compare your list with friends and family to see who's tastes match up.
- Take a trip to your local supermarket and find out how many different ice lollies they sell. Why not buy a pack that you've never had before and give them a try? Who knows, you might discover a new favourite!
- Sing along to *Cocomelon's* 'Rainbow Popsicles' song on YouTube. Why not try making the colourful ice lollies in the video?
- In 2003, Poul Lykke Jepsen of Denmark set the world record for the largest collection of ice lolly sticks. At the time, he had collected 449 different ice lolly sticks since 1988. Start your own collection of ice lolly sticks and see how many different ones you can find.
- Conduct an experiment to see how temperature affects melting. Place an ice lolly outside on a warm summer day and time how long it takes to melt. Then try the same test on a cold winter day. Record your results and compare - what do you discover about how temperature affects melting?
- Write a acrostic poem using the words 'ICE LOLLY'.

Adventure Complete?

Reward your young adventurers with their Ice Lolly Challenge badge to mark **their achievements!**

Head to the website to bag yours, download certificates and discover even more adventures!



Create a Keepsake!

Experienced **adventure**? Made **memories**? Then it's time to create a **keepsake**! Our Pawprint Family camp blankets are the perfect place to sew **your badges** and look back on them for years to come.



Personalise it!

Got your camp blanket? Then it's time to make it yours! Our alphabet badges are **big, bright and bold**...the perfect addition to your camp blanket, hoodies, bags and more. What will you personalise first?



Even More Rewards!

We're all about added value here at Pawprint Family. In addition to the 1000s of **free activity ideas** and resources you'll find **loyalty stickers** in every order and you can claim Children's University learning hours too!



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