

Hot Chocolate Challenge



Cream, marshmallows, sprinkles... How do you top yours?

Aztec Emperor Montezuma II used to drink 50 cups a day in the 16th century.

Are you ready to get cosy with mug of hot cocoa and 40+ activity ideas?

For even more programme ideas check out our 'Hot Chocolate' board over on
www.Pinterest.com/PawprintFamily

#AdventureForAll
www.PawprintFamily.com

Meet the FAMILY

Hi there! We're Charlotte & Jamie, the husband and wife team behind the Pawprint Family and we believe in #AdventureForAll.

It's our mission to help leaders, teachers and parents save time by providing ideas and opportunities to help them deliver everyday adventure and skills for life. We do this through our family of brands; find out more below and head to the website for your next adventure!



PAWPRINT BADGES

Pawprint Badges provides thousands of free activity ideas and resources to help leaders, teachers and parents deliver fun and adventure.

Every activity helps you share skills for life and is linked to one of our pawesome embroidered badges. Build your collection and celebrate adventures, new skills and knowledge gained.

PAWPRINT TRAILS

Pawprint Trails are treasure-hunt style walks around locations in the UK. Solve puzzles, track down the answers and explore everything our great country has to offer.

From historical sights to popular culture discover something new or rediscover a love for where you live then collect the badge to remember your adventures!

Whether you're looking for the perfect addition to your next family holiday or a few hours of fun with friends; each trail can be completed in a few hours or extended with our activity suggestions in to a weekend or a week's worth of fun!

PAWPRINT TALES

Pawprint Tales are fully illustrated stories that can be enjoyed by the whole family. Join Alfie (our fox-red Labrador) on his adventures around the UK - solving puzzles, turning detective and making new friends. With twists and turns, every tale is an opportunity to discover new places, people and history without needing to leave the comfort of your own home.

Enjoy Pawprint Tales alongside your Pawprint Trails or as a standalone adventure!

PAWPRINT TRUST

Every brand in the Pawprint Family supports the Pawprint Trust with a percentage of profits from every sale providing grants to young people. We're passionate about enabling young people to access life changing adventures.

Share your adventures and join us over on our social channels for even more adventures and a nosy behind the scenes at Pawprint HQ!



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HOW TO: Use Your Challenge Pack



This Challenge Pack has been divided into 4 sections: Craft, Food, Games and Other. In order to help you provide a balanced and varied programme for your young adventurers we recommend that the following number of activities are completed by each age group:

Age 3 - 5						Craft	Food	Games	Other	PICK
Age 5 - 7										
Age 7 - 11										
Age 11 - 14										
Age 14 - 18										
Age 18+										

Leaders, Teachers & Parents
Award yourselves a badge for supporting your young adventurers in their activities!

TOP TIPS

- Adapt activities as necessary to meet your needs.
- Add your own activity ideas or develop them into projects.
- Use what you have; don't buy in lots of new materials/equipment.
- No need to send us evidence, responsible grown-ups decide when the badge has been earned.
- One challenge badge can take as long as you like; from a few hours to days or even a full term!

Terms of Use

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Share photos of you enjoying your adventures with us on social media.	Use any text, graphics, content or fonts without our written permission.

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Craft

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-  Decorate your own hot chocolate mug.
-  Create an edible painting with squirty cream and mini marshmallows. Why not try using some other hot chocolate toppings too?
-  Sew a cute hot chocolate soft toy or pin cushion.
-  Design your own packaging for some hot chocolate powder.

Here's an idea!

Why not add eyes, a red nose and some antlers made from pipe cleaners to turn a jar or sweetie cone into Rudolph. Then, fill it with hot chocolate powder and long-life toppings such as marshmallows, chocolate chips or candy canes for a thoughtful handmade gift.

-  Draw the hot chocolate of your dreams with all your favourite toppings.
-  Craft your own recipe card that describes how you top your hot chocolate.
-  Make some hot chocolate cloud dough.

How?

Mix together 8 parts flour and 2-4 parts hot chocolate powder, depending how strong you'd like the scent, and measure out 2 parts oil. Start by stirring in three quarters of the oil and add more as required to achieve a dry texture that sticks together when pressed. If you'd like your cloud dough to be taste safe, start by spreading your flour on a baking tray and heating at 180°C for 5 minutes.

-  Make some edible hot chocolate oobleck. Why not use this as part of some hot chocolate themed sensory activity that you could put together for your Other challenge? You could also add little white pom poms for marshmallows!

How?

Mix 2 cups of water with 4 cups of cornstarch, adding slowly until you reach the non-Newtonian consistency where it runs through your hands but feels hard if you push on the surface. Finally add a few tablespoons of hot chocolate or cocoa powder!

-  Assemble some fun hot chocolate toppers from marshmallows. Why not make a polar bear from one big marshmallow and two mini ones, or a snowflake from mini marshmallows and cocktail sticks?
-  Put together some hot chocolate themed Christmas or greetings cards.



Food

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-  Enjoy a warming cup of hot chocolate with all the trimmings. How do you choose to top yours?
-  Have a go at making hot chocolate from milk and cocoa, rather than the instant powder that you can mix with boiling water. Which do you prefer?
-  Fix up your own hot chocolate stirrers - perfect for gifting!

How?

Grease the insides of six clean yoghurt pots with a thin layer of oil. Then, melt 300g dark, milk or white chocolate and carefully split between the six pots. Poke a spoon or lolly stick into each one and add any toppings before leaving to set. To drink, just stir into hot milk!

-  Try some milk alternatives to make your hot chocolate suitable for a dietary requirement. Why not test a few and decide which is your favourite?
-  Chocolate was first drunk cold by the Mayans around 2,000 years ago. Prepare a cold chocolate drink, or even a frozen one - perfect for spreading the joys of hot chocolate to the warmer weather!
-  The Aztecs made their 'Xocolatl' drink by mixing water, cocoa beans, vanilla and chili together. Try some chili hot chocolate or have a taste test of different flavours and/or toppings.
-  Have a go at making a hot chocolate mug cake.

How?

In a microwave-safe mug, mix together 4 tbsp hot chocolate powder, 2 tbsp caster sugar, 4 tbsp plain flour and $\frac{1}{4}$ tsp baking powder. Stir in 3 tbsp milk, 3 tbsp hot water, 1 tbsp oil and $\frac{1}{4}$ tsp vanilla extract. Microwave for 60-90 seconds and add any toppings such as chocolate chips, squirty cream or marshmallows before serving.

-  Make a hot chocolate treat such as cookies, brownies or fudge. You can substitute each teaspoon of cocoa powder for two teaspoons of hot chocolate powder in any recipe. However, you might want to reduce the amount of sugar you add as hot chocolate usually contains sweeteners.
-  Bake some biscuits to enjoy with your next cup of hot chocolate.
-  Have a go at making some hot chocolate bombs, that melt into warm milk and release the hot chocolate powder and marshmallows. Why not decorate your chocolate casing with extra melted chocolate and sprinkles?



Games

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-  Play the hot chocolate party game where players take it in turns to roll a dice. When someone gets a six, they rush to put on a hat, scarf and gloves, then cut a square of chocolate with a knife and fork before the next six is rolled.
-  Take part in a hot chocolate relay.

For Leaders!

You could either make a real cup of hot chocolate as a team or use objects to make a pretend hot chocolate. Why not use a ball of brown paper, 'splash' of white paper, pom poms and sequins to represent the hot chocolate powder, milk, marshmallows and sprinkles to put in your mug. Don't forget the spoon to stir it all together!

-  Race each other or the clock to Roll a Hot Chocolate with our free resource. Why not try making a real hot chocolate to match your drawing afterwards?
-  Go head to head and see who can make the best hot chocolate.
-  Form some craters by dropping different objects onto a plate or tray of flour, topped with a layer of hot chocolate powder so you can see the contrast.
-  How tall can you make a tower of squirty cream? Why not use out of date cream from the discount section of the supermarket to save wasting food?
-  Play 'In my hot chocolate, I've got...' with different flavours and toppings as a twist on the shopping list memory game.
-  Have a go at choreographing your own hot chocolate dance, like the waiters in *The Polar Express* film.
-  Challenge yourself to throw a marshmallow, or cotton wool ball, into a mug from the furthest distance.
-  Take part in a blindfolded taste test. Can you guess which flavour is which? Which flavour was your favourite?
-  Complete a wide game or scavenger hunt to find the ingredients you need to make your hot chocolate - such as cocoa powder, milk, sugar, marshmallows, squirty cream and chocolate sprinkles.
-  Have a game of Pin the Topping on the Hot Chocolate with our free resource.
-  Play charades with locations that you could drink your hot chocolate. For example: at home on the sofa, on a winter's walk, in a cafe, on a mountain.



Other

-  Go for a winter walk and warm up with a cosy hot chocolate. Alternatively, take a trip to your local cafe.
-  Curl up in a corner to read a book with a hot chocolate and a blanket.
-  Find out how hot chocolate powder is made. Why not try making some of your own instant powder for your Food challenge?
-  The Guinness World Record for the largest hot chocolate party was set at 2,106 people in Mexico, 2017. Why not host your own hot chocolate party to celebrate National Hot Chocolate Day on 13th December?
-  Put together a hot chocolate buffet so your guests can choose their favourite flavours and toppings.
-  Learn about the cacao plant and the history of hot chocolate.
-  Did you know that hot chocolate predates the chocolate bar? Until the food version was invented in 1828, the word 'chocolate' just referred to the drink.
-  Make a cup of hot chocolate for a friend to cheer them up. Did you know that chocolate releases chemicals such as endorphins, serotonin, dopamine and oxytocin which all make us happy? A hot drink often helps too!
-  Chocolate used to be a very expensive luxury because the cacao plant only grows in South America; therefore chocolate has to be imported. Save up your pennies for something special.
-  Spanish conquistador Hernan Cortés brought the Aztec 'Xocolatl' drink to Europe in 1528. It was reserved as a luxury for the upper class and was made sweet with vanilla and spices.
-  The two phrases are often used interchangeably but find out what the difference between 'hot chocolate' and 'hot cocoa' is. Why not try making both for your Food challenge and decide which is your favourite?
-  Watch the hot chocolate scene in *The Polar Express*. Why not enjoy a hot chocolate while you watch the rest of the film?
-  Role play making, serving and/or drinking a hot chocolate. For an extra challenge, why not run a role play hot chocolate cafe?
-  Take a trip to your nearest chocolate shop and sample their hot chocolate.

Adventure Complete?

Reward your young adventurers with their Hot Chocolate Challenge badge to mark their achievements! Head to the website to bag yours, download certificates and discover even more adventures!



Create a Keepsake!

Experienced adventure? Made memories? Then it's time to create a keepsake! Our Pawprint Family camp blankets are the perfect place to sew your badges and look back on them for years to come.



Personalise it!

Got your camp blanket? Then it's time to make it yours! Our alphabet badges are big, bright and bold...the perfect addition to your camp blanket, hoodies, bags and more. What will you personalise first?



Even More Rewards!

We're all about added value here at Pawprint Family. In addition to the 1000s of free activity ideas and resources you'll find loyalty stickers in every order and you can claim Children's University learning hours too!



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