

# Greece Challenge



**Grab your passport and jet set to Greece!**

Explore Greek culture, traditions, taste the food and maybe pick up a phrase or two as you adventure your way across the globe.

For even more programme ideas check out our 'Greece' board over on  
[www.Pinterest.com/PawprintFamily](https://www.Pinterest.com/PawprintFamily)

**#AdventureForAll**  
[www.PawprintFamily.com](https://www.PawprintFamily.com)

# Meet the FAMILY

Hi there! We're Charlotte & Jamie, the husband and wife team behind the Pawprint Family and we believe in #AdventureForAll.

It's our mission to help leaders, teachers and parents save time by providing ideas and opportunities to help them deliver everyday adventure and skills for life. We do this through our family of brands; find out more below and head to the website for your next adventure!



## PAWPRINT BADGES

Pawprint Badges provides thousands of free activity ideas and resources to help leaders, teachers and parents deliver fun and adventure.

Every activity helps you share skills for life and is linked to one of our pawesome embroidered badges. Build your collection and celebrate adventures, new skills and knowledge gained.

## PAWPRINT TRAILS

Pawprint Trails are treasure-hunt style walks around locations in the UK. Solve puzzles, track down the answers and explore everything our great country has to offer.

From historical sights to popular culture discover something new or rediscover a love for where you live then collect the badge to remember your adventures!

Whether you're looking for the perfect addition to your next family holiday or a few hours of fun with friends; each trail can be completed in a few hours or extended with our activity suggestions in to a weekend or a week's worth of fun!

## PAWPRINT TALES

Pawprint Tales are fully illustrated stories that can be enjoyed by the whole family. Join Alfie (our fox-red Labrador) on his adventures around the UK – solving puzzles, turning detective and making new friends. With twists and turns, every tale is an opportunity to discover new places, people and history without needing to leave the comfort of your own home.

Enjoy Pawprint Tales alongside your Pawprint Trails or as a standalone adventure!

## PAWPRINT TRUST

Every brand in the Pawprint Family supports the Pawprint Trust with a percentage of profits from every sale providing grants to young people. We're passionate about enabling young people to access life changing adventures.

Share your adventures and join us over on our social channels for even more adventures and a nosy behind the scenes at Pawprint HQ!



@pawprintfamily



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# HOW TO: Use Your Challenge Pack

**PAWPRINT  
BADGES**

This Challenge Pack has been divided into 4 sections: Craft, Food, Games and Other. In order to help you provide a balanced and varied programme for your young adventurers we recommend that the following number of activities are completed by each age group:

<b>Age 3 - 5</b>										
<b>Age 5 - 7</b>										
<b>Age 7 - 11</b>		+								
<b>Age 11 - 14</b>		+								
<b>Age 14 - 18</b>		+								
<b>Age 18+</b>		+								

**Craft**

**Food**

**Games**

**Other**

**PICK**

## Leaders, Teachers & Parents

Award yourselves a badge for supporting your young adventurers in their activities!

## TOP TIPS

- Adapt activities as necessary to meet your needs.
- Add your own activity ideas or develop them into projects.
- Use what you have; don't buy in lots of new materials/equipment.
- No need to send us evidence, responsible grown-ups decide when the badge has been earned.
- One challenge badge can take as long as you like; from a few hours to days or even a full term!

## Terms of Use

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# Craft

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- 📍 Create a collage using all of the blue and white materials you can find.
- 📍 Greece is the home of 12 greek gods including Zeus, Poseidon and Athena who are believed to have lived on a mountain called Mount Olympus. Choose your favourite greek god or goddess and create a mask of them to wear!
- 📍 Draw or paint a picture of a dolphin.

## Why?

The dolphin is the national animal of Greece and is associated with the god, Delphinus.

- 📍 Craft an Olympic torch using junk model materials such as a cardboard toilet roll tube and coloured tissue paper to represent a flame.
- 📍 Decorate your own Greek vase or pottery.

## How?

For this craft you will need a paper or plastic cup to act as your vase as well as art materials such as paint or coloured pens. Start by painting your cup with brown or tan coloured paint. This will be the base of your Greek vase. Once the paint has dried, use black paint or a marker to draw shapes such as circles, triangles or lines. You might also want to try drawing people, Greek gods or animals like the traditional Greek pottery. After you have finished decorating, you could even make handles for each side of the vase by cutting out small pieces of card or gluing down pipe cleaners.

- 📍 Build some Greek columns out of salt dough.
- 📍 During the original Greek Olympics, athletes didn't receive medals like they do today. Instead, they were given beautiful laurel wreaths made from leaves and branches. Craft your own laurel wreath using a paper plate and some green craft paper.
- 📍 Use papier-mâché to create a 3D model of The Parthenon or a Greek landmark of your choice.
- 📍 Children in Ancient Greece played with yoyos. Have a go at making or decorating your own yoyo.
- 📍 Read the Trojan Horse story and build a Trojan horse model.
- 📍 Put together an outfit and act out a scene from a Greek myth.



# Food

**PAWPRINT  
BADGES**

- 📍 Throw together your very own Greek salad using tomatoes, cucumbers, feta cheese, olives, olive oil and oregano.

Here's an idea!

Why not try making some Greek salad skewers? Pre-cut your vegetables and cheese and assemble them onto a stick (similar to a fruit kebab). This is a great way for young children to get involved with the process!

- 📍 Visit a Greek restaurant.
- 📍 Whip up some homemade tzatziki.

How?

Tzatziki is a refreshing Greek dip, traditionally eaten with pita bread, vegetables or grilled meat. It is made by mixing together Greek yogurt, cucumber, garlic, lemon juice, olive oil, and dill.

- 📍 Greek yogurt is thicker and creamier than regular yogurt due to a change in the filtering process. Cook a recipe that includes Greek yogurt.
- 📍 Find a recipe online or in a book and use it to bake the famous Greek dessert, baklava.
- 📍 Use cocktail sticks and cubes of feta cheese to construct an edible model of the Acropolis, or another Greek landmark.
- 📍 Have a go at making your own moussaka — a classic Greek dish made using layers of potato, aubergine and a tomato, meat sauce.
- 📍 Prepare a Greek themed buffet for your friends, family or group.

Did you know?

Greek food is known for being part of the Mediterranean diet, which is considered one of the healthiest in the world. Its combination of fresh vegetables, olive oil, herbs and lean meats makes it both delicious and nutritious!

- 📍 Greece is known for its different savoury dips such as taramasalata, tzatziki and melitzanosalata. Have a Greek dip taste test. What did you think? What are the differences? Can you identify any of the ingredients?
- 📍 Lavender is the national flower of Greece. Make a recipe that uses lavender such as lavender shortbread or lavender lemonade.



# Games

**PAWPRINT  
BADGES**

- 📍 The first Olympic Games was said to have taken place in Olympia, Greece over 2,700 years ago! Hold your own mini Olympics.

## How?

You could hold running races, have a go at the long jump or the high jump, or why not see if you can visit an athletics club and have a go at the hammer throw or javelin! Alternatively, have a go at horse riding, swimming, tennis or archery - there are so many Olympic sports to try your hand at. Who knows? You might even discover a new favourite!

- 📍 Complete the free resource 'Minotaur's Word Maze' on our website.
- 📍 There are around 6,000 islands in Greece. Some of the most popular islands include Santorini, Crete, Mykonos, Rhodes and Corfu. Play a game of Islands.

## How?

Each pair has a sheet of newspaper/'an island' and must get themselves onto it when the leader shouts 'go!' Each round, the newspaper is folded in half to make the 'island' smaller.

- 📍 Play a game of Musical Statues or Musical Chairs whilst dancing to Zorba's Dance!

## What?

Zorba's Dance is an instrumental written by Greek composer Mikis Theodorakis in 1964. The song was featured in the film 'Zorba the Greek' and has since been a very popular dance of Greek origin. The dance traditionally shows people holding one another's shoulders with their arms, in a circle and kicking their legs in the air. The dance starts off slowly and gradually builds up until it is a lot faster and more energetic.

- 📍 Go head to head in a game of 'Guess Who' with the 12 Greek Gods and Goddesses.
- 📍 Take part in a football tournament with your friends, family or group. If you are playing alone, why not practice some keepy-uppies or see how many balls you can get into a goal?

## Why?

Football is Greece's national sport and their national team have appeared in the FIFA World Cup on three occasions (1994, 2010 and 2014).

- 📍 Take part in a Greek pot beetle drive using the free resource on our website.



# Other

**PAWPRINT  
BADGES**

- 📍 Watch a film set in Greece such as Mamma Mia (2008) or Hercules (1997).

Here's an idea!

Why not find out more about Skopelos, the island where Mamma Mia was filmed? Which parts of the island can you spot whilst watching the film?

- 📍 Read a travel guide or watch a documentary about Greece.
- 📍 Practice some Greek to get ready for your next adventure. Why not learn how to say 'Good Morning' or 'Good Evening' to get started?
- 📍 The Greeks loved plays and the world's first theatre is believed to have been built in Greece. Take a trip to your local theatre to see a production of your choice.
- 📍 The Greek language uses its own alphabet. Have a go at learning it or even try writing out some of the letters yourself.
- 📍 Greece is said to have over 300 days of sunshine a year! Make a list of activities that you could take part in when the sun is shining.
- 📍 Listen to some traditional Greek music.
- 📍 Hippocrates was an ancient Greek physician who was known as the 'Father of Medicine'. Visit a library to find out more about Hippocrates' theories and how they still help in modern day medicine.
- 📍 Read a book about Greek mythology.
- 📍 Around 2,500 years ago, the idea of voting began in Athens, Greece and democracy was born! Start your own debate based on a subject of your choice and then vote.
- 📍 Mount Olympus is the highest mountain in Greece, at 2,917m. Find out about the highest mountain in the country you are from and either climb it or produce a report/fact file based on your findings.
- 📍 Let your imagination run wild and come up with your own Greek mythical creature like Cerberus (a three headed dog) or a Chimera (a hybrid between a lion, goat and a snake).
- 📍 Greece is home to more archaeological museums than any other country. Visit a museum and/or have a go at your own archaeological dig.

## Adventure Complete?

Reward your young adventurers with their Greece Challenge badge to mark **their achievements!**  
Head to the website to bag yours, download certificates and discover even more adventures!



## Create a Keepsake!

Experienced **adventure?** Made **memories?** Then it's time to create a **keepsake!** Our Pawprint Family camp blankets are the perfect place to sew **your badges** and look back on them for years to come.



## Personalise it!

Got your camp blanket? Then it's time to make it yours! Our alphabet badges are **big, bright and bold...**the perfect addition to your camp blanket, hoodies, bags and more. What will you personalise first?



## Even More Rewards!

We're all about added value here at Pawprint Family. In addition to the 1000s of **free activity ideas** and resources you'll find **loyalty stickers** in every order and you can claim Children's University learning hours too!



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