

Gardening Challenge



Rik Bear is bringing you the 9th in the collection!

This Challenge Pack contains lots of fun activities to get those green fingers wiggling. What are you waiting for? Let's get out in the garden!

For even more programme ideas check out our 'Gardening' board over on www.Pinterest.com/PawprintFamily

#AdventureForAll

www.PawprintFamily.com

Meet the FAMILY

Hi there! We're Charlotte & Jamie, the husband and wife team behind the Pawprint Family and we believe in #AdventureForAll.

It's our mission to help leaders, teachers and parents save time by providing ideas and opportunities to help them deliver everyday adventure and skills for life. We do this through our family of brands; find out more below and head to the website for your next adventure!



*PAWPRINT BADGES

Pawprint Badges provides thousands of free activity ideas and resources to help leaders, teachers and parents deliver fun and adventure.

Every activity helps you share skills for life and is linked to one of our pawesome embroidered badges. Build your collection and celebrate adventures, new skills and knowledge gained.

PAWPRINT TRAILS

Pawprint Trails are treasure-hunt style walks around locations in the UK. Solve puzzles, track down the answers and explore everything our great country has to offer.

From historical sights to popular culture discover something new or rediscover a love for where you live then collect the badge to remember your adventures!

Whether you're looking for the perfect addition to your next family holiday or a few hours of fun with friends; each trail can be completed in a few hours or extended with our activity suggestions in to a weekend or a week's worth of fun!

*PAWPRINT TALES

Pawprint Tales are fully illustrated stories that can be enjoyed by the whole family. Join Alfie (our fox-red Labrador) on his adventures around the UK – solving puzzles, turning detective and making new friends. With twists and turns, every tale is an opportunity to discover new places, people and history without needing to leave the comfort of your own home.

Enjoy Pawprint Tales alongside your Pawprint Trails or as a standalone adventure!

*PAWPRINT TRUST

Every brand in the Pawprint Family supports the Pawprint Trust with a percentage of profits from every sale providing grants to young people. We're passionate about enabling young people to access life changing adventures.

Share your adventures and join us over on our social channels for even more adventures and a nosy behind the scenes at Pawprint HQ!

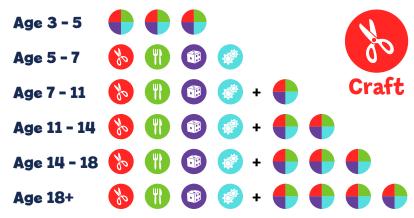




HOW TO: Use Your Challenge Pack



This Challenge Pack has been divided in to 4 sections: Craft, Food, Games and Other. In order to help you provide a balanced and varied programme for your young adventurers we recommend that the following number of activities are completed by each age group:









Food Games

Other

PIC

Leaders, Teachers & Parents

Award yourselves a badge for supporting your young adventurers in their activities!

TOP TIPS

- Adapt activities as necessary to meet your needs.
- Add your own activity ideas or develop them into projects.
- Use what you have; don't buy in lots of new materials/equipment.
- No need to send us evidence, responsible grown-ups decide when the badge has been earned.
- One challenge badge can take as long as you like; from a few hours to days or even a full term!

Terms of Use

By downloading or purchasing this resource you agree to our terms of use as outlined below. As a husband and wife team we work hard to keep all of our resources and activity ideas available free of charge; we can only do this with your help.

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Craft

PAWPRINT **BADGES

- Decorate a plant pot and plant some seeds.
- Create/build a raft; big or small.

Why?

The Raft Spider can be under water for up to 1 hour as it traps air in fine hair on its body.

- Have a go at flower pressing and use your pressed flowers to make a picture or pattern, you could even try setting them in resin and making jewellery!
- Explore seeds in plants by cutting open different fruit and vegetables. Can we eat all the seeds? Try printing with some of your cut items.
- Build a garden in a terrarium or use macrame to knot a plant pot holder.
- Get outside and build a bug hotel or a bee home. Remember not to use any single-use plastics as these can harm the environment and wildlife.
- Make your own kneeler for gardening. You can do this using an old cushion pad or padding foam (used in upholstery).
- Create a butterfly or caterpillar note clip.

How?

Use thin card to cut out a butterfly shape and decorate. Attach to one side of a sprung wooden clothes peg and attach some magnetic tape to the other. Alternatively make and glue pompoms along the length of the clothes peg and add some antennae using pipe cleaners. Add the magnetic tape to the other side of the clothes peg and you have a magnetic note holder!

- Make flowers from clay or tissue paper and give them as a gift.
- Design and build your own garden in a shoe box.
- Make a picture or collage using different seeds/pulses, alternatively make a picture using fruit/veg you have grown in your own garden.
- Build a bird box for the garden; use our free resource to make a paper birdhouse and use it as inspiration or to design your house for the garden.
- Have a go at weaving/spinning. Silk threads come from silk worms and the Golden Orb-Web Spider can weave a web over a metre across.

Food



- Find out about which fruit and vegetables are in season at different times of year. Try making some dishes only using fruit/veg that are in season or grown locally.
- Make some juices or smoothies using different combinations of fruit and vegetables.

Here's an idea!

Why not go veggie detective and find out what vitamins and minerals are in different fruits and vegetables. Discover what the different vitamins can help with and mix up your own super smoothie!

- Ladybirds can eat up to 5,000 aphids in their lifetime making them a garden hero. How many dried crackers can you eat in 1 minute? Try it and find out. Alternatively try eating a sugared doughnut without licking your lips!
- 85% of all plant life is found in the ocean, including over 10,000 types of seaweed (marine algae)! Find out what foods contain seaweed and have a go at trying some or making a dish using it.
- Bake your own edible garden plants in biscuit form or from other foods of your choice.
- Try one of these potato based challenges; cook and taste different varieties of potato to find out which are best for mash/roasting/baking, invent your own baked potato fillings OR have a go at growing your own potatoes.

Why?

The first potatoes were cultivated in Peru over 7000 years ago and were brought to England from Virginia in 1584 by Sir Walter Raleigh. Since then they have become a staple in our diets with over 6,000,000 tonnes being produced in the UK each year!

- Build your own wormery or compost bin to recycle your food waste.
- Get out of your comfort zone and try some new fruit and vegetables.
- Have a go at making some sugar paste flowers and use them to decorate a cake or biscuits.
- Identify different herbs/spices by smell alone.
- Make your own chocolate soil and jelly worms.

- Play the A-Z game or "One day I went to the market and I bought..." naming a plant/fruit/vegetable from the garden beginning with each letter of the alphabet.
- Get outside and have a go at plant/tree bingo.
- Go on a treasure hunt around your garden. Not got a garden? Use a local green space such as a park but check if you need permission first!

Here's an Idea!

Combine this with another challenge and play a wide game in your garden or in the Spring take part in an Easter egg hunt? We love an opportunity to double badge so if you can count one activity for two badges then why not?!

- Make simple bee and flower costumes from recycled materials and have a game of tag with the bees chasing the flowers.
- Escape the spider's web without disturbing the spider sleeping there... weave a web across your meeting space using yarn or string. For older ones add bells and try to climb through the web without knocking the web.
- Play a game of Fruit Salad using fruit/veg/plants/insects you may find in the garden and 'Garden Life' for Fruit Salad.
- Have a go at a pollen relay and race to fill a jar. Use beads, dried pasta or popcorn kernels and take it in turns to collect a piece. It can take a bee 10 million nectar trips to fill a 450g jar.
- The Hercules Beetle can lift 850 times its own body weight which is the equivalent of a human lifting 10 elephants!! Test your strength; how many books can you balance on your head/carry at once? Get competitive with your friends.
- Dragonflies are nature's successful predator when it comes to catching prey...they have a 95% success rate! Play a game of tag or British Bulldog with one person acting as the dragonfly what's your success rate?
- Host a beetle drive.
- Play Queen's Keys and test your hearing...insects do have ears but they're in weird places!
- Create your own garden themed game to play with friends or family.

© Other



- Flowers have different meanings, find out about some of them and the tradition of flower giving then have a go at flower arranging and 'say it with flowers'.
- Help out in a community garden or allotment.
- Start a garden at home or school. Don't have any outside space? Why not create a mini garden in a window box or look after some house plants instead!
- Take part in or organise a local church yard tidy or do a litter pick around your local area.
- The average tree has enough wood to make 170,000 pencils! Find out how to measure the height of a tree.
- Visit your local bee keeper or invite them to visit you so you can find out more about bees and how you can help them in your own garden.
- Go on a bug hunt and find out which insects are living in your garden.
- Have a go at pond dipping and find out about pond care.
- Visit your local garden centre to learn about plant care and how to plan out your green space. Not all plants like lots of water or sun so find out about different plants' ideal conditions.
- Test the soil in your garden using a home testing kit. Some soil is more acid/ alkali than others. Find out what you can do to change this and which plants will thrive in your garden.
- Visit a notable garden (such as a National Trust property) or take a trip to a Royal Horticultural Society show.
- Use our free Rewards and Responsibilities Chart and take responsibility for watering plants either indoor or out.
- Have a go at the colour changing flower experiment using food colouring to dye your flowers.
- Explore more; look at garden design around the world, how do the designs and plants vary by country or region? Can you think why this might be? Take a look at the climate and weather in those countries.

Adventure Complete?

Reward your young adventurers with their Gardening Challenge badge to mark their achievements! Head to the website to bag yours, download certificates and discover even more adventures!



Create a Keepsake!

Experienced adventure? Made memories? Then it's time to create a keepsake! Our Pawprint Family camp blankets are the perfect place to sew your badges and look back on them for years to come.



Personalise it!

Got your camp blanket? Then it's time to make it yours! Our alphabet badges are **big, bright and bold...**the perfect addition to your camp blanket, hoodies, bags and more. What will you personalise first?



Even More Rewards!

We're all about added value here at Pawprint Family. In addition to the 1000s of **free activity ideas** and resources you'll find **loyalty stickers** in every order and you can claim Children's University learning hours too!



Subscribe to the **Tribe News** for all the latest adventures direct to your inbox!

