

Frozen Adventures



Are you ready for a magical winter adventure?

Wrap up warm and join us as we discover a world of sparkling ice, fluffy snow and enchanting winter landscapes.

For even more programme ideas check out our 'Frozen' board over on www.Pinterest.com/PawprintFamily

#AdventureForAll
www.PawprintFamily.com

Meet the FAMILY

Hi there! We're Charlotte & Jamie, the husband and wife team behind the Pawprint Family and we believe in #AdventureForAll.

It's our mission to help leaders, teachers and parents save time by providing ideas and opportunities to help them deliver everyday adventure and skills for life. We do this through our family of brands; find out more below and head to the website for your next adventure!



PAWPRINT BADGES

Pawprint Badges provides thousands of free activity ideas and resources to help leaders, teachers and parents deliver fun and adventure.

Every activity helps you share skills for life and is linked to one of our pawesome embroidered badges. Build your collection and celebrate adventures, new skills and knowledge gained.

PAWPRINT TRAILS

Pawprint Trails are treasure-hunt style walks around locations in the UK. Solve puzzles, track down the answers and explore everything our great country has to offer.

From historical sights to popular culture discover something new or rediscover a love for where you live then collect the badge to remember your adventures!

Whether you're looking for the perfect addition to your next family holiday or a few hours of fun with friends; each trail can be completed in a few hours or extended with our activity suggestions in to a weekend or a week's worth of fun!

PAWPRINT TALES

Pawprint Tales are fully illustrated stories that can be enjoyed by the whole family. Join Alfie (our fox-red Labrador) on his adventures around the UK – solving puzzles, turning detective and making new friends. With twists and turns, every tale is an opportunity to discover new places, people and history without needing to leave the comfort of your own home.

Enjoy Pawprint Tales alongside your Pawprint Trails or as a standalone adventure!

PAWPRINT TRUST

Every brand in the Pawprint Family supports the Pawprint Trust with a percentage of profits from every sale providing grants to young people. We're passionate about enabling young people to access life changing adventures.

Share your adventures and join us over on our social channels for even more adventures and a nosy behind the scenes at Pawprint HQ!



@pawprintfamily



@pawprint_family

PAWPRINT BADGES

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www.pawprintfamily.com/terms-conditions



Craft

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- * Knit yourself a jumper or hat to keep you warm when you are out on your own frozen adventures.
- * Collect pine cones, twigs and fallen leaves to create a winter nature collage. You could add snowy effects using cotton wool, white paint, silver foil, glitter or shredded paper 'ice'.
- * Build a papier-mâché snowman.
- * Design your own unique snowflake by arranging and gluing different pasta shapes together. Once the glue has dried, paint your snowflake white (or add a touch of silver glitter for extra sparkle) to give it a frosty winter finish.

Why?

Every snowflake in nature is unique. Each one forms its own special pattern as it falls through the clouds, which means that no two snowflakes are ever the same - just like every person, each one is completely one of a kind!

- * Try ice painting by mixing food colouring into water, pouring it into ice cube trays and popping in some sticks. Once frozen, you can enjoy using the ice paints as they glide across your paper.
- * Draw a picture of your dream ice hotel.

Did you know?

There is a real ice hotel called the *ICEHOTEL* in Jukkasjärvi, Swedish Lapland! It is rebuilt every winter using snow and ice, and melts away in spring. Inside, the temperature stays around -5°C, the beds are covered with thick mattresses and guests sleep in thermal sleeping bags to keep warm. Would you stay in a hotel made entirely of snow and ice?

- * Make your own paper snowflakes using the free resource on our website.
- * Put together a batch of your own snow dough. Some recipes only use usual cupboard ingredients such as baking soda, cornstarch, oil and water.
- * Create a life size igloo using old plastic milk bottles, then decorate it with fairy lights or paper snowflakes to bring it to life.
- * Design your own magical ice castle using junk model materials like cardboard tubes, boxes and recycled packaging. Build towers, bridges and frozen inspired walls. Why not decorate your castle with icy blues, shimmering whites and sparkly details to create a magical winter kingdom?



Food

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- ❄ Build your own ice cream sundae using your favourite flavours and toppings.
- ❄ Bake some reindeer cupcakes using pretzels for antlers.
- ❄ Put together a smoothie or açai bowl base, then decorate it like a snowy landscape using toppings such as coconut flakes and yogurt.
- ❄ Fix up your own flavoured ice slush using crushed ice and flavoured syrup.

Did you know?

Long before freezers were invented, The Romans enjoyed icy treats by mixing crushed ice or snow with fruit juices, honey and other flavourings.

- ❄ Take part in a blindfolded ice lolly taste test to see if you can guess the flavours correctly.
- ❄ Construct your own edible marshmallow snowmen using marshmallows, cake pop sticks, small chocolate buttons and black icing for facial features.
- ❄ After a chilly adventure outdoors, there is nothing better than warming up with your favourite comfort food. Cook a cosy meal of your choice. Some of our favourites include stew, soup, pie and crumble.
- ❄ Create an edible winter scene of your choice.
- ❄ Make your own flavoured ice cubes.

What?

Ice cubes can be given flavour by infusing them with fruit. Place chopped fruit such as strawberries, raspberries, cucumber and pineapple into each section of an ice cube tray and fill with water. Freeze your fruit cubes in the freezer until they're fully set and then drop a few into your next glass of water for a refreshing fruit beverage.

- ❄ Discover the benefits of batch cooking by preparing a meal that can be frozen and enjoyed another day. What meals do you think freeze the best?
- ❄ Enjoy a slice of arctic roll for dessert.
- ❄ Warm up by taste testing hot chocolate with different ingredients added such as mint, orange or caramel.
- ❄ Decorate some snowflake shaped biscuits with white icing and edible glitter.



Games

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- ❄️ Create an ice rink from a frozen baking tray filled with water and play ice hockey with a button and lolly sticks.
- ❄️ Have a race to make your own toilet paper snowmen.

How?

Using rolls of toilet paper in small groups wrap one member up so they have a snowman body. Cut some circles of card for buttons and wrap a scarf around their neck. Finally put on a hat. The first team to 'build a snowman' wins! What other games could you play or what crafts could you do to use up the toilet paper? Could you have a 'snowball' fight or make a snow themed collage?

- ❄️ If you are lucky enough to enjoy a snow day, go head to head with your friends, family or group in a snowball fight. If you don't have any real snow, have a fight using crumbled up recycled newspaper balls.
- ❄️ Take part in a Snowman Beetle Drive using our free resource.
- ❄️ Race to make your own reindeer antlers.

How?

Each person will need a pair of tights and a bunch of inflated (but smallish) balloons. Race against each other to pack the balloons in to the legs of your tights and then pop the waist band on your head to make a pair of antlers. For young adventurers children's tights will be easier as you'll need fewer balloons but this one is definitely fun for all ages!

- ❄️ Take part in your own ice-melting experiment/race. Who can melt their ice cube the quickest? Will you do it by holding it in your hands? By adding ingredients to it? Have fun discovering different methods of melting.
- ❄️ Play a game of Frozen Statues.

What?

For this game, music is played and all players must dance. When the music stops, everyone must freeze like an ice statue. Anyone who moves is out and the game continues until there is one player remaining. They are the winner.

- ❄️ Build the tallest tower of ice cubes that you can in 1 minute.
- ❄️ Guess the items trapped in the ice. Leaders: freeze a variety of items into large blocks of ice and players must guess the items. Make sure your items won't get damaged by water!



Other

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- ❄ Visit a library to find out more about sports that are completed on snow or ice. If you could train to compete in one of these sports at the Olympics, which would you pick and why?
- ❄ Listen to the *Frozen* soundtrack from the Broadway musical or the film.
- ❄ Snuggle up with blankets and enjoy a cosy film night featuring a winter themed adventure such as *The Polar Express*, *Frozen*, *The Chronicles of Narnia* or *Ice Age*.
- ❄ Go for a walk on a frosty morning. Look closely at the sparkling patterns left by the frost. What different shapes and textures can you see?
- ❄ Donate warm clothing that you no longer wear to a local charity to help keep someone cosy this winter.
- ❄ Head to your local ice rink and enjoy some ice skating with your family, friends or group.
- ❄ Wrap up warm and head outdoors to take photos of signs of winter such as frosty leaves, bare trees and icy puddles.
- ❄ Discover the 10 coldest countries in the world. Choose your favourite and find out what life is like there during winter.
- ❄ Complete an acrostic poem using the letters 'FROZEN'.
- ❄ Research an animal that lives in the Arctic or Antarctic. Create a fact file about where it lives, what it eats and how it survives in freezing temperatures.
- ❄ Watch some videos of talented ice sculptors at work and discover how they transform giant blocks of ice into incredible works of art.
- ❄ Enjoy a day at a local snow centre and take part in some snow sports such as snowboarding, skiing or sledding.
- ❄ Write your own magical winter adventure story. Where will your journey take you and who will you meet along the way?
- ❄ Read a book that is set in winter such as *The Snowman* by Raymond Briggs, *The Snow Thief* by Alice Hemming and Nicola Slater or *The Snow Dragon* by Abi Elphinstone and Fiona Woodcock.

Adventure Complete?

Reward your young adventurers with their Frozen Adventures Challenge badge to **mark their achievements!** Head to the website to bag yours, download certificates and discover even more adventures!



Create a Keepsake!

Experienced **adventure**? Made **memories**? Then it's time to create a **keepsake**! Our Pawprint Family camp blankets are the perfect place to **sew your badges** and look back on them for years to come.



Personalise it!

Got your camp blanket? Then it's time to make it yours! Our alphabet badges are **big, bright and bold**...the perfect addition to your camp blanket, hoodies, bags and more. What will you personalise first?



Even More Rewards!

We're all about added value here at Pawprint Family. In addition to the 1000s of **free activity ideas** and resources you'll find **loyalty stickers** in every order and you can claim Children's University learning hours too!



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