

Fox Challenge



It's time to discover the world of the fantastic fox!

Designed by Olivia Fox in 2017, get ready to slink, sneak and prowl your way through the woodlands and enjoy some fox themed fun.

For even more programme ideas check out our 'Fox' board over on www.Pinterest.com/PawprintFamily

#AdventureForAll
www.PawprintFamily.com

Meet the FAMILY

Hi there! We're Charlotte & Jamie, the husband and wife team behind the Pawprint Family and we believe in #AdventureForAll.

It's our mission to help leaders, teachers and parents save time by providing ideas and opportunities to help them deliver everyday adventure and skills for life. We do this through our family of brands; find out more below and head to the website for your next adventure!



PAWPRINT BADGES

Pawprint Badges provides thousands of free activity ideas and resources to help leaders, teachers and parents deliver fun and adventure.

Every activity helps you share skills for life and is linked to one of our pawesome embroidered badges. Build your collection and celebrate adventures, new skills and knowledge gained.

PAWPRINT TRAILS

Pawprint Trails are treasure-hunt style walks around locations in the UK. Solve puzzles, track down the answers and explore everything our great country has to offer.

From historical sights to popular culture discover something new or rediscover a love for where you live then collect the badge to remember your adventures!

Whether you're looking for the perfect addition to your next family holiday or a few hours of fun with friends; each trail can be completed in a few hours or extended with our activity suggestions in to a weekend or a week's worth of fun!

PAWPRINT TALES

Pawprint Tales are fully illustrated stories that can be enjoyed by the whole family. Join Alfie (our fox-red Labrador) on his adventures around the UK – solving puzzles, turning detective and making new friends. With twists and turns, every tale is an opportunity to discover new places, people and history without needing to leave the comfort of your own home.

Enjoy Pawprint Tales alongside your Pawprint Trails or as a standalone adventure!

PAWPRINT TRUST

Every brand in the Pawprint Family supports the Pawprint Trust with a percentage of profits from every sale providing grants to young people. We're passionate about enabling young people to access life changing adventures.

Share your adventures and join us over on our social channels for even more adventures and a nosy behind the scenes at Pawprint HQ!



@pawprintfamily



@pawprint_family

PAWPRINT BADGES

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www.pawprintfamily.com/terms-conditions



Craft

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- 🍁 Tell Aesop's Fable of 'The Fox and the Crow' using handmade puppets.

Here's an idea!

You could make your puppets as shadow puppets using recycled cardboard from cereal boxes or you could recycle old socks and decorate them to make sock puppets.

- 🍁 Make a fox mask.
- 🍁 Make a fox themed accessory for the home.

For Leaders!

You could make/up-cycle a cushion or decorate a plant pot! The ideas are endless. This is a great activity for using up any old craft materials and you could ask a local home store to donate some basic items to up-cycle or customise! Great fun and goof for the budget too!

- 🍁 Fold a fox! Make a fox using origami. Use this to make a book mark.
- 🍁 Create a fantastic fox face badge or magnet using anything you like.
- 🍁 Make a fox picture using found leaves/objects from a nature walk.

Social media opportunity!

These fox pictures make a great photo for use on your unit's Social Media. You can also tag us here @PawprintFamily via Twitter, Instagram or on Facebook...we love to see what you're up to working towards your badges!

- 🍁 Make a pine cone fox using the pine cone for the body and adding felt faces and legs.
- 🍁 Make a fox nature sculpture using wood and found objects. You could even have a go at carving the face!
- 🍁 Create a cute and fuzzy pompom fox.
- 🍁 Practice your whittling skills and whittle a fox - take a look at our Pinterest for inspiration!
- 🍁 Sew your own fox scarf from soft and cosy fleece fabric.
- 🍁 Foxes are part of the dog family and are the most widespread species of wild dog in the world. Make a toy for your own canine friend.



Food

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- Make and decorate cakes to look like foxes.
- Foxes will eat almost anything - even leftovers! Have a go at making a new dish using only leftover ingredients and a basic larder.

For leaders!

This is a great activity to do with older groups that are starting to develop their independence. The ingredients don't have to be actual leftovers but you could give them things like: half a tin of beans a few slices of bread, one chicken breast, an egg, fruit or veg, or cheese. You might want to make this more extreme by getting teams to use offal or discounted items from the supermarkets (generally items just before their sell by date).

- Try eating some edible insects.
- Prepare and cook one of the following from fresh: chicken, rabbit, squirrel or pigeon. Foxes will catch rabbits, rodents, birds, frogs and even eat earthworms.
- Find out what foxes eat and how to attract them into your garden.
- Find out about the fox food chain and share your findings in a fun way, i.e. a play or song.
- Make a fox food picture.

What?

Using food make a fox. This could be making pancakes and decorating them to look like fox faces, it might be using spaghetti in tomato sauce or it could be making fox face pizzas. Whatever you fancy, give it a go!

- Have fun making fruity fox tail kebabs by stacking orange and melon slices on a skewer and adding a squidgy marshmallow on the top! Drizzle in chocolate for added scrumminess!
- The vast majority of foxes in the UK are red in colour; get creative with some red foods and make some tasty treats. You could make red berry smoothies, tomato based savouries or some red sweetie based desserts.
- Urban foxes are scavengers and will eat scraps; what can you make from your scavenged finds? In a group each bring together a collection of unwanted or unused food items and see what you can make. Older groups could try asking for leftover ingredients from local cafes/restaurants.



Games

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- Learn to 'Fox Walk' and practice stalking/silent walking by playing Grandmother's Footsteps.
- Play 'What time is it Mr. Fox?' (based on the traditional game what time is it Mr Wolf?).
- Put the fox food chain in to the correct order. Create your own cards as part of your research for your food activity.
- Have a game of 'Woodland Adventures' (Fruit Salad) but use, foxes, badgers, hedgehogs and rabbits for individual names and 'Woodland Adventures' for Fruit Salad.
- Foxes can run up to 30 miles/hour (50 km/hour)- how fast can you run? Hold some running races and calculate your speeds.

How?

Measure out a set length of track and work out your time covering that distance. Then use the equation $\text{Speed} = \text{Distance} \div \text{Time}$ to calculate your speed. How do you compare to a fox?

- 'The Quick Brown Fox Jumps Over The Lazy Dog'. Hold competitions to see how high/how far you can jump. What's the furthest you can jump?
- Foxes are monogamous (only have one partner for life). Play a pairs game.

What?

This could be a matching pairs game which could be completed in teams. The quickest example is a pack of cards each cut in half. The team to match the most cards wins. Alternatively you could pair socks or play a game working in pairs.

- Play 'Fox and Geese'.

How?

The 'Fox' is 'on' and must catch the 'Geese'. All players can only run around along marked lines on the floor. If your hall has sports markings on the floor they are perfect for this game!

- Foxes live in underground burrows, more properly known as fox earths, play a game of hide and seek indoors or outdoors and see if you can find any good places to hide safely.



Other

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- Can you find out the Latin name for the fox and some other fun fox facts?
- Foxes have great hearing and can hear a watch tick from 36.5 metres away. How good is your hearing? What noises can you hear from that distance?

Here's an idea!

You could set up the distance and then test a range of sounds, alternatively there are Apps you can download on your phone that will play sounds at different volumes (measured in decibels) so you can accurately test your hearing.

- Foxes are very active at night. See what it's like and hold a meeting in the dark - try not to use torches.
- Foxes use 28 different calls to communicate. Learn 28 different signals or words in a different language and try communicating with a partner.
- Watch a fox themed film, i.e. 'Fantastic Mr. Fox', the animated 'Robin Hood' or 'Fox and the Hound'.
- Foxes use the Earth's magnetic field to help them hunt. Create your own compass and try navigating with it.
- Find out about different animal prints and how to track animals using their footprints and other signs.
- Find out how many species of fox there are and where they live. Can you locate these places on a map?
- Read the Dr. Seuss book 'Fox in Socks'.
- Hold a debate. Discuss the fox hunting ban in Britain, one team should argue the case for fox hunting and the other argue against.
- Black foxes are rarely found in the UK and are considered something of a mythological creature. Take a look at some other mythological creatures, you could even have a go at creating your own.
- Foxes have whiskers on their legs as well as their face to help them navigate. Take a look at (and try) different navigation methods; GPS, map and compass and celestial and compare them.
- Visit or support a wildlife sanctuary that looks after injured foxes. How can you raise awareness of foxes in your local area.

Adventure Complete?

Reward your young adventurers with their Fox Challenge badge to mark their achievements! Head to the website to bag yours, download certificates and discover even more adventures!



Create a Keepsake!

Experienced adventure? Made memories? Then it's time to create a keepsake! Our Pawprint Family camp blankets are the perfect place to sew your badges and look back on them for years to come.



Personalise it!

Got your camp blanket? Then it's time to make it yours! Our alphabet badges are big, bright and bold...the perfect addition to your camp blanket, hoodies, bags and more. What will you personalise first?



Even More Rewards!

We're all about added value here at Pawprint Family. In addition to the 1000s of free activity ideas and resources you'll find loyalty stickers in every order and you can claim Children's University learning hours too!



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