Pawprint Badges
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Here's a Thought...
Make someone's day and be kind!

Resource
Feel Good Game/ Feel Good Flip Dots

You will need:

To make your flip dots:
- Template (see following pages)
- Printer
- Coloured paper/card
- Scissors
- Pen/pencil
- Laminator (optional)

To play the game:
- Feel Good Flip Dots
- Your group/unit

Leaders:

You will need to prepare the flip dots for younger groups. For older groups preparation may be part of your meeting.

Ages 5-11:

Play the game with the pre-made flip dots.

Ages 11-18:

You can use the template or create your own messages on the flip dots.

Instructions:

To make your flip dots:
1. Print the following template pages onto coloured paper or thin card.
2. Cut out circles.
3. Add our own messages (optional).
4. Laminate (optional) to prevent them from damage. This allows the game to be used again in the future.

To play the Feel Good/Flip Dot Game:
1. Lay the dots out on the floor message side down in the middle of the circle. Spread them out so they fill the space.
2. Take it in turns to select a dot, flip it over and read the message aloud. Give it to someone in the circle.
3. Play until all the dots are gone/everyone has received a feel good message.

Templates
Feel Good Flip Dots Resource

I think you're cool.

You always make me smile.

You helped me when I was stuck.
Thank you.

You make me laugh.

You're a good friend.

Suggested for ages 5 - 11

You have a nice smile.

Thank you for sharing with me when.....

I'd like to get to know you better.

Thank you for helping me when.....

You're so good at ....

Suggested for ages 5 - 11

Templates
Feel Good Flip Dots Resource

You are so creative.

You're so clever!

You're a great leader.

You always listen. Thank you.

You're awesome!

Suggested for ages 5 - 11

Templates

Feel Good Flip Dots Resource

I like the way you help other people.

You always put other people first.

Thank you for being there when.....

You tell funny jokes.

I think you're amazing because...

Suggested for ages 5 - 11

Blank Templates
Feel Good Flip Dots Resource

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Suggested for ages 11 - 18