

Farm Challenge



Did you know? 60% of food in the UK is grown in Britain!

Join us as we go to the farm to discover what it's all about. From food production to fun facts the Farm Challenge has it all. Wellies at the ready? Let's go!

For even more programme ideas check out our 'Farm' board over on
www.Pinterest.com/PawprintFamily

#AdventureForAll
www.PawprintFamily.com

Meet the FAMILY

Hi there! We're Charlotte & Jamie, the husband and wife team behind the Pawprint Family and we believe in #AdventureForAll.

It's our mission to help leaders, teachers and parents save time by providing ideas and opportunities to help them deliver everyday adventure and skills for life. We do this through our family of brands; find out more below and head to the website for your next adventure!



PAWPRINT BADGES

Pawprint Badges provides thousands of free activity ideas and resources to help leaders, teachers and parents deliver fun and adventure.

Every activity helps you share skills for life and is linked to one of our pawesome embroidered badges. Build your collection and celebrate adventures, new skills and knowledge gained.

PAWPRINT TRAILS

Pawprint Trails are treasure-hunt style walks around locations in the UK. Solve puzzles, track down the answers and explore everything our great country has to offer.

From historical sights to popular culture discover something new or rediscover a love for where you live then collect the badge to remember your adventures!

Whether you're looking for the perfect addition to your next family holiday or a few hours of fun with friends; each trail can be completed in a few hours or extended with our activity suggestions in to a weekend or a week's worth of fun!

PAWPRINT TALES

Pawprint Tales are fully illustrated stories that can be enjoyed by the whole family. Join Alfie (our fox-red Labrador) on his adventures around the UK – solving puzzles, turning detective and making new friends. With twists and turns, every tale is an opportunity to discover new places, people and history without needing to leave the comfort of your own home.

Enjoy Pawprint Tales alongside your Pawprint Trails or as a standalone adventure!

PAWPRINT TRUST

Every brand in the Pawprint Family supports the Pawprint Trust with a percentage of profits from every sale providing grants to young people. We're passionate about enabling young people to access life changing adventures.

Share your adventures and join us over on our social channels for even more adventures and a nosy behind the scenes at Pawprint HQ!



@pawprintfamily



@pawprint_family

HOW TO: Use Your Challenge Pack

**PAWPRINT
BADGES**

This Challenge Pack has been divided into 4 sections: Craft, Food, Games and Other. In order to help you provide a balanced and varied programme for your young adventurers we recommend that the following number of activities are completed by each age group:

Age 3 - 5										
Age 5 - 7										
Age 7 - 11					+					
Age 11 - 14					+					
Age 14 - 18					+					
Age 18+					+					

Craft

Food

Games

Other

PICK

Leaders, Teachers & Parents

Award yourselves a badge for supporting your young adventurers in their activities!

TOP TIPS

- Adapt activities as necessary to meet your needs.
- Add your own activity ideas or develop them into projects.
- Use what you have; don't buy in lots of new materials/equipment.
- No need to send us evidence, responsible grown-ups decide when the badge has been earned.
- One challenge badge can take as long as you like; from a few hours to days or even a full term!

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Share photos of you enjoying your adventures with us on social media.	Use any text, graphics, content or fonts without our written permission.

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Craft

**PAWPRINT
BADGES**

- ✂ Build your own small world farm. What will you keep/grow?
- ✂ Make a farm animal mask. Paper plates make a great base for you to add ears, noses, etc.
- ✂ Have a go at vegetable printing or creating your own tractor prints.

Why?

UK farms produce 5.5 million tonnes of potatoes each year, that's enough for 27.5 billion bags of crisps!!

- ✂ Create your own paintbrushes from hay/straw and use them to create a picture.
- ✂ Try 'farm weaving'. Using chicken wire, weave colourful strips of fabric and paper in to the mesh to create your own art.
- ✂ Have a go at egg painting.

What?

Drain egg shells (as though you were going to use them to decorate) and refill them using paint. Take them outside and throw them at large sheets of paper pinned up against a wall to create your own abstract art!

- ✂ Make your own corn dollies. Why not invite someone to visit you/your group to teach you about this heritage craft?
- ✂ Sew your own lavender bags. Lavender is farmed for its oil and the largest lavender farm in the UK is over 100 acres.
- ✂ Write your own messages in web form like Charlotte from E. B. White's story Charlotte's Web. Hammer nails in to wooden blocks and wind your yarn around the nails to create words/patterns.
- ✂ Learn/have a go at spinning yarn or knitting using wool.
- ✂ Build your own scarecrow and find out what they're used for.
- ✂ Create a picture using seeds and grain.
- ✂ Make your own herbal remedies. Remember! Not every ingredient is safe for everyone, check first.



Food

**PAWPRINT
BADGES**

- ✂ Churn your own butter from cream using a jar.
- ✂ Have a go at making your own cheese, you can find kits on-line.
- ✂ Bake your own bread or have a go at grinding your own flour.

Why?

The UK produces 7.8 million tonnes of wheat for bread making each year and on average person buys 43 loaves per year!

- ✂ Whisk up your own mayonnaise using local eggs.
- ✂ Plant and grow your own vegetables; potatoes are an easy one to start.
- ✂ Find out which meat comes from which animal.
- ✂ Investigate what goes in to food production; i.e. how much water is used to grow crops versus keeping animals for meat. Take it further by holding a debate about which is best; a vegetarian/vegan diet or eating meat.
- ✂ 60% of food eaten in the UK is grown on British farms. Make a 3 course meal using only British produce.
- ✂ 5.5 million tonnes of potatoes are grown in the UK each year but which are the best varieties for different cooking methods? Investigate which are the best spuds for roasting, mashing and boiling.
- ✂ Make your own milkshakes using some of the 60 million pints of milk produced by UK dairy farms each day!
- ✂ Create your own marshmallow pigs and let them wallow in their own 'muddy', melted-chocolate puddles.
- ✂ Decorate cupcakes to look like sheep using mini marshmallows and chocolate buttons.
- ✂ Use local pork and have a go at making your own sausages with different flavourings. Alternatively make your own sausage rolls.
- ✂ Taste test local produce versus that bought in a bigger supermarket chain, can you taste the difference? Which is best?
- ✂ Bake and decorate biscuits to look like farm animals.



Games

**PAWPRINT
BADGES**

- ✂ Play a game of Duck, Duck, Goose.
- ✂ Pigs use their snouts to find food; identify different foods by their smells alone OR have a snorting competition to see who can snort the loudest.
- ✂ Sheep can recognise up to 20 different human faces and the faces of up to 50 sheep. Play or make your own game of Guess Who?
- ✂ There are 20 million hectares of farmland in the UK. That's the equivalent of 30 million football pitches! Have a game of football.

Did You Know?

The oldest football ever found was made in 1540s from a pig bladder. Balls were later made from leather (originating from cows) before being made of latex and synthetic leather.

- ✂ How many books or songs can you name with farm or farm animals in their title?
- ✂ Take part in a quiz to find out which cuts of meat come from which animals and where on the body they can be found.

Here's an idea!

You can find butchers diagrams on the internet showing where different cuts of meat come from. Why not print one out or make your own jigsaw to show how the different cuts fit together?

- ✂ Sing/play The Farmer's in His Den.
- ✂ Play Farmer, Farmer. You can find the instructions in the Teddy Bears' Picnic challenge pack or by searching 'Farmer' on our website.
- ✂ Have a go at bobbing for apples. It's estimated that 83,000 tonnes of apples are grown in the UK each year.
- ✂ Play Kim's Game using farm themed items or a variety of fruit and veg grown in the UK.
- ✂ Make your own bowling skittles to look like farm animals and have a game of bowling.
- ✂ Make your own hobby horse and have races!



Other

**PAWPRINT
BADGES**

- ✈ Visit a farm or city farm and feed the animals.
- ✈ Visit a windmill/watermill and find out about and see flour milling in action.
- ✈ Take a behind the scenes tour of your local supermarket or visit your local butcher/greengrocer to find out more about where your food comes from and how it gets from the farm to your fork!
- ✈ Raise money and buy a cow or another farm animal for a farmer in another country. There are several charities who facilitate this but we've used www.sendacow.org before.
- ✈ Go for a walk and identify different plants growing in fields/hedgerows.
- ✈ Read a farm based book like the fable of The Little Red Hen or for older readers Animal Farm by George Orwell.
- ✈ Find out where wool comes from and as many different uses for it as you can. Why not visit a local farm and see if you can have a go at sheep shearing?
- ✈ There are almost 500,000 miles of hedgerow in the UK which provides valuable habitat and food for wild birds and other animals. Build/make your own nest/den and enjoy a picnic in there, just like in the hedgerows.
- ✈ Find out what organic farming means and how we can recognise products that are grown in this way.
- ✈ Create a life cycle of a farm animal; chicken, pig, cow, sheep, etc. Present the information in a fun way to share with others.
- ✈ Find out some fun farming facts or invite a local farmer to give a talk to your group.
- ✈ Celebrate harvest festival. Why not complete your Harvest Festival challenge badge?
- ✈ Sing Old McDonald Had A Farm.
- ✈ Visit a dairy, ice cream or cheese farm and find out how milk is turned in to different products for the shops.
- ✈ Write a story or put on a short play about a farm. Why not use some of James Herriot's stories to inspire you?

Adventure Complete?

Reward your young adventurers with their Farm Challenge badge to mark their achievements! Head to the website to bag yours, download certificates and discover even more adventures!



Create a Keepsake!

Experienced adventure? Made memories? Then it's time to create a keepsake! Our Pawprint Family camp blankets are the perfect place to sew your badges and look back on them for years to come.



Personalise it!

Got your camp blanket? Then it's time to make it yours! Our alphabet badges are big, bright and bold...the perfect addition to your camp blanket, hoodies, bags and more. What will you personalise first?



Even More Rewards!

We're all about added value here at Pawprint Family. In addition to the 1000s of free activity ideas and resources you'll find loyalty stickers in every order and you can claim Children's University learning hours too!



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