

Ernest Shackleton Challenge



Explorer and leader with extraordinary endurance!

5th January 2022 marks 100 years since Shackleton's death. Discover his expeditions and the wonders of the Antarctic in Ernest's challenge.

For even more programme ideas check out our 'Shackleton' board over on www.Pinterest.com/PawprintFamily

#AdventureForAll
www.PawprintFamily.com

Meet the FAMILY

Hi there! We're Charlotte & Jamie, the husband and wife team behind the Pawprint Family and we believe in #AdventureForAll.

It's our mission to help leaders, teachers and parents save time by providing ideas and opportunities to help them deliver everyday adventure and skills for life. We do this through our family of brands; find out more below and head to the website for your next adventure!



PAWPRINT BADGES

Pawprint Badges provides thousands of free activity ideas and resources to help leaders, teachers and parents deliver fun and adventure.

Every activity helps you share skills for life and is linked to one of our pawesome embroidered badges. Build your collection and celebrate adventures, new skills and knowledge gained.

PAWPRINT TRAILS

Pawprint Trails are treasure-hunt style walks around locations in the UK. Solve puzzles, track down the answers and explore everything our great country has to offer.

From historical sights to popular culture discover something new or rediscover a love for where you live then collect the badge to remember your adventures!

Whether you're looking for the perfect addition to your next family holiday or a few hours of fun with friends; each trail can be completed in a few hours or extended with our activity suggestions in to a weekend or a week's worth of fun!

PAWPRINT TALES

Pawprint Tales are fully illustrated stories that can be enjoyed by the whole family. Join Alfie (our fox-red Labrador) on his adventures around the UK – solving puzzles, turning detective and making new friends. With twists and turns, every tale is an opportunity to discover new places, people and history without needing to leave the comfort of your own home.

Enjoy Pawprint Tales alongside your Pawprint Trails or as a standalone adventure!

PAWPRINT TRUST

Every brand in the Pawprint Family supports the Pawprint Trust with a percentage of profits from every sale providing grants to young people. We're passionate about enabling young people to access life changing adventures.

Share your adventures and join us over on our social channels for even more adventures and a nosy behind the scenes at Pawprint HQ!



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PAWPRINT BADGES

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www.pawprintfamily.com/terms-conditions



Craft

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Make a boat. Ernest Shackleton's ship, *Endurance*, became trapped in pack ice and was crushed in the Imperial Trans-Antarctic Expedition, 1914-1917.



Build an igloo using recycled materials.

Why?

In 1915 the crew of the *Endurance* built igloos and "dogloos" around the ship on the ice. This gave the dogs longer leads and more freedom than was possible on deck.



Try ice painting by freezing paint in ice cube trays. 60% of the world's total fresh water is held in the Antarctic Ice Sheet.



Have a go at ice carving or ice sculpting.



Create your own ice lanterns, bowls or drinking glasses.

Here's an Idea!

Collect and use natural materials and decorations such as leaves, twigs and berries and freeze them in to candle holders for the garden or as a centre piece for a winter table.



Paint some fingerprint penguins. The crew of the *Endurance* sought refuge on Elephant Island in 1916 after their ship was crushed by ice and ate penguins and seals until their rescuers arrived.



Make a sock penguin.



Create your own Celtic harp which features on the coat of arms of Ireland. Shackleton was born on 15th February 1874 in County Kildare, Ireland.



Ireland is famous for its crocheted lace among other crafts. Have a go at making your own piece of traditional lace.



Make a model elephant. Elephant Island became home to the crew of the *Endurance* after she was crushed in pack ice. The island gets its name from both the elephant head-like appearance and the sighting of elephant seals in 1821.



Design your own island. Shackleton's crew from the 1914-1917 expedition called Elephant Island their home but it was an unforgiving landscape. If you were going to make an island home what would you include?



Create your own survival kit. Whether it's for extreme climates or leaving home, your survival situation is up to you!



Food

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Learn to make or create your perfect, multi-layered sandwich.

Why?

Shackleton is buried in South Georgia, part of the South Georgia and South Sandwich Islands; named after the 4th Earl of Sandwich from who our sarnies also get their name!



Shackleton was known to have suffered with heart troubles; having been sent home from his first Antarctic expedition on health grounds and eventually dying of a heart attack in 1922. Research which foods can help to keep our heart healthy and have a go at making a menu full of these foods.



The Christmas dinner menu of 1914 included anchovies in oil, jugged (stewed) hare, whitebait, mince pies, dried and crystalised fruit. Write your own Christmas menu and have a go at making one or more of the courses.



Make or try Christmas pudding.

Why?

During the *Discovery* expedition of 1901-1904 with Captain Scott, Shackleton produced a Christmas pudding which has been "hidden with his socks".



Penguin, seal and seaweed were a staple diet whilst camping on the ice during Antarctic expeditions. Have a go at using seaweed in your cooking.



During expeditions biscuits and dried beef were commonplace but we're not talking about a digestive or a humble rich tea. Ship's biscuits or sledging biscuits took the place of bread. Have a go at making and trying them.

How?

Here's one simple recipe but variations were commonplace. 150g plain flour, 1/2 tsp bicarbonate of soda, 1/2 tsp salt, 30g butter and 50ml water. Rub the butter and flour together, add the bicarb and salt, mix well. Add the water a little at a time to form a dough then roll to around 1cm thick. Cut in to rectangles and place on a baking tray. Bake for 15-20 minutes on 180°C, the colour should remain pale. Remove from the oven and cool. Try them with a variety of toppings from butter and jam to cheese.



Digestive biscuits were found at Scott's base from the *Discovery* expedition. Make your own digestive biscuits.



During the *Nimrod* expedition (1907-1909) Shackleton and crew put together a mock Christmas menu including "penguin patties" make up some fun names for your favourite foods.



Games

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Have a game of ice hockey. Haven't got a rink? Freeze water in a baking tray and have a miniature game with lolly sticks and a button puck.

Why?

In 1903 a report from the South Polar Times (a handmade magazine created by explorers on Scott's *Discovery* expedition) said how they made time for hockey. Once his own ship was trapped in the ice in 1915, Shackleton's men played hockey on the ice to keep up morale.



The crew of the *Endurance* lived on the ice for 10 months. Have a relay race to layer up as though you're about to head to the Antarctic.



Have a game of chess or cards - played to pass the time during long hours of darkness in the Antarctic winter.



Play dominoes or checkers, documented as being played in 1915 on the *Endurance* expedition to keep up morale.



Find a billiards or pool table and have a game. Despite taking limited provisions and the cramped confines of the ship, the *Endurance* crew still found room for a small billiards table which was reportedly in constant use!



Hold your own races or place bets for sweets or chocolate based on the outcome of a snail race/similar.

Why?

In 1915, trapped on the polar ice, Shackleton's crew staged the 'Antarctic Derby' an impromptu dog race with bets placed wagering chocolate and cigarette stores.



The crew of the *Endurance* also staged full-size football matches on the ice in an attempt to keep morale high. Join a team or have a game with friends and family.



Play *The Game of Life* from Hasbro or play a game of your choice. Shackleton was once quoted saying, "Life to me is the greatest of all games."



Race to the South Pole! You could choose to run, walk, hop, skip, relay or play a 'Capture the Flag' style game to plant your flag at the South Pole first!



Play a game online at: rct.uk/resources/game-heart-of-the-great-alone-childrens-activity



In groups race on extra long skis with each person having a foot on each ski.



Other

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Ernest Shackleton joined the Navy at 16. Find out about the role of the Navy and the different job roles they offer.



Shackleton was born in Kildare, Ireland which is famous for its horse racing. Watch a horse race or hold a race night fundraiser.



It is said that Shackleton posted an ad in the London newspaper *The Times* advertising his expedition which reportedly received 5,000 applications. Write your own letter to Shackleton applying to be part of his crew.



Find out where Grytviken, South Georgia is on a map; the location where Shackleton is buried.



The *Endurance* expedition of 1914-1916 is surely one of the greatest tales of survival of all time. Find out more about the events, creating a timeline if you like and take part in your own endurance-style event.



In December 1909, Ernest Shackleton was knighted as part of the King's Birthday Honours. Take a look at some modern-day, living knights and why not nominate someone you know for an honour or award.



Shackleton wanted to be the first man to reach the South Pole but failed despite his several attempts. Find out who reached the pole first and when.



In his search for wealth, Shackleton launched several business ventures which failed and he died heavily in debt. Have a go at setting up your own business, starting with £1.00.



Ernest Shackleton is hailed as one of the greatest leaders of all time. Despite all the obstacles they faced the entire crew of the Imperial Trans-Antarctic Expedition survived. What do you think makes a good leader? Create a job description or share your thoughts in an interesting way.



Watch *The Endurance* (2000) or *South* (1919) that tell the story of Shackleton's *Endurance* expedition.



Create a packing list or pack a bag for an expedition; real or imaginary.



Mark out the voyage of the *Endurance* on a map and discover more about this eventful expedition.



Discover some real-life, modern day explorers. How can they inspire you? You might not be able to go on an Antarctic expedition but what can you achieve?

Adventure Complete?

Reward your young adventurers with their Ernest Shackleton Challenge badge to mark their achievements! Head to the website to bag yours, download certificates and discover even more adventures!



Create a Keepsake!

Experienced adventure? Made memories? Then it's time to create a keepsake! Our Pawprint Family camp blankets are the perfect place to sew your badges and look back on them for years to come.



Personalise it!

Got your camp blanket? Then it's time to make it yours! Our alphabet badges are big, bright and bold...the perfect addition to your camp blanket, hoodies, bags and more. What will you personalise first?



Even More Rewards!

We're all about added value here at Pawprint Family. In addition to the 1000s of free activity ideas and resources you'll find loyalty stickers in every order and you can claim Children's University learning hours too!



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