

# Eid Challenge



**The word 'Eid' means 'feast or 'festival' and there are two...**  
Eid al-Fitr and Eid al-Adha are two major festivals in the Islamic calendar and are celebrated just a couple of months apart, let's explore them both together!

For even more programme ideas check out our 'Eid' board over on  
[www.Pinterest.com/PawprintFamily](https://www.Pinterest.com/PawprintFamily)

**#AdventureForAll**  
[www.PawprintFamily.com](https://www.PawprintFamily.com)

# Meet the FAMILY

Hi there! We're Charlotte & Jamie, the husband and wife team behind the Pawprint Family and we believe in #AdventureForAll.

It's our mission to help leaders, teachers and parents save time by providing ideas and opportunities to help them deliver everyday adventure and skills for life. We do this through our family of brands; find out more below and head to the website for your next adventure!



## PAWPRINT BADGES

Pawprint Badges provides thousands of free activity ideas and resources to help leaders, teachers and parents deliver fun and adventure.

Every activity helps you share skills for life and is linked to one of our pawesome embroidered badges. Build your collection and celebrate adventures, new skills and knowledge gained.

## PAWPRINT TRAILS

Pawprint Trails are treasure-hunt style walks around locations in the UK. Solve puzzles, track down the answers and explore everything our great country has to offer.

From historical sights to popular culture discover something new or rediscover a love for where you live then collect the badge to remember your adventures!

Whether you're looking for the perfect addition to your next family holiday or a few hours of fun with friends; each trail can be completed in a few hours or extended with our activity suggestions in to a weekend or a week's worth of fun!

## PAWPRINT TALES

Pawprint Tales are fully illustrated stories that can be enjoyed by the whole family. Join Alfie (our fox-red Labrador) on his adventures around the UK – solving puzzles, turning detective and making new friends. With twists and turns, every tale is an opportunity to discover new places, people and history without needing to leave the comfort of your own home.

Enjoy Pawprint Tales alongside your Pawprint Trails or as a standalone adventure!

## PAWPRINT TRUST

Every brand in the Pawprint Family supports the Pawprint Trust with a percentage of profits from every sale providing grants to young people. We're passionate about enabling young people to access life changing adventures.

Share your adventures and join us over on our social channels for even more adventures and a nosy behind the scenes at Pawprint HQ!



@pawprintfamily



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# PAWPRINT BADGES

## Age 3 - 5



## Age 5 - 7



## Age 7 - 11



## Age 11 - 14



## Age 14 - 18



## Age 18+



## Craft



## Food



## Games



## Other



**Award yourselves a badge for supporting your young adventurers in their activities!**

- Adapt activities as necessary to meet your needs.
- Add your own activity ideas or develop them into projects.
- Use what you have; don't buy in lots of new materials/equipment.
- No need to send us evidence, responsible grown-ups decide when the badge has been earned.
- One challenge badge can take as long as you like; from a few hours to days or even a full term!

By downloading or purchasing this resource you agree to our terms of use as outlined below. As a husband and wife team we work hard to keep all of our resources and activity ideas available free of charge; we can only do this with your help.

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# Craft

**PAWPRINT  
BADGES**

- ★ Make a card or gift - exchanged at Eid ul-Fitr.
- ★ Cut a paper chain of people and decorate it with the flags of countries where people celebrate Eid.
- ★ Decorate jars and turn them in to lanterns or decorate a paper lantern.

## Why?

Lanterns are a symbol of Ramadan (a month of fasting which is broken by Eid ul-Fitr 'Festival of Breaking the Fast'). In many countries around the world city streets and public squares are lit up with lanterns for Ramadan.

- ★ Use our Mehndi Henna Design resource to design your own henna patterns. Henna is associated with positive spirits and good luck and is applied during weddings and festivals such as Eid ul-Fitr and Eid ul-Adha.
- ★ Make a henna hand ceramic dish using air dry clay. Shape it using your own hand and decorate it with patterns.
- ★ Create a good deeds jar for Ramadan or for daily life.

## What/Why?

Zakat (Almsgiving) is one of the five pillars of Islam. Muslims believe that in helping others and doing good they achieve purification and growth.

Write down a selection of good deeds on lolly sticks or slips of paper and pop them in a cup or jar. Each day, take one out at random and complete that good deed that day.

- ★ Build a model of a mosque (the place of worship for Muslims). Discover the common architectural features of a mosque and their meanings.
- ★ Make a crescent moon and stars mobile or Eid decorations. Eid ul-Fitr begins at the sighting of the new crescent moon. The festivals in Islam are based on the lunar calendar which is why they change date each year.
- ★ Create your own fluffy pompom sheep. Eid ul-Adha remembers the prophet Ibrahim's willingness to sacrifice his son when God ordered him to. As Ibrahim was about to kill his son, Allah stopped him and gave him a lamb to sacrifice instead.
- ★ Cut and collage colourful lantern silhouettes using black paper/card and fill the 'windows' with coloured tissue paper.



# Food

**PAWPRINT  
BADGES**

- ★ Eid ul-Fitr is also known as “Sweet Eid” when dishes like Baklava, from Turkey, are consumed. Have a go at making your own Baklava.
- ★ Try fasting for a day.

## Why?

Fasting is one of the five pillars of Islam and the month of Ramadan is observed by Muslims all over the world as a month of fasting, prayer, reflection and community. Some people do not have to fast such as young children, the elderly and pregnant women. Eid ul-Fitr is also known as the ‘*Festival of Breaking the Fast*’.

- ★ Eid al-Adha is also known as “Salty Eid” because a wider variety of dishes are served including beef or mutton depending on which animal has been slaughtered in the house. Make a dish using salt crust pastry.
- ★ Discover what Halal food is and where you can buy it.
- ★ Host an Edi ul-Fitr dinner.

## Why?

Hilary Clinton held the first Eid ul-Fitr dinner at the White House in 1996 and it has been held every year since, until 2017 when it was stopped by president Trump.

- ★ Eid ul-Adha celebrates the sacrifice of a lamb by Ibrahim. Make a lamb curry or another lamb based dish.
- ★ Muslims in Bosnia enjoy a poached apple dessert known as Tufahije. Find out how to make it and have a go.
- ★ Make your own or try Sheer Khurma; a sweet milk pudding with vermicelli topped with nuts and raisins commonly eaten during Eid.
- ★ Bake some moon and star shaped biscuits.
- ★ Discover Seviyan, the most common dessert eaten in Indian during Eid ul-Fitr, also known as “meethi Eid”; the sweet festival.
- ★ Make your own Bolani (stuffed flat breads) that are a family favourite during a child-orientated Eid in Afghanistan.
- ★ Smell the difference; discover some of the most popular spices used in Islamic recipes and see if you can smell the difference when blindfolded.



# Games

**PAWPRINT  
BADGES**

- ★ Have a game of musical chairs using Naseed chants; popular throughout the Islamic world.
- ★ Pass the Eidi (pass the parcel to you and me).

What?

Eidi is a gift usually given to children at Eid as part of the celebrations. The most common type of Eidi is a gift of money but clothes and other gifts are often exchanged.

- ★ Create your own board game based on good deeds and/or the 5 pillars of Islam.
- ★ Pin the minaret on the mosque.
- ★ Guess how much Eidi is in the jar.

How?

Fill a jar with coins and then get members of your family and friends to guess how much Eidi is in the jar.

- ★ Many games are considered Haram in Islam. Find out what 'Haram' means and what kinds of games are Haram.
- ★ In Islam the sacred direction is towards Mecca. Muslims face this direction in prayer and use a Qibla compass to indicate the direction. Play a game of corners using North, South, East and West. When "Qibla" is shouted all players must return to the centre and the last player is out.
- ★ Eid is a time to spend with family; play or create your own version of Happy Families card game.
- ★ Make your own Eid pairs game using common words, symbols and items from Islam and the Eid festivals.
- ★ Match the countries to their flags or see if you can guess the country from a picture of their flag. There are 49 countries in the world where Muslims make up the majority of the population and more than 100 countries where Muslims celebrate Eid.
- ★ Create your own Moon pinata and enjoy smashing it as part of your Eid celebrations.



# Other

**PAWPRINT**  
**BADGES**

- ★ Fasting is one of the 5 pillars of Islam, find out about the others; faith, prayer, charity and making the pilgrimage to Mecca.
- ★ Find Mecca on a map and discover its significance to Muslims across the world.
- ★ Do something for charity. Zakat al-Fitr is a charity taken for the poor a few days before the end of fasting in the month of Ramadan.
- ★ Find out the meaning of the Eid greeting “Eid Mubarak” and discover how you would greet people in different cultures.
- ★ Eid has many different names in countries around the world. Find out some of the other names and where they come from.
- ★ Eid al-Adha is celebrated at the end of Hajj (pilgrimage to Mecca). Plan a trip to Mecca; how would you get there? How about if you couldn't fly? Which countries would you pass through, how long would it take, how many miles, what currencies would you need, etc?
- ★ Take a trip or make a pilgrimage of your own to a place that is important to you; this could be an old family home, a religious or spiritual place or a destination that you've always wanted to visit.
- ★ Visit your local mosque and find out about Eid celebrations in your local community.
- ★ Dress in traditional Islamic dress. How does it differ from traditional dress in your own faith/culture?
- ★ Make a compass; Muslims use a modified compass (Qibla) to find the direction of Mecca.
- ★ In Islam there is a big focus on community and helping others; volunteer and give your time to help others in your community.
- ★ In the city of Mecca only Muslims are allowed to enter. Non-Muslims may not enter or travel through. Do you think this is fair? Are there any other places in the world with restrictions like this?
- ★ Speak to someone who identifies as Muslim and discover their faith from a different perspective. What does a day in their life look like? How does it change throughout the year?

## Adventure Complete?

Reward your young adventurers with their Eid Challenge badge to mark their achievements! Head to the website to bag yours, download certificates and discover even more adventures!



## Create a Keepsake!

Experienced adventure? Made memories? Then it's time to create a keepsake! Our Pawprint Family camp blankets are the perfect place to sew your badges and look back on them for years to come.



## Personalise it!

Got your camp blanket? Then it's time to make it yours! Our alphabet badges are big, bright and bold...the perfect addition to your camp blanket, hoodies, bags and more. What will you personalise first?



## Even More Rewards!

We're all about added value here at Pawprint Family. In addition to the 1000s of free activity ideas and resources you'll find loyalty stickers in every order and you can claim Children's University learning hours too!



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