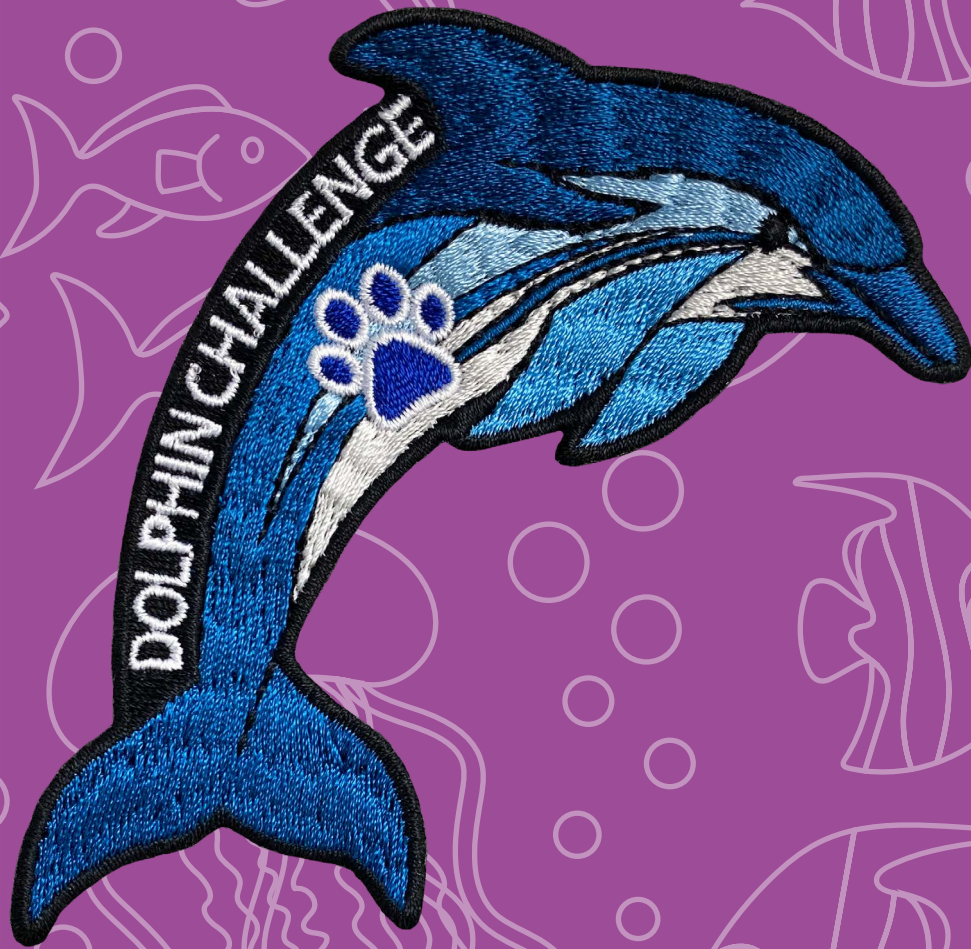


Dolphin Challenge



Are you ready to dive in to the playful world of dolphins?

Meet David the Dolphin. Affectionately named after our favourite Attenborough, David is here to guide you on your playful journey in to the deep!

For even more programme ideas check out our 'Dolphin' board over on www.Pinterest.com/PawprintFamily

#AdventureForAll
www.PawprintFamily.com

Meet the FAMILY

Hi there! We're Charlotte & Jamie, the husband and wife team behind the Pawprint Family and we believe in #AdventureForAll.

It's our mission to help leaders, teachers and parents save time by providing ideas and opportunities to help them deliver everyday adventure and skills for life. We do this through our family of brands; find out more below and head to the website for your next adventure!



PAWPRINT BADGES

Pawprint Badges provides thousands of free activity ideas and resources to help leaders, teachers and parents deliver fun and adventure.

Every activity helps you share skills for life and is linked to one of our pawesome embroidered badges. Build your collection and celebrate adventures, new skills and knowledge gained.

PAWPRINT TRAILS

Pawprint Trails are treasure-hunt style walks around locations in the UK. Solve puzzles, track down the answers and explore everything our great country has to offer.

From historical sights to popular culture discover something new or rediscover a love for where you live then collect the badge to remember your adventures!

Whether you're looking for the perfect addition to your next family holiday or a few hours of fun with friends; each trail can be completed in a few hours or extended with our activity suggestions in to a weekend or a week's worth of fun!

PAWPRINT TALES

Pawprint Tales are fully illustrated stories that can be enjoyed by the whole family. Join Alfie (our fox-red Labrador) on his adventures around the UK – solving puzzles, turning detective and making new friends. With twists and turns, every tale is an opportunity to discover new places, people and history without needing to leave the comfort of your own home.

Enjoy Pawprint Tales alongside your Pawprint Trails or as a standalone adventure!

PAWPRINT TRUST

Every brand in the Pawprint Family supports the Pawprint Trust with a percentage of profits from every sale providing grants to young people. We're passionate about enabling young people to access life changing adventures.

Share your adventures and join us over on our social channels for even more adventures and a nosy behind the scenes at Pawprint HQ!



@pawprintfamily



@pawprint_family

PAWPRINT BADGES

You can view the extended terms of use on our website
www.pawprintfamily.com/terms-conditions



Craft

**PAWPRINT
BADGES**

- ✳ Bottlenose dolphins can recognise themselves in a mirror. Decorate a mirror or make a new frame for an old mirror using marine/recycled plastics.
- ✳ Get creative and build your own jumping dolphin cam toy. Investigate basic mechanics and see how different shaped cams can change the motion of the dolphin on the top of your toy. Check out our Pinterest board for some ideas.
- ✳ Make a gift for someone or send a home made card.

Why?

Dolphins are recognisable from their curved mouths which make them look like they're smiling. Giving gifts or letting people know that you're thinking about them often brings a smile to people's faces.

- ✳ Use paper plates and a split pin to make your own jumping, diving dolphin.

How?

You will need 2 paper plates, a split pin and some colouring pens/paints. Cut a section off the top of one plate, just above the centre, in a horizontal line, creating waves. Decorate this first plate to look like the sea. Then decorate your second paper plate, drawing a jumping dolphin in an arc along the edge in approximately one quarter of the plate, the rest is sky and can be decorated as you like. Pin the two plates together (dolphin one at the back) in the centre with your split pin and watch your dolphin jump out of the sea as you spin the back plate.

- ✳ Dolphins like to blow bubbles. Make some bubble art.
- ✳ Make a boat; dolphins like to bow-ride alongside boats as they sail through the water. Maybe you could decorate the bow of your boat with dolphins?
- ✳ Pollution is the biggest threat to many dolphin species; make something from plastics that you would otherwise throw away.
- ✳ Sew your own sleep mask. Unlike us, dolphins can sleep with one half of their brain at a time so they remain alert to danger and can surface to breathe when needed.
- ✳ Make your own water-bottlenose dolphin from an old drinks bottle.
- ✳ Get creative and make your own dolphin mobile; dolphins live in groups called 'pods' which can be of up to as many as 1000 individuals!



Food

**PAWPRINT
BADGES**

- ✱ Make a fish dish.

Here's an idea!

This challenge is only limited by your imagination! You could make your own fish-shaped fish cakes, bake your own fish pie or be a little more adventurous with a chowder, paella or salt-baked recipe.

- ✱ Try squid or have a go at making your own calamari rings.
- ✱ Dolphins eat fish, squid and crustaceans such as shrimp. Visit your local fish monger and take a look at the differences between them.
- ✱ What's the difference between prawns and shrimp? Find out!
- ✱ Baby dolphins will feed off their mother's milk for up to 2 years. Find out about the nutritional value of milk and cook a milk based dish.
- ✱ A group of dolphins is called a 'pod'. Grow your own pea pods!
- ✱ Try some different shell fish and/or learn how to cook them.
- ✱ Bake your own pod of dolphins.

What?

Make and decorate dolphin shaped biscuits to create your own pod of dolphins, though we're not suggesting you make a thousand! You could decorate them to look like the different species of dolphin or even decorate them to look like killer whales, which are in fact the largest species of dolphin and not a whale at all!

- ✱ Some dolphins may have a home area of up to 400km² which is an area bigger than the Isle of Wight! Make your own afternoon tea or cook with crab, asparagus, honey, strawberries, tomatoes or garlic; all foods the Isle of Wight is famous for.
- ✱ Make your own banana dolphins; using unpeeled bananas, cut the stalk in two to make the dolphin mouth and add a grape to keep it open. You could present your banana dolphins in their very own jelly pools!
- ✱ Bake a dolphin themed celebration cake.
- ✱ Dolphins can dive up to 1000m. Find out about the layers of the ocean and make your own layered ocean jelly to demonstrate what you discovered.



Games

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- ✧ Play your own game of 'Fish-Whacking'.

What/How?

Dolphins whack fish with their tails in order to stun them and make them easier to eat, we've created a game to make this feeding frenzy fun!

Based on a basic tag principle, one/two people are dolphins, the rest are fish. When a fish is tagged by a dolphin they are stunned. Stunned fish must count to 5 out loud before they 'come around' and can swim off. Dolphins cannot tag/stun the same fish twice in a row but can return to a stunned fish in order to eat them (within the 5 second countdown). Once a fish is stunned and then tagged again within their 5 second countdown they are 'eaten' and are out of the game. The last fish swimming is the winner.

- ✧ Dolphins can recognise themselves in a mirror. Play a mirroring game like Simon Says. The leader does an action, the dolphins must mirror it and the last person to complete the action is out.
- ✧ Noise pollution is a threat to dolphins, can you decipher the messages when wearing headphones playing music/white noise?
- ✧ Play a game of Giant's Keys.

Why/How?

Dolphins use echolocation to help them see underwater.

Sitting in a circle, one person 'The Giant' sits blindfolded in the centre guarding the bunch of keys. A chosen person must sneak around the circle, in to the centre, grab the keys and then return to their place without being heard. The giant must use their hearing to try and catch the thief before they succeed.

- ✧ Create your own fishing game; lose points if you catch a dolphin.
- ✧ Dolphins have no sense of smell but a well developed sense of touch. Identify different objects by their sound or touch alone.
- ✧ Play plastic free snap or higher/lower game using our free resource. Search our website for 'plastic free' or 'higher lower' to find them.
- ✧ Kerplunking is the term used to describe one of the feeding methods of bottlenose dolphins in Australia and Florida. Find out what it means and have a game of Ker-Plunk (or make your own version).
- ✧ Have a game of friend or food. When shown a picture of a marine animal decide whether or not it is a 'friend' (fellow dolphin) or 'food' (something dolphins would eat).



Other

PAWPRINT
BADGES

- ✧ The Amazon river is home to 4 species of dolphin not found anywhere else in the world. Find the Amazon river on a map and discover the dolphins.
- ✧ Whaling is a threat to killer whales. Debate whether or not you think its right.
- ✧ Tell a joke and make someone smile like a dolphin.
- ✧ Compare the sizes of different species of dolphin from the 9m + killer whale to the 1.5m Maui dolphin.
- ✧ Dolphins can dive but need to surface for air. Have a go at diving or snorkeling; what's it like holding your breath/trying to breathe underwater?
- ✧ Dolphins are known for their acrobatic skills - take a gym class.
- ✧ David is a striped dolphin. Find out where in the UK you might be able to spot striped dolphins. Take it further and plan a trip.
- ✧ Take an IQ test. Dolphins are believed to be the second most intelligent mammals next to humans.
- ✧ Coastal areas are where you can expect to find dolphins around the world. Try some sensory play and recreate your own coastline with sand, water, rocks and jelly (for seaweed).
- ✧ Find out which dolphins are on the endangered list.
- ✧ Dolphins are in fact mammals and not fish. They are classed as cetaceans which also includes whales and porpoises. Take a look at the other members of the cetacean family and compare them to the dolphins you've discovered.
- ✧ Take a look at the dolphin food chain. Killer whales are known as apex predators (at the top of the food chain) but what do they eat?
- ✧ Find out about dolphins in captivity and why there are no dolphins in captivity in the UK.
- ✧ Dolphins communicate using a range of noises including whistles, clicks, squawks, squeaks, moans, barks, groans and yelps. Listen to some recordings of dolphin noises and try to recreate some of the noises yourself.
- ✧ Dolphins can swim up to speeds of 29km/h (18mph). Visit your local swimming pool and see how fast you can swim. How do you compare?

Adventure Complete?

Reward your young adventurers with their Dolphin Challenge badge to mark their achievements! Head to the website to bag yours, download certificates and discover even more adventures!



Create a Keepsake!

Experienced adventure? Made memories? Then it's time to create a keepsake! Our Pawprint Family camp blankets are the perfect place to sew your badges and look back on them for years to come.



Personalise it!

Got your camp blanket? Then it's time to make it yours! Our alphabet badges are big, bright and bold...the perfect addition to your camp blanket, hoodies, bags and more. What will you personalise first?



Even More Rewards!

We're all about added value here at Pawprint Family. In addition to the 1000s of free activity ideas and resources you'll find loyalty stickers in every order and you can claim Children's University learning hours too!



Subscribe to the **Tribe News** for all the latest adventures direct to your inbox!

Scan me!

