

Diwali Challenge



May your life be as luminous as the light of the lamp!

Diwali is the five-day festival of lights. It is a festival of new beginnings and the triumph of good over evil; but who celebrates Diwali and how is it celebrated?

For even more programme ideas check out our 'Diwali' board over on www.Pinterest.com/PawprintFamily

#AdventureForAll
www.PawprintFamily.com

Meet the FAMILY

Hi there! We're Charlotte & Jamie, the husband and wife team behind the Pawprint Family and we believe in #AdventureForAll.

It's our mission to help leaders, teachers and parents save time by providing ideas and opportunities to help them deliver everyday adventure and skills for life. We do this through our family of brands; find out more below and head to the website for your next adventure!



PAWPRINT BADGES

Pawprint Badges provides thousands of free activity ideas and resources to help leaders, teachers and parents deliver fun and adventure.

Every activity helps you share skills for life and is linked to one of our pawesome embroidered badges. Build your collection and celebrate adventures, new skills and knowledge gained.

PAWPRINT TRAILS

Pawprint Trails are treasure-hunt style walks around locations in the UK. Solve puzzles, track down the answers and explore everything our great country has to offer.

From historical sights to popular culture discover something new or rediscover a love for where you live then collect the badge to remember your adventures!

Whether you're looking for the perfect addition to your next family holiday or a few hours of fun with friends; each trail can be completed in a few hours or extended with our activity suggestions in to a weekend or a week's worth of fun!

PAWPRINT TALES

Pawprint Tales are fully illustrated stories that can be enjoyed by the whole family. Join Alfie (our fox-red Labrador) on his adventures around the UK – solving puzzles, turning detective and making new friends. With twists and turns, every tale is an opportunity to discover new places, people and history without needing to leave the comfort of your own home.

Enjoy Pawprint Tales alongside your Pawprint Trails or as a standalone adventure!

PAWPRINT TRUST

Every brand in the Pawprint Family supports the Pawprint Trust with a percentage of profits from every sale providing grants to young people. We're passionate about enabling young people to access life changing adventures.

Share your adventures and join us over on our social channels for even more adventures and a nosy behind the scenes at Pawprint HQ!



@pawprintfamily



@pawprint_family

PAWPRINT BADGES

You can view the extended terms of use on our website
www.pawprintfamily.com/terms-conditions



Craft

**PAWPRINT
BADGES**

ॐ Make a Diwali lamp (diyas).

Did You Know?

The word Diwali comes from the Sanskrit word deepvali, meaning “rows of lighted lamps”. During the festival houses, shops and public places are decorated with small oil lamps called diyas.

- ॐ Fireworks are popular during Diwali celebrations; paint a firework picture using any method you like.
- ॐ Print or draw your own Om/Ohm symbol and decorate. Om is a sacred and spiritual symbol in Indian religions and can often be seen in rangoli designs during Diwali.
- ॐ Make or decorate a money box. Lakshmi, the Hindu goddess of wealth, is worshiped as the bringer of blessings for the new year.
- ॐ Create your own mehndi/henna patterns; use our free download to help you with inspiration.
- ॐ Learn to plait or create a bun hair style.

Why?

Diwali is celebrated by Hindus, Sikhs and Jains across the world. Those following Sikhism allow their hair to grow, uncut. Their hair is usually wrapped in to a bun and covered with a turban. Another way of managing long hair is with plaiting.

- ॐ Make your own rangoli patterns using coloured sand, rice or colour a design of your choice.
- ॐ Decorate a candle or t-light holder.
- ॐ Make a card or gift for your friend or relative. It is tradition to visit your family during Diwali and exchange card and gifts of new clothes, jewellery, sweets and oil lamps.
- ॐ Have a recycled fashion show and create some new outfits for your Diwali celebrations; when new clothes are traditionally given and worn. You could up-cycle old clothes or use recycled materials.
- ॐ Create paper flowers and garlands to decorate your home as is traditional during Diwali.



Food

**PAWPRINT
BADGES**

- ॐ Make your own coloured rice/salt to create rangoli designs.
- ॐ Those observing Jainism are vegetarian. Try to eat vegetarian for a week (if you're not already) or make a new vegetarian dish.
- ॐ Find out how and make your own rasgulla; a popular Bengali dessert.
- ॐ Make your own laddoo. Made with besan (chickpea flour) they are a favourite desert recipe for any celebration. They can be made using a microwave if you don't have cooking facilities at your meeting place.
- ॐ Fireworks and sparklers are popular during Diwali; make your own edible sparklers.

How?

A super easy and effective food activity. Dip the ends of bread sticks in melted chocolate and decorate with sprinkles and edible stars!

- ॐ Make and taste traditional Indian breads such as Chapati, Roti, Paratha, Naan, Dosa, Phulka or Puri.
- ॐ Cook and/or try some traditional Indian snacks including samosas, bhajis and tikka.
- ॐ Taste Stilton and Red Leicester cheeses.

Why?

Leicester holds the largest Diwali celebrations outside India. Leicester is famous for several foods including Stilton and Red Leicester cheese and pork pie.

- ॐ Have a go at raising your own pork pies using hot water crust pastry.
- ॐ Feeling brave? Try different curries and find your favourite... do you like them hot?
- ॐ Make your own sweet treats to exchange or give to a friend as is tradition on day 3 of Diwali.
- ॐ Cook up your own chana dal burfi (split chickpea/lentil fudge).
- ॐ Have a go at making your own peda. Usually made from khoya (milk solids), they can also be made using a microwave and sweetened condensed milk.



Games

**PAWPRINT
BADGES**

- ॐ Take part in a quiz and test your knowledge. Diwali celebrates the triumph of good over evil and knowledge over ignorance!
- ॐ Follow a trail or treasure hunt. Hindus place footprints in their homes to show that Lakshmi (the goddess of wealth) is/has been there.
- ॐ Hugely popular on Diwali day, play a game of cards or learn a new one.
- ॐ Play a game of Creative Diwali (ladieskitty.net)

How?

Each player places a paper plate on their head and draws the following:

Two candles and two diyas, a swastika and write 'Happy Diwali'.

When complete everyone looks at their drawing and scores themselves as follows:

- 5 points if the candles are not touching each other 2 points if they are.
- 4 points if the diyas are not overlapping and 2 if they are.
- 3 points if the swastika is in the correct shape and 1 point if it is not.
- 10 points for writing Happy Diwali in one line and 5 points if it is not.

- ॐ Have a game of Tambola (Indian Bingo) using numbers 1-90.
- ॐ Play a game of Antakshari. Traditionally played India the first player starts to sing a song or speak the words, the second player must then start a new song using the last word/sound of the first song. Typically only songs from Hindustani classical music or Bollywood movies are used but have a go using pop music.
- ॐ Light as many candles as you can (safely) using only one match. Compete between you. This is a great activity for teaching and learning about match use and safety.
- ॐ Play a game of Candles and Dice (ladieskitty.net)

How?

Sitting in a circle, each player has 4 candles. Take it in turns to roll the dice. If you roll a number 1-4, (a 4 for example) the player sitting 4 places to your right gives the roller one of their candles. If rolling a 5 or 6 do nothing and pass the dice on. When all your candles have been given away you are out.

- ॐ Blow as many candles out as you can while blindfolded in 30 seconds. Remember: safety first, ensure adult supervision and that loose clothing/hair is tied back.



Other

**PAWPRINT
BADGES**

- ॐ Diwali is celebrated by Hindus, Sikhs and Jains; find out about one of these religions, their beliefs and the teachings they follow.
- ॐ Prepare for Diwali celebrations and help with household cleaning. Use our Rewards and Responsibilities chart to track your progress.
- ॐ One of the beliefs of Sikhism is to be generous to those less fortunate; sort and gather items to donate to charity as part of your Diwali cleaning and preparations.
- ॐ Learn some traditional Indian/Bollywood dancing.
- ॐ Read the story of Rama and Sita (the Diwali Story) and then have a go at acting it out or playing a game based on the story.
- ॐ In the story the evil Ravana was killed with an arrow; try archery.
- ॐ Leicester hosts the largest Diwali celebrations outside of India. Find out where Leicester is and when the celebrations happen. If you can why not visit and experience the celebrations for yourself?
- ॐ Visit a local temple or church as is custom on Diwali Day.
- ॐ Watch a Bollywood film or an Indian film. Are there any differences between the film you watched and those you watch normally?
- ॐ Learn some traditional Diwali greetings in different languages. Diwali is an official holiday in Fiji, Guyana, India, Malaysia, Mauritius, Myanmar, Nepal, Pakistan, Singapore, Sri Lanka, Suriname and Trinidad and Tobago.
- ॐ Sing the Diwali Song or have a go at writing your own.

How?

The following words fit to the tune of Twinkle Twinkle Little Star:
Twinkle twinkle lamps so bright, All around us giving light.
Flickering, dancing around the room, Send away the dark and gloom.
Twinkle twinkle lamps so bright, Celebrate with us tonight.
Twinkle twinkle little light, Glowing strongly, small but bright.
Tell the tales of long ago - Rama and Sita coming home.
Twinkle twinkle little light, Diwali's here and starts tonight!

- ॐ Invite a member of your local community to talk to you about how they celebrate Diwali.

Adventure Complete?

Reward your young adventurers with their Diwali Challenge badge to **mark their achievements!** Head to the website to bag yours, download certificates and discover even more adventures!



Create a Keepsake!

Experienced **adventure**? Made **memories**? Then it's time to create a **keepsake**! Our Pawprint Family camp blankets are the perfect place to **sew your badges** and look back on them for years to come.



Personalise it!

Got your camp blanket? Then it's time to make it yours! Our alphabet badges are **big, bright and bold**...the perfect addition to your camp blanket, hoodies, bags and more. What will you personalise first?



Even More Rewards!

We're all about added value here at Pawprint Family. In addition to the 1000s of **free activity ideas** and resources you'll find **loyalty stickers** in every order and you can claim Children's University learning hours too!



Subscribe to the **Tribe News** for all the latest adventures direct to your inbox!

Scan me!

