

Den Day Challenge



Building dens is for all kids; big or small!

Let's make a difference our own way, as we get creative in support of Den Day! Celebrate imagination and creativity with 40+ activities in this challenge pack.

For even more programme ideas check out our 'Den Day' board over on www.Pinterest.com/PawprintFamily

#AdventureForAll
www.PawprintFamily.com

Meet the FAMILY

Hi there! We're Charlotte & Jamie, the husband and wife team behind the Pawprint Family and we believe in #AdventureForAll.

It's our mission to help leaders, teachers and parents save time by providing ideas and opportunities to help them deliver everyday adventure and skills for life. We do this through our family of brands; find out more below and head to the website for your next adventure!



PAWPRINT BADGES

Pawprint Badges provides thousands of free activity ideas and resources to help leaders, teachers and parents deliver fun and adventure.

Every activity helps you share skills for life and is linked to one of our pawesome embroidered badges. Build your collection and celebrate adventures, new skills and knowledge gained.

PAWPRINT TRAILS

Pawprint Trails are treasure-hunt style walks around locations in the UK. Solve puzzles, track down the answers and explore everything our great country has to offer.

From historical sights to popular culture discover something new or rediscover a love for where you live then collect the badge to remember your adventures!

Whether you're looking for the perfect addition to your next family holiday or a few hours of fun with friends; each trail can be completed in a few hours or extended with our activity suggestions in to a weekend or a week's worth of fun!

PAWPRINT TALES

Pawprint Tales are fully illustrated stories that can be enjoyed by the whole family. Join Alfie (our fox-red Labrador) on his adventures around the UK – solving puzzles, turning detective and making new friends. With twists and turns, every tale is an opportunity to discover new places, people and history without needing to leave the comfort of your own home.

Enjoy Pawprint Tales alongside your Pawprint Trails or as a standalone adventure!

PAWPRINT TRUST

Every brand in the Pawprint Family supports the Pawprint Trust with a percentage of profits from every sale providing grants to young people. We're passionate about enabling young people to access life changing adventures.

Share your adventures and join us over on our social channels for even more adventures and a nosy behind the scenes at Pawprint HQ!



@pawprintfamily



@pawprint_family

PAWPRINT BADGES

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www.pawprintfamily.com/terms-conditions



Craft

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- ➔ Create a sculpture showing one of the rights of a child, according to the UN Convention on the Rights of a Child (UNCRC). Find a child friendly version of the convention at: savethechildren.org.uk/what-we-do/childrens-rights/united-nations-convention-of-the-rights-of-the-child
- ➔ Make some bunting to decorate your den or alternatively a flag to go on top. How might your den look different in different countries around the world? Use our free bunting template to help you.
- ➔ Create a designer den. Draw, paint or collage what your ideal den would look like; where would it be, what would be in it, what materials would it be made out of and how would you decorate it?
- ➔ Create your own set of designer fairy-lights to use as lighting for your den. What style will you go for?

How?

Jazz up an old, unloved set of fairy lights by slotting fairy cake cases, paper cups or folded origami shapes over each bulb. Find some ideas over on our Pinterest Board.

- ➔ Make a helping hands paper chain so that next time you're stuck or don't know who to turn to you have a quick guide.

What/Why?

Save the Children work to protect children and fight to keep every child safe. It's good to know who to speak to if you're worried/scared or you find yourself in a frightening situation. Make a helping hands paper chain of people and label each one with someone who could help you, i.e. Parent, teacher, leader, the police.

- ➔ 23% of children in England don't reach the expected level of language development by the age of 5. Save the Children work to provide essential items to help support child education; both in the UK and abroad. Create a resource to help younger children read/write.
- ➔ Make/decorate a cushion cover, pillow or blanket to go in your den. You could add applique or iron on felt shapes to a cushion cover or up-cycle a piece of old clothing!
- ➔ Build a fairy den in the woods with twigs and leaves.
- ➔ Design a placard campaigning about one of the rights of a child. See above where to find a child friendly version. Why not decorate and colour in our free Activism Colouring Sheet?



Food

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- ➔ 45% of all child deaths are linked to malnutrition. Find out about what a balanced meal is and cook a meal for family and friends. Why not share the information you found in a fun and interactive way during your meal?
- ➔ 823,000 deaths of children under 5 could be prevented by improving breastfeeding practices across the countries Save the Children are working in. Find out about breastfeeding, the support available in your area and the alternatives.
- ➔ Around the world 569 million children and young people live on less than a £1 a day. Shop and cook a meal for less than £1.00. You can calculate the cost per meal by dividing the total amount you spent by the number of portions you create.
- ➔ More than 1 in 4 children in England live in poverty. Save the Children celebrated their 100th birthday in 2019 Can you collect 100 items to donate to your local food bank?
- ➔ Children around the world are starving. Try fasting for a day, just drinking water. How did it feel? Can you imagine living like that for days on end, not knowing when you will have your next meal?

Remember!

This can be dangerous if the weather is very hot. Tell someone what you're doing and why so they can monitor you throughout the day. You could even get sponsored and raise money for Save the Children.

- ➔ If you had to leave home suddenly and you only had one meal left, what would you choose and why? Make it and share it with friends and family.
- ➔ Try foods from countries where Save the Children are working around the world i.e. Brazil, Columbia, Peru, Libya, Egypt, Lebanon and Greece. Find out more at: savethechildren.org.uk/where-we-work
- ➔ Build mini dens on top of fairy cakes. You could use chocolate sticks to form tee-pees and fondant icing for sheets. Tag us in your creations @PawprintFamily on Facebook/Twitter and @Pawprint_Family on Instagram.
- ➔ Make a picnic to enjoy in your den.
- ➔ Collect old plastic milk bottles and build yourself a recycled igloo den.
- ➔ Toast a marshmallow over a t-light and enjoy a s'more in your den.



Games

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- ➔ Build a city of dens and play hide and seek. From blankets and playhouses to dining chairs and laundry airers, rally all your den building supplies for this epic game of hide and seek!
- ➔ Being in a den often makes us feel safe. The same is true for animals. Play the 'Squirrel in a Tree' game.

How?

One person is the squirrel, another is the fox. Everyone else gets into pairs to make the trees. The pairs spread themselves around the room making archways/ 'trees', these are the safe-havens for the squirrel. Essentially it is a game of 'tag' where the squirrel is being chased by the fox, however when the squirrel runs through/waits in one of the 'trees' they are safe and cannot be tug. The squirrel cannot be in a tree for more than 5 seconds.

- ➔ 'Dragon's Den' - Create your own game and then pitch it to a panel of judges. Can you identify a gap in the market and create something brand new?
- ➔ Play the story chair game with the story of 'Daniel in the Lion's Den'

How?

Group sits in a circle. The leader goes around and gives character names to each individual in turn (King Darius, Daniel, God, Lions). The leader then reads aloud an appropriate version of the story and each time a character's name is read out, those with that name must swap seats. Make it more difficult for older groups by removing a chair each time so that the person left standing is out.

- ➔ Play your favourite board or card games in your home-made den. Why not make your own Trump Cards using our free resource and enjoy playing with them together?
- ➔ Use your imagination and turn your den in to anything you like; a pirate ship, a bear cave.
- ➔ Create a TV Advert/short play about children's rights or to raise awareness of Save the Children's work.
- ➔ Many animals live in dens. Cub's eyes and ears only open at 2-3 weeks. Complete an obstacle course blindfolded and wearing ear defenders to block your hearing.
- ➔ Many children are torn from their home by famine, flood and war. If you had to leave home, what 3 things would you take with you and why? Play a relay race to pack your bag as quickly as you can bringing only one item at a time.



Other

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- ➡ Build a Den and raise money for Save the Children. There's no fixed date for Den Day so you can choose any day and time that suits you!
- ➡ Find out about a typical day in the life of a child in a country very different to your own. Compare and contrast with your own life and act out the day. You can find videos on the Save the Children website.
- ➡ 1 in 5 children misses out on routine immunisations, leaving them exposed to deadly illnesses. Find out what these illnesses are and raise awareness of them through a method of your choice.
- ➡ Test out different kinds of shelter/tent. Rate them or write a review.
- ➡ Take part in a 'sleep out' with only a cardboard box for shelter. What do you think it would be like to be without a home?
- ➡ Find out about animals that live in dens. How are they different from animal to animal? What are the different design features like? Where are the dens built, what materials do they use and how can they help the animal survive?

Take it further...

Visit the zoo or a wildlife park to see some of these animals for yourself. You could even count this towards your Zoo Challenge badge too.

- ➡ In 2019 (when we launched this partnership) Save the Children celebrated its 100th Birthday. Can you raise £100 to help support their work? Donate by contacting your Save the Children representative.
- ➡ Practice putting up your tent and have a go at camping indoors or out. Camping is a great adventure whatever your age and you don't have to go miles from home for it to be fun!
- ➡ Find out who Eglantyne Jebb is and what she is famous for.
- ➡ 1 in 6 secondary school aged children worldwide are not in school. Hold a debate; should school be compulsory or not?
- ➡ Have a movie night in your den. Grab the popcorn, pop on a film and settle down in your den with friends or family.
- ➡ Have a sleepover in your den, if you're part of a group you could build dens on your next camp/holiday and spend a night in them.

Adventure Complete?

Reward your young adventurers with their Den Day Challenge badge to mark their achievements! Head to the website to bag yours, download certificates and discover even more adventures!



Create a Keepsake!

Experienced adventure? Made memories? Then it's time to create a keepsake! Our Pawprint Family camp blankets are the perfect place to sew your badges and look back on them for years to come.



Personalise it!

Got your camp blanket? Then it's time to make it yours! Our alphabet badges are big, bright and bold...the perfect addition to your camp blanket, hoodies, bags and more. What will you personalise first?



Even More Rewards!

We're all about added value here at Pawprint Family. In addition to the 1000s of free activity ideas and resources you'll find loyalty stickers in every order and you can claim Children's University learning hours too!



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