

Day of the Dead



Gather together and celebrate the lives of loved ones passed!

Day of the Dead is a Mexican holiday where friends and family gather together to pray for and remember friends and family members who have died.

For even more programme ideas check out our 'Day of the Dead' board over on www.Pinterest.com/PawprintFamily

#AdventureForAll
www.PawprintFamily.com

Meet the FAMILY

Hi there! We're Charlotte & Jamie, the husband and wife team behind the Pawprint Family and we believe in #AdventureForAll.

It's our mission to help leaders, teachers and parents save time by providing ideas and opportunities to help them deliver everyday adventure and skills for life. We do this through our family of brands; find out more below and head to the website for your next adventure!



PAWPRINT BADGES

Pawprint Badges provides thousands of free activity ideas and resources to help leaders, teachers and parents deliver fun and adventure.

Every activity helps you share skills for life and is linked to one of our pawesome embroidered badges. Build your collection and celebrate adventures, new skills and knowledge gained.

PAWPRINT TRAILS

Pawprint Trails are treasure-hunt style walks around locations in the UK. Solve puzzles, track down the answers and explore everything our great country has to offer.

From historical sights to popular culture discover something new or rediscover a love for where you live then collect the badge to remember your adventures!

Whether you're looking for the perfect addition to your next family holiday or a few hours of fun with friends; each trail can be completed in a few hours or extended with our activity suggestions in to a weekend or a week's worth of fun!

PAWPRINT TALES

Pawprint Tales are fully illustrated stories that can be enjoyed by the whole family. Join Alfie (our fox-red Labrador) on his adventures around the UK – solving puzzles, turning detective and making new friends. With twists and turns, every tale is an opportunity to discover new places, people and history without needing to leave the comfort of your own home.

Enjoy Pawprint Tales alongside your Pawprint Trails or as a standalone adventure!

PAWPRINT TRUST

Every brand in the Pawprint Family supports the Pawprint Trust with a percentage of profits from every sale providing grants to young people. We're passionate about enabling young people to access life changing adventures.

Share your adventures and join us over on our social channels for even more adventures and a nosy behind the scenes at Pawprint HQ!



@pawprintfamily



@pawprint_family

HOW TO: Use Your Challenge Pack

**PAWPRINT
BADGES**

This Challenge Pack has been divided into 4 sections: Craft, Food, Games and Other. In order to help you provide a balanced and varied programme for your young adventurers we recommend that the following number of activities are completed by each age group:

Age 3 - 5										
Age 5 - 7										
Age 7 - 11					+					
Age 11 - 14					+					
Age 14 - 18					+					
Age 18+					+					

Craft

Food

Games

Other

PICK

Leaders, Teachers & Parents

Award yourselves a badge for supporting your young adventurers in their activities!

TOP TIPS

- Adapt activities as necessary to meet your needs.
- Add your own activity ideas or develop them into projects.
- Use what you have; don't buy in lots of new materials/equipment.
- No need to send us evidence, responsible grown-ups decide when the badge has been earned.
- One challenge badge can take as long as you like; from a few hours to days or even a full term!

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Craft

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- ☀ Try face painting and creating your own sugar skull design. Take a look online for some inspiration; try blending colours or making your face change shape with contouring.
- ☀ Paper cut your own Papel Picado bunting.
- ☀ Make your own paper marigolds or flower garlands which are used on the ofrendas.
- ☀ Make a guitar or trumpet from recycled materials.

Why?

Mariachi bands are common during Day of the Dead celebrations and usually consist of 8 violins, 2 trumpets and at least 1 guitar.

- ☀ Create your own headdress by up-cycling an old headband and adding your own paper/artificial flowers.
- ☀ Make or decorate your own sombrero.
- ☀ Mould your own t-light holder or make some candles to represent fire.

Why?

During the Day of the Dead celebrations families build altars for their loved ones. These altars contain the favourite foods and beverages along with items to represent the elements of earth, air, fire and water. Candles to represent fire, a glass of water, foods to represent earth and paper bunting to represent wind.

- ☀ Make your own butterfly wings or a butterfly memo peg. Monarch butterflies are believed to hold the spirits of people's loved ones.
- ☀ Use our template and colour your own sugar skull.
- ☀ Day of the Dead finds its origins in Aztec festivals. Create your own Aztec print on cloth/paper.
- ☀ Model your own skulls out of salt dough and decorate them.
- ☀ Use recycled materials to create your own Day of the Dead outfits.
- ☀ Create your own glow-in-the-dark lanterns by drawing skull features on a jam jar and then filling with water and adding a glow stick.



Food

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- ☼ Make and decorate sugar, chocolate or biscuit skulls and decorate with sweets and bright icing.

What?

Known as Calavera, these edible treats are made from sugar paste or chocolate and are placed on the ofrendas, often eaten by children.

- ☼ Bake Pan de Muerto (Bread of the Dead) which is placed on the ofrendas.

What?

The ofrendas are altars that include a variety of symbols and items that are reminders of the dead. Most altars contain a number of items that are considered essential to the celebrations including Pan de Muerto.

- ☼ Find out what Atole is, have a go at making your own and try it. What do you think?
- ☼ Salt is placed on the ofrendas as it believed to stop souls being corrupted by earthly temptations. Have a go at growing your own salt crystals.
- ☼ Create your own flavoured salt for cooking. You can flavour it with herbs, spices and dried ingredients for example chillies or citrus peel.
- ☼ The favourite foods of the deceased are placed upon the altars during the Day of the Dead celebrations. What are your favourite foods? Make and share them with your friends and family.
- ☼ Create your own sugar skull shaped pizza or pavlova using vegetables or fruits to create your elaborate decorations.
- ☼ Mix some chilli and cinnamon in to your hot chocolate for a Mexican twist. Find a traditional recipe and give it a go.
- ☼ Cook a chilli con carne; a traditional Mexican dish.
- ☼ Make some other traditional Mexican foods i.e. tacos, enchiladas , etc.
- ☼ Take inspiration from the Day of the Dead decorations and celebrations and make one of the following:
 - Gingerbread men decorated like skeletons
 - Sugar skull cake pops
 - White chocolate dipped strawberry skulls



Games

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BADGES**

- ☼ Take part in a treasure hunt/trail following petals.

Why?

During the Day of the Dead festival families create trails of petals from the cemetery to the home with the belief that the smell of the flowers will be a guide for their loved ones spirits to guide them home.

- ☼ Monarch butterflies taste with sensory hairs on their legs and feet. Have a go at guessing different food items using only your feet.

How?

Blindfolded, take it in turns to feel a food with your feet and see if you can correctly guess what it is. Foods like bananas are easy for younger ones while foods like cooked spaghetti and baked beans make for a much more sensory experience!

- ☼ Play Day of the Dead BINGO!
- ☼ Host your own sugar skull beetle drive rolling different numbers to create your sugar skull design.
- ☼ Make your own Day of the Dead pinata and use during your Day of the Dead celebrations.
- ☼ Build your own sombrero ring toss and throw hoops on to the tops of sombreros to score points. Why not allocate different numbers of points for different coloured sombreros? Not got any sombreros, why not try creating a miniature version using egg boxes?
- ☼ Try a face painting challenge and time yourself or use your 'wrong' hand to create a Day of the Dead inspired look.
- ☼ La Gallina Ciega or "Blind Hen" is the game of blind man's buff and is played by children in Mexico. Have your own game.
- ☼ Pass the sombrero...like pass the parcel or musical chairs but if you're wearing the sombrero when the music stops you must do a forfeit.
- ☼ Use our template to create your own pirinola spinner and have a game with your friends/family. You can make it more tasty by playing for jelly beans.
- ☼ Adapt a game you know and put a Day of the Dead spin on it using your new found knowledge of the Dia Los Muertos festival.



Other

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- ☀️ Make your own ofrendas with the 4 elements represented: earth, air, fire and water. Find out what other items are traditionally included.
- ☀️ Plant and grow your own marigolds.

Did You Know?

One of the most recognisable symbols of Day of the Dead they are even known as “flower of the dead”. It is believed that the colour and scent will guide the spirits to the altars in their loved ones homes.

- ☀️ Monarch butterflies are believed to hold the spirits of the departed. Every year they migrate to Mexico for the winter, arriving on 1st November. The migration takes 4 generations...take a look at your family tree and follow it back 4 generations.
- ☀️ Watch a film about Day of the Dead.
- ☀️ Listen to some mariachi music and have a go at creating your own.
- ☀️ Dress up in costume and hold your own Day of the Dead celebrations; you could paint your faces for your craft challenge, cook some traditional nibbles for your food challenge and play some games to complete your badge!
- ☀️ Write a poem about a friend/loved one.

Why?

Calaveras literarias are poems written for Day of the Dead celebrations. They are often funny poems about loved ones passed.

- ☀️ Attract butterflies to your garden by planting wild flowers. Alternatively visit a butterfly house or zoo local to you to find out about the butterfly life cycle; you can buy caterpillars online and hatch your own too!
- ☀️ Have a go at some Spanish dancing (common during Day of the Dead celebrations) and even host your own parade with dancing, music performances, plays and poetry readings.

Did You Know?

Mexico City didn't hold Day of the Dead parades until 2016 when it hosted its first one inspired by the opening scenes in the James Bond film, Spectre.

- ☀️ Learn some words in Spanish, the language spoken in Mexico.

Adventure Complete?

Reward your young adventurers with their Day of the Dead Challenge badge to **mark their achievements!** Head to the website to bag yours, download certificates and discover even more adventures!



Create a Keepsake!

Experienced **adventure**? Made **memories**? Then it's time to create a **keepsake**! Our Pawprint Family camp blankets are the perfect place to **sew your badges** and look back on them for years to come.



Personalise it!

Got your camp blanket? Then it's time to make it yours! Our alphabet badges are **big, bright and bold**...the perfect addition to your camp blanket, hoodies, bags and more. What will you personalise first?



Even More Rewards!

We're all about added value here at Pawprint Family. In addition to the 1000s of **free activity ideas** and resources you'll find **loyalty stickers** in every order and you can claim Children's University learning hours too!



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