

Clownfish Challenge



Are you ready to swim through an underwater adventure?
Also known as anemonefish because they live within the tentacles of sea anemones, these creatures rely on each other for protection.

For even more programme ideas check out our 'Clownfish' board over on www.Pinterest.com/PawprintFamily

#AdventureForAll
www.PawprintFamily.com

Meet the FAMILY

Hi there! We're Charlotte & Jamie, the husband and wife team behind the Pawprint Family and we believe in #AdventureForAll.

It's our mission to help leaders, teachers and parents save time by providing ideas and opportunities to help them deliver everyday adventure and skills for life. We do this through our family of brands; find out more below and head to the website for your next adventure!



PAWPRINT BADGES

Pawprint Badges provides thousands of free activity ideas and resources to help leaders, teachers and parents deliver fun and adventure.

Every activity helps you share skills for life and is linked to one of our pawesome embroidered badges. Build your collection and celebrate adventures, new skills and knowledge gained.

PAWPRINT TRAILS

Pawprint Trails are treasure-hunt style walks around locations in the UK. Solve puzzles, track down the answers and explore everything our great country has to offer.

From historical sights to popular culture discover something new or rediscover a love for where you live then collect the badge to remember your adventures!

Whether you're looking for the perfect addition to your next family holiday or a few hours of fun with friends; each trail can be completed in a few hours or extended with our activity suggestions in to a weekend or a week's worth of fun!

PAWPRINT TALES

Pawprint Tales are fully illustrated stories that can be enjoyed by the whole family. Join Alfie (our fox-red Labrador) on his adventures around the UK – solving puzzles, turning detective and making new friends. With twists and turns, every tale is an opportunity to discover new places, people and history without needing to leave the comfort of your own home.

Enjoy Pawprint Tales alongside your Pawprint Trails or as a standalone adventure!

PAWPRINT TRUST

Every brand in the Pawprint Family supports the Pawprint Trust with a percentage of profits from every sale providing grants to young people. We're passionate about enabling young people to access life changing adventures.

Share your adventures and join us over on our social channels for even more adventures and a nosy behind the scenes at Pawprint HQ!



@pawprintfamily



@pawprint_family

HOW TO: Use Your Challenge Pack



This Challenge Pack has been divided into 4 sections: Craft, Food, Games and Other. In order to help you provide a balanced and varied programme for your young adventurers we recommend that the following number of activities are completed by each age group:

Age 3 - 5						
Age 5 - 7		Craft	Food	Games	Other	PICK
Age 7 - 11	+					
Age 11 - 14	+					
Age 14 - 18	+					
Age 18+	+					

Leaders, Teachers & Parents
Award yourselves a badge for supporting your young adventurers in their activities!

TOP TIPS

- Adapt activities as necessary to meet your needs.
- Add your own activity ideas or develop them into projects.
- Use what you have; don't buy in lots of new materials/equipment.
- No need to send us evidence, responsible grown-ups decide when the badge has been earned.
- One challenge badge can take as long as you like; from a few hours to days or even a full term!

Terms of Use

By downloading or purchasing this resource you agree to our terms of use as outlined below. As a husband and wife team we work hard to keep all of our resources and activity ideas available free of charge; we can only do this with your help.

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Tell your friends/family/colleagues about us!	Copy or modify any part of this resource to share with others either for free or for sale.
Share photos of you enjoying your adventures with us on social media.	Use any text, graphics, content or fonts without our written permission.

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Craft

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- ✿ Draw or paint a clownfish living in a sea anemone.
- ✿ Most clownfish are orange or black with white stripes but they come in all sorts of patterns. Find out what some different species look like and have a go at creating your own orange, black and white stripy craft.
- ✿ Sew, knit or crochet your own clownfish toy.
- ✿ The name 'clownfish' comes from the bold colouring of most clownfish, like clowns. Put together your own clown inspired outfit or dress a paper fish up with a big red nose and a clown's hat, hair or bow tie.
- ✿ Find out where clownfish live and have a go at modeling their habitat.
- ✿ Paint a clownfish with your handprint.

How?

Paint your hand orange, but leave a couple of empty stripes. With your fingers together and thumb outstretched, print your orange hand onto a sheet of paper. Once the paint has dried, use a black pen to outline the white stripes and add an eye and mouth on the end furthest from your fingers; with your thumb and fingers making the tail and fins. Have a look on our 'Clownfish' Pinterest board for an example.

- ✿ Make a clownfish mask.
- ✿ Clownfish don't like living independently and need friends to survive. Craft your own friendship bracelets. Why not make them orange, black and white to look like clownfish stripes?
- ✿ Assemble your own aquarium from paper. You could do this inside a shoe box and add thread so your clownfish look like they're swimming, or cut a slit in a piece of paper and stick your clownfish onto a lolly stick.
- ✿ Build a 3D model of a clownfish from clay or recycled materials.
- ✿ Have a go at making your own anemone from newspaper or pipe cleaners. Why not make some little clownfish too?
- ✿ Learn how to draw a clownfish.
- ✿ Turn a paper plate into your own clownfish. Why not add some googly eyes?
- ✿ Papier mache around a balloon and use orange, black and white paint to turn it into your own clownfish. Don't forget to attach some fins and a tail.



Food

**PAWPRINT
BADGES**

- ✱ Slice a dried apricot along its width. Reassemble by spreading some yoghurt in between each slice to create white stripes. Flip the last piece around to create the tail and add a raisin for your clownfish's eye.
- ✱ Decorate a cake to look like a clownfish or anemone.
- ✱ Bake some cupcakes and add orange icing to some and white icing to others. Arrange your cupcakes to look like a stripy clownfish and add an eye to one cupcake and a mouth to another.
- ✱ Put together a meal or dish with orange, black and white ingredients.
- ✱ Make a clownfish inspired pizza.

How?

Slice your dough to form some fins and a tail, then spread your tomato sauce across. Add cheese in stripes and for an eye; then place some strips of green pepper along the edge of each stripe.

- ✱ Decorate some cake pops to look like swimming clownfish.
- ✱ Clownfish are omnivores because they eat algae, worms and crustaceans. Find out what this means and prepare an omnivorous meal.
- ✱ A group of clownfish is called a school. Recreate your favourite or a classic school dinner.
- ✱ Put together some clownfish themed sandwiches. Why not use orange, black and white fillings or cut your sandwiches into fish shapes. You could even add some orange pepper slices on top of the white bread to make stripes.
- ✱ Have a go at making an edible anemone.
- ✱ Sculpt a clownfish cake topper from fondant icing or rice crispie treats.
- ✱ Bake some biscuits or cookies in the shape of fish and decorate them like clownfish. Alternatively, buy some plain biscuits from the shop and draw some clownfish on top with icing.
- ✱ If you were a clown, what would you like to eat? Discover some clown themed snacks by completing your Circus Adventures challenge.
- ✱ Use some edible markers or dark icing to turn an orange into a clownfish.



Games

**PAWPRINT
BADGES**

- ★ Have a game of magnet fishing by using our free Fishing Game resource. Decorate your fish with orange, black and white stripes to look like clownfish. Alternatively, decorate some plastic cups to look like clownfish and attach a pipe cleaner loop to the top so you can fish with a hook instead of a magnet.
- ★ Clownfish hide from their predators by living inside sea anemones. Play a game of Hide and Seek.

Did you know?

Sea anemones and clownfish have a 'symbiotic relationship' because they help each other. Clownfish clean and provide nutrients to their host anemones, while the shelter and sting of the sea anemone scares away predators. Clownfish have a thick mucus layer which stops them being stung.

- ★ Anemone is quite a difficult word to say. Can you nail it? Practice some other tongue twisters.
- ★ Race against the clock or your friends in some Flappy Clownfish Races using our free resource.
- ★ Clownfish live in close-knit groups and rely on each other for protection. Take part in a teamwork or friendship based game such as the Human Knot.
- ★ These animals are sociable and live in communities. Play the communities game to learn more about your friends or as an excellent ice-breaker game.

How?

One person is designated as the leader and asks a question, such as 'what do you like to do in your spare time?' or 'what's your favourite colour?'. Then, players are given a set amount of time to chat to each other and gather themselves into 'communities' of people with the same answer. At the end of each round, quickly see what each group's answer was before asking the next question to form a new set of communities.

- ★ Overnight, clownfish snuggle deep into anemones for protection. Take part in a game of 'Clownfish' as a twist on Sardines.
- ★ Play dodge ball or complete some slalom obstacle courses or relay races. Clownfish playfully dart in and out as they swim.
- ★ Role play as clownfish in a school or anemone.
- ★ Clownfish are great swimmers. Try playing water polo.



Other

- ✧ Watch the popular film about a clownfish who just keeps swimming.
- ✧ Sing 'Old Macdonald had a fish farm'.
- ✧ Learn the names of some different types of clownfish and how you can tell them apart from each other.
- ✧ Visit your local pool and practice your swimming.
- ✧ Write your own story about a clownfish who goes on an adventure.
- ✧ Clownfish are named after clowns. Learn some of your own clown tricks, and why not count them towards your Circus Adventures challenge?
- ✧ The changing climate and acidity of our oceans is causing the coral to turn white. Find out more and make a poster to raise awareness of how clownfish habitats are being affected.
- ✧ Visit a local zoo or aquarium and look for some clownfish.
- ✧ Where do clownfish fit into the underwater food chain? Find out which animals and plants are their predators and prey.
- ✧ In the wild, clownfish can live for up to 8 years; in captivity, this can be as long as 12 years. Think about what you can achieve in this time and write yourself an eight or twelve year plan.
- ✧ Clownfish are tropical fish. Find out where they live in the wild and what conditions they need if you want to keep them as pets.
- ✧ Write an acrostic poem using the letters: CLOWNFISH.
- ✧ Learn more about clownfish by making a fact file. They are curious and intelligent fish.
- ✧ Take a trip to your local library and see if you can find a book about clownfish or sea anemones.
- ✧ Watch a video or documentary about clownfish and/or anemones and how they fit into the underwater ecosystem.
- ✧ Find out some facts about anemones and the different colours they can be.
- ✧ Try painting your face to look like a clown or a clownfish.

Adventure Complete?

Reward your young adventurers with their Clownfish Challenge badge to mark their achievements! Head to the website to bag yours, download certificates and discover even more adventures!



Create a Keepsake!

Experienced adventure? Made memories? Then it's time to create a keepsake! Our Pawprint Family camp blankets are the perfect place to sew your badges and look back on them for years to come.



Personalise it!

Got your camp blanket? Then it's time to make it yours! Our alphabet badges are big, bright and bold...the perfect addition to your camp blanket, hoodies, bags and more. What will you personalise first?



Even More Rewards!

We're all about added value here at Pawprint Family. In addition to the 1000s of free activity ideas and resources you'll find loyalty stickers in every order and you can claim Children's University learning hours too!



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